



Howard County

RECREATION & PARKS



Activity Guide

Spring Summer 2010

Online Registration Begins March 3 at 6pm

www.howardcountymd.gov/rap





Spring is one of my favorite times of year. I always enjoy spending more time outdoors with my family and friends, and it is never too early to start planning for the good weather ahead. The Department of Recreation & Parks' Spring/Summer Activity Guide offers a lot to choose from -- a wide variety of options for all interests, ages and abilities.

You can take a hike along the Appalachian Trail, sign up for the kayaking adventure on the Potomac River, or check out one of the other trips and tours offered by the County. There are classes where you can learn how to prepare exotic cuisine, paint, play an instrument or dance.

When it comes to fitness, how about kick-boxing, yoga boot camp, Pilates or even Zumba, the hottest new way to burn calories! Again this year, we are partnering with the Columbia Association on the 10-week "Get Active" community-wide physical fitness initiative. Check out page 83 and learn how you can help make Howard County one of the fittest counties in America.

Finally, mark your calendars for Howard County's 18th Annual Wine in the Woods on May 15 and 16 in beautiful Symphony Woods and the 4th of July Festival & Fireworks at the Columbia Lakefront which we will host again this year. Sunset Serenades in Centennial Park begin on Wednesday, July 7, and the Traveling Bands' concert series returns on Friday, July 10. There really is so much to see and do in Howard County.

Have a wonderful and safe spring and summer!

Ken Ulman
Howard County Executive

Have you visited the new Meadowbrook Athletic Complex yet? This 38,200 square-foot facility is set up primarily for basketball and volleyball, but also hosts activities as diverse as in-line hockey, fitness programs, jump rope and lacrosse. Meanwhile construction remains on schedule for the Robinson Nature Center and the North Laurel Community Center, both with planned openings this fall.

Phase I of Blandair Regional Park is set for construction this summer as well. This first stage will provide a sports field complex with three synthetic turf multi-purpose fields, a playground, restrooms, picnic shelter, pathways, gardens and a 278-space parking lot.

Just as we add facilities for your recreational enjoyment, we also continue to offer a wide variety of programs and special events. We'll be presenting Fourth of July fireworks over Lake Kittamaqundi once again, and Wine in the Woods returns to Symphony Woods for its eighteenth year. And as you can see from looking through this Guide, the outstanding array of classes, sports programs and children's activities continues as before.

With the new County Website and our new ActiveNet registration software, it's never been easier to register. Take a look, and then join us as we Get Up, Get Out and Get Active!

Have a great summer,

Gary Arthur
Director, Department of Recreation & Parks



Enjoy Spring/Summer with Howard County Recreation & Parks!

Howard County Department of Recreation & Parks is pleased to provide you with this guide to programs and activities for the coming Spring/Summer Season.

For a complete listing of our policies and procedures, please consult the General Information pages beginning on page 92. Please let us know if you have any questions or suggestions — we always like to hear from you.

Have a great season and be sure to watch for our Fall Activity Guide, which will be coming out in early August.

How to Register

Howard County residents may register online beginning March 3 at 6pm and by all other methods beginning March 4. Out-of-County residents may register online beginning March 10 at 6pm and by all other methods beginning March 11.

On-line: www.howardcountymd.gov/rap

Phone: 410-313-7275 (8am-4:30pm M-F)

Fax: 410-313-4660

TTY: 410-313-4665 (8am-4:30pm M-F)

Walk-in: Howard County Recreation & Parks Headquarters
7120 Oakland Mills Rd, Columbia (8am-4:30pm M-F)

Bain Center

5470 Ruth Keeton Way, Columbia (9am-2pm M-F)

Glenwood Community Center

2400 Rte. 97, Cooksville (8am-8pm M-Sa)
(9am-5pm Su)

Include payment with your registration form — a check or money order payable to the Howard County Director of Finance, or credit card information (We accept American Express, Discover, MasterCard and VISA). Please sign the waiver on your receipt and bring it to the first session.

Key Phone Numbers

(For a detailed listing, see page 4)

General Information (8am-5pm, M-F)..... **410-313-4700**

• TTY..... **410-313-4665**

• Fax..... **410-313-4660**

Administration..... **410-313-4640**

• Gary Arthur - *Director*

• Laura Wetherald - *Chief, Recreation & Administration*

• John Byrd - *Chief, Parks & Program Services*

• Raul Delorme - *Chief, Capital Projects & Park Planning*

Facility Use

• Park Field Permits..... **410-313-4626**

• Park Pavilion Rental..... **410-313-4682**

Inclement Weather/Program Status

• Sports and Outdoor Recreation..... **410-313-4451**

• Meadowbrook Athletic Complex..... **410-313-1129**

• All Other..... **410-313-4452**

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Who to Call

General Information

Phone: 410-313-4700 (8am-4:30pm M-F)
TTY: 410-313-4665
FAX: 410-313-4660
www.howardcountymd.gov/RAP

Administration

Director
Gary J. Arthur..... 410-313-4640

Chief, of Recreation & Administrative Services
Laura Wetherald..... 410-313-4640

Chief, of Parks & Program Services
John Byrd..... 410-313-4640

Chief, Capital Projects & Park Planing
Raul Delerme..... 410-313-4640

Glenwood Community Center

General Information..... 410-313-4840
Recorded Information/Inclement
Weather..... 410-313-3227

Facility Director
Matt Madera..... 410-313-4844

Summer Leng..... 410-313-4843
Chris Ferraro..... 410-313-4841

Kiwanis Wallas Rec Ctr

General Information..... 410-313-7311

Meadowbrook Ath Comp

Facility Director
Matthew Knoerlein..... 410-313-4705
Recorded Information/Inclement
Weather..... 410-313-1129

Park Operations

General Information..... 410-313-4700
Park Field Permits..... 410-313-4626
Park Pavilion Rental..... 410-313-4682
Jennifer DeArmey..... 410-313-4647

Heritage Programs
Jacquelyn Galke..... 410-313-5131

Recreation Services

Superintendent
Phil Bryan..... 410-313-1668

Early Childhood and Youth Programs (non-sport): Preschool Activities, Arts, Cooking, Dance, Etiquette, Music, etc.
Adam Wienckowski..... 410-313-4714
Melissa Calleri..... 410-313-4721
Cindy Ochs..... 410-313-4681

Adult Programs: Arts, Cooking, Crafts, Dance, Enrichment
Terri Hilton..... 410-313-4630
Danielle Bassett..... 410-313-4634

Adult 55+ Programs: Arts, Crafts, Dance, General Activities
Cathy Vigus..... 410-313-7311
Cindy Saathoff..... 410-313-7281

Trips & Tours
Ginny Russ..... 410-313-7279

Special Events
Mary Ellen Baker..... 410-313-4632
Karen Bradley..... 410-313-4635
Linda Bell..... 410-313-4622

Teen and Grant Programs
Holly Harden..... 410-313-4625
Shawnté Berry..... 410-313-4704
Jennene Lausier..... 410-313-1693

Volunteers
Ann Combs..... 410-313-4624

Registration

Manager
Jean Jaecksch..... 410-313-7275
(How to Register, see page 3)

Recreational Licensed

Child Care
General Information..... 410-313-3706

Superintendent
Barbara Moore..... 410-313-4723

Claudia Charity..... 410-313-4636
Julia Martin..... 410-313-1687
Brian Murphy..... 410-313-4797
Keith Pettit..... 410-313-4633
Glen Turner..... 410-313-4713
Joynel Young..... 410-313-4717
Stephanie Wise..... 410-313-4712

Therapeutic Recreation, Inclusion and Accommodation Services

Susan Potts..... 410-313-4628
Amy Patton..... 410-313-4708

Roger Carter Rec Ctr

General Information..... 410-313-2764

Facility Director
Julija Sajauskas..... 410-313-2765

Aquatics Director
Megan Freer..... 410-313-4720

Sports & Adventure Services

Superintendent
Allan Harden..... 410-313-4652

Outdoor Recreation/Fishing Tournaments
Dawn Thomas..... 410-313-4623
Stephanie Haas..... 410-313-4719

Community Sports
Michael Milani..... 410-313-4706
Jacob Chesnutt..... 410-313-4736
Will Dunmore..... 410-313-1697
Sandra Lambert..... 410-313-4715
Pat McGinnis..... 410-313-1689
Jean Shea..... 410-313-4626

County Leagues
Mark Pendleton..... 410-313-4703

Adult & Youth Leagues
Derek Ludlow..... 410-313-4716

Volleyball
Julija Sajauskas..... 410-313-2765

Youth Leagues
Susan Markovitz..... 410-313-4674

Fitness, Wellness, Adult Football
Nicola Morgal..... 410-313-4718

Youth Instructional Sports
Matthew Knoerlein..... 410-313-4705

Martial Arts, Fencing, Pre-School Sports
Pam Honaker..... 410-313-1694

Sports & Health Events
Mike Blevins..... 410-313-1691

Gymnastics
Megan Freer..... 410-313-4720

Golf, Specialty Sports, Tennis
Tessa Hurd..... 410-313-4637

Everyone COUNTS in Howard County



IT'S IN **OUR HANDS**

Imagine how hard it would be to plan a long trip using a map that was ten years out of date. Many things may have changed and the old map might be useless.

Making Your Taxes Work For You

For government agencies, the census of population and housing that takes place every 10 years is the road map that helps guide decisions. Information about income, housing and poverty rates is a tool that enables federal, state and local government agencies to put tax dollars to the best use.

Census statistics help determine where to build more roads, hospitals and child-care centers. They also identify where help is

needed for job training, programs for the elderly, Head Start or the Women, Infants and Children (WIC) Program, which provides nutritional supplements to new and nursing mothers and their children.

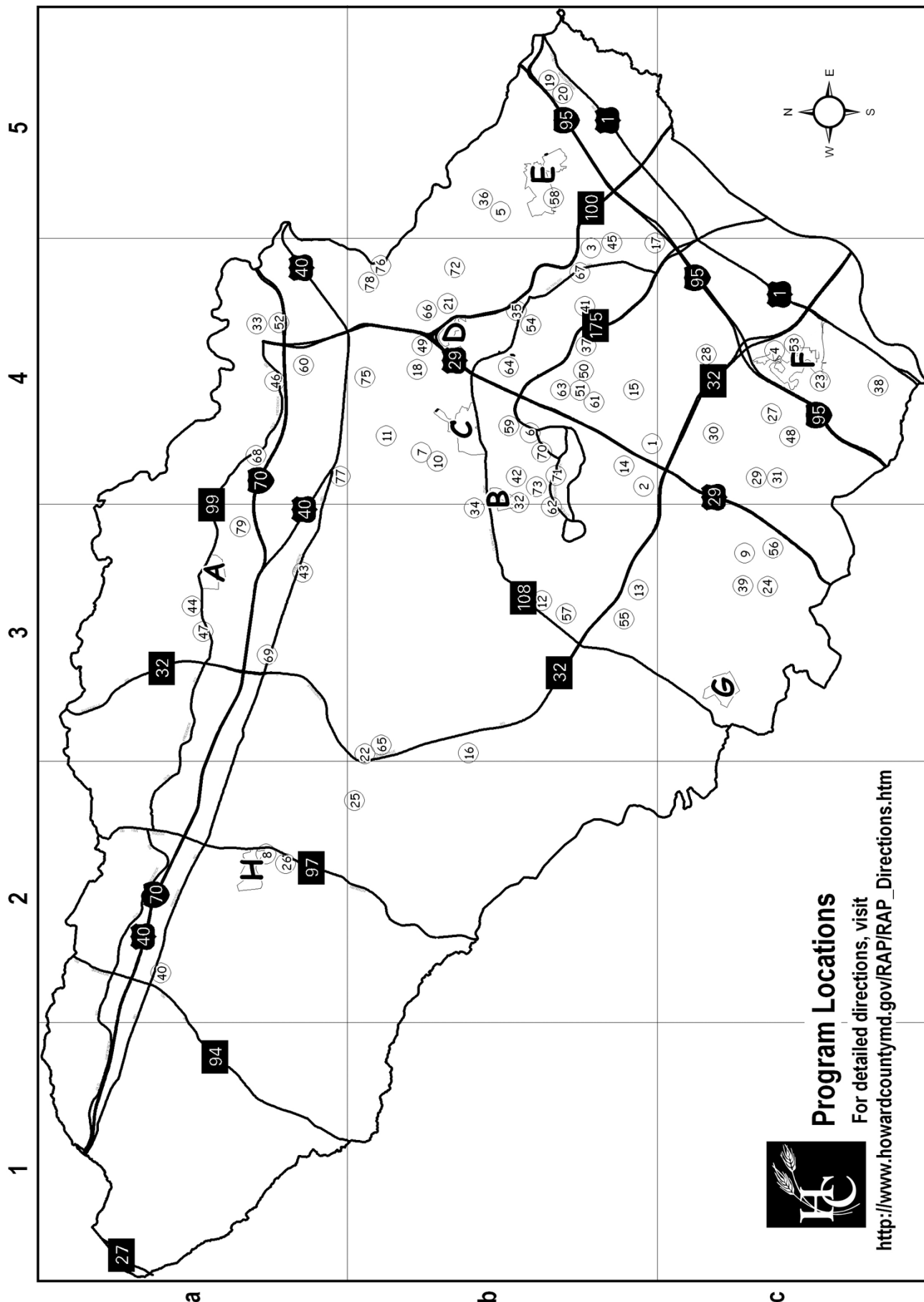
Your Privacy Is Protected

By law, the Census Bureau cannot share your individual records with others, including welfare agencies, the Immigration and Naturalization Service, the Internal Revenue Service, courts, housing authorities, police, or the military.

Look for a census form in your mailbox sometime in March, before Census Day, April 1, 2010. Then please fill it out and mail it back.

United States
**Census
2010**





Program Locations

Schools

Atholton ES	1 (b-4)
Atholton HS	2 (b-4)
Bellows Springs ES	3 (b-4)
Bollman Bridge ES	4 (c-4)
Bonnie Branch MS	5 (b-5)
Bryant Woods ES	6 (b-4)
Burleigh Manor MS	7 (b-4)
Bushy Park ES	8 (a-2)
Cedar Lane School	9 (c-3)
Centennial HS	10 (b-4)
Centennial Lane ES	11 (b-4)
Clarksville ES	12 (b-3)
Clarksville MS	13 (b-3)
Clemens Crossing ES	14 (b-4)
Cradlerock School	15 (b-4)
Dayton Oaks ES	16 (b-3)
Deep Run ES	17 (c-4)
Dunloggin MS	18 (b-4)
Elkridge ES	19 (b-5)
Elkridge Landing MS	20 (b-5)
Ellicott Mills MS	21 (b-4)
Folly Quarter MS	22 (b-3)
Forest Ridge ES	23 (c-4)
Fulton ES	24 (c-3)
Glenelg HS	25 (b-2)
Glenwood MS	26 (a-2)
Gorman Crossing ES	27 (c-4)
Guilford ES	28 (c-4)
Hammond ES	29 (c-4)
Hammond HS	30 (c-4)
Hammond MS	31 (c-4)
Harpers Choice MS	32 (b-3)
Hollifield Station ES	33 (a-4)
Homewood School	34 (b-3)
Howard HS	35 (b-4)
Ilchester ES	36 (b-5)
Jeffers Hill ES	37 (b-4)

Laurel Woods ES	38 (c-4)
Lime Kiln MS	39 (c-3)
Lisbon ES	40 (a-2)
Long Reach HS	41 (b-4)
Longfellow ES	42 (b-4)
Manor Woods ES	43 (a-3)
Marriotts Ridge HS	44 (a-3)
Mayfield Woods MS	45 (b-4)
Mt. Hebron HS	46 (a-4)
Mount View MS	47 (a-3)
Murray Hill MS	48 (c-4)
Northfield ES	49 (b-4)
Oakland Mills HS	50 (b-4)
Oakland Mills MS	51 (b-4)
Patapsco MS	52 (a-4)
Patuxent Valley MS	53 (c-4)
Phelps Luck ES	54 (b-4)
Pointers Run ES	55 (b-3)
Reservoir HS	56 (c-3)
River Hill HS	57 (b-3)
Rockburn ES	58 (b-5)
Running Brook ES	59 (b-4)
St. John's Lane ES	60 (a-4)
Stevens Forest ES	61 (b-4)
Swansfield ES	62 (b-3)
Talbot Springs ES	63 (b-4)
Thunder Hill ES	64 (b-4)
Triadelphia Ridge ES	65 (b-3)
Veterans ES	66 (b-4)
Waterloo ES	67 (b-4)
Waverly ES	68 (a-4)
West Friendship ES	69 (a-3)
Wilde Lake HS	70 (b-4)
Wilde Lake MS	71 (b-4)
Worthington ES	72 (b-4)

Regional/ Community Parks

Alpha Ridge Park	A (a-3)
Cedar Lane Park	B (b-4)
Centennial Park	C (b-4)
Meadowbrook Park	D (b-4)
Rockburn Branch Park	E (b-5)
Savage Park	F (c-4)
Schooley Mill Park	G (c-3)
Western Regional Park	H (a-2)

Other

Bain Ctr	73 (b-4)
Cedar Lane Rec Ctr	B (b-4)
Ellicott City Sr Ctr	75 (b-4)
Glenwood Com Ctr	H (a-2)
Historic Ellicott City	76 (b-4)
Kiwanis Wallas Rec Ctr	77 (a-4)
Meadowbrook Ath Comp	D (b-4)
Pfeiffer Corner Schoolhouse	E (b-5)
Roger Carter Rec Ctr	78 (b-4)
Waverly Mansion	79 (a-3)

**For the most up to date
information and detailed
directions please visit**

[www.howardcountymd.gov/RAP/
RAP_Directions.htm](http://www.howardcountymd.gov/RAP/RAP_Directions.htm)

Special Events & Activities for the Whole Family

- Children must be accompanied by adults.
- Individuals with mobility impairments who require special parking arrangements at our festivals should call 410-313-4628.
- Experienced entertainers, musicians and bands interested in performance opportunities with the department should call 410-313-4632.
- Summer events and activities are listed in green.

Special Events

Events are listed in chronological order.

Amusement Park Tickets

All Ages / Apr 19-Aug 27

Save Time & Money...Buy Amusement Park Tickets from us at the Glenwood Community Center and Recreation and Parks Headquarters. We sell the actual ticket at a discounted price. You won't have to wait in line to exchange a coupon! Sale is by credit card or cash only; no refunds or exchanges. Visit our website after April 7 for a detailed list of parks and prices.

M-F 9am-4pm

NEW! Lucky Leprechaun Hunt

3-12 yrs / Mar 14 / \$5 per child

Drop in and hunt for special gold coins and win candy and prizes! Refreshments provided. Glenwood Center Members receive discount, please call 410-313-4840 to register.

RP4163.601 Glenwood Com Ctr 2-3pm Su

Spring Egg Hunt

2-10 yrs / Mar 27 / \$10

Celebrate Spring and enjoy some family time! Collect eggs and enjoy prizes and games. There will be fun for the entire family. Bring your basket and don't be late; the egg hunt begins sharply at 10am! Register by March 19; rain date is March 28 from 1pm-2:30pm. Pre-registration is required — space is limited.

RP3010.301 Schooley Mill PK 10-11:30 am Sa

Saturday Night at the Movies

5 yrs + / Dates below / \$2

Join us each month for an evening filled with drama, excitement and action! Movie will be shown in our comfy movie lounge. Your movie ticket includes popcorn and a drink. Pre-registration preferred. Fee is for all ages.

Glenwood Comm Ctr

RP4159.701	Up (G)	Apr 17	7-9pm	Sa
RP4159.702	Swiss Family Robinson (G)	May 8	7-9pm	Sa
RP4159.801	Little Mermaid (G)	Jun 19	7-9pm	Sa
RP4159.802	G.I. Joe (PG13)	Jul 17	7-9pm	Sa
RP4159.803	Monsters vs. Aliens (PG)	Aug 21	7-9pm	Sa

Spring Flea Market at Glenwood

18 yrs + / Apr 24 / FREE! for shoppers, Sellers \$20 per space & \$5 additional for 6' table

Get a start on your spring cleaning! Clean out those basements, closets, and garages and haul it down to the Glenwood Community Center for a fun day of selling and buying. Space available on a first-come, first-serve basis. Reservations required at least one week before the event.

RP4141.701 Glenwood Comm Ctr 9am-1pm Sa

Rockburn Open Car Show

All ages / Apr 25 / FREE! to visitors, exhibitor fees below

(Preregistration ends Friday, April 9)

The Rockburn Open Car Show is an exciting event that celebrates the beauty of classic, antique, hot rods and modified cars. Everyone will find great enjoyment in viewing the cars on display. The show is open to the public and admission is free. Food will be available for purchase. For more information, contact Ann Combs at 410-313-4624 or acombs@howardcountymd.gov.

Rockburn Branch Pk 12-4pm Su

Car Entries: Classics, antiques, hot rods and modifieds, 1999 and older. The first 100 registrants will receive a commemorative dash plate. Early registration is encouraged to assure receiving a plate. An award will given for Best in Show, People's Choice and Best of Class. The Elkridge Adult Athletic Association will also present the EAAA Jay Herbert Memorial Award.

RP4099.701 Car Entries \$10 On-site registration \$15

Car Flea Market: 18'x20' space for motor vehicles parts and accessories only. Spaces are limited — first come, first served.

RP4099.702 Flea Market \$25 On-site Registration \$30

Car Sales:

RP4099.703 Car Sales \$20 On-site registration \$30

Wine in the Woods

Designed for 21 yrs + / May 15 & 16 / Prices below

It's our 18th Year! Celebrate the charm and character of an event that has aged to perfection! Voted Best Festival in Howard County. Sample Maryland's finest wines from a souvenir glass; purchase food from an abundance of high quality, distinctive restaurants and caterers; sharpen your palate by attending wine education seminars; purchase exceptional works of art and specialty crafts and revel in continuous live entertainment on two stages. Ask about our designated driver program.

Volunteers are needed; please call 410-313-4624.

ADVANCE purchase admission: Three locations:

- Recreation and Parks: 7120 Oakland Mills Rd, Columbia, 8am-4:30pm.
- Glenwood Community Center: 2400 Route 97, Cooksville, 8am-4:30pm,
- Bain Center: 5470 Ruth Keeton Way, Columbia, 9am-2pm.

A wristband will be mailed with your receipt; take your wristband and I.D. to the gate for admission. Online registration requires an approved online account. To purchase admission for more than one person, change the quantity and update the cart. Online advance purchase ends Wednesday, May 5. Walk-in advance purchase continues May 6-14. Once purchased, the tickets are non-refundable. This event is held rain or shine.

Symphony Woods, adjacent to Merriweather Post Pavilion, 12-6pm

Wine Taster / \$25 advance purchase; \$30 at gate

RP3001.701 Sa or Su

Designated Driver / \$10 advance purchase; \$15 at gate

RP3001.702 Sa or Su

Youth ages 3-20 / \$5

RP3001.703 Sa or Su

CELEBRATING 18 YEARS! ♦ CELEBRATING 18 YEARS! ♦ CELEBRATING 18 YEARS!

**"Wine is
the most
civilized
thing in
the world"**

Ernest Hemingway

GET Civilized!

May 15 & 16 Noon to 6 p.m. (Rain or Shine)
Symphony Woods, Columbia



Wine in the Woods



Sponsored
by...



Admission includes:

- ♦ *Wine Tastings*
 - ♦ *A Souvenir Wine Glass*
 - ♦ *LIVE Entertainment*
 - ♦ *Browse Juried Arts & Crafts*
- 21 & up (ID required)*

\$30 at the gate
\$25 in advance
designated driver
\$15 at the gate
\$10 in advance

Call 410-313-7275 or visit us at www.wineinthewoods.com
Presented by...Howard County Recreation & Parks

HC Hershey Track & Field Meet

9-14 yrs / Jun 6 / \$5 pre-registration ends noon Fri June 4 ; On-site registration \$7

This recreational track and field meet for boys and girls includes running events, the standing long jump and the softball throw. Compete in a maximum of three events (two running and one field event or two field and one running event). Awards will be presented to the top athletes in each event age group. Within each age group, boys will compete with boys, and girls will compete with girls. Preregistration guarantees a t-shirt. Age determination date is Dec. 31, 2010. Rain date: June 13, 2010. For more information, call Pam Honaker: 410-313-1694.

Long Reach HS / 1-5pm / Su

Boys 9-10 yrs

RP6950.701 50 Meter
 RP6950.702 100 Meter
 RP6950.703 200 Meter
 RP6950.704 400 Meter
 RP6950.705 Standing Long Jump
 RP6950.706 Softball Throw

Girls 9-10 yrs

RP6950.711 50 Meter
 RP6950.712 100 Meter
 RP6950.713 200 Meter
 RP6950.714 400 Meter
 RP6950.715 Standing Long Jump
 RP6950.716 Softball Throw

Boys 11-12 yrs

RP6951.701 100 Meter
 RP6951.702 200 Meter
 RP6951.703 400 Meter
 RP6951.704 800 Meter
 RP6951.705 Standing Long Jump
 RP6951.706 Softball Throw

Girls 11-12 yrs

RP6951.711 100 Meter
 RP6951.712 200 Meter
 RP6951.713 400 Meter
 RP6951.714 800 Meter
 RP6951.715 Standing Long Jump
 RP6951.716 Softball Throw

Boys 13-14 yrs

RP6952.701 100 Meter
 RP6952.702 200 Meter
 RP6952.703 400 Meter
 RP6952.704 800 Meter
 RP6952.705 Standing Long Jump
 RP6952.706 Softball Throw
 RP6952.707 1600 Meter

Girls 13-14 yrs

RP 6952.711 100 Meter
 RP 6952.712 200 Meter
 RP 6952.713 400 Meter
 RP 6952.714 800 Meter
 RP 6952.715 Standing Long Jump
 RP 6952.716 Softball Throw
 RP 6952.717 1600 Meter

Sunset Serenades Summer Concerts

All ages / Wednesday evenings Jul 7-Aug 18 / \$3 Parking donation
 Bring a blanket or lawn chair and enjoy performances in the park. Rent a canoe or paddleboat or savor a leisurely supper. You can bring a picnic or choose from the concession menu. Call 410-313-PARK or visit www.howardcountymd.gov/RAP in May for a schedule of performers (subject to change). Inclement weather number is 410-313-4452.

Centennial Pk South 7-8:30pm W

Traveling Bands Summer Concert Series

All ages / Friday evenings Jul 9-Aug 20 / FREE!

Our traveling Showmobile stage is coming to a park near you! Grab a blanket or lawn chair, bring the family, have a picnic and enjoy the sounds of summer! Edy's/Dreyer's Grand Ice Cream will sponsor free ice cream at each location. Visit www.howardcountymd.gov/RAP in May for a performance schedule. The inclement weather number is 410-313-4452.

Meadowbrook Pk, Park & Ride Ent	7pm	Jul 9
Patapsco Female Institute	7pm	Jul 23
Schooley Mill Pk	7pm	Aug 6
Rockburn Branch Pk West Ent- EAAA Event	7pm	Aug 20

Howard County's July 4th Festival & Fireworks

All Ages / Jul 4 (rain date Sunday July 5th) / FREE!

Join all Howard Countians in the celebration of the 4th of July at the annual Festival and Fireworks celebration. The celebration will feature live entertainment on two stages. The second stage will host children's entertainment. Kids can also participate in carnival games and crafts! Bring a picnic or purchase food from on-site vendors. Parking is free. To view the entire schedule for the July 4th festivities, go to our website at www.howardcountymd.gov/RAP or call Ella Carter at 410-313-1671.

Columbia Lakefront 5-10pm, Fireworks begin at 9:30

HC Invitational Swim Meet

6 yrs + / Jul 18 / \$5 per event

Enjoy a day of fun in the sun poolside with your family or your swim team. This event is for swimmers of all ages and all levels! The meet is conducted in accordance with the USS rules but USS membership is not required. Swimmers can register for up to four events! Swimmer's age is determined by how old he/she will be on the day of the meet. All swimmers under the age of 18 must have adult supervision. Volunteers run the meet; each team is required to provide a specific number of volunteers based on the number of swimmers participating from the team. All volunteers welcome! It is not necessary to be on a swim team to compete; individual registrations encouraged! No registrations will be accepted after July 12th. For individual event information, call Megan Freer, 410-313-4720.

4006 Roger Carter Rec Ctr 9am-2pm Su

Upcoming Events**Pooch's Pool Party**

This unique canine-only swim will wrap up the "Dog Daze" of summer. Pooches and their pals (the human kind) are invited to paddle and play before the pool is closed for the season.

Roger Carter Rec Ctr Sep 11

The Great Snipe Hunt!

Parents and kids, come gather round the campfire to feast on s'mores and make a craft while preparing for the Great Snipe Hunt. Take a wagon ride and hear a story about the infamous, hard-to-catch "Howard County Snipe," the largest of the snipe species! Then venture into the woods in search of this elusive creature. Bring a large brown paper bag and flashlight for this catch-and-release event. Sponsored in part by the Elkridge Adult Athletic Association. Event designed for ages 4-7 and their parents, however, older siblings are welcome.

Rockburn Pk-West Area Pavilion Oct 2

Holiday Mart

Celebrate the 39th year of this popular craft event that features unique and unusual juried works presented by over 135 craftspeople.

Glenwood Com Ctr Dec 4



Waverly Mansion

This property is associated with many of the "founding families" of Maryland and is listed on the National Register of Historic Places. Nathan Dorsey, son of Colonel John Dorsey, built the main section of the mansion between 1756 and 1764. The property was later sold to Revolutionary War Hero, Colonel John Eager Howard, governor of Maryland from 1788 to 1790. Colonel Howard gave the house and land to his son, George, who later served as governor of the state (1831-33). George Howard and his wife, Prudence, a member of the Ridgeley family, named their estate after the popular Sir Walter Scott novel, Waverley. The restored mansion, furnished with period antiques, is open for special programs and for tours by appointment. It is also a popular place for weddings, parties, and meetings. For additional information, call 410-313-5400.

For a complete list of historic places to visit, go to http://www.howardcountymd.gov/RAP/RAP_Historical_Sites.htm

Places to Visit



Patapsco Female Institute Historic Park

Situated on a hilltop overlooking the Patapsco River Valley, The Patapsco Female Institute was founded in 1837 as an elegant finishing school for young women. The stabilized ruins of the Greek revival structure are open for tours, and serve as a beautiful setting for special events including weddings, receptions, camps and open-air theatre. The Patapsco Female Institute Historic Park is located at 3655 Church Road in historic Ellicott City. The park is open Sat. and Sun. 1-4pm, April through October. Private and group tours are available year-round, weather permitting. Call 410-313-2690 for more information.

Put Your Next Strategic Planning Session in Proper Historical Perspective

When tomorrow's success depends upon today's occasion, call on the elegance of yesterday! Historic Waverly Mansion is just right for your next...



Waverly
MANSSION

2300 Waverly Mansion Drive

owned by Howard County
Recreation & Parks

(410) 313-5400

- ✦ Business Breakfast
- ✦ Luncheon Meeting
- ✦ Day-Long Conference



Nature & Outdoor

Children ages 15 & under must be registered and attend with a registered adult.

Custom Adventure & Nature Programs

Let us work with you to design a unique adventure. You gather your scout group, school group or friends and we will do the planning and leading. Activity choices include nature themed birthday parties, nature walks, campfires, canoeing, rock climbing, kayaking, tubing, camping and biking. For more information, call Dawn Thomas at 410-313-4623.

Fishing

Spring Fishing Tournament

2 yrs + / May 1 / Prices below

Boat or shoreline anglers can fish for prizes in this catch-and-release event. Children 13-under win prizes, trophies and receive a "goodie" bag. Adults win cash prizes and trophies. Prize categories include bass, bluegill, catfish, crappie and trout. Tee shirts will be given to all pre-registered participants. Bring bait and tackle. There is a two-person minimum per boat with electric motor only. Call Dawn Thomas at 410-313-4623 for additional information, program flier or inclement weather information on the day of the tournament. Register in advance or onsite; check in at the boat dock.

Centennial Pk. South

RP9151.301	9am-noon	2-4 yrs	\$15	Sa
RP9151.311	9am-noon	5-13 yrs	\$28	Sa
RP9151.321	6am-1pm	14 yrs +	\$28	Sa

Nature Discoveries

NEW! Meadowbrook at Night-Nature Walks

All ages / dates below / \$7

It's critter time at Meadowbrook Park! Let us lead you on a flashlight journey on the trails in search of foxes, owls, bats and other friends that come out to play at night. For more information, call Stephanie Haas at 410-313-4719.

Critter Crawl / May 1 / 8:30-9:30pm

RP9530.701 Meadowbrook Pk Hawksview Pavilion Sa

Owl Prowl / May 8 / 8:30-9:30pm

RP9530.702 Meadowbrook Pk Hawksview Pavilion Sa

Parent/Child Nature Discovery Hour

3½-6 yrs / 4 wks, start dates below / \$49 per parent & 1 child

Share the wonders of nature with your child through discovery walks, nature stories, crafts, and more. Weekly themes include: May Flowers, Migration Madness, Going Buggy, and Wet Ones. For more information, call Stephanie Haas at 410-313-4719.

3½-5 yrs / Apr 16 / 10-11am

RP9525.701 Centennial Pk South - Pavilion F F

5-6 yrs / Apr 17 / 10-11am

RP9526.701 Rockburn Branch Pk -Pfeiffer Corner Schoolhouse Sa

NEW! Tykes, Snails & Tales: The Spring Edition with Linda Hitzelberger

4-5 yrs / 4 wks starting Mar 23 / \$65

Come taste nature and learn about spring while hiking, doing a craft, and eating a little treat with Ms. Linda. Weekly topics include: Weather Wonders, Muddy Buddies, A Bug's Life, and Seeds of Spring. For more information, call Stephanie Haas at 410-313-4719.

RP9946.701 Triadelphia Ridge ES 9:30-11:30am Tu

Campfires

Aquatic Creatures Campfire with Michele Wright

All ages / Apr 24 / \$10 Individual, \$25 family

It's a creature feature! Learn about frogs, toads and other aquatic friends.

Gather around the campfire for a story, songs and s'mores. Bring a flashlight and blanket. Family fee is for three or more immediate family members. For more information, call Stephanie Haas at 410-313-4719.

RP9020.701 Centennial Pk North - Campfire Ring 7:30-9pm Sa

Spring Equinox Campfire with Michele Wright

All ages / Mar 20 / \$10 Individual, \$25 family

Celebrate the first day of spring when day equals night. Birds are migrating North and turtles, frogs, and toads wake up from a long winter's sleep. Gather the family around the campfire for stories, songs, a nature hike, s'mores and more. Bring a flashlight and blanket. Family fee is for three or more immediate family members. For more information, call Stephanie Haas at 410-313-4719.

RP9020.702 Rockburn Pk - Campfire Ring 7-8:30pm Sa

Outdoor Skills

Parent/Child Camping in the Park

All ages / May 14-15 / \$55 + \$10 each additional family member

Give your child an introduction to the joys of camping. Go on a flashlight walk and participate in your favorite campfire activities. Bring a tent and sleeping bags; snacks and breakfast are provided. Tents are available to borrow; indicate when registering. For more information, call Stephanie Haas at 410-313-4719.

RP9091.701 Rockburn Pk - Campfire Ring 6pm-10am F-Sa

Wilderness Preparedness/Survival Skills

13 yrs + / Apr 24 / \$17

In this one-day class, you will get a hands-on introduction to important skills essential for enjoying a hike in the great outdoors. You will learn how to prepare for your trip in order to avoid common problems, what clothes to wear, and what essential items to bring with you anytime you plan to venture into the wild, whether on or off-trail. You will also learn specific skills including basic introduction to land navigation with map and compass, fire building and how to make an effective emergency shelter using inexpensive and natural materials. Bring a bag lunch (no nut products) and beverage. For more information, call Stephanie Haas at 410-313-4719.

RP9061.701 Rockburn Pk - Campfire Ring 9am-4pm Sa

Astronomy

Saturn: Lord of the Rings with Howard County Astronomical League

7 yrs + / May 1 / \$9

Experience the wonder and awe of the great ringed planet! Saturn will be near solar opposition, making it favorably placed for viewing through telescopes. Find out about the fascinating science behind Saturn, its rings, and its extensive moon system. Weather permitting, see Saturn as well as Mercury, Mars and the Moon directly through telescopes. A live image from one of the telescopes will also be shown on a TV monitor. For more information, call Stephanie Haas at 410-313-4719.

RP9527.701 Alpha Ridge Pk - Pavilion 1 8-10pm Sa

Biking

NEW! Biking Classes with BAHC and MORE

11 yrs + / Dates & prices below

Whether you are a beginning bicyclist or are looking to brush up on your skills, the Bicycling Advocates of Howard County and the Mid-Atlantic Off Road Enthusiasts have the knowledge to take you anywhere from the road to the mountains. Learn riding safety, equipment basics, repair and maintenance fundamentals, and essential riding techniques all while following one basic principle: It's supposed to be fun! Road Biking 101 and Mountain Biking 101 include 2 hours for equipment check and riding (bring your bicycle for these courses). Visit www.hcrpsports.com for course outlines. For more information, call Dawn Thomas at 410-313-4623.

Mountain Biking 101: Rockburn Pk - Pavilion

RP9300.701	18 yrs +	Apr 11	8:30am-12:30pm	\$25
RP9300.711	11-17 yrs	May 8	8:30am-12:30pm	\$25

Road Biking 101: HC Health Dept - Gateway

RP9300.702	18 yrs +	Apr 25	8:30am-12:30pm	\$25
RP9300.712	11-17 yrs	May 15	8:30am-12:30pm	\$25

Bicycle Commuting 101: Rec & Parks HQ

RP9300.703	18 yrs +	May 1	9am-noon	\$10
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Canoeing & Kayaking

- Earn a certificate and patch by taking a flat water paddling basics class and paddling our series of three Maryland Waterways at least once within a three-year period.
- Fees are per person. Canoes are two person boats; kayaks are either single or double.

Flat Water Canoe Paddling Basics

10 yrs + / Dates below / \$35

Learn flat water paddling techniques, self-rescue, safety, gear selection and how to load a canoe. Wear loose-fitting layers of warm clothing. This is an American Canoe Association certified instructional program. Detailed information will be mailed to participants. For more information, call Dawn Thomas at 410-313-4623.

Centennial Pk South - Concession Dock

RP9120.701	Apr 17	9:30am-noon	Sa
RP9120.703	May 8	9:30am-noon	Sa

Flat Water Kayak Paddling Basics

10 yrs + / Dates below / \$35

Learn flat water paddling techniques, self-rescue, safety, gear selection and how to load a kayak. Participants ages 10-15 years will be placed in a double kayak with an accompanying registered adult. Wear loose-fitting layers of warm clothing. This is an American Canoe Association certified instructional program. Detailed information will be mailed to participants. For more information, call Dawn Thomas at 410-313-4623.

Centennial Pk South - Concession Dock

RP9125.701	Apr 17	9:30am-noon	Sa
RP9125.702	Apr 17	1-3:30pm	Sa
RP9125.703	May 8	9:30am-noon	Sa
RP9125.704	May 8	1-3:30pm	Sa
RP9125.705	May 15	9:30am-noon	Sa

Float Blackwater National Wildlife Refuge

10 yrs + / May 16 / \$47 Double Kayak, \$68 Single Kayak

Paddle the tidal marshes of Blackwater National Wildlife Refuge on this one-day flat water trip. Enjoy the scenery of mixed evergreen and deciduous forests, which are home to the Bald Eagle and endangered Delmarva Fox Squirrel. Beginner to intermediate paddlers welcome. All paddlers must complete our Kayak Paddling Basics class before the trip. Fee is per person which includes transportation, leadership and boats; bring lunch (no nut products) and beverage. Meet at Recreation and Parks Hdqrs.; details will be mailed.

For more information, call Dawn Thomas at 410-313-4623.

Rec & Parks HQ- Parking Lot

RP9126.701	Double Kayak	10 yrs +	8am-6pm	Su
RP9126.711	Single Kayak	16 yrs +	8am-6pm	Su

Float the Antietam

10 yrs + / May 2 / \$47 Canoe or Double Kayak,

\$68 Single Kayak

Nature enthusiasts and families can enjoy a day of paddling on Antietam Creek near Sharpsburg, Md. Choose a canoe, double kayak or single kayak. Beginner to intermediate paddlers welcome. All paddlers must complete our Flat Water Canoe or Kayak Paddling Basics class before the trip. Fee is per person, which includes transportation, leadership and boats; bring lunch (no nut products) and beverage. Meet at Centennial Park, overflow parking area; details will be mailed. For more information, call Dawn Thomas at 410-313-4623.

Centennial Pk South - Overflow Parking

RP9124.701	Canoe	10 yrs +	9am-6pm	Su
RP9124.702	Double Kayak	10 yrs +	9am-6pm	Su
RP9124.711	Single Kayak	16 yrs +	9am-6pm	Su

Float the Potomac River

10 yrs + / Jun 13 / \$47 Canoe or Double Kayak,

\$68 Single Kayak

Nature enthusiasts and families can discover the beauty of scenic Potomac River northwest of Harpers Ferry on this one-day trip. Beginner to intermediate paddlers welcome. All paddlers must complete our Flat Water Canoe or Kayak Paddling Basics class before the trip. Fee is per person, which includes transportation, leadership and boats; bring lunch (no nut products) and beverage. Meet at Centennial Park; details will be mailed. For more information, call Dawn Thomas at 410-313-4623.

Centennial Pk South - Overflow Parking

RP9123.801	Canoe	10 yrs +	9am-6pm	Su
RP9123.802	Double Kayak	10 yrs +	9am-6pm	Su
RP9123.811	Single Kayak	16 yrs +	9am-6pm	Su

Parent-Child Kayaking on Centennial Lake**8 yrs + / May 15 / \$60 parent/guardian & child**

This is a great opportunity for families to learn kayaking, get outside and spend some time together. Using a games-oriented approach, we teach the basic maneuvers, boat control, and stroke techniques. One parent or guardian must attend with each child registered in this activity. Wear loose-fitting layers of clothing. This is an American Canoe Association certified instructional program. For more information, call Dawn Thomas at 410-313-4623.

RP9127.701 Centennial Pk South - Concession Dock 1-3:30pm Sa**Trail Hikes**

- All hikes leave from Long Gate Park & Ride.
- Participants should be in good shape, have good balance and depth perception to be able to hike two miles over rocky hills without a break and the ability to complete the distance indicated.
- Fee includes van or school bus transportation from the Park & Ride lot at the intersection of Rte. 100 and Long Gate Pkwy, Ellicott City.
- Thanks to Mary Boeckman, John Breivogel, Henry Ellis, John Singleton and Tom Watts for being volunteer leaders on our hiking trips
- Visit hcrpsports.com/trailhikes for complete hike descriptions and more information on our trail hiking program.
- For more information, call Dawn Thomas at 410-313-4623.

Tri-State Spectacular**8 yrs + / Apr 10 / \$17****RP9185.701 Long Gate Park & Ride 8am-4pm Sa****Susquehanna S.P.****8 yrs + / Jun 12 / \$17****RP9186.801 Long Gate Park & Ride 8am-4pm Sa****Dark Hollows****8 yrs + / Jul 10 / \$17****RP9184.801 Long Gate Park & Ride 8am-4pm Sa****C&O Canal Hikes****8 yrs + / Dates below / \$17**

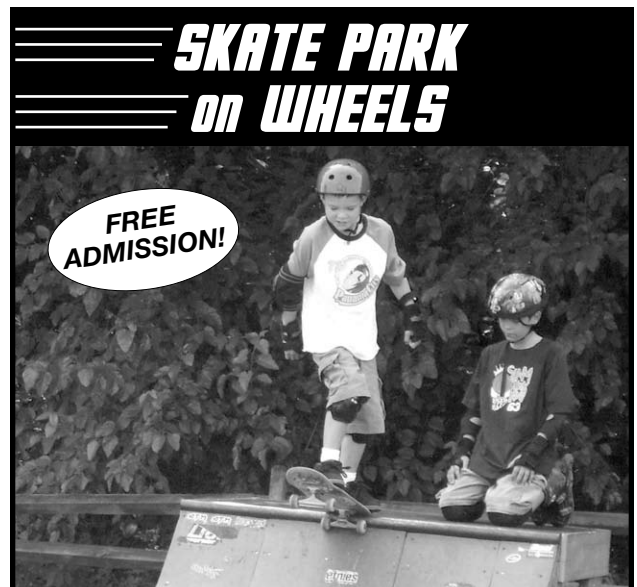
Completed in 1850, the towpath along the 184.5 mile C&O Canal parallels the Potomac River from Cumberland to Georgetown. Earn a certificate and patch by hiking each of the 13 sections in the series at least once within a six-year period.

C&O Canal # 2 - Carderock to Pennyfield Locks**RP9182.801 Long Gate Park & Ride Jun 26 8am-4pm Sa****C&O Canal # 3 - Pennyfield Locks to Edwards Ferry****RP9182.802 Long Gate Park & Ride Jul 24 8am-4pm Sa****C&O Canal # 4 - Edwards Ferry to Dickerson Regional Park****RP9182.803 Long Gate Park & Ride Aug 14 8am-4pm Sa****C&O Canal # 7 - Harpers Ferry to Antietam Creek****RP9182.804 Long Gate Park & Ride Aug 28 8am-4pm Sa****Maryland Appalachian Trail****8 yrs + / Dates below / \$17**

The Appalachian Trail in Maryland follows a forty-mile route along the backbone of South Mountain and features beautiful views. While these sections feature moderate to moderately difficult terrain they are easier (by A.T. standards) than other sections and a good place to find out if you're ready for more rugged parts of the Trail. Trip leaders will interpret points of interest and provide a glimpse of Maryland's history and folklore. Earn a certificate and patch by hiking each of the seven sections in the Maryland Appalachian Trail series at least once within a three year period.

MD AT #6 Gathland State Park to Weverton Cliffs**RP9181.701 Long Gate Park & Ride May 8 8am-4pm Sa****MD AT #7 Weverton to Harper's Ferry****RP9181.702 Long Gate Park & Ride May 22 8am-4pm Sa****Catoctin Trail****8 yrs + / Apr 24 / \$17**

Families and individuals can catch a glimpse of Maryland's history and folklore while they enjoy hiking on the Catoctin Trail. The 27-mile trail runs from Gambrill State Park through the Frederick City Watershed and ends in Catoctin Mountain Park. Nine miles of the trail crisscross through Cunningham Falls State Park. Earn a certificate and patch by hiking each of the four sections in the series at least once within a three-year period.

CAT #3 Hunting Creek to Houck Area**RP9183.703 Long Gate Park & Ride 8am-4pm Sa****Spring 2010 Schedule**

4/10	1-3pm	Savage Park (parking lot)
4/17	1-3pm	Rockburn Branch Park (basketball courts)
4/24	10am-12pm	East Columbia Library (parking lot)
5/22	10am-12pm	Savage Park (parking lot)
6/19	1-3pm	Savage Park (parking lot)

**For more information,
call 410-313-4719**

Volunteer Opportunities



Volunteer opportunities are available in several areas including preschool, youth and teen programs, sports, adult 55+ programs, therapeutic recreation, heritage programs, natural resources, parks, outdoor recreation and special events. To volunteer with Howard County Recreation and Parks, you must:

- be a good role model with a positive attitude.
- be at least 18 years of age or have parental consent (ages 13-17).
- complete Volunteer Application forms.
- if age 18 yrs +, complete a satisfactory background check when required.

For information on specific volunteer opportunities, please visit our website at www.howardcountymd.gov/rap or contact Ann Combs, Volunteer Coordinator, at 410-313-4624 or acombs@howardcountymd.gov.

Volunteer
It's fun & fulfilling!
Call 410-313-4624 for details!



Glenwood
community center



Come Celebrate with Us!

*Looking for the perfect place to
hold your event?*

We have the place for you!

Glenwood Community Center provides a wonderful indoor setting for any event, or take advantage of our lovely courtyard and take it outdoors.

Our event coordinator will assist you with planning your event.

Birthday Party Packages are available, and include your choice of theme, decorations and the perfect room.

**Call us or stop by the Center for
additional rental opportunities**

www.howardcountymd.gov/rap 410-313-4840

Trips & Tours

Summer trips are listed in green.

All Family

All children under 18 must be accompanied by an adult.

NEW! Cirque de la Symphonie

6 yrs + / Mar 14 / \$82

Fun and fabulous! The Baltimore Symphony Orchestra's musical carnival opens by bringing the circus to town, performed under the Big Top by the Greatest Orchestra on Earth! This program of brilliant music and spectacular performance features Cirque de la Symphonie performers on and above the stage, presenting a feast for your eyes and ears. Marin Alsop leads a magnificent line-up of music from across the continents. All this magical fun awaits you at The Joseph Meyerhoff Symphony Hall in Baltimore, terrace center seating. For more information, call Ginny Russ at 410-313-7279.

RP4515.601 Bain Ctr & Normandy Shopping Ctr 1:30-6:30pm Su

Cherry Blossoms & DC Memorials

6 yrs + / Apr 6 / \$44

Spend a day in our Nation's Capital while enjoying one of the most beautiful times of the year. Travel by motor coach as Washington, DC professional tour guide, Fran Grecourt, points out the sites of Washington while giving the history of the city. We will be touring the Tidal Basin area and making several stops to step off the bus and enjoy the magnificent views of the trees with plenty of time for photo opportunities. Lunch is on your own at the Old Post Office Pavilion Food Court. Trees scheduled, but not guaranteed, to be in bloom. Some walking involved. School is out, bring the kids and grandchildren! For more information, call Ginny Russ at 410-313-7279.

RP4502.701 Bain Ctr & Normandy Shopping Ctr 9am-4pm Tu

Mama Mia

6 yrs + / Jul 10 / \$96

Join us at Wolf Trap in Vienna, VA for the ultimate Feel Good musical as Mother and Daughter deal with three Dads, a wedding and friends from the past. At this smash hit show, you will ABBA-solutely fall in love with the music all over again! Limited orchestra seating in rows Q and R. Transportation is by mini-bus, no bathroom on board. For more information, call Ginny Russ at 410-313-7279.

RP4514.801 Bain Ctr & Normandy Shopping Ctr 12-6pm Sa

NEW! Tasty Tour of Old Town Alexandria, VA

8+ yrs / Apr 24 / \$83

This tour explores parts of the historic and architecturally unique town that has prospered for over 200 years. Discover locally owned and operated restaurants off the beaten path in this historically rich town. On this guided, narrated walking tour, you will experience and learn about Old Town Alexandria's significance throughout the history of our country. During the tour, you will stop to sample specially made dishes at long standing family restaurants. All dishes are served sitting down, so you can enjoy the ambience of each restaurant while trying their specialties and hearing their stories. The different foods will complement each other as you progress throughout the tour. Wear comfortable shoes! Bring kids and grandchildren as you walk and eat your way through history. For more information, call Ginny Russ at 410-313-7279.

RP4507.701 Bain Ctr & Normandy Shopping Center 11:30am-6pm Sa

NEW! Mount Vernon

6 yrs + / May 1 / \$68

Discover the real George Washington! Spend the day on-your-own visiting his home, the most popular historic estate in America. You are invited to tour the Mansion house and more than a dozen outbuildings, stroll by the gardens and visit the new education center and theatres. See more than 500 original artifacts that illuminate the remarkable story of our first President. Mount Vernon was the home of George and Martha from the time of their marriage in 1759 until Washington's death in 1799. There is a lot of walking, on hilly and uneven terrain. Lunch is on your own at the Food Court or Mount Vernon Inn. Bring the children and grandchildren; this is a great educational history lesson! For more information, call Ginny Russ at 410-313-7279.

RP4510.701 Bain Ctr & Normandy Shopping Ctr 9am-5pm Sa

NEW! A Day in Annapolis

6 yrs + / May 1 / \$40

Early morning on the first day of May, the doorways of downtown Annapolis are adorned with flowers. The flowers that are spilling out from baskets in all shapes and sizes are part of a local May Basket Tradition started in the 1950s, and an older tradition that celebrates May Day. Enjoy the whole day to view the flowers and take part in all that Annapolis has to offer. You may visit the Naval Academy, shop the quaint stores or enjoy a waterside restaurant; you are on your own to decide how to spend the day. You will be dropped off and picked up at the city dock area. Lots of walking! Please see The Bain Center April-May newsletter to find out how to make your own unique May Day basket arrangement at a Tuesday, May 25 class. For more information, call Ginny Russ at 410-313-7279.

RP4511.701 Bain Ctr & Normandy Shopping Ctr 9am-4pm Sa

NEW! Statue of Liberty and Ellis Island

8 yrs + / May 8 / \$83

Journey to New York City for a visit to the Statue of Liberty and Ellis Island. Located on a 12-acre island, the Statue of Liberty was a gift of friendship from the people of France as a symbol of freedom and democracy. Ellis Island was the first stop for many of the immigrants who came to this country from 1892-1924. You can do a passenger records search and find your ancestors' entry records and even add your ancestors' names to The Wall of Honor (www.ellisland.org). Join us on this fun and patriotic trip! Meal stop at Cracker Barrel on the way home is on your own. For more information, call Ginny Russ at 410-313-7279.

RP4514.701 Bain Ctr & Normandy Shopping Ctr 7:30am-10pm Sa

American Girl in New York City

5 yrs + / May 15 / \$128

Bring your favorite doll or buy one at the American Girl store in the heart of New York City. Enjoy a wonderful meal with your doll and then the rest of the day you are on your own. Spend your free time at the store with all the dolly possibilities or enjoy the time in the city with shopping, shows or tours. There is always so much to do in this wonderful, vibrant city. Lots of walking! For more information, call Ginny Russ at 410-313-7279.

RP4515.701 Bain Ctr & Normandy Shopping Ctr 7am-10pm Sa

Chestertown Tea Party

8 yrs + / May 29 / \$45

Journey to the Eastern Shore and enjoy a festive day in Chestertown, MD. The town puts on a party commemorating colonial resistance to British rule during the 1700's. Today the town celebrates with a tea dumping re-enactment, a parade, music, arts and crafts and all the food you can eat. Wear comfy shoes and plan for a lot of walking. You may also bring a folding chair to put in a shady spot. Bring the whole family for history and fun! Lunch is on your own. For more information, call Ginny Russ at 410-313-7279.

RP4517.701 Bain Center & Normandy Shopping Center 8am-5pm Sa

Summer Blast Off!

8 yrs + / May 30 / \$40

Join "The President's Own" United States Marine Band at Wolf Trap in Vienna, VA. This entertaining evening of fun and patriotic music is followed by a thrilling fireworks display after the concert. For more information, call Ginny Russ at 410-313-7279.

RP4519.701 Bain Ctr & Normandy Shopping Ctr 6:00-12pm Su

NEW! Norman Rockwell and Elvis

12 yr + / Jul 15 / \$40

The Smithsonian American Art Museum in Washington, DC presents an exciting new exhibition: "Telling Stories: Norman Rockwell from the Collections of George Lucas and Steven Spielberg". Mr. Lucas and Spielberg have combined their art collections of one of America's most celebrated artists and will display more than 50 paintings from their private holdings. Also on exhibit "One Life: Echoes of Elvis," which marks his 75th birthday featuring works by Ralph Wolfe Cowan, Red Grooms and others. You are on your own to enjoy the special exhibition and all the permanent collection. Enjoy lunch on your own at the on-site café or bring your own. Some walking. For more information, call Ginny Russ at 410-313-7279.

RP4506.801 Bain Ctr & Normandy Shopping Ctr 9am-4pm Th

National Museum of Natural History

6 yrs + / Jul 20 / \$40

The Smithsonian Museum in Washington, DC is an exciting place for the whole family. Enjoy "Butterflies + Plants: Partners in Evolution," one of the permanent exhibits plus much more. Located on the National Mall area you are in walking distance of many museums: Air and Space, American History and many art museums. The day and lunch is on your own, a lot of walking. For more information, call Ginny Russ at 410-313-7279.

RP4507.801 Bain Ctr & Normandy Shopping Ctr 9am-4pm Tu

NEW! Mary Poppins at the Kennedy Center

6 yrs + / Jul 25 / \$140

Believe in the magic of Mary Poppins, the Broadway musical guaranteed to lift your spirits to new heights. Produced by Disney, this perfectly magical musical is filled with priceless memories and timeless songs ("Chim Chim Cher-ee" and "Supercalifragilisticexpialidocious" plus many more). This fresh new musical has been hailed as a roof-raising, toe-tapping, high-flying extravaganza! Come visit the one place on earth where more than just your imagination takes flight, and you too will believe in the magic of Mary Poppins. Limited seating, orchestra section; transportation by mini-bus, no bathroom on board. For more information, call Ginny Russ at 410-313-7279.

RP4508.801 Bain Ctr & Normandy Shopping Ctr 12-6pm Su

Fisherman's Crab Deck

6 yrs + / Aug 3 / \$67

Take our annual trip to Grasonville, MD for a delicious all-you-can eat crab feast. You will not go home hungry as you enjoy hot steamed crabs, chicken tenders, coleslaw, corn-on-the cob, beverage and dessert. Stop at produce stand on the way home for all your seasonal produce. For more information, call Ginny Russ at 410-313-7279.

RP4509.801 Bain Ctr & Normandy Shopping Ctr 11am-4pm Tu

NEW! Rails, River and Trails

Age 6 yr + / Aug 12 / \$99

Are you looking for something fun to do with the whole family this summer? Have we got an adventure for you! Start out early in the morning to catch your train in Middletown, PA. Enjoy a 1½ hour train ride through the Swatara Creek Valley. Lunch will be served at Alfred's Victorian Restaurant in Middletown (seating on 2nd floor of this historic building, no handicapped facilities). After lunch, journey to Harrisburg, PA for a riverboat ride aboard the Pride of the Susquehanna. Your final stop will be at Lake Tobias Wildlife in Halifax where you will enjoy a 45-minute safari ride aboard an open-topped bus with time to enjoy the grounds on your own. For more information, call Ginny Russ at 410-313-7279.

RP4510.801 Bain Ctr & Normandy Shopping Ctr 7am-7pm Th

NEW! Washington Post Tour

10 yrs + / Aug 24 / \$40

Bring the kids and see how newspapers are made. Take a tour of the printing plant in College Park, MD. Informative for the whole family. Walking and standing during the tour. Lunch is on your own.

RP4512.801 Bain Ctr & Normandy Shopping Ctr 8:30am-4pm Tu

US Tennis Open 2010

12 yrs + / Sep 3 / \$169

Don't miss this opportunity to see top-notch tennis stars compete in the US Open at Billy Jean King Tennis Center in New York. Enjoy the fast paced, exciting matches of the Grand Slam tennis season's final event. Watch a favorite athlete battle on the courts for the title of US Open Champion. Stadium seating in the sun; bring sun screen and hat. There will be a lot of walking from bus drop-off area to the stadium. Reserved tickets for Arthur Ashe Stadium included in fee. Only one departure point for this trip. For more information, call Ginny Russ at 410-313-7279.

RP4502.901 Long Gate Park-n-Ride 6am-11:59pm F

Adult 18+

The Philadelphia Flower Show

18 yrs + / Mar 6 / \$79

The Pennsylvania Horticultural Society presents the 2010 Philadelphia Flower Show: Passport to the World. The world's largest indoor flower display offers a great show with acres of gardens, plant and floral designs, live entertainment, culinary demonstrations and fabulous shopping along with free how-to demonstrations and lectures. Lunch is on your own, lots of walking. For more information, call Ginny Russ at 410-313-7279.

RP4510.602 Bain Ctr & Normandy Shopping Ctr 8am-6pm Sa

Porgy and Bess

18 yrs + / Mar 21 / \$154

One of the most beloved American operas will be presented at the Opera House of the Kennedy Center in Washington, DC. This quintessentially American masterpiece follows the story of a crippled beggar and the headstrong woman he loves. Come hear all the iconic American songs like "Summertime," "I Got Plenty O' Nuttin" and others, sung in English. Limited seating in first tier and orchestra section. Transportation by mini-bus, no bathroom on board. For more information, call Ginny Russ at 410-313-7279.

RP4503.601 Bain Ctr & Normandy Shopping Ctr 12:15-6:15pm Su

NEW! Sophisticated Ladies**18 yrs + / Apr 25 / \$91**

Come hear this swinging musical revue of Duke Ellington's music. The Duke comes home to the Lincoln Theatre in Washington, DC with this award-winning show that explores the legacy of our local jazz hero. This glorious re-creation of the big band sound, starring Broadway legend, Maurice Hines, features some of the most memorable music from the Roaring Twenties to the Swing Era, including such classic songs as "It Don't Mean a Thing if it ain't Got That Swing," "Take the A Train," "In a Sentimental Mood" plus many, many more. With one show-stopping number after another, this stylish and brassy retrospective travels through a history of American song and dance, from Charleston to swing to virtuosic tap dancing. It is an abundance of riches from the most sophisticated and sassy jazz king of all! Limited seating, transportation by mini-bus; no bathroom on board. For more information, call Ginny Russ at 410-313-7279.

RP4508.701 Bain Ctr & Normandy Shopping Ctr 12-6pm Su

Marriage of Figaro**18 yrs + / May 2 / \$154**

The Figaro story continues in what is often considered Mozart's most perfect opera. Count Almaviva's palace becomes a tangled web of love affairs after he marries Rosina, now the countess. With a nearly flawless blend of music and stage and set in a gorgeous production, this opera is a real crowd pleaser. Sung in Italian with English supertitles. Limited seating in orchestra section. Transportation by mini-bus, no bathroom on board. For more information, call Ginny Russ at 410-313-7279.

RP4501.701 Bain Ctr & Normandy Shopping Ctr 12:15-6:15pm Su

Breakfast with Joetta Cramm at Tersiguel's**18 yrs + / June 12 / \$45**

Enjoy a savory breakfast at Tersiguel's French Restaurant in Ellicott City and discover the history of the 225-year-old mill town's past. Enjoy a slide presentation narrated by local historian and author, Joetta Cramm. Meet at the restaurant on Main Street. For more information, call Ginny Russ at 410-313-7279.

RP4520.701 Tersiguel's 10:30am-12:30pm Sa

Tea in the Tower**18 yrs + / June 30 / 11am-6pm / \$65**

At the Washington National Cathedral in DC, this tour provides an in-depth look at the Cathedral's art, architecture and history. After your guided tour, enjoy tea served at 3pm in the observation gallery with magnificent views of the city. Enjoy time to shop and stroll the gardens; a lot of walking with some steps! You may bring lunch on the bus as the tea is an afternoon snack and not a meal. Binoculars may be helpful. For more information, call Ginny Russ at 410-313-7279.

RP4504.801 Bain Ctr & Normandy Shopping 11am-6pm W

Adult 55+

MusicaliTea**55 yrs + / Mar 11 / \$38**

The Levine School of Music proudly presents a recital by their faculty artists and talented students at The Music Center at Strathmore in Bethesda, MD. The program will be followed by a reception of tea and sweets. After your visit enjoy lunch on your own and shopping time at White Flint Mall. Limited seating, transportation by mini-bus, no bathroom on board. ! For more information, call Ginny Russ at 410-313-7279

Bain Ctr & Normandy Shopping Ctr

RP4511.601 9:30am-4:30pm Th

Killarney's Restaurant**55 yrs + / Mar 16 / \$63**

Our Saint Patrick's celebration is once again at Killarney's Irish Restaurant in Davidsonville, MD. We return each year for the yummy food and fun and we even bring our own singing leprechaun! After our Lunch Bunch meal, we will stop at Homestead Gardens for spring time home and gardening needs. Menu choices include Corned Beef, Fish 'n Chips, Chicken Cottage Pie, each served with beverage, bread and dessert. For more information, call Ginny Russ at 410-313-7279.

Bain Ctr & Normandy Shopping Ctr

RP4512.601 10am-4pm Tu

Government in Action 101**55 yrs + / Mar 18 / \$38**

The state capitol of Maryland is Annapolis. Join us as we witness our government at work by viewing a legislative session and visiting a committee room. We will also enjoy a tour of the historic building, the oldest capitol building still in continuous use. Lunch at Galway Bay is on your own and includes a visit from Liz Bobo, House Delegate from the Howard County's 12B district. Some walking! For more information, call Ginny Russ at 410-313-7279.

Bain Ctr & Normandy Shopping Ctr

RP4513.601 9am-4pm Th

American Art Museum & National Portrait Gallery**55 yrs + / Mar 24 / \$38**

The Smithsonian's American Art Museum and the National Portrait Gallery are housed together in a National Historic Landmark Building in Washington, DC. This magnificent building is a dazzling showcase for American art and portraits that celebrates the vision and creativity of Americans. The new Kogod Courtyard offers a dynamic year-round gathering space and adds a contemporary accent to the museum's Greek Revival building. Enjoy a self-guided tour and lunch on your own at the on-site café, Walking involved. For more information, call Ginny Russ at 410-313-7279.

Bain Ctr & Normandy Shopping Ctr

RP4514.601 10am-4pm W

Cherry Blossoms and Odyssey Cruise**55 yrs + / Apr 8 / \$89**

Enjoy the beauty of the cherry blossoms while cruising down the Potomac River in Washington, DC. We know that it is spring when the cherry trees bloom and we go on this annual trip. Hear live entertainment and historic narration as you dine on a delicious three-course meal. Cherry Blossoms are scheduled, but not guaranteed, to be in bloom. Menu selection made at table. For more information, call Ginny Russ at 410-313-7279.

RP4503.701 Bain Ctr 9:30am-3:30pm Th

RP4503.702 Normandy Shopping Ctr 9:30am-3:30pm Th

NEW! Inn at Buckeystown

55 yrs+ / Apr 14 / \$79

The Inn at Buckeystown, MD is a four star National Award Winner for food, ambiance and hospitality. The Inn occupies an 1897 mansion in a Nationally Registered Historic Village with pre-revolutionary roots and a strong Civil War influence. Located near Frederick and the Monocacy River, the area is surrounded by Civil War battlefields. Come enjoy our April Lunch Bunch and time to explore the gardens and the Inn itself. Menu choices to be decided. Limited seating, transportation by mini-bus, no bathroom on board. For more information, call Ginny Russ at 410-313-7279.

Bain Ctr & Normandy Shopping Ctr

RP4505.701 10:30am-4:30pm W

NEW! Victorian Tea Parlor

55 yrs+ / Apr 20 / \$68

You are cordially invited to tea at The Victorian Tea Parlor in Spring Grove, PA, one of Central Pennsylvania's finest tea parlors. Savor their famous six-course high tea served with grace and elegance in the 1800 Victorian style. Hats and gloves are optional but bring your appetite, you will not go home hungry. If you are a Red Hatter, wear your finest garb! If not – join us for food and fun; we request the pleasure of your company! For more information, call Ginny Russ at 410-313-7279.

Bain Ctr & Normandy Shopping Ctr

RP4506.701 10am-4pm Tu

NEW! Pentagon Tour

55 yrs+ / Apr 29 / \$45

Join us on a one-hour guided walking tour of the Pentagon. Expect to walk about one and a half miles through corridors and several staircases. The security roster must be pre-approved and include your full name, date and place of birth. We will be passing through a security check point, so photo ID is necessary. We will also visit the outdoor Pentagon Memorial, designed so that the nation may remember and reflect on the events that occurred on September 11, 2001. A late lunch at Pentagon City Mall is on your own. For more information, call Ginny Russ at 410-313-7279.

Bain Ctr & Normandy Shopping Ctr

RP4509.701 9am-4pm Th

NEW! Zippy

55 yrs+ / May 5 / \$81

Come visit Baltimore with our tour-guide extraordinaire! Miss Zippy will take you to unexpected places that are not on the tourist maps. We never know where we are going until the day of the trip, so she can take advantage of last minute happenings! Come join us on a unique and different view of Charm City. Lunch is included. May be some walking. For more information, call Ginny Russ at 410-313-7279.

Bain Ctr & Normandy Shopping Ctr

RP4513.701 9am-4pm W

Howard County Tour with Joetta Cramm

55 yrs+ / May 11 / \$27

Travel from Elkridge to Glenwood, stopping at Howard County historical sites along the way. Learn about our rich local history and enjoy a glimpse into Howard County's past. Bring a bag lunch; some walking involved. Pick up at the Bain Center only, transportation by van. For more information, call Ginny Russ at 410-313-7279.

RP4521.701 Bain Center 8:45am-3pm Tu

Lifestyles of the Rich and Famous: The Hamptons

55 yrs+ / May 12-14 / \$599-double; \$699-single

Discover "The Hamptons," Long Island, New York's favorite hot spot for celebrities since the gilded age. Enjoy a "Lifestyles of the Rich and Famous" tour and see the magnificent homes and favorite haunts of the East Coast elite. View three states and the Atlantic Ocean from the top of Montauk Point Lighthouse. Tour Sag Harbor and Easthampton, meander through lavish gardens and tour a grand estate, and be pampered by breakfast in bed. Accommodations at Baron's Cove Inn located in the historic village of Sag Harbor. Lunches are on your own. On-your-own lunch stops will be made at Tin Alley Grill in Garden City, NY on the way to New York and Stony Brook Village on the way home. Fee includes transportation, lodging, 2 breakfasts, 2 dinners, entry fees, luggage handling, tax and gratuities. A \$50 deposit will save your spot on this fun trip! For more information, call Ginny Russ at 410-313-7279.

Bain Ctr & Normandy Shopping Ctr

RP4512.701 6am-7pm W,Th & F

Walters Art Museum and the BMA

55 yrs+ / May 19 / \$38

The Walters Art Museum in Baltimore is internationally renowned for its collection of old world art from Egypt to 20th century Europe and counts among its many treasures Greek sculpture and Roman sarcophagi, medieval ivories and Old Master paintings, Art Deco jewelry and 19th-century European and American masterpieces. Enjoy several hours in the morning and then journey to the BMA (The Baltimore Museum of Art) for lunch on your own at Gertrude's Restaurant (or bring your own to eat on bus) and time to explore the internationally renowned collection of 19th-century, modern and contemporary art. See masterpieces by Matisse, Picasso and Warhol plus much more. A lot of walking. For more information, call Ginny Russ at 410-313-7279.

Bain Ctr & Normandy Shopping Ctr

RP4516.701 9am-4pm W

NEW! Bayard House Restaurant

55 yrs+ / May 26 / \$73

The elegant Bayard House restaurant is located along the waterfront on the banks of the Chesapeake and Delaware Canal in historic South Chesapeake City, MD. The restaurant serves traditional Eastern shore cuisine with a European flair. The restaurant is in the oldest building in the city, dating back to the 1780's. Enjoy their award winning Maryland Crab soup or a mixed green salad and select your entrée: Maryland Crab Cake, Atlantic Salmon or Filet Mignon; each served with beverage and dessert. Some time for shopping after lunch. For more information, call Ginny Russ at 410-313-7279.

Bain Ctr & Normandy Shopping Center

RP4518.701 10am-4pm W

NEW! Fine Art and High Tea**55 yrs + / Jun 2 / \$87**

Spend the morning exploring the dazzling collection of art at the Delaware Art Museum, in Wilmington, DE, with a one hour guided tour. Discover the magnificent works of 19th-century British Pre-Raphaelite artists and the remarkable paintings of Howard Pyle, plus much more. Afterwards, enjoy a boxed sandwich lunch in the Museum's contemporary East Court and shopping in the museum store. In the afternoon travel to the elegant Hotel du Pont. This landmark four star hotel was designed in the early 20th century. After an introductory tour of the hotel, relax with an exquisite "Artisan" afternoon tea in the Brandywine Room, home to over a dozen paintings by members of the Wyeth Family. Boxed lunch sandwich choice: Roasted Turkey Breast & Gruyere cheese on whole Wheat or Black Forest Ham & Gruyere cheese on pretzel bread; also includes chips, whole fruit, cookie and beverage. The afternoon tea consists of tea selection, tea sandwiches, scones and French pastries. Yum! For more information, call Ginny Russ at 410-313-7279.

[Bain Ctr & Normandy Shopping Ctr](#)

RP4501.801 8:30am-6:30pm W

Antrim 1844**55 yrs + / Jun 9 / \$85**

Per request, we return to a favorite dining spot! Built in 1844, Antrim was once a thriving plantation and is listed in the National Register of Historic Places. Menu choices are Crab Cake or Filet of Beef; each served with salad, beverage and dessert. After lunch enjoy a tour of the mansion and gardens. We rate this as 5 stars all the way!! For more information, call Ginny Russ at 410-313-7279.

[Bain Ctr & Normandy Shopping Ctr](#)

RP4522.701 10:30-5pm W

Houses of Worship I**55 yrs + / Jun 18 / \$45**

Back by popular demand! We ran a series of Houses of Worship tours in the past and have had many requests to repeat them. We are happy to present them for you once again. The first in the series will be into Washington, DC to visit two popular sites. Your first stop will be The Basilica of the National Shrine of the Immaculate Conception and then on to the Franciscan Monastery. The Basilica is the largest Roman Catholic Church in the United States and one of the ten largest churches in the world. The splendid Crypt Church has been in use since the late 1920s. After lunch on your own, travel to the Franciscan Monastery for a tour of the replicas of Holy Land Shrines and the gardens. You will be lead by Washington, DC tour guide, Fran Grecourt, who will enhance your visit with her vast knowledge of the area. Guided walking tours, wear comfortable shoes.

[Bain Ctr & Normandy Shopping Ctr](#)

RP4502.801 9am-4pm F

NEW! Willow Pond Farm**55 yrs + / Jun 24 / \$67**

Our June Lunch Bunch takes us to Fairfield, PA for a walking garden tour of the lavender fields of Willow Pond Farm. Enjoy an all-herbal meal which includes an appetizer, soup, salad, main course and dessert. Drawing on her culinary training in Paris and over 32 years of diplomatic receptions and dinners, Madeline, the executive chef, creates superb meals drawing on the farm's bounty and seasonal ingredients. After your meal you will have shopping time at the shop, located in a 19th century summer kitchen. The shop has a large variety of unique herbal items including jellies, honeys, vinegars, a large selection of herbal gift baskets and much more. Garden tour, walking on uneven terrain, wear comfortable shoes. For more information, call Ginny Russ at 410-313-7279.

[Bain Ctr & Normandy Shopping Ctr](#)

RP4503.801 9am-4pm Th

NEW! Chart House Restaurant**55 yrs + / Jul 13 / \$69**

Located in the Old Town section of Alexandria, VA sits a waterside restaurant with spectacular views of the Potomac River. Come enjoy the great food and view for our July Lunch Bunch. After your meal, stroll the boardwalk promenade and visit the Torpedo Factory Art Center located next door. Once a working torpedo factory, today this building is home to artists' studios, galleries, workshops and the Alexandria Archaeology Museum. Menu choice to be determined. Some walking. For more information, call Ginny Russ at 410-313-7279.

[Bain Ctr & Normandy Shopping Ctr](#)

RP4505.801 10am-4pm Tu

NEW! Della Notte**55 yrs + / Aug 18 / \$74**

Enjoy August's Lunch Bunch at the elegant Della Notte Italian Restaurant in Baltimore's Little Italy, serving classically inspired contemporary Italian cuisine. Feast on Caesar Salad followed by a choice of Pappardelle (beef, veal and pork Bolognese with diced tomatoes, marinara and a splash of cream), Ravioli or Chicken marsala with shallots and mushrooms; each entree served with beverage and tiramisu for dessert. Some time at the Inner Harbor after lunch. For more information, call Ginny Russ at 410-313-7279.

[Bain Ctr & Normandy Shopping Ctr](#)

RP4511.801 10:30am-3:30pm W

NEW! Music, Mountains and Railroads**55 yrs + / Sep 22-24 / \$475 double, \$575 single**

Spend some time in wild and wonderful Elkins, West Virginia. Stop at Blackwater Falls along the way and enjoy dinner at Rail Yard Restaurant. On your second day take a train ride on the New Tygart Flyer with hobo lunch, enjoy a two-hour show at American Mountain Theatre with dinner at Graceland Inn. Overnight accommodations at Holiday Inn Express in Elkins. Train ride takes you through some of the most beautiful mountains in the area as you roll past deep canyons, sheer rock walls and vivid views of unspoiled mountains. Stop at the Green Bank Radio Astronomy Observatory on the way home. A \$50 deposit will save your spot for this exciting trip. Fee includes transportation room, 2 dinners, 2 breakfasts, train ride with hobo lunch, luggage handling and all gratuities except step-on guide and driver. For more information, call Ginny Russ at 410-313-7279.

[Bain Ctr & Normandy Shopping Ctr](#)

RP4501.901 7am-9pm W,Th & F

Fireworks!

County Executive Ken Ulman invites you to the Columbia Lakefront for an evening of Family, Fun & Fireworks!



**Howard
County**

RECREATION & PARKS

Saturday July 4, 5-10 pm / Fireworks 9:30 pm

Pre-k



- The programs listed in this section are for children who have not yet started kindergarten. Many of them are designed for a child and accompanying parent or caregiver. Some are one-day specials, while others run for multiple weeks. In addition, our Early Learning Center offers recreational licensed childcare two to five days a week, depending on location. **Please note that our staff does not change diapers.**
- Summer courses are listed in green.

Adventures in Learning

Staff does not change diapers.

Tots Discovery

2 yrs / 6 wks starting Apr 13 / \$175

Is your two-year-old ready for a more challenging environment? This program provides enriching, positive experiences that allow children to have fun; explore the world around them; and learn how to get along with others. Emphasis is on learning through play and building a foundation for a preschool experience. Thematic lessons are developmentally appropriate. To allow children time to adapt to this new environment, class meets for one hour the first day. Fee includes snack. Staff members do not change diapers. No class 4/22. For more information, call Cindy Ochs at 410-313-4681.

RP3201.701	Dayton Oaks ES	10am-noon	Tu & Th
RP3201.702	Forest Ridge ES	10am-noon	Tu & Th
RP3201.703	Rockburn ES	10am-noon	Tu & Th

My First School

2 yrs 9 mos-3 yrs 9 mos / 6 wks starting Apr 12 / \$175

This program is designed to help children make a successful transition to an independent experience. Children can develop social skills while exploring the alphabet, games, music, movement and art with a different theme each week. Fee includes snack. Staff members do not change diapers. For more information, call Cindy Ochs at 410-313-4681.

RP3202.701	Rockburn ES	10am-noon	M & W
RP3202.702	Glenwood Com Ctr	9:30-11:30am	M & W

Step into School

3 yrs 9 mos-4 yrs / 6 wks starting Apr 12 / \$175

This specialized program is designed to help your child get ready for Kindergarten. Daily activities will include writing workshops, reading readiness and math skills. Activities support school curriculum goals and encourage socialization and independence. Special themes help make learning fun! Fee includes snack. For more information, call Cindy Ochs at 410-313-4681.

RP3221.701	Ellicott Mills MS	10am-noon	M & W
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Alphabet Action

3-5 yrs / 6 wks, start dates below / \$90

Focus on a new letter each week and explore the alphabet using crafts, games and creative movement. This fun-filled, stimulating preschool format includes a snack and show-and-tell time. No class Friday 5/14. For more information, call Cindy Ochs at 410-313-4681.

RP3203.701	Dayton Oaks ES	Apr 16	10am-noon	F
RP3203.702	Forest Ridge ES	Apr 12	10am-noon	M

Jr. Discoveries Science Explorers: Spring Sensations

3-5 yrs / 6 wks starting Apr 14 / \$90

Come explore the world of why in a seasonal science class. Have fun with colors and create a rainbow. Explore metamorphosis. Build a volcano and see it erupt! Music and stories add to the fun. For more information, call Cindy Ochs at 410-313-4681.

RP3226.702	Forest Ridge ES	10am-noon	W
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Story Science Camp I

3 yrs / 4 days starting Jun 1 / \$129

Explore a new theme each day through art, science, games and stories. Take a trip to the moon, make moon craters and moon rocks and learn about gravity. Learn about metamorphosis of a ladybug and make a ladybug puppet. Learn which things sink and float in water and explore through sand and water play. Fee includes snack. Staff does not change diapers. For more information, call Cindy Ochs at 410-313-4681.

RP1607.801	Glenwood Com Ctr	9am-1pm	Tu-F
RP1607.802	Fulton Elem ES	9am-1pm	Tu-F

Story Science Camp II

4-5 yrs / 4 days starting Jun 7 / \$129

Using art, science, games and stories, explore a different theme each day. Take a trip to the moon, make moon craters and moon rocks and learn about gravity. Learn about the metamorphosis of a ladybug and make a ladybug puppet. Explore through sand and water play and find out which things sink and which float in water. Fee includes snack. For more information, call Cindy Ochs at 410-313-4681.

RP1608.801	Glenwood Com Ctr	9am-1pm	M-Th
RP1608.802	Fulton ES	9am-1pm	M-Th

One-Day Specials

Parent or caregiver is welcome to attend.

Dora's Spring Adventure

3-5 yrs / Dates below / \$20

Come join Dora and her gang on a great adventure. Cross "troll's bridge," row across "crocodile river," and travel through "icky, sticky sand." Songs and crafts add to the fun. Don't forget to watch out for Swiper! For more information, call Cindy Ochs at 410-313-4681.

RP3220.601	Ellicott Mills MS	Apr 16	12:45-2pm	F
RP3220.602	Glenwood Com Ctr	Apr 30	10-11:15am	F

The Little Einsteins

3-5 yrs / Dates below / \$20

Get ready to PAT,PAT,PAT and BLAST-OFF with the Little Einsteins. Enjoy a fun filled experience that includes music, games and art. Dance like June, play music like Quincy and join Rocket on his next mission! For more information, call Cindy Ochs 410-313-4681.

RP3224.701	Ellicott Mills MS	May 7	12:45-2pm	F
RP3224.702	Glenwood Com Ctr	May 21	10-11:15am	F

Parent/Child

Register and attend together. Fee includes participation of parent or favorite adult.

Mother Goose on the Loose

6 mos-3 yrs / 5 wks, start dates below / \$70 + \$17 materials fee

Instill the love of reading in a group setting with a librarian and early childhood consultant. Learn about brain development and fun visual, musical, and motor-sensory techniques to nurture emergent reading skills in your young child. Materials fee due at first class. For more information, call Adam Wienckowski at 410-313-4714.

Olenka School of Music – Columbia

RP3216.701	Apr 15	5-5:45pm	Th
RP3216.711	May 20	5-5:45pm	Th

Olenka School of Music – Ellicott City

RP3216.702	Apr 14	11:30am-12:15pm	W
RP3216.712	May 19	11:30am-12:15pm	W

Olenka School of Music – Glenwood Com Ctr

RP3216.703	Apr 16	11:30am-12:15pm	F
RP3216.713	May 21	11:30am-12:15pm	F

Oh la la French Mommy & Me

1-4 yrs / 6 wks starting May 1 / \$65

Learn French through music! Developed by a professional Early Childhood educator, children will learn French through music, singing, dancing, puppeteer, the use of parachute and instruments. They will learn to sing French songs that are already familiar to them and some that are new, as well as colors, animals, action words and so much more! Please bring a blanket and bring a reusable water bottle. For more information, call Melissa Calleri at 410-313-4721.

RP3308.701	Glenwood Com Ctr	9:30-10:15am	Sa
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Snuggle Bugs

1 yr 2 mos-1 yr 11 mos / 6 wks starting Apr 16 / \$75

Enjoy quality time with your little snuggle bug. Experience new themes designed for your toddler. Have fun and meet new friends. Parent or caregiver must attend with child. No class 5/14. For more information, call Cindy Ochs at 410-313-4681.

RP3211.701	Rockburn ES	10-10:45am	F
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Twist, Jump & Shout

1½ yrs-2½ yrs / 6 wks starting Apr 15 / \$75

Let's get moving! Have fun while improving coordination and balance through the use of parachutes, balls and props. Movement, games and dance add to the fun. Wear loose, comfortable clothing and soft-soled shoes. No class 4/22. For more information, call Cindy Ochs at 410-313-4681.

RP3208.701	Glenwood Com Ctr	10-10:45am	Th
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C is for Cooking!

2 yrs / Dates below / \$90

Let's get cooking! Parents enjoy this hands-on class with your little ones while making recipes from favorite Sesame Street characters. Prepare delicious and nutritious recipes such as Abby Cadabby's Pixie Snack Mix, Bert's Fruit Kabobs and Oscar's Cheese Tortilla. For more information, call Cindy Ochs at 410-313-4681.

RP3209.701	Dayton Oaks ES	Apr 14	10-11am	W
RP3209.702	Ellicott Mills MS	Apr 13	10-11am	Tu

Terrific Twos

2-3 yrs / 6 wks starting Apr 16 / \$75

With your little one, create a memory each week as you spend quality time experiencing music, rhymes, and literature. Make something to share each week as you have fun learning through play. No class 5/14. For more information, call Cindy Ochs at 410-313-4681.

RP3214.701	Rockburn ES	11-11:45am	F
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Mommy & Me Fun Days

2-3 yrs / Dates below / \$16

Enjoy a morning full of "quality time" designed for you and your little one. Join in the fun with theme related stories, music and movement and complete the morning with a special make-and-take craft to share at home. Sign up for one class or make a date for all six adventures. For more information, call Cindy Ochs at 410-313-4681.

Ellicott Mills MS

Elmo's World

RP3212.701	Apr 16	10-10:45am	F
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Handy Manny

RP3212.702	Apr 23	10-10:45am	F
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New! My Friends Tigger & Pooh

RP3212.703	Apr 30	10-10:45am	F
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Dora's Spring Adventures

RP3212.704	May 7	10-10:45am	F
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Curious George

RP3212.705	May 21	10-10:45am	F
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Wonder Pets

RP3212.706	May 28	10-10:45am	F
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Petite Picassos

2-3 yrs / 6 wks, start dates below / \$75

Experience art with your toddler. Create modern masterpieces while discovering colors, textures and shapes. Dress for messes and bring a smock. No Class 5/14. For more information, call Cindy Ochs at 410-313-4681.

RP3215.702	Ellicott Mills	Apr 16	11:15am-noon	F
RP3215.701	Glenwood Com Ctr	Apr 13	9:30-10:15am	Tu

Little Learners

2-4 yrs / 6 wks starting Apr 15 / \$75

Explore new themes each week through games, art, music and movement. This parent-child class is designed to prepare your child for preschool while giving you the chance to mix and mingle with other parents and caregivers. Siblings under age two are welcome! No Class 4/22. For more information, call Cindy Ochs at 410-313-4681.

RP3222.701	Glenwood Com Ctr	11:15am-12:15pm	Th
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Aquatics

- *Swimming lessons emphasize skills needed to be safe in an aquatic environment. Our instructors have all been trained at our facility and are knowledgeable about the programs that we teach.*
- *Group swim lessons are two-week sessions held Monday-Thursday. Classes canceled due to inclement weather or pool-closings will be made up on the Friday of the session.*
- *Be sure to register your child for the appropriate level. If space allows, a participant may be moved to a lower or more advanced level at the discretion of the swim lesson coordinator.*
- *For multiple sessions, register your child in the same course for a minimum of two sessions. Children often require more than one session to master the skills needed to proceed to the next level.*
- *Each session features a safety day that introduces safety skills required for course completion. The safety day may be held indoors on the first "inclement weather" class of a session.*
- *Parents and guardians will not be permitted to assist child during the lesson, except for the Parent-Child classes. Accompanying adult for children under 13 must remain at the facility.*
- *Staff does not change diapers.*

Baby Water Play: Parent-Child Level 1 (formerly Crab and Clam)

6 mos - 3 yrs / 2 wks, start dates below / \$62

Splash through the first step in water safety and swimming with your child. Parents will learn how to work safely with their child in the water, including how to appropriately support and hold their child and how to prepare and encourage their child to participate fully and try the skills. With an adult, children will explore submerging, buoyancy and entering and exiting safely. Swimming diapers and/or rubber shorts must be worn. For more information, call Megan Freer, 410-313-4720.

Roger Carter Rec Ctr - Pool

RP4007.801	Jun 28	10:40-11am	M-Th
RP4007.802	Jun 28	5:30-5:50pm	M-Th
RP4007.803	Jul 19	10:40-11am	M-Th
RP4007.804	Jul 19	5:30-5:50pm	M-Th
RP4007.805	Aug 2	10:40-11am	M-Th
RP4007.806	Aug 2	5:30-5:50pm	M-Th

Baby Water Play: Parent-Child Level 2 (formerly Oyster)

½-3 yrs / 2 wks, start dates below / \$62

Float through the second step in water safety and swimming with your child. Children will begin to glide on the front and back with assistance and change body position in the water. Children will continue to explore submerging and buoyancy. Emphasis will be given on adult supervision and entering and exiting safely. Swimming diapers and/or rubber shorts must be worn. For more information, call Megan Freer, 410-313-4720.

Roger Carter Rec Ctr - Pool

RP4008.801	Jun 28	10-10:20am	M-Th
RP4008.802	Jun 28	6-6:20pm	M-Th
RP4008.803	Jul 19	10-10:20am	M-Th
RP4008.804	Jul 19	6-6:20pm	M-Th
RP4008.805	Aug 2	10-10:20am	M-Th
RP4008.806	Aug 2	6-6:20pm	M-Th

Preschool Swimming: Level 1 (formerly Flounder)

4-5 yrs / 2 wks, start dates below / \$62

Orient your child with the water and water safety in a group setting. With instructor assistance, children will be familiarized with the aquatic environment and learn basic water skills including water entry and exit, breath control, buoyancy, treading and swimming on the front and back with support. This class will create the foundation for safe practices around the water. For more information, call Megan Freer, 410-313-4720.

Roger Carter Rec Ctr - Pool

RP4009.801	Jun 28	10:40-11am	M-Th
RP4009.802	Jun 28	5:30-5:50pm	M-Th
RP4009.803	Jul 19	10:40-11am	M-Th
RP4009.804	Jul 19	5:30-5:50pm	M-Th
RP4009.805	Aug 2	10:40-11am	M-Th
RP4009.806	Aug 2	5:30-5:50pm	M-Th

Preschool Swimming: Level 2 (formerly Catfish)

4-5 yrs / 2 wks, start dates below / \$62

Building on the skills taught in level 1, children will become more independent by demonstrating more advanced fundamentals of water entry and exit, breath control, buoyancy, treading and swimming on the front and back with assistance as needed. This class will help children increase their comfort in the water. For more information, call Megan Freer, 410-313-4720.

Roger Carter Rec Ctr - Pool

RP4010.801	Jun 28	10-10:20am	M-Th
RP4010.802	Jun 28	6-6:20pm	M-Th
RP4010.803	Jul 19	10-10:20am	M-Th
RP4010.804	Jul 19	6-6:20pm	M-Th
RP4010.805	Aug 2	10-10:20am	M-Th
RP4010.806	Aug 2	6-6:20pm	M-Th

Preschool Swimming: Level 3

4-5 yrs / 2 wks start dates below / \$62

After completing level 2, children will practice independent water entry and exit, breath control, buoyancy, treading and swimming on the front and back at a more proficient level. Improved coordination of combined simultaneous and alternating arm and leg actions will be emphasized. In this class, children will begin to gain propulsive skills. For more information, call Megan Freer 410-313-4720.

Roger Carter Rec Ctr - Pool

RP4011.801	Jun 28	10-10:20am	M-Th
RP4011.802	Jun 28	6:40-7pm	M-Th
RP4011.803	Jul 19	10-10:20am	M-Th
RP4011.804	Jul 19	6:40-7pm	M-Th
RP4011.805	Aug 2	10-10:20am	M-Th
RP4011.806	Aug 2	6:40-7pm	M-Th

Private Swim Lessons

6½ yrs + / Ongoing after June 5; Call for preferred day & time /
Prices below

Each 30-minute class will be customized to fit individual needs and swimming ability. Private lessons for families includes up to four people. Lessons can be scheduled on an individual basis depending on instructor availability. Registration begins May 3; lessons will be scheduled to start no earlier than June 5. For more information, call Megan Freer, 410-313-4720.

Roger Carter Rec Ctr - Pool

RP4020.801	Individual	\$31 per class
RP4020.802	Pair	\$41 per class
RP4020.803	Family	\$52 per class

Puddles

2-5 yrs / 6 wks, start dates below / \$43

Learn safety and have fun in this aquatics program for preschoolers with developmental disabilities. Parents must accompany child in the water. Siblings/nondisabled peers may register one week after open registration. Staff does not change diapers. **Goal:** Improve gross motor skills, increase self confidence and improve ability to understand directions. For more information, call Susan Potts at 410-313-4628.

RP4201.701	Cedar Lane School	Apr 13	6:15-7pm	Tu
RP4201.702	Cedar Lane School	Apr 15	6:15-7pm	Th

Art

Staff does not change diapers.

Preschool Art Adventures with Christina Kaputsos

3-5 yrs / 8 wks starting Apr 20 / \$85

That's right: Art Adventures – your favorite summer camp is swinging into action for Spring! Join Miss Tina and her jungle friends on an amazing adventure exploring the art world! Explore painting, drawing and sculpture. Learn about famous artists and have fun while challenging your creativity. Release your imagination by using unique objects and materials to create a whole new view. Then display your creations for friends and family in a special Art Showcase on the last day. Dress for mess! More information, call Adam Wienckowski at 410-313-4714.

RP0108.721	Fulton ES	1:45-3:15pm	Tu
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Art Adventures – Spring! with Christina Kaputsos

4-7 yrs / 8 wks starting Apr 17 / \$85

That's right: Art Adventures – your favorite summer camp is swinging into action for Spring! Join Miss Tina and her jungle friends on an amazing adventure exploring the art world! Explore painting, drawing and sculpture. Learn about famous artists and have fun while challenging your creativity. Release your imagination by using unique objects and materials to create a whole new view. Then display your creations for friends and family in a special Art Showcase on the last day. Dress for mess! No class 5/29. More information, call Adam Wienckowski at 410-313-4714.

RP0108.701	St. John's Lane ES	9:45-11:15am	Sa
RP0108.702	St. John's Lane ES	noon-1:30pm	Sa

Cooking

Staff does not change diapers.

NEW! Cannelloni Kids Cooking School for Preschoolers

3-5 yrs / 4 wks, start dates below / \$60 + \$30 materials fee

CKCS, the mobile cooking program is coming to a school near you! Classes taught by Nikki McGowan, co-host of "Child Life TV Cooking Show" and her staff of culinary experts. Little chefs enjoy cultural explorations through the preparation of a wide range of cuisine. An emphasis on etiquette, nutrition, kitchen safety and the science behind cooking! Materials fee due at first class. Bring a reusable water bottle. Thursdays no class 4/22. For more information, call Melissa Calleri at 410-313-4721.

Session I

RP0131.701	Bushy Park ES	Apr 20	2:30-3:30pm	Tu
RP0131.702	Elkridge ES	Apr 20	2:30-3:30pm	Tu
RP0131.703	Forest Ridge ES	Apr 15	2:30-3:30pm	Th
RP0131.704	Fulton ES	Apr 15	2:30-3:30pm	Th
RP0131.705	Triadelphia Ridge ES	Apr 15	2-3pm	Th

Session II

RP0131.721	Bushy Park ES	May 18	2:30-3:30pm	Tu
RP0131.722	Elkridge ES	May 18	2:30-3:30pm	Tu
RP0131.723	Forest Ridge ES	May 20	2:30-3:30pm	Th
RP0131.724	Fulton ES	May 20	2:30-3:30pm	Th
RP0131.725	Triadelphia Ridge ES	May 20	2-3pm	Th

Wee Chefs

3-5 yrs / 6 wks starting Apr 15 / \$109

Prepare a recipe while learning about proper kitchen etiquette, measuring and table setting. Make a small craft that goes along with the lesson. Use books and games to further your understanding. Parents are welcome. No class 4/22. For more information, call Cindy Ochs at 410-313-4681.

RP3205.702	Ellicott Mills MS	10-11:45am	Th
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Dance & Movement

Staff does not change diapers.

Cindee Velle

Creative Movement

3-5 yrs / 4 wks starting May 21 / \$35

This introduction to dance incorporates the exploration of space, rhythm, body awareness, time, shape and dynamics. Use of imagination is encouraged! Pink leotard, tights and ballet shoes required for girls and a white tee shirt, black shorts or sweat pants and black ballet shoes for boys. Bring a reusable water bottle. Instructor is Aimee Velle. For more information, call Melissa Calleri at 410-313-4721.

RP1007.701	Worthington ES	4-4:45pm	F
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Kinetics Dance Theatre

Parent-Child Movement & Song with Lauren Snyder

2-3 yrs / 6 wks, start dates below / \$69

Encourage your child's imagination as you explore creative dance using stories, props and movement to encourage imagination. Bare feet are preferred. Fee includes participation of one child and one parent or caregiver. Bring a reusable water bottle. For more information, call Melissa Calleri at 410-313-4721.

RP1010.701	Kinetics Dance Theatre	Apr 13	10:45-11:30am	Tu
RP1010.702	Kinetics Dance Theatre	Apr 14	9:45-10:30am	W

Creative Dance with Lauren Snyder

3-4 yrs / 6 wks starting Apr 13 / \$69

This introduction to dance incorporates many of the components of dance including space, rhythm, body awareness and how the music makes you feel when you move. Use your imagination! Leotard and bare feet recommended. Bring a reusable water bottle. For more information, call Melissa Calleri at 410-313-4721.

RP1012.701	Kinetics Dance Theatre	9:45-10:30am	Tu
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Tap & Rhythm with Lauren Snyder

3-4 yrs / 6 wks starting Apr 15 / \$69

Have fun learning basic tap steps such as toes, heels, brushes, flaps and shuffles through a variety of dance activities and rhythms. Children will begin to learn and develop a sense of direction and timing and explore patterns and space all the time having fun and using their imaginations! Tap shoes required. No experience necessary. Bring a reusable water bottle. For more information, call Melissa Calleri at 410-313-4721.

RP1019.701	Kinetics Dance Theatre	12:30-1:15pm	Th
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Dance & the Art of Storytelling with Lauren Snyder

3-5 yrs / 6 wks starting Apr 15 / \$69

This class will focus on the different ways that dance has been used in the past as a method of storytelling and how we can use dance to tell our own stories. Classes will focus on reading child-friendly versions of famous ballets and folktales and then bring them to life by acting or "dancing" them. The session will culminate in the creation of a "story-web" for which we will create our own movement. Bring a reusable water bottle. For more information, call Melissa Calleri at 410-313-4721.

RP1018.701	Kinetics Dance Theatre	10-10:45am	Th
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Fairy Dance & Storytelling

3-5 yrs / 6 wks, start dates below / \$69

A fun and special introduction to dance! Let your child's imagination take flight! Each class, the theme of Fairy dance is expressed through movement and stories and will incorporate many of the components of dance including space, rhythm, and body awareness. Dancers will share and explore ideas while learning in a safe and creative atmosphere. Bring a reusable water bottle. For more information, call Melissa Calleri at 410-313-4721.

RP1014.801	Kinetics Dance Theatre	Jun 21	5-5:45pm	M
RP1014.802	Kinetics Dance Theatre	Jun 23	5:15-6pm	W

Dance Basics with Lauren Snyder

4-5 yrs / 6 wks, start dates below / \$89

Get an introduction to basic dance skills while learning locomotor and rhythmic patterns. Explore creative dance, tap and rhythm and ballet to prepare for more intense study. The age-appropriate music inspires the youngest dancer. Bring a reusable water bottle. For more information, call Melissa Calleri at 410-313-4721.

RP1013.701	Kinetics Dance Theatre	Apr 15	11am-noon	Th
RP1013.801	Kinetics Dance Theatre	Jun 22	5-6pm	Tu

Movement for Boys with Lauren Snyder

4-5 yrs / 6 wks, start dates below / \$69

A creative dance class designed to introduce boys to movement and dance in a fun, structured environment. This introduction to dance incorporates many of the components of dance including space, rhythm, body awareness and much more! Bring a reusable water bottle. For more information, call Melissa Calleri at 410-313-4721.

RP1020.701	Kinetics Dance Theatre	Apr 12	3-3:45pm	M
RP1020.801	Kinetics Dance Theatre	Jun 23	4:30-5:15pm	W

Lynette Voegthli

Creative Ballet

3-4 yrs / 6 wks, start dates below / \$59

Come and learn basic ballet moves combined with fun concepts like colors, numbers, shapes, and more! Pre-ballet steps, stretches, and fun age-appropriate games will have your little ballerina dancing away! Dancers must wear a leotard. Ballet shoes required. No experience necessary. Bring a reusable water bottle. No class Thursday 4/22. For more information, call Melissa Calleri at 410-313-4721.

RP1011.701	Bonnie Branch MS	Apr 12	10:45-11:30am	M
RP1011.702	Bonnie Branch MS	Apr 15	10:45-11:30am	Th

NEW! Ballet & Tap Combo

4-5 yrs / 6 wks, start dates below / \$82

Little dancers learn the basics for ballet & tap while having fun moving to the beat! Dancers will warm up, stretch, learn steps and perform for family & friends at the end of the session. Bring a reusable water bottle. No class Thursday 4/22. For more information, call Melissa Calleri at 410-313-4721.

RP1027.701	Bonnie Branch MS	Apr 12	9:45-10:45am	M
RP1027.702	Bonnie Branch MS	Apr 15	9:45-10:45am	Th

Misako Ballet Studio

Creative Movement

3½ yrs- 5½ yrs / 8 wks starting Jun 22 / \$75

Students will experience the joy of dance through the use of imagery, movement, games, and simple combinations. Leotard, tights and leather ballet slippers required. Bring a reusable water bottle. For more information, call Melissa Calleri at 410-313-4721.

RP1025.801	Misako Ballet Studio	4:45-5:30pm	Tu
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Preschool Creative Movement with Jessica McElvaney

3½-5 yrs / 8 wks starting Apr 13 / \$75

Experience the joy of dance through the use of imagery, movement games and simple combinations. Leotard, tights and leather ballet slippers required. Bring a reusable water bottle. For more information, call Melissa Calleri at 410-313-4721.

RP1001.701	Misako Ballet Studio	9:30-10:15am	Tu
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Beginning Ballet: Rhythm & Steps

4-6 yrs / 8 wks, start dates below / \$75

Experience the very early stages of dance through a variety of activities. This class will help young dancers establish good basic skills in locomotion, imagination and music appreciation. Leotard, tights and leather ballet slippers required. Bring a reusable water bottle. For more information, call Melissa Calleri at 410-313-4721.

Instructor: Cary Ballinger

RP1005.701 Misako Ballet Studio Apr 16 4:45-5:30pm F

Instructor: TBA

RP1005.801 Misako Ballet Studio Jun 24 4:45-5:30pm Th

Sandra Duerr

Dance with Me!

2 yrs / 8 wks, start dates below / \$59

Have fun using songs and games to learn dance and movement concepts in this introduction to dance and creative movement. Fee includes participation of one parent or caregiver and one child. For more information, call Adam Wienckowski at 410-313-4714.

RP1003.701 Glenwood Com Ctr Apr 12 11:45am-12:30pm M

RP1003.702 Bonnie Branch MS Apr 13 10:30-11:15am Tu

Princess Ballet for 3's & 4's

3-4 yrs / 8 wks, start dates below / \$59

This pre-ballet class introduces your ballerina to the world of dance. Warm ups, barre work, dance combinations using the popular princesses and their stories and music. Learning how to dance is much more fun when you're a princess! For more information, call Adam Wienckowski at 410-313-4714.

RP1008.701 Glenwood Com Ctr Apr 12 10:45-11:30am M

RP1008.702 Bonnie Branch MS Apr 13 12:45-1:30pm Tu

RP1008.703 Bonnie Branch MS Apr 16 12-12:45pm F

Tiny Tappin' Toes

4-5 yrs / 8 wks, start dates below / \$59

Have fun learning beginner tap steps and combinations, playing with rhythm and improving our coordination. Simple props will add to the fun. More fun will be had by using your favorite songs so you can sing along! Tap shoes and comfortable clothes required. Show performance at last class. For more information, call Adam Wienckowski at 410-313-4714.

RP1003.701 Glenwood Com Ctr Apr 12 12:45-1:30pm M

RP1003.702 Bonnie Branch MS Apr 13 1:40-2:25pm Tu

Ballet and Tap with Barbie

4-5 yrs / 8 wks, start dates below / \$75

Bring your favorite Barbie doll to watch you learn ballet and tap warm-ups and steps highlighting the music and stories from Barbie's popular movies. Leather ballet shoes and tap shoes are required. For more information, call Adam Wienckowski at 410-313-4714.

RP1017.701 Glenwood Com Ctr Apr 12 9:30-10:30am M

RP1017.702 Bonnie Branch MS Apr 13 11:30am-12:30pm T

RP1017.703 Bonnie Branch MS Apr 16 10:45-11:45am F

Tatia Zack

Ballet & Tap

3½-5 yrs / 8 wks starting Apr 15 / \$89

Have fun learning ballet positions and tap steps while developing coordination, body awareness, balance, rhythm and love of dance. Ballet and tap shoes required. Parents are invited to attend a performance at the last class. For more information, call Adam Wienckowski at 410-313-4714.

RP1024.701 Meadowbrook Ath Comp 9:30-10:30am Th

Jazz & Tap

3½-5 yrs / 8 wks starting Apr 15 / \$69

Combine the coordination, rhythm and timing of tap with the high-energy movements of jazz. Begin class with stretching and bending exercises and finish with a dance routine – all done to Top 40's music. Parents are invited to attend a performance at the last class. Wear tap shoes and comfortable clothing. For more information, call Adam Wienckowski at 410-313-4714.

RP1023.701 Meadowbrook Ath Comp 10:30-11:15am Th

Drama

Staff does not change diapers.

Broadway Babies Drama

3-5 yrs / 6 wks starting Apr 17 / \$105

Spring 2010 Theme – "Spring Stars." Enjoy this drama class for preschoolers! Students will have fun learning to sing, dance and act on our stage. Class culminates in a short showcase performance on last day. For more information, call Adam Wienckowski at 410-313-4714.

RP0103.701 Drama Learning Ctr 9:15-10:15am Sa

Tots on Broadway

3-5 yrs / 8 wks starting Apr 17 / \$150

Columbia Center for Theatrical Arts & Artistic Director Toby Orenstein present a fun introduction to musical theater for aspiring young stars! Final class is a performance for friends and family. For more information, call Adam Wienckowski at 410-313-4714.

RP0102.701 Glenwood Com Ctr 10-10:45am Sa

Early Learning Center

Staff does not change diapers.

Recreational Licensed Child Care

2½-4 yrs / Dates & prices below

Our academic year preschool program focuses on developing a child's social, cognitive, emotional, and motor skills through age-appropriate activities following recommendations by the Maryland Model for School Readiness. Children will enjoy hands-on projects such as crafts, science, nature, music, drama and cooking, while also working on academic, fine and gross motor skills. The safe, nurturing classroom environment encourages a child's playful exploration of learning materials in preparation for kindergarten. Staff are trained and licensed in early childhood education and take continuing education classes yearly. All programs are licensed thru the Maryland State Department of Education Office of Child Care. For more information, Stephanie Wise at 410-313-4712.

2009-10 Academic Year

The age 2 determination date at Kiwanis Wallas is Mar 1, 2009; for all other locations, it is Sep 1, 2009.

Bushy Park ES

4 yrs	Sep 9	9:30am-1:30pm	M, W & F	\$351/mo
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Elkridge ES

3 yrs	Sep 8	9:30am-1:30pm	Tu & Th	\$233/mo
4 yrs	Sep 9	9:30am-3pm	M, W & F	\$465/mo

Fulton ES

3 yrs	Sep 8	9:30am-1:30pm	Tu & Th	\$233/mo
4 yrs	Sep 9	9:30am-3pm	M, W & F	\$465/mo

Kiwanis-Wallas Rec Ctr

2 yrs	Sep 9	9:30am-Noon	M & W	\$160/mo
2yrs	Sep 8	9:30-amNoon	Tu & Th	\$160/mo

Roger Carter Rec Ctr

3 yrs	Sep 8	9:30am-1:30pm	Tu & Th	\$233/mo
4 yrs	Sep 9	9:30am-3pm	M, W & F	\$465/mo

Triadelphia Ridge ES

3 yrs	Sep 8	9:30am-noon	M, W & Th	\$221/mo
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Veterans ES

4 yrs	Sep 8	9:30am-3:30pm	M-F	\$713/mo
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Veterans ES Extended Option

4 yrs	Sep 8	8-9:30am & 3:30-5pm	M-F	\$236/mo
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2010-11 Academic Year – REGISTRATION OPEN NOW

The age 2 year determination date at Kiwanis Wallas is Mar 1, 2010; for all other locations it is Sep 1, 2010. Classes will begin the Monday or Tuesday after Labor Day.

Bushy Park ES

3 yrs		9:30am-1:30pm	Tu & Th	\$233/mo
4 yrs		9:30am-1:30pm	M, W & F	\$351/mo

Bushy Park ES Extended Option

4 yrs		1:30pm-3:00pm	M, W & F	\$114/mo
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Elkridge ES

3 yrs		9:30am-1:30pm	Tu & Th	\$233/mo
4 yrs		9:30am-3pm	M, W & F	\$465/mo

Fulton ES

3 yrs		9:30am-1:30pm	Tu & Th	\$233/mo
4 yrs		9:30am-3pm	M, W & F	\$465/mo

Kiwanis-Wallas Rec Ctr

2 yrs		9:30am-Noon	M & W	\$160/mo
2 yrs	Noon		Tu & Th	\$160/mo

Roger Carter Rec Ctr

3 yrs		9:30am-1:30pm	Tu & Th	\$233/mo
4 yrs		9:30am-3pm	M, W & F	\$465/mo

Triadelphia Ridge ES

3 yrs		9-11:30am	M, W & Th	\$221/mo
4 yrs		Noon-3pm	M, W & Th	\$265/mo

Veterans ES

4 yrs		9:30am-3:30pm	M-F	\$713/mo
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Veterans ES Extended Option

4 yrs		8-9:30am	M-F	\$118/mo
		&/or 3:30-5pm	M-F	\$118/mo

- To reserve space, a \$50 non-refundable registration fee and one month's tuition are required at time of registration. Fees are subject to change.
- The registration fee of \$50 is non-refundable regardless of withdrawal date. Before child can participate, parent must complete all licensing-required paperwork, including health inventory, which requires a physical. Forms will be mailed the end of June.
- Call 410-313-7275 for space availability.
- For a list of who to contact and additional program information, visit howardcountymd.gov/RAP and click on Recreational Licensed Child Care.
- Staff does not change diapers, and children must meet minimum age requirements set for each program.
- Due to the presence of children with severe allergic reactions to peanuts, peanut/nut products are not served or permitted at any Recreational Licensed Child Care programs.
- Accommodations can be provided at no additional cost but are not guaranteed; request must be made at time of registration.
- All RLC programs have a behavioral policy with standards of conduct enforced through the use of discipline, up to and including expulsion from the program. The Department makes every effort to assist children and their parents in modifying a child's behavior before their actions become a serious enough threat to require suspension, but the primary concern of the Department must be the safety and wellbeing of all participants, even though it may cause inconvenience to parents in a particular case.

Fitness

Staff does not change diapers.

Funfit® “where fitness is child’s play”

1-3 yrs / 8 wks, start dates below / \$88 per child

This active class brings fitness to a whole new level of fun! Using balls, chutes, instruments and more, you and your child will get a heart-healthy workout in a stress-free session. Kids will build self-confidence, socialization, coordination, balance, language and cognitive development. One adult must participate with child(ren), who must be walking. For more information, call Adam Wienckowski at 410-313-4714.

Glenwood Com Ctr

RP3210.701	1-2 yrs	Apr 14	9:30-10:15am	W
RP3210.702	2-3 yrs	Apr 14	10:15-11:00am	W
RP3210.703	1-4 yrs	Apr 14	11:00-11:45am	W

Meadowbrook Ath Comp

RP3210.711	1-2 yrs	Apr 12	9:30-10:15am	M
RP3210.712	2-3 yrs	Apr 12	10:15-11:00am	M
RP3210.10	1-4 yrs	Apr 12	11-11:45am	M

Schooley Mill Pk

RP3210.721	1-2 yrs	Apr 15	9:30-10:15am	Th
RP3210.722	2-3 yrs	Apr 15	10:15-11:00am	Th



PumpStart

2-5 yrs / 10 wks, start dates & prices below

PumpStart is a structured, unique, weekly program incorporating bouncing, hopping, sing-a-longs, games, and other activities designed for children ages 2-5. PumpStart was created with the distinct goal of promoting gross motor skill proficiency, balance, agility, and social interaction through the use of our interactive inflatables. Most important, your child will have fun at the same time. Our experienced teachers will have weekly themes that will keep the kids engaged in play while they are still learning! The Mini Jumpers class is a fun class that engages "parent-child" interaction. Parents are required to participate. The Junior Jumpers class encourages child independence. For more information, call Adam Wienckowski at 410-313-4714.

Mini Jumpers / 2-3½ yrs / \$119

RP3330.701	Pump It Up	Apr 14	9:30-10:15am	W
RP3330.702	Pump It Up	Apr 16	9:30-10:15am	F

Junior Jumpers / 3½-5 yrs / \$149

RP3330.711	Pump It Up	Apr 14	10:30-11:30am	W
RP3330.712	Pump It Up	Apr 16	10:30-11:30am	F

Languages

Hola Amigos! Spanish with Cecilia Redmond

4-6 yrs / 5 wks starting Apr 24 / \$55

This class is designed to introduce young children to the basics of the Spanish language. Children will learn vocabulary related to the calendar, numbers, letters, colors, body and clothes through games and songs. Children will begin to develop an appreciation and love of learning a language as they have fun learning Spanish in this program. Bring a reusable water bottle. For more information call Melissa Calleri at 410-313-4721.

RP3301.701	Roger Carter Rec Ctr	10-11am	Sa
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Beginning Chinese I with Yaping Wu

See page 36.

Beginning Chinese II with Yaping Wu

See page 36.

Music

Staff does not change diapers.

Music Together - Mixed

6 mo-5 yrs / 5 wks, start dates below / \$70 + \$37 materials fee

This is an internationally recognized early childhood music program for infants to 5-year-olds and the adults who love them. First offered to the public in 1987, it pioneered the concept of a research-based, developmentally appropriate early childhood music curriculum that emphasizes and facilitates adult involvement. NEW: After your 5-week session, you can join our Special Music Together Jam Session as your 6th class FREE! Materials fee due at first class. For more information, call Adam Wienckowski at 410-313-4714.

Olenka School of Music - Columbia

RP0121.701	Apr 13	4:30-5:15pm	Tu
RP0121.711	May 18	4:30-5:15pm	Tu
RP0121.702	Apr 16	11:30am-12:15pm	F
RP0121.712	May 21	11:30am-12:15pm	F
RP0121.703	Apr 10	12:30-1:15pm	Sa
RP0121.713	May 15	12:30-1:15pm	Sa
RP0121.801	Jul 10	12-12:45pm	Sa
RP0121.802	Jul 11	11:30am-12:15pm	Su

Olenka School of Music - Ellicott City

RP0121.704	Apr 12	9:30-10:15am	M
RP0121.714	May 17	9:30-10:15am	M

Olenka School of Music - Glenwood Com Ctr

RP0121.705	Apr 16	9:30-10:15am	F
RP0121.715	May 21	9:30-10:15am	F
RP0121.706	Apr 16	10:30-11:15am	F
RP0121.716	May 21	10:30-11:15am	F

Preschool Music Makers

3-5 yrs / 5 wks, start dates below / \$105 + \$37 materials fee

Begin a strong foundation for all future musical learning through this energetic parent-child class designed as an inspiring introduction to the basics of music. Each age-appropriate class features solfege singing (do, re, mi) and ear training exercises that lead to inner hearing as well as neuromuscular feeling for music. Enjoy musical activities including dancing, singing, playing keyboards, rhythm instruments and stimulating music games. Finish the session with a fun "Show Time" with friends and family. Materials fee due at first class. For more information, call Adam Wienckowski at 410-313-4714.

Olenka School of Music - Columbia

RP0128.701	Apr 14	9:15-10am	W
RP0128.711	May 19	9:15-10am	W
RP0128.702	Apr 16	4:30-5:15pm	F
RP0128.712	May 21	4:30-5:15pm	F

Olenka School of Music - Ellicott City

RP0128.703	Apr 13	1:30-2:15pm	Tu
RP0128.713	May 18	1:30-2:15pm	Tu
RP0128.704	Apr 15	10:45-11:30am	Th
RP0128.714	May 20	10:45-11:30am	Th

Keyboard Studio

4-6 yrs / 5 wks, start dates below / \$125 + \$37 materials fee

Build a strong musical foundation for all future instrumental and vocal learning through this energetic parent-child class designed as a rich introduction to the basics of music theory and practice. Each age-appropriate class features solfege singing (do, re, mi) and ear training exercises that lead to inner hearing as well as neuromuscular feeling for music. Students will enjoy reading and writing music, exploring rhythm instruments and keyboards, and will even learn to conduct, improvise and compose. Friends and family will enjoy performances during a "Show Time" on the last day of class. Materials fee due at first class. For more information, call Adam Wienckowski at 410-313-4714.

Olenka School of Music - Ellicott City

RP0127.701	Apr 12	2:30-3:25pm	M
RP0127.711	May 17	2:30-3:25pm	M

Parent/Child Nature Discovery Hour**3½-6 yrs / 4 wks, start dates below / \$49 per parent & 1 child**

Share the wonders of nature with your child through discovery walks, nature stories, crafts, and more. Weekly themes include: May Flowers, Migration Madness, Going Buggy, and Wet Ones. For more information, call Stephanie Haas at 410-313-4719.

3½-5 yrs / Apr 16 / 10-11am

RP9525.701 Centennial Pk South - Pavilion F F

5-6 yrs / Apr 17 / 10-11am

RP9526.701 Pfeiffer Corner Schoolhouse Sa

Nature

NEW!* Tykes, Snails & Tales: The Spring Edition with Linda Hitzelberger*4-5 yrs / 4 wks starting Mar 23 / \$65**

Come taste nature and learn about spring while hiking, doing a craft, and eating a little treat with Ms. Linda. Weekly topics include: Weather Wonders, Muddy Buddies, A Bug's Life, and Seeds of Spring. For more information, call Stephanie Haas at 410-313-4719.

RP9946.701 Triadelphia Ridge ES 9:30-11:30am Tu

Sports

*Staff does not change diapers.***Little Tykes Hoops****3-4 yrs / 6 wks starting Apr 22 / \$72**

We Love Basketball! Your child will enjoy learning the basic skills of dribbling, passing and shooting when a team environment. Experienced coaches use age appropriate games and activities to encourage your child's active involvement and development of social skills. For additional information contact Pam Honaker: 410-313-1694.

RP6086.701 Glenwood Com Ctr 9:30-10:15am Th

RP6086.702 Glenwood Com Ctr 10:30-11:15am Th

RP6086.703 Cedar Lane Pk East Bball Courts 9:30-10:15am Th

RP6086.704 Cedar Lane Pk East Bball Courts 10:30-11:15am Th

Little Kickers**3-4 yrs / 6 wks starting Apr 19 / \$77**

Let's Play Soccer! Come out and have fun learning how to play soccer. Experience coaches will teach the basic skills of dribbling, passing, and shooting while working on developing coordination and balance. For additional information contact Pam Honaker: 410-313-1694.

Cedar Lane Pk West Field 5

RP6705.701 9:30-10:15am M

RP6705.702 10:30-11:15am M

RP6705.703 11:30am-12:15pm M

U.K. Elite Petite Soccer**3-5 yrs / 6 wks, start dates below / \$95**

This is a mini-taste of the U.K. Elite experience! Hour-long programs of soccer fun and games are designed to introduce the youngest of players to the greatest of games. The emphasis is on having FUN with a soccer ball. Parent-involvement will be encouraged at times. For more information, contact Matthew Knoerlein at 410-313-4705.

Cedar Lane Pk West Field 5

RP6710.701 Apr 13 9:30-10:30am Tu

RP6710.702 Apr 13 10:30-11:30am Tu

RP6710.703 Apr 13 1-2pm Tu

RP6710.704 Apr 15 3:45-4:45pm Th

RP6710.705 Apr 15 4:45-5:45pm Th

RP6710.706 Apr 16 3:45-4:45pm F

RP6710.707 Apr 16 4:45-5:45pm F

Western Regional Pk Field 5

RP6710.708 Apr 14 12:30-1:30pm W

RP6710.709 Apr 14 1:30-2:30pm W

Tiny Tykes Tee Ball**3-4 yrs / 6 wks, start dates below / \$77**

Come out to the ball park! Experienced coaches will introduce throwing, catching, batting and base running skills to your "little slugger" using age appropriate activities within a nurturing environment. For additional information contact Pam Honaker: 410-313-1694.

Rockburn Pk Field 3

RP6053.701 Apr 23 9:30-10:15am F

RP6053.702 Apr 23 10:30-11:15am F

RP6053.703 Apr 23 11:30am-12:15pm F

RP6053.704 Apr 23 12:30-1:15pm F

Western Regional Pk Field 3

RP6053.705 Apr 20 12:30-1:15pm Tu

RP6053.706 Apr 20 1:30-2:15pm Tu

Little Big Shots**3-4 yrs / 6 wks starting Apr 21 / \$77**

We love to play! Your child will enjoy learning the basic skills of basketball, soccer and tee ball while being a part of our team. Experienced coaches will spend 2 weeks teaching the fundamentals of each sport using age appropriate activities. For additional information contact Pam Honaker: 410-313-1694.

Cedar Lane Pk East Bball Courts

RP6314.701 Apr 21 9:30-10:15am W

RP6314.702 Apr 21 10:30-11:15am W

RP6314.703 Apr 21 11:30am-12:15pm W

Learn-N-Play Sports**3-5 yrs / 6 wks, start dates below / \$62**

Together, parents and children can learn and play various sports while practicing fundamental motor skills designed specifically for the young child. The program, based on the national "Start Smart," sports program developed by Lifetime Sports & Fitness for Youth, features skill stations and games for throwing, catching, kicking and batting. For more information, contact Pam Honaker at 410-313-1694.

Meadowbrook Ath Comp

RP6970.701 Apr 20 9-9:45am Tu

RP6970.702 Apr 20 10-10:45am Tu

RP6970.703 Apr 20 11-11:45am Tu

RP6970.704 Apr 22 9-9:45am Th

RP6970.705 Apr 22 10-10:45am Th

RP6970.706 Apr 22 11-11:45am Th

Pointers Run ES

RP6970.710 Apr 24 9-9:45am Sa

RP6970.711 Apr 24 10-10:45am Sa

RP6970.712 Apr 24 11-11:45am Sa

Jump Bunch Kids by Jump Bunch Kids, Inc.

2-5 yrs / 6 wks, start dates below / \$62

This structured sports and fitness program geared to young children helps build healthy bodies, self-esteem, and a life-long love of sports and fitness. The wide assortment of activities will help develop eye-hand coordination, muscle tone, and body balance in a non-competitive setting. For additional information, call Pam Honaker at 410-313-1694.

St. Johns ES

RP6313.701	2-3 yrs	Apr 24	9-9:45am	Sa
RP6313.702	2-3 yrs	Apr 24	10-10:45am	Sa
RP6313.703	3-5 yrs	Apr 24	11-11:45am	Sa

Cedar Lane Rec Ctr

RP6313.704	2-4 yrs	Apr 19	11-11:45am	M
RP6313.705	3-5 yrs	Apr 19	noon-12:45	M

Meadowbrook Ath Comp

RP6313.706	2-3 yrs	Apr 19	11-11:45	W
RP6313.706	3-5 yrs	Apr 19	noon-12:45	W
RP6313.801	2-3 yrs	Jun 14	9-9:45am	M
RP6313.802	3-4 yrs	Jun 14	10-10:45am	M
RP6313.803	3-5 yrs	Jun 14	11-11:45am	M

Play Time Tennis with Shantha Chandra (originally called Tiny Tykes Tennis)

3-6 yrs / 6 classes, start dates below / \$62

Come, learn tennis and have fun with others while working on balance, agility and reaction time. Bring a junior-sized racquet (size 19", 21" or 23"). Rain make-up on Fridays. For more information, call Tessa Hurd at 410-313-4637.

Cedar Lane Pk East -Tennis Ct

3-5 yrs

RP6847.701	Apr 12	9:30-10:15am	M & W
RP6847.711	May 3	9:30-10:15am	M & W

4-6 yrs

RP6847.702	Apr 12	10:15-11am	M & W
RP6847.712	May 3	10:15-11am	M & W
RP6847.703	Apr 13	1-1:45pm	Tu & Th
RP6847.713	May 4	1-1:45pm	Tu & Th
RP6847.704	Apr 16	4:45-5:30pm	F
RP6847.714	May 28	4:45-5:30pm	F
RP6847.705	Apr 17	8:15-9am	Sa
RP6847.715	May 29	8:15-9am	Sa

Parent-Child Gymnastics

1½- 3½ yrs / 6 wks, start dates below / \$82

Be an active participant as your child develops self awareness and coordination. Songs, games and climbing activities are incorporated to focus on fun. Adult and child must register and attend together. Child must be walking. For more information, call Megan Freer 410-313-4720.

Columbia Gymnastics

RP6351.701	Apr 22	10-10:45am	Th
RP6351.702	Apr 23	10-10:45am	F

Cartwheels & Crafts

3-6 yrs / 6 wks, start dates below / \$154

Does your child have lots of physical and creative energy? This 2-hour class combines the fun of gymnastics with creative craft time. Come bounce on the trampolines, climb in the foam pit and create wonderful arts and crafts. All materials are provided. For more information, call Megan Freer 410-313-4720.

Columbia Gymnastics

RP6354.701	Apr 21	1:30-3:30pm	W
RP6354.702	Jun 30	1:30-3:30pm	W

Preschool Gymnastics

3-5 yrs / 6 wks, start dates below / \$82

Young children can have fun and develop strength, coordination, listening skills and cooperation. Participants utilize all types of gymnastics and physical education equipment. Emphasis is on fun in a safe and caring atmosphere. Child must be at least three years old when the program begins. Staff does not change diapers. For more information, call Megan Freer 410-313-4720.

Columbia Gymnastics

RP6352.701	Apr 19	5-5:45pm	M
RP6352.702	Apr 20	1:45-2:30pm	Tu
RP6352.703	Apr 20	2:30-3:15pm	Tu
RP6352.704	Apr 21	9:15-10am	W
RP6352.705	Apr 21	1-1:45pm	W
RP6352.706	Apr 21	1:45-2:30pm	W
RP6352.707	Apr 21	2:30-3:15pm	W
RP6352.708	Apr 21	4:30-5:15pm	W
RP6352.709	Apr 22	9:15-10am	Th
RP6352.710	Apr 22	10:45-11:30am	Th
RP6352.711	Apr 22	2-2:45pm	Th
RP6352.712	Apr 22	2:45-3:30pm	Th
RP6352.713	Apr 23	9:15-10am	F
RP6352.714	Apr 23	10:45-11:30am	F
RP6352.801	Jun 29	4:30-5:15pm	Tu
RP6352.802	Jun 29	5:30-6:15pm	Tu
RP6352.803	Jul 1	4:30-5:15pm	Th

Spring Break Camps

Staff does not change diapers.

Fairy Magic Dance Camp

4-6 yrs / 4 days starting Apr 6 / \$105

Let your child's imagination take flight! The theme Fairy Magic is incorporated each day and expressed through movement, stories and crafts. Dancers will share and explore ideas while learning in a safe and creative atmosphere. Camp days include classes in ballet, tap, creative dance and specialty dances, as well as craft time and plenty of time to imagine and make new friends. No experience necessary. Wear dance attire; bring ballet and tap shoes and a plain white tee shirt to be decorated. Bring a snack and beverage each day. No nut products. For more information, call Melissa Calleri at 410-313-4721.

RP3311.701	Kinetics Dance Theatre	9am-noon	Tu-F
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Music Medleys Spring Break Camp at Olenka School of Music

3-4 yrs / 1 wk starting Apr 5 / \$139 plus \$15 materials fee

Morning session – Children will create their own musical production and learn all about the music instrument families through crafts, games, instrument play, song, and dance. Before-care available 7:30-9am thru OSM for \$45/wk. Lunch Break 12-1pm, free for all-day campers

RP3334.701	Olenka School of Music - Columbia	9am-noon	M-F
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3-4 yrs / Apr 5-9 / \$139 plus \$15 materials fee

Afternoon session – Children will learn basic keyboarding skills and will have a chance to travel around the world through international music and dance. After-care available 4-5:30pm thru OSM for \$50/wk.

RP3334.702	Olenka School of Music - Columbia	1-4pm	M-F
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Early Literacy Adventures

See page 51.

Youth



- This section is for school-aged children in grades K-12, although we also have some programs specifically for older children listed in the “Teens & Tweens” section. You will also find that there are a number of programs in the Adults section that accept participants as young as 13.
- Accommodations may be provided at no additional cost, however they are not guaranteed. All accommodations and interpretive service request must be made at the time of registration and require a minimum of two weeks advance notification.
- Summer activities are listed in green.

Aquatics

- Swimming lessons emphasize skills needed to be safe in an aquatic environment. Our instructors have all been trained at our facility and are knowledgeable about the programs that we teach.
- Group swim lessons are two-week sessions held Monday-Thursday. Classes canceled due to inclement weather or pool-closing incidents will be made up on the Friday of the session.
- Be sure to register your child for the appropriate level. If space allows, a participant may be moved to a lower or more advanced level at the discretion of the swim lesson coordinator.

- For multiple sessions, register your child in the same course for a minimum of two sessions. Children often require more than one session to master the skills needed to proceed to the next level.
- Each session features a safety day that introduces safety skills required for course completion. The safety day maybe held indoors on the first “inclement weather” class of a session.
- Parents and guardians will not be permitted to assist child during the lesson, except for the Parent-Child or Therapeutic Recreation classes. Accompanying adult for children under 13 must remain at the facility.



Roger Carter Seals Swim Team

5-18 yrs / 9 wks starting Jun 7 / \$184

Make a splash this summer enjoying local competition while improving endurance and the four basic strokes skills. Participants must be able to swim one length of the pool using both the front crawl and backstroke. The team practices four days per week (morning or evening) and competes in Saturday morning meets in the Prince-Mont Swim League. Skill evaluations will be held on Saturday, May 22 for all new swimmers at 8:30am. A mandatory parents meeting will be held Saturday, June 5 at 10am to discuss skill evaluation, group assignment, practice times, meet and general questions. Parent volunteers encouraged! Fee includes t-shirt, swim cap and special events. For more information, call Megan Freer at 410-313-4720.

RP4005.801 Roger Carter Rec Ctr M-Th & Sa

Aqua Kids: Level 1 (Formerly Sea Turtle)

6-10 yrs / 2 wks, start dates below / \$72

In this introduction to swimming, children will learn basic water safety and skills. Basic aquatic skills including safe entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back will be taught to start developing comfort in the water. For more information, call Megan Freer at 410-313-4720.

Roger Carter Rec Ctr - Pool

RP4012.801	Jun 28	9:20-9:50am	M-Th
RP4012.802	Jun 28	10-10:30am	M-Th
RP4012.803	Jun 28	6-6:30pm	M-Th
RP4012.804	Jun 28	6:40-7:10pm	M-Th
RP4012.805	Jul 19	9:20-9:50am	M-Th
RP4012.806	Jul 19	10-10:30am	M-Th
RP4012.807	Jul 19	6-6:30pm	M-Th
RP4012.808	Jul 19	6:40-7:10pm	M-Th
RP4012.809	Aug 2	9:20-9:50am	M-Th
RP4012.810	Aug 2	10-10:30am	M-Th
RP4012.811	Aug 2	6-6:30pm	M-Th
RP4012.812	Aug 2	6:40-7:10pm	M-Th

Aqua Kids: Level 2 (Formerly Jellyfish)

6-10 yrs / 2 wks, start dates below / \$72

After completing level 1, children will learn the fundamental skills of entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back. Children will learn how to float without support and recover to a standing position. Deep water safety will be introduced. For more information, call Megan Freer at 410-313-4720.

Roger Carter Rec Ctr - Pool

RP4013.801	Jun 28	8:40-9:10am	M-Th
RP4013.802	Jun 28	9:20-9:50am	M-Th
RP4013.803	Jun 28	6:40-7:10pm	M-Th
RP4013.804	Jun 28	7:20-7:50pm	M-Th
RP4013.805	Jul 19	8:40-9:10am	M-Th
RP4013.806	Jul 19	9:20-9:50am	M-Th
RP4013.807	Jul 19	6:40-7:10pm	M-Th
RP4013.808	Jul 19	7:20-7:50pm	M-Th
RP4013.809	Aug 2	8:40-9:10am	M-Th
RP4013.810	Aug 2	9:20-9:50am	M-Th
RP4013.811	Aug 2	6:40-7:10pm	M-Th
RP4013.812	Aug 2	7:20-7:50pm	M-Th

Aqua Kids: Level 3 (Formerly Barracuda)

6-10 yrs / 2 wks, start dates below / \$72

After passing level 2, children will build on the skills previously learned as well as be introduced to scissor and dolphin kicks, survival float, front crawl and elementary backstroke. The rules for head-first entries will be presented and children will learn head-first entries from a seated position. For more information, call Megan Freer at 410-313-4720.

Roger Carter Rec Ctr - Pool

RP4014.801	Jun 28	8:40-9:10am	M-Th
RP4014.802	Jun 28	9:20-9:50am	M-Th
RP4014.803	Jun 28	6:40-7:10pm	M-Th
RP4014.804	Jun 28	7:20-7:50pm	M-Th
RP4014.805	Jul 19	8:40-9:10am	M-Th
RP4014.806	Jul 19	9:20-9:50am	M-Th
RP4014.807	Jul 19	6:40-7:10pm	M-Th
RP4014.808	Jul 19	7:20-7:50pm	M-Th
RP4014.809	Aug 2	8:40-9:10am	M-Th
RP4014.810	Aug 2	9:20-9:50am	M-Th
RP4014.811	Aug 2	6:40-7:10pm	M-Th
RP4014.812	Aug 2	7:20-7:50pm	M-Th

Elite Swimming (Formerly Piranha and Pre-Swim Team Skills)

6-18 yrs / 2 wks, start dates below / \$72

In this stroke improvement course, participants will work on the front crawl and elementary backstroke for longer distance and be introduced to sidestroke, back crawl, breaststroke and butterfly. The basics of turning at the wall and diving will be presented. This is the perfect course for those interested in swim team!

Pre-requisite: Level 3. For more information, call Megan Freer at 410-313-4720.

Roger Carter Rec Ctr - Pool

RP4018.801	Jun 28	8-8:30am	M-Th
RP4018.802	Jun 28	8-8:30pm	M-Th
RP4018.803	Jul 19	8-8:30am	M-Th
RP4018.804	Jul 19	8-8:30pm	M-Th
RP4018.805	Aug 2	8-8:30am	M-Th
RP4018.806	Aug 2	8-8:30pm	M-Th

Private Swim Lessons

6 mos + / Ongoing after Jun 5; call for preferred day & time /

Prices below

Each 30-minute class will be customized to fit individual needs and swimming ability. Private lessons for families includes up to four people. Lessons can be scheduled on an individual basis depending on instructor availability.

Registration begins May 3; lessons will be scheduled to start no earlier than June 5. For more information, call Megan Freer at 410-313-4720.

Roger Carter Rec Ctr - Pool

RP4020.801	Individual	\$31 per class
RP4020.802	Pair	\$41 per class
RP4020.803	Family	\$52 per class

Splashes

6-12 yrs / 6 wks starting Apr 14/ \$43

Learn and improve swimming skills in this aquatics program for children with disabilities. Siblings can register one week after open registration. Please call to verify class level and placement. Level 1: Child fears water and has no swimming skills. Level 2: Child has no fear of water or pools and has basic skills, such as bubble blowing and ability to put face under water. Level 3: Child can independently propel through and under water for a minimum of 15 feet. Parent must accompany child in the water for levels 1 and 2. **GOAL:** Improve gross motor skills, increase self confidence and improve ability to understand directions. For more information, call Susan Potts at 410-313-4628.

RP4205.701	Level 1	Cedar Lane School	6:15-7pm	W
RP4205.702	Level 2	Cedar Lane School	7-7:45pm	W
RP4205.703	Level 3	Cedar Lane School	7:45-8:30pm	W

Art

After School Art Adventures with Christina Kaputsos

6-11 yrs / 8 wks starting Apr 20 / \$85

That's right: Art Adventures – your favorite summer camp is swinging into action for Spring! Join Miss Tina and her jungle friends on an amazing adventure exploring the art world! Explore painting, drawing and sculpture. Learn about famous artists and have fun while challenging your creativity. Release your imagination by using unique objects and materials to create a whole new view. Then display your creations for friends and family in a special Art Showcase on the last day. Dress for mess! More information, call Adam Wienckowski at 410-313-4714.

RP0108.711 Fulton ES 4-5:30pm Tu

Art Adventures – Spring! with Christina Kaputsos

See page 25.

Dynamic Drawing with Edward Taylor

6-10 yrs / 6 wks starting Apr 24 / \$59

Have fun exploring the art of drawing with lines, shapes and shadows. Learn two-dimensional drawing techniques while creating unique works of art. Supplies are included but bring your own sketchbook, if preferred & a reusable water bottle. For more information, call Melissa Calleri at 410-313-4721.

RP0116.701 Fulton ES 10-11:30am Sa

Cartooning with Edward Taylor

7-11 yrs / 6 wks starting Apr 26 / \$59

Explore numerous aspects of cartoon drawing by combining basic shapes and forms to create unique characters. Study the art of drawing and have fun with lines, shapes, and shadows. Develop your own original characters and learn two-dimensional drawing techniques while creating unique works of art. Supplies are included but bring your own sketchbook, if preferred, and a reusable water bottle. No class 5/31. For more information, call Melissa Calleri at 410-313-4721.

Cartooning I / 7-11 yrs

RP0115.701 Hollifield Station ES 5:30-7pm M

Cartooning II / 8-11 yrs

RP0115.711 Hollifield Station ES 7:15-8:45pm M

Studio Sketchers with Edward Taylor

7-11 yrs / 6 wks starting Apr 24 / \$59

Expand your creative ability and explore your imagination through paint, charcoal, pastel, watercolor and other media. Use fundamental techniques in arts and crafts to create one-of-a-kind masterpieces. Learn about the influences of past and present artists using hands-on experiences in this class full of color and fun. Bring old shirt or smock and a reusable water bottle. For more information, call Melissa Calleri at 410-313-4721.

RP0114.701 Fulton ES 11:45am-1:15pm Sa

Drawing Workshop with Edward Taylor

8-11 yrs / 6 wks starting Apr 24 / \$59

Develop your technique and your own style as you increase your knowledge of drawing. Explore the art of drawing with lines, shapes, shadows and perspectives. Then use the techniques to create unique works of art. Supplies are included but bring your own sketchbook, and a reusable water bottle. For more information, call Melissa Calleri at 410-313-4721.

RP0116.711 Fulton ES 1:30-3pm Sa

Cooking

Wee Chefs Mini-Session with Julie Lonegro

4-7 yrs / 2 wks, start dates below / \$55

Please join us for hands-on cooking! Your little ones will learn to make fun and delicious foods that are sure to please their taste buds. Our classes will teach little Chefs how to make various appetizers and desserts. They will learn various cooking techniques that will allow them to help out at home! Bring a reusable water bottle. For more information, call Melissa Calleri at 410-313-4721.

RP3225.701 Glenwood Com Ctr Apr 14 7-8:30pm W

RP3225.702 Glenwood Com Ctr May 5 7-8:30pm W

RP3225.711 Ellicott Mills MS May 19 7-8:30pm W

RP3225.712 Ellicott Mills MS Jun 2 7-8:30pm W

Cannelloni Kids Cooking School

Grades K-5 / 4 wks, start dates below / \$80 + \$40 Materials Fee

CKCS, the mobile cooking program is coming to a school near you! Classes taught by Nikki McGowan, co-host of "Child Life TV Cooking Show" and her staff of culinary experts. Chefs enjoy cultural explorations through the preparation of a wide range of cuisine. An emphasis on etiquette, nutrition, kitchen safety and the science behind cooking! Materials fee due at first class. Bring a reusable water bottle. Mondays no class 5/31, Thursdays no class 4/22. For more information, call Melissa Calleri at 410-313-4721.

Session I

RP0130.701 Dayton Oaks ES Apr 19 3:35-5:05pm M

RP0130.702 Bushy Park ES Apr 20 4-5:30pm Tu

RP0130.703 Elkridge ES Apr 20 4-5:30pm Tu

RP0130.704 Veterans ES Apr 21 4-5:30pm W

RP0130.705 Forest Ridge ES Apr 16 4-5:30pm Th

RP0130.706 Fulton ES Apr 16 4-5:30pm Th

RP0130.707 Triadelphia Ridge ES Apr 16 3:30-5pm Th

RP0130.708 Rockburn ES / Apr 16 3:25-4:55pm F

Pfeiffer's Corner

Session II

RP0130.721 Dayton Oaks ES May 17 3:35-5:05pm M

RP0130.722 Bushy Park ES May 18 4-5:30pm Tu

RP0130.723 Elkridge ES May 18 4-5:30pm Tu

RP0130.724 Veterans ES May 19 4-5:30pm W

RP0130.725 Forest Ridge ES May 20 4-5:30pm Th

RP0130.726 Fulton ES May 20 4-5:30pm Th

RP0130.727 Triadelphia Ridge ES May 20 3:30-5pm Th

RP0130.728 Rockburn ES / May 21 3:25-4:55pm F

Pfeiffer's Corner

Junior Chefs

7-11 yrs / 5 wks starting May 5 / \$79

Do you like cooking? Would you like to learn how to make some new dishes? Come cook in our extra large kitchen. The hands-on cooking activities are perfectly measured for aspiring young chefs. Each week features new tastes and techniques. Complete the course with a recipe book to share all your favorites. Each chef should bring a dish towel and a beverage in a reusable container. For more information, call Melissa Calleri at 410-313-4721.

RP3305.701 Ellicott Mills MS 6-7:30pm W

Kids' Night in the Kitchen

7-11 yrs / Start dates below / \$39

TGIF! Parents can enjoy a night out on the town while it's Friday night fun for the kids! Make a special dinner, a treat and watch a movie! Bring a reusable water bottle. For each registered full-price participant, an additional sibling can sign up for only \$11! For more information, call Melissa Calleri at 410-313-4721.

RP3307.701 Ellicott Mills MS Apr 23 6-9pm F

RP3307.702 Ellicott Mills MS May 7 6-9pm F

Dance

Chris Thomas

Back Beats I

7-10 yrs / 5 wks starting May 1 / \$ 65

A fast-paced high-energy hip-hop class that emphasizes body isolations, intricate rhythms and individual expression. Dancers will learn basic hip-hop, popping, and break dancing techniques. Each student will gain the skills to develop his or her own unique style. Wear comfortable clothes; sneakers are required. Bring a reusable water bottle. For more information call Melissa Calleri at 410-313-4721.

RP1037.701 Ellicott Mills MS 2-3pm Sa

Back Beats II

7-11 yrs / 5 wks starting May 1 / \$ 65

In this continuation class, students will focus more on choreography than basic skills learned in Level I. Wear comfortable clothes; sneakers are required. Bring a reusable water bottle. For more information call Melissa Calleri at 410-313-4721.

RP1037.711 Ellicott Mills MS 3:15-4:15pm Sa

Cindee Velle

Ballet/Jazz Level I

6-7 yrs / 6 wks starting May 5 / \$70

This beginning level dance class introduces basic barre exercises, leg, feet and arm positions, and first forms of classic center work. The jazz portion includes contemporary movement from a broad range of American dance styles such as Broadway, lyrical and funk. Girls wear pink ballet shoes, black leotard and pink tights and black jazz shoes. Boys wear black ballet shoes, black dance pants or sweat pants, a white tee shirt and black jazz shoes. Bring a reusable water bottle. Instructor is Aimee Velle. For more information, call Melissa Calleri at 410-313-4721.

RP1002.701 Worthington ES 4-5:30pm W

Ballet/Jazz Level II

8-10 yrs / 4 wks starting May 21 / \$48

The continuation level dance class is for older and/or experienced dance students involving barre exercises, leg, feet and arm positions, and first forms of classic center work. The jazz portion includes contemporary movement from a broad range of American dance styles such as Broadway, lyrical and funk. Girls wear pink ballet shoes, black leotard and pink tights and black jazz shoes. Boys wear black ballet shoes, black dance pants or sweat pants, a white tee shirt and black jazz shoes. Bring a reusable water bottle. Instructor is Aimee Velle. For more information, call Melissa Calleri at 410-313-4721.

RP1002.702 Worthington ES 4:45-6:15pm F

Kinetics Dance Theatre

Beginning Jazz

6-9 yrs / 6 wks starting Jun 21 / \$89

Learn basic dance technique to popular music. Beginning jazz dance introduces the student to syncopated rhythm patterns, isolated movement of the body and simple traveling sequences. No experience necessary. Jazz shoes or sneakers required. Bring a reusable water bottle. For more information, call Melissa Calleri at 410-313-4721.

RP1022.801 Kinetics Dance Theatre 6-7pm M

Hip Hop I

7-10 yrs / 6 wks starting Jun 22 / \$89

Learn basic dance technique to popular hip hop music. Begin by performing body isolations, move along to various jazz combinations across the floor and conclude by learning segments of a longer dance each week. Have fun in this high energy class. No experience necessary. Jazz shoes or sneakers required. Bring a reusable water bottle. For more information, call Melissa Calleri at 410-313-4721.

RP1033.801 Kinetics Dance Theatre 5-6pm Tu

Hip Hop II

11-13 yrs / 6 wks starting Jun 22 / \$89

Learn basic hip hop dance technique to popular hip hop music. Begin by performing body isolations, move along to various jazz combinations across the floor and conclude by learning segments of a longer dance each week. Have fun in this high energy class. No experience necessary. Jazz shoes or sneakers required. Bring a reusable water bottle. For more information, call Melissa Calleri at 410-313-4721.

RP1034.801 Kinetics Dance Theatre 6-7pm Tu

Nikki Barton

Back Beats I

7-10 yrs / 6 wks starting May 6 / \$75

A fast-paced, high-energy hip-hop class that emphasizes body isolations, intricate rhythms and individual expression. Each student will gain the skills to develop his or her own unique style. Wear comfortable clothes; jazz shoes or sneakers required. Bring a reusable water bottle. For more information, call Melissa Calleri at 410-313-4721.

RP1037.702 Fulton ES 5:30-6:30pm Th

Hip Hop/Jazz Combo

7-10 yrs / 6 wks starting May 6 / \$75

A fun introduction to dance that incorporates funky hip-hop and creative jazz. Wear comfortable clothes; jazz shoes or sneakers required. Bring a reusable water bottle. For more information, call Melissa Calleri at 410-313-4721.

RP1039.701 Fulton ES 6:30-7:30pm Th

Drama

School's Out Drama Workshops

Grades K-5 / Dates below / \$75 each, \$100 series

Why sit at home in front of the TV on your day off from school? Join Drama Learning Center for our School's Out Workshops. Each day will feature a different drama topic, arts & crafts, and fun! Additional sibling only \$25 more per class! Before & After Care available. For more information, call Adam Wienckowski at 410-313-4714.

Drama Learning Center – Red Branch Road

RP1015.701 Apr 22 9am-4pm Th

RP1015.702 May 14 9am-4pm F

NEW! The Music & Moves of High School Musical!

Grades K-5 / 6 wks, start dates below / \$99

Students will sing, dance, and act to their favorite songs from High School Musical 1, 2, and 3! Class will culminate in a showcase for family and friends of songs learned over the course of the session. Bring a folder, snack and reusable water bottle. NOTE: If enrollment reaches maximum, class will be split. For more information, call Melissa Calleri at 410-313-4721.

RP1021.701 Dayton Oaks ES Apr 27 3:40-5:10pm Tu
(Final showcase will be June 1st at 6pm.)

RP1021.702 Hollifield Station ES Apr 29 3:25-4:50pm Th
(Final showcase will be June 3rd at 6pm.)

Fitness

Savate Kickboxing for Kids with Steve Savoie

9-13 yrs / 9 wks starting Apr 17 / \$74

Get a great workout with the sport of French kickboxing (Savate). Learn punches, kicks, blocks, and parries in a safe controlled environment. Increase your flexibility, coordination, control, strength, concentration, discipline and self-confidence! All equipment is provided. Enjoy this unusual style of kickboxing and work towards your first "glove." For more information, call Nicola Morgal at 410-313-4718.

RP8502.701 Cedar Lane Rec Ctr 10:30-11:30am Sa

Language

Beginning Chinese I with Yaping Wu

5-10 yrs / 6 wks starting Apr 17 / \$59

Do you want to learn Chinese? This program will spark interest in learning Chinese language & expose students to the Chinese culture. Basic language will be used including greetings, conversation, written language, numbers, colors, animals, foods, and family members. Have fun while learning a new and exciting language! Dialect: Mandarin. Bring a reusable water bottle. For more information call Melissa Calleri at 410-313-4721.

RP3317.701 Centennial Lane ES 2-3:30pm Sa

Beginning Chinese II with Yaping Wu

5-11 yrs / 6 wks starting Apr 17 / \$59

Do you want to continue to improve your Chinese? This program will let students learn more of the Chinese language and expose them to Chinese culture. Basic language will be continued including greetings, conversation, and written language. Dialect: Mandarin. Bring a reusable water bottle. For more information, call Melissa Calleri at 410-313-4721.

RP3317.702 Centennial Lane ES 3:45-5:15pm Sa

Oh la la French I

5-11 yrs / 6 wks starting May 1 / \$79

Learn the basics of the French language and the wonders of French culture! Children will learn greetings, colors, numbers, days of the week, months of the year, the weather, family and pets through songs and fun activities! Books and stories are also used to enhance their exposure. Please bring a notebook, glue stick and crayons. Bring a reusable water bottle. For more information, call Melissa Calleri at 410-313-4721.

RP3319.701 Glenwood Com Ctr 11:30am-12:30pm Sa

The Basics of Spanish with Cecilia Redmond

7-10 yrs / 5 wks starting Apr 24 / \$65

This class will introduce students to the basics of Spanish. They will also learn how to greet each other, calendar words, numbers, colors and other vocabulary related to school supplies, school rooms and school staff. Bring a reusable water bottle. For more information, call Melissa Calleri at 410-313-4721.

RP3306.701 Roger Carter Rec Ctr 11:15am-12:45pm Sa

Life Skills

Modeling Workshop with Sean Gibson

8-11 yrs / 8 wks starting Apr 24 / \$119

Join a former national modeling agency director, national modeling school instructor & current scout for this workshop to improve grooming habits, runway techniques, personality development, confidence building, interviewing skills, auditioning, goal setting, public speaking techniques and much more! Bring a reusable water bottle. For more information, call Melissa Calleri at 410-313-4721.

RP3320.701 Wilde Lake MS 10-11:30am Sa

An Evening of Etiquette & Dining by the International School of Protocol

8-17 yrs / Jun 23 / \$85

Join a fun-filled evening of instruction in dining skills and social etiquette. Learn proper greetings and introductions, followed by an introduction to table manners. Learn how to set the table, handle utensils and behave while at the table. Fee includes a four-course meal. For more information, call Melissa Calleri at 410-313-4721.

8-12 yrs

RP3325.801 Kings Contrivance Restaurant 5:30-7:30pm W

13-17 yrs

RP3325.802 Kings Contrivance Restaurant 5:30-7:30pm W

Martial Arts

After-School Karate Program by Klotz Institute of Karate

5-11 yrs / 6 wks, start dates below / \$37

This after-school Karate program will allow your child to get some exercise while working on following directions, listening, patience and building confidence. Your child will learn basic motion, forms, jujitsu, one step and sparring. Students at all levels are welcome. For additional information, contact Pam Honaker at 410-313-1694.

RP8700.701 Bellows Spring ES Apr 14 3:55-4:40pm W

RP8700.702 Clemens Crossing ES Apr 15 3:55-4:40pm Th

D & S Karate with Seth Ismart

6-13 yrs / 8 or 9 wks, start dates & prices below

Improve coordination, confidence, flexibility, balance, agility and focus while having fun learning the art of Karate and Jiu-Jitsu. Our certified black belt instructors are national ranked experts in martial arts and have years of classroom experience instructing children in the art of self-defense and personal accomplishment. For additional information, contact Pam Honaker at 410-313-1694.

8 wks / \$42

RP8710.701 Clarksville ES Apr 12 7-8pm M

9 wks / \$47

RP8710.703 Hammond ES Apr 14 7-8pm W

RP8710.704 Dayton Oaks Apr 14 7-8pm W

RP8710.702 Centennial Lane ES Apr 15 7-8pm Th

TKA Karate

5-12 yrs / 8 or 9 wks, start dates & prices below

Boys and girls at all skill levels can learn karate and jujitsu. Black belt instructors emphasize safety and fun. One week will be spent taking or viewing the test or participating in a refresher class. The last few spring classes and some summer classes may be held outdoors. For additional information, contact Pam Honaker at 410-313-1694.

8 wks / \$43

RP8730.701	Glenwood Com Ctr	Apr 12	7-8pm	M
RP8730.702	Oakland Mills MS	Apr 12	7-8pm	M
RP8730.703	Worthington ES	Apr 12	7-8pm	M

9 wks / \$49

RP8730.711	Cradlerock ES	Apr 13	7-8pm	Tu
RP8730.712	Forest Ridge ES	Apr 15	7-8pm	Th
RP8730.713	Fulton ES	Apr 14	7-8pm	W
RP8730.714	Longfellow ES	Apr 13	7-8pm	Tu
RP8730.715	Manor Woods ES	Apr 15	7-8pm	Th
RP8730.716	Northfield ES	Apr 14	7-8pm	W
RP8730.717	(Beg) Pointers Run	Apr 15	6-7pm	Th
RP8730.721	(Int) Pointers Run	Apr 15	7-8pm	Th
RP8730.718	(Beg) Rockburn ES	Apr 14	6-7pm	W
RP8730.722	(Int) Rockburn ES	Apr 14	7-8pm	W

8 wks / \$43

RP8730.801	Schooly Mill PK	Jun 21	7-8pm	M
RP8730.802	Cedar Lane Rec Ctr	Jun 22	7:30-8:30pm	Tu
RP8730.803	(Beg) Ridgelys Run Com Ctr	Jun 23	6-7pm	W
RP8730.804	(Int) Ridgelys Run Com Ctr	Jun 23	7-8pm	W
RP8730.805	Glenwood Com Ctr	Jun 24	7-8pm	Th

Fencing with Barbara Spangler

7-14 yrs / 10 wks, start dates below / \$104

En garde! Experience the thrill of competitive fencing – a unique combination of quick thinking and elegant athletic movements. Beginning and intermediate girls and boys can learn the footwork, sword skills, rules and code of conduct necessary for a successful fencing bout. Fee includes use of equipment shared by all classes. Children who have fencing experience or have taken numerous fencing classes with HCRP should register in the intermediate section. For additional information, contact Pam Honaker at: 410-313-1694.

Beginner

RP8830.701	Schooley Mill Pk	Apr 13	6-7:15pm	Tu
RP8830.703	Schooley Mill Pk	Apr 14	6-7:15pm	W

Intermediate

RP8830.702	Schooley Mill Pk	Apr 13	7:30-8:45pm	Tu
RP8830.704	Schooley Mill Pk	Apr 14	7:30-8:45pm	W

Ryukyu Kempo

7-12 yrs / 9 wks starting Apr 12 / \$51

Come experience the lost art of classical Okinawan Ryukyu Kempo! Have fun getting in shape while improving self confidence and focus. Learn realistic, practical and effective training methods to sharpen both the mind and body. Experience the thrill of self discovery in a safe and nurturing learning environment. Classes taught by Certified DKI/KJK master Instructor Patrick Bast. For additional information, contact Pam Honaker at 410-313-1694.

RP8740.701	Roger Carter Rec Ctr	6:15-7:15pm	M
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Music



Introduction to the Piano

8-11 yrs / 8 wks starting Apr 24 / \$99

Learn to play the piano in this introductory class. Play a variety of musical styles to gain confidence and develop musical skills. Participants will learn and practice on their own keyboard. Students should have access to a keyboard to practice outside class. All materials included. For more information, call Adam Wienckowski at 410-313-4714.

RP0182.701	River Hill HS	1-2pm	Sa
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Guitar Studio

6-10 yrs / 5 wks, start dates below / \$125 + \$37 materials fee

Bring your electric or acoustic guitar and get ready to play your favorite songs. Learn valuable warm-ups and finger exercises plus how to apply basic chords to any song, in any style of music. Invite your friends and family to join the singalong during the last class. Materials fee due at first class. For more information, call Adam Wienckowski at 410-313-4714.

Olenka School of Music – Columbia

RP0125.701	Apr 11	11:30am-12:25pm	Su
RP0125.711	May 16	11:30am-12:25pm	Su

Olenka School of Music – Ellicott City

RP0125.702	Apr 15	6:30-7:25pm	Th
RP0125.712	May 20	6:30-7:25pm	Th

Voice Studio

6-10 yrs / 5 wks, start dates below / \$125 + \$37 materials fee

Find your vocal potential in this upbeat class designed to teach students how to properly warm-up vocal muscles, strengthen the voice, and increase range. Sing popular, age-appropriate songs. Sing with karaoke tracks or live piano back-up. Students will perform solo and in a group at the end of the session. Materials fee due at first class. For more information, call Adam Wienckowski at 410-313-4714.

Olenka School of Music – Columbia

RP0126.701	Apr 12	5:30-6:25pm	M
RP0126.711	May 17	5:30-6:25pm	M

Olenka School of Music – Ellicott City

RP0126.702	Apr 14	7-7:55pm	W
RP0126.712	May 19	7-7:55pm	W

Recreational Licensed Child Care (Day Care)

- To register in Grade K-8 programs, child must be attending school at the same location as the desired program.
- Parents must complete all forms including child's health inventory, which requires a physical, before child can participate.
- Due to the presence of children with severe allergic reactions to nuts, nut products are not served or permitted at any Recreational Licensed Child Care programs.
- Accommodations may be provided at no additional cost, however they are not guaranteed. All accommodation and interpretive service requests must be made at the time of registration.
- All programs must meet and maintain minimum enrollment requirements to run.
- For a list of who to contact and additional program information, visit www.howardcountymd.gov/rap and click on Recreational Licensed Child Care.
- Fees are subject to change. 2010-2011 fees will increase 5%.

The goal of the Department of Recreation and Parks' Recreational Licensed Childcare (RLC) program is to provide a safe and structured environment for children to have fun while participating in meaningful group recreational activities.

Some locations still have openings for the 2009-2010 school year.

Open enrollment for 2010-2011 school year began on November 9, 2009. Please call the childcare registration staff at 410-313-7275 for space availability. If space is available, a \$50 non-refundable registration fee is required to enroll. If a program has already filled, please place your child's name on the waiting list at no cost.

The RLC program has a behavioral policy with standards of conduct enforced through the use of discipline, up to and including expulsion from the program. The Department makes every effort to assist children and their parents in modifying a child's behavior before his or her actions become a serious enough threat to require suspension. However, the primary concern of the Department must be the safety and wellbeing of all participants, even though it may cause inconvenience to parents in a particular case. See the Recreational Licensed Childcare manual for a complete policy statement.

Before & After Care for Elementary School Children, 2009-2010 Academic Year

Grades K-5 / M-F, duration of school year 2009-2010 / Prices below

This licensed program provides varied low-key morning activities and structured afternoon recreation. Activities include crafts, games, sports, and special events. Because we know that obesity in children is a serious issue with many health and social consequences, we participate in Hearts 'N' Parks, an innovative program that aims to reduce the growing trend of obesity in children. The curriculum focuses on healthy eating and physical activity to educate and encourage children to make heart-healthy decisions.

Before-school: 7am to beginning of school day / \$169 month

After-school: End of school day to 6pm / \$264 month

Before & Afterschool: 7am-6pm / \$384 month

For more information, call the RLC office at 410-313-3706.

Bellows Spring ES

Bollman Bridge ES

Bushy Park ES

Dayton Oaks ES

Deep Run ES

Elkridge ES

Forest Ridge

Fulton ES

Gorman Crossing ES

Hollifield Station ES

Ilchester ES

Laurel Woods ES

Lisbon ES

Manor Woods ES

Pointers Run ES

Rockburn ES

St. John's Lane ES

Triadelphia Ridge ES

Veterans ES

Waverly ES

West Friendship ES

The Student Union: Middle School After School Program, 2009-2010 Academic Year

Grades 6-8 / M-F, duration of school year 2009-2010/ \$299 month

This licensed program provides a safe, supervised environment for middle school students from the end of the school day to 6pm. Activities include arts, community outings, crafts, games, homework time, sports, and individualized programs. Special events and outings may require additional activity fees. Program is not held when schools are closed. Fee includes snacks. For more information, call Claudia Charity at 410-313-4636.

Bonnie Branch MS

Elkridge Landing MS

Folly Quarter MS

Mount View MS

Clarksville MS

Ellicott Mills MS

Lime Kiln MS

Patapsco MS

Therapeutic Recreation Extended Care (TREC)

6-21 yrs / Ongoing / \$299 month

This program is licensed through the O.C.C. for children, teens, and young adults with developmental disabilities. Leisure education, community outings, special events, and more are included in this after-school program designed with participant input. Completed health inventory and emergency card are required before participation. No transportation provided. For more information, call Julia Martin at 410-313-1687.

Cedar Lane School & Park 2-6pm M-F

Summer Sunsations

Grades K-5 / 7 wks starting June 28 / \$699

See the Camp Guide or call 410-313-7275 for more information on these all-day, all-inclusive camp programs. Registration closes June 28.

Science & Technology

NEW!

Clay Animation with Dr. Furr

7-12 yrs / 6 wks / start dates below / \$79

This favorite from summer camp is now offered in Spring! The class combines three things that kids love: clay, computers, and movie making! Write a short story, design a background, build characters out of clay and then slowly move them while taking photos. Download photos into a software program, add titles, sound effects, etc. and with the press of a button, the computer converts the still images to a movie or animation! For more information, call Adam Wienckowski at 410-313-4714.

RP0117.701	Fulton ES	Apr 19	5-6:30pm	M
RP0117.702	Glenwood Com Ctr	Apr 20	5-6:30pm	Tu

Sports Instruction

Basketball

Kiddie Basketball

5-6 yrs / 6 wks, start dates below / \$44

Boys and girls will learn and develop fundamental skills including dribbling, passing, shooting, defense and overall team play, all in a fun and encouraging environment. Meet in the gym. For more information, contact Matthew Knoerlein at 410-313-4705.

RP6080.701	Bellows Spring ES	Apr 19	5-6pm	M
RP6080.702	Forest Ridge ES	Apr 12	5-6pm	M
RP6080.703	Fulton ES	Apr 15	5-6pm	Th
RP6080.704	Ilchester ES	Apr 15	5-6pm	Th
RP6080.705	Meadowbrook Ath Comp	Apr 12	5:15-6:15pm	M
RP6080.706	Northfield ES	Apr 13	4:15-5:15pm	Tu
RP6080.707	Triadelphia Ridge ES	Apr 14	4:30-5:30pm	W
RP6080.708	Veterans ES	Apr 14	5-6pm	W
RP6080.709	Waterloo ES	Apr 13	5-6pm	Tu

After-School Basketball

7-8 yrs / 6 wks, start dates below / \$44

Boys and girls wanting to learn or improve skills can focus on the fundamentals of the sport; including dribbling, passing, shooting, defense and team play. Coaches will use a variety of drills, games and scrimmages to make learning fun and exciting. Meet in the gym. For more information, contact Matthew Knoerlein at 410-313-4705.

RP6081.701	Bellows Spring ES	Apr 19	4-5pm	M
RP6081.702	Forest Ridge ES	Apr 12	4-5pm	M
RP6081.703	Fulton ES	Apr 15	4-5pm	Th
RP6081.704	Ilchester ES	Apr 15	4-5pm	Th
RP6081.705	Meadowbrook Ath Comp	Apr 12	4:15-5:15pm	M
RP6081.706	Northfield ES	Apr 13	3:15-4:15pm	Tu
RP6081.707	Triadelphia Ridge ES	Apr 14	3:30-4:30pm	W
RP6081.708	Veterans ES	Apr 14	4-5pm	W
RP6081.709	Waterloo ES	Apr 13	4-5pm	Tu

Meadowbrook After-School Basketball Club

9-10 yrs / 6 wks, start dates below / \$72

Can't get enough basketball? Players will have fun while applying what they know in this scrimmage-play program. Game play will help children advance their skills and fundamentals, as well as improve their teamwork and sportsmanship. Program leaders will serve as coaches and officials. Basketball knowledge and playing experience are highly recommended. For more information, call Matthew Knoerlein at 410-313-4705.

Boys

RP6088.701	Meadowbrook Ath Comp	Apr 14	4:30-6pm	W
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Girls

RP6088.702	Meadowbrook Ath Comp	Apr 15	4:30-6pm	Th
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Field Hockey



Spring Instructional Field Hockey with Kelly Snyder

10-14 yrs / 6 wks starting Apr 13 / \$87

This instructional league utilizes varsity level coaches from local high schools in a format that blends short-sided game playing with learning the skills and strategies of this fast moving sport. Program is perfect for both advanced beginner and prospective players. Our synthetic field turf provides an optimal playing and learning surface. Fee includes tee shirt, supplies and administration. Bring reusable water bottle. Mouth guard, stick and shin guards are required. For more information, call Susan Markovitz at 410-313-4674.

RP5260.701	Cedar Lane Pk West	5:15-6:15pm	Tu & Th
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Instructional Field Hockey with Kelly Snyder

Grades 5-10 / 6 wks starting Jun 15 / \$87

Players with limited experience can combine instruction with mini-games to have fun while learning this fast-moving sport. Program covers fundamental stick handling skills and offensive and defensive techniques. Players will be divided according to age and skill level. Bring a reusable water bottle; mouth guard, stick and shin guards required. Fee includes tee shirt, supplies and administration. For more information, call Susan Markovitz at 410-313-4674.

RP6261.801 Cedar Lane Pk West 5:30-6:45pm Tu

Floor Hockey



Kiddie Floor Hockey

5-7 yrs / 6 wks, start dates below / \$44

Join in the fast-paced fun! This class is designed for first-time or beginner level players, and involves no checking. Boys and girls will learn and improve skills including puck/ball control, passing, shooting, teamwork and game play. Meet in the gym. Shin guards are recommended. For more information, call Matthew Knoerlein at 410-313-4705.

RP6265.701	Atholton ES	Apr 15	5-6pm	Th
RP6265.702	Meadowbrook Ath Comp	Apr 13	5:15-6:15pm	Tu

After School Floor Hockey

8-10 yrs / 6 wks, start dates below / \$44

Join in the fast-paced fun! This class is designed for beginner level players, and involves no checking. Boys and girls will learn and improve skills including puck/ball control, passing, shooting, teamwork and game play. Meet in the gym. Shin guards are recommended. For more information, call Matthew Knoerlein at 410-313-4705.

RP6263.701	Atholton ES	Apr 15	4-5pm	Th
RP6263.702	Meadowbrook Ath Comp	Apr 13	4:15-5:15pm	Tu

Flag Football



Kiddie Flag Football

6-7 yrs / 6 wks, start dates below / \$44

Boys and girls will learn and develop fundamental skills including passing, catching, running routes and team play, all in a fun and encouraging environment. Meet on the field. For more information, call Matthew Knoerlein at 410-313-4705.

RP6030.701	Dayton Oaks ES	Apr 15	4:45-5:45pm	Th
RP6030.702	Hollifield Station ES	Apr 12	4:30-5:30pm	M
RP6030.703	Jeffers Hill ES	Apr 13	4:45-5:45pm	Tu
RP6030.704	Swansfield ES	Apr 14	4:30-5:30pm	W

After-School Flag Football

8-10 yrs / 6 wks, start dates below / \$44

Boys and girls wanting to learn or improve skills can focus on the fundamentals of passing, catching, running routes and team play, all in a fun and exciting environment. Players will apply their skills during scrimmages. Meet outside school office; coach will escort players to field. For more information, call Matthew Knoerlein at 410-313-4705.

RP6031.701	Dayton Oaks ES	Apr 15	3:35-4:35pm	Th
RP6031.702	Hollifield Station ES	Apr 12	3:20-4:20pm	M
RP6031.703	Jeffers Hill ES	Apr 13	3:35-4:35pm	Tu
RP6031.704	Swansfield ES	Apr 14	3:20-4:20pm	W

Football & Cheer

Fall Youth Football and Cheer

For information or detailed flier about the following Fall 2010 Youth Football and Cheer programs call 410-313-4711 after March 10.

Elkridge Hurricanes	Howard County Terps
Ellicott City Patriots	West Howard Warhawks
Laurel Steelers	

Golf

Taking Golf After School

5-9 yrs / 5 wks, start dates below / \$142

Taking Golf After School is a national after-school junior golf enrichment program designed for grades K-3. Instructors use props, contests, and team skill challenges to introduce golf to students in a safe and rewarding environment that includes a lot of fun. TGAS creates an energetic, supervised and safe atmosphere, conducive to the advancement of student life and golf skills. The program is appropriate for beginners and advanced beginners. Students will learn the set-up routine, basic swing fundamentals for most golf swings, golf etiquette, rules, skills and drills, and life lessons in every class. Most important, pure excitement in the class will begin to develop a child's passion for the sport of golf. For more information, call Tessa Hurd at 410-313-4637.

RP6318.701	Fulton ES	Apr 15	5:05-6:05pm	Th
RP6318.702	Clemens Crossing ES	Apr 19	5:05-6:05pm	M
RP6318.703	West Friendship ES	Apr 20	5:05-6:05pm	Tu
RP6318.704	Elkridge ES	Apr 21	5:05-6:05pm	W

Junior Golf

8-17 yrs / Start dates & locations below / \$82 + ball fee

This introduction to the game includes swing fundamentals, rules and etiquette. No equipment or experience necessary. Ball fee: \$15 at first class for Timbers, Waverly Woods and Fairway Hills; \$5 per week for Rocky Gorge. For more information, call Tessa Hurd at 410-313-4637.

Timbers at Troy Golf Course / 5 wks

RP6320.701	Apr 14	4:30-5:15pm	W
RP6320.702	Apr 16	4:30-5:15pm	F
RP6320.703	Apr 17	9-9:45am	Sa
RP6320.704	Apr 17	12-12:45pm	Sa
RP6320.705	Apr 19	4:30-5:15pm	M
RP6320.801	Jun 2	4:30-5:15pm	W
RP6320.802	Jun 4	4:30-5:15pm	F
RP6320.803	Jun 5	9-9:45am	Sa
RP6320.804	Jun 5	12-12:45pm	Sa
RP6320.805	Jun 7	4:30-5:15pm	M

Waverly Woods Golf Course / 5 wks

RP6320.706	Apr 14	4-4:45pm	W
RP6320.707	Apr 16	4-4:45pm	F
RP6320.806	Jun 9	4-4:45pm	W
RP6320.807	Jun 11	4-4:45pm	F

Rocky Gorge Golf Fairway / 5 wks

RP6320.710	Apr 17	10-11am	Sa
RP6320.810	Jun 5	10-11am	Sa

Fairway Hills Golf Course / 4 Wks

RP6320.711	Apr 24	1-2pm	Sa
RP6320.712	Apr 25	1-2pm	Su
RP6320.811	Jun 5	1-2pm	Sa
RP6320.812	Jun 6	1-2pm	Su

Gymnastics

Beginning Gymnastics

6-8 yrs / 5 or 6 wks, dates & prices below

Taught according to the progression standards set by the US Gymnastics Federation, participants are introduced to apparatus for gymnastic rotations and to the US Gymnastics Federation levels of skill development. Participants will begin to develop the confidence, fitness, strength and flexibility needed for the intermediate level. For more information, call Megan Freer, 410-313-4720.

Columbia Gymnastics

Boys / 6 yrs + / 6 wks / \$82

RP6353.701	Apr 22	6:30-7:30pm	Th
RP6353.801	Jul 1	6:30-7:30pm	Th

Girls / 6-8 yrs / 6 wks / \$82

RP6353.711	Apr 20	4:30-5:30pm	Tu
RP6353.712	Apr 22	6:30-7:30pm	Th
RP6353.713	Apr 23	6:30-7:30pm	F
RP6353.811	Jun 29	6:30-7:30pm	Tu
RP6353.812	Jul 1	5:30-7:30pm	Th

Girls / 6-8 yrs / 5 wks / \$68

RP6353.714	May 1	11:45am-12:45pm	Sa
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Jump Rope



Joey Jumpers with Kangaroo Kids

6-8 yrs / 8 wks, start dates below / \$116

This introductory jump rope class is all about having fun and getting fit in a safe and non-competitive environment. Jumpers will learn basic single rope and some long rope skills. Fee includes a jump rope for first-time participants. For more information, call Tessa Hurd at 410-313-4637.

RP6361.701	Meadowbrook Ath Comp	Apr 13	4:45-5:45pm	Tu
RP6361.702	Meadowbrook Ath Comp	Apr 13	5:45-6:45pm	Tu

Junior Jumpers with Kangaroo Kids**8-16 yrs / 8 wks, start dates below / \$116**

This is a beginning jump rope class that is all about fun and fitness. Jumpers will learn basic single rope, Double Dutch and long rope skills. Fee includes a jump rope for first-time participants. For more information, call Tessa Hurd at 410-313-4637.

RP6361.703 Meadowbrook Ath Comp Apr 13 4:45-5:45pm Tu

Intermediate Jumpers with Kangaroo Kids**6-16 yrs / 8 wks, start dates below / \$116**

Jumpers will build on basic single and long rope skills and be introduced to precision group routines. Prerequisite: Minimum 2 sessions of Joey Jumpers or Junior Jumpers and/or coach's approval. For more information, call Tessa Hurd at 410-313-4637.

RP6361.704 Meadowbrook Ath Comp Apr 13 5:45-6:45pm Tu

RP6361.705 Meadowbrook Ath Comp Apr 14 5:30-6:30pm W

Preparation to Perform with Kangaroo Kids**8-16 yrs / 9 wks, start dates below / \$130**

Jumpers with a desire to ultimately perform at public events will build on single and long rope skills, precision routines and develop showmanship skills. No performing requirements. Prerequisite: Minimum 2 sessions of Intermediate Jumpers and/or coach's approval. For more information, call Tessa Hurd at 410-313-4637.

RP6362.701 Meadowbrook Ath Comp Apr 14 4:30-5:30pm W

NEW!* Jump Rope Day with Kangaroo Kids*6-16 yrs / Dates below / \$43**

No school today? Join the Kangaroo Kids for a one-day class! Beginner through intermediate level jumpers will focus on single rope and long rope skills. This is a great opportunity for kids to try jump rope, have fun, get fit and learn new skills! More experienced jumpers will learn new skills and work on mastering their current skills. The class is taught by experienced Kangaroo Kids coaches. Jump ropes will be available for use in the class or jumpers may bring their own rope. The instructor will have jump ropes available for purchase at the class. For more information, call Tessa Hurd at 410-313-4637.

RP6363.701 Meadowbrook Ath Comp Apr 6 9am-noon Tu

RP6363.702 Meadowbrook Ath Comp May 14 9am-noon F

Lacrosse**Introduction to Lacrosse-Boys****5-10 yrs / 6 wks starting Apr 11 / \$80**

First-time players or those wanting to improve skills can focus on lacrosse fundamentals. Curriculum includes: stick work, shooting, ground balls and basic lacrosse concepts. Equipment provided. Bring mandatory mouth guard. Fee includes tee shirt. For more information, call Patrick McGinnis at 410-313-1689.

Cedar Lane Pk West, Field 5

RP6505.701 5-6 yrs 2-3pm Su

RP6505.711 7-8 yrs 3:15-4:15pm Su

RP6505.721 9-10 yrs 4:30-5:30pm Su

Introduction to Lacrosse-Girls**5-10 yrs / 6 wks starting Apr 11 / \$80**

First-time players or those wanting to improve skills can focus on lacrosse fundamentals. Program includes stick work, shooting, ground balls and basic lacrosse concepts. Fee includes tee shirt and the use of lacrosse stick and protective eyewear (mandated by U.S. Lacrosse). Bring mandatory mouth guard. For more information, call Patrick McGinnis at 410-313-1689.

Cedar Lane Pk West, Field 5

RP6506.701 5-6yrs 2-3pm Su

RP6506.711 7-8yrs 3:15-4:15pm Su

RP6506.721 9-10yrs 4:30-5:30pm Su

Multi-Sport***NEW!* Spring Sports Sampler****9-10 yrs / 6 wks, start dates below / \$72**

Ready for a variety of spring sports! Each class, participants will be introduced to a sport and have the opportunity to play. Sports include: tennis, lacrosse, track & field, golf and baseball or softball. The final class will include a combination of all sports in an Olympic style competition. The Meadowbrook Athletic Complex is a fantastic new facility offering the finest playing conditions around. Activities can take place indoors and outdoors, so classes will run rain or shine. For more information, call Matthew Knoerlein at 410-313-4705.

Meadowbrook Ath Comp

RP6010.701 Boys 4:30-6pm F

RP6010.702 Girls 4:30-6pm F

Soccer**Kiddie Soccer****5-6 yrs / 6 wks, start dates below / \$44**

Are you ready to play the world's most popular game? Boys and girls will learn basic skills such as dribbling, trapping, passing, shooting, defense and team play, all in a fun and encouraging environment. Meet on the field. For more information, call Matthew Knoerlein at 410-313-4705.

RP6700.701 Clarksville ES Apr 13 5-6pm Tu

RP6700.702 Clemens Crossing ES Apr 14 5-6pm W

RP6700.703 Cradlerock ES Apr 15 4-5pm Th

RP6700.704 Deep Run ES / Waterloo Pk Apr 15 5:15-6:15pm Th

RP6700.705 Gorman Crossing ES Apr 13 5-6pm Tu

RP6700.706 Phelps Luck ES Apr 12 4:30-5:30pm M

RP6700.707 Rockburn ES Apr 14 4:30-5:30pm W

RP6700.708 St. Johns Lane ES Apr 12 4:30-5:30pm M

UK Elite Soccer Program: “Steps to Success”

5-14 yrs / 6 wks, start dates below / \$95

Do you want to take your skills to the next level by learning from some of the finest British soccer coaches? Girls and boys can learn from one of the best professional youth soccer coaching companies in the USA. This fantastic learning experience uses age appropriate curricula and expert instruction. Emphasis is on sound fundamental techniques and skills—along with a firm understanding of the game. For more information, call Matthew Knoerlein at 410-313-4705.

Cedar Lane Pk West Field 5

RP6706.701	5-6 yrs	Apr 15	5:45-6:45pm	Th
RP6706.702	5-6 yrs	Apr 16	5:45-6:45pm	F
RP6706.711	7-10 yrs	Apr 15	5:45-6:45pm	Th
RP6706.712	7-10 yrs	Apr 16	5:45-6:45pm	F
RP6706.721	11-14 yrs	Apr 15	5:45-6:45pm	Th

After-School Soccer

7-8 yrs / 6 wks, start dates below / \$44

The world's most popular game awaits you. Boys and girls will learn and improve basic skills such as dribbling, trapping, shooting, passing, defense and team play. Coaches will use a variety of drills, games and scrimmages to make learning fun and exciting. Meet outside school office; coaches will escort players to field. For more information, call Matthew Knoerlein at 410-313-4705.

RP6701.701	Clarksville ES	Apr 13	4-5pm	Tu
RP6701.702	Clemens Crossing ES	Apr 14	4-5pm	W
RP6701.703	Cradlerock ES	Apr 15	2:45-3:45pm	Th
RP6701.704	Deep Run ES / Waterloo Pk	Apr 15	4:05-5:05pm	Th
RP6701.705	Gorman Crossing ES	Apr 13	4-5pm	Tu
RP6701.706	Phelps Luck ES	Apr 12	3:20-4:20pm	M
RP6701.707	Rockburn ES	Apr 14	3:25-4:25pm	W
RP6701.708	St. Johns ES	Apr 12	3:20-4:20pm	M

Tennis

Kiddie Tennis

5-7yrs / 6 wks, start dates below / \$44

Have fun while you learn and practice basic tennis skills in this program taught by USTA trained coaches. Classes include a variety of enjoyable drills and exciting games. Meet at tennis courts. For more information, call Matthew Knoerlein at 410-313-4705.

RP6870.701	Atholton ES	Apr 12	5:15-6:15pm	M
RP6870.702	Dayton Oaks ES	Apr 14	4:45-5:45pm	W
RP6870.703	Deep Run ES / Waterloo Pk	Apr 14	5:15-6:15pm	W
RP6870.704	Lisbon ES	Apr 13	4:30-5:30pm	Tu
RP6870.705	Thunder Hill ES	Apr 15	5:15-6:15pm	Th

After-School Tennis

8-10 yrs / 6 wks, start dates below / \$44

Have fun while you learn the basics or fine-tune your tennis skills in this program taught by USTA trained coaches. Classes include a variety of drills and games, as well as an introduction to match play. Meet in front of school office; coaches will escort players to tennis courts. For more information, call Matthew Knoerlein at 410-313-4705.

RP6871.701	Atholton ES	Apr 12	4:05-5:05pm	M
RP6871.702	Dayton Oaks ES	Apr 14	3:35-4:35pm	W
RP6871.703	Deep Run ES / Waterloo Pk	Apr 14	4:05-5:05pm	W
RP6871.704	Lisbon ES	Apr 13	3:20-4:20pm	Tu
RP6871.705	Thunder Hill ES	Apr 15	4:05-5:05pm	Th

Play Time Tennis with Shantha Chandra

3-6 yrs / 6 Classes, start dates below / \$62

Originally called Tiny Tykes Tennis. Come, learn tennis and have fun with others while working on balance, agility and reaction time. Bring a junior-sized racquet (size 19", 21" or 23"). Rain make up on Fridays. For more information, call Tessa Hurd at 410-313-4637.

Cedar Lane Pk East -Tennis Ct

3-5 yrs

RP6847.701	Apr 12	9:30-10:15am	M & W
RP6847.711	May 3	9:30-10:15am	M & W

4-6 yrs

RP6847.702	Apr 12	10:15-11am	M & W
RP6847.712	May 3	10:15-11am	M & W
RP6847.703	Apr 13	1-1:45pm	Tu & Th
RP6847.713	May 4	1-1:45pm	Tu & Th
RP6847.704	Apr 16	4:45-5:30pm	F
RP6847.714	May 28	4:45-5:30pm	F
RP6847.705	Apr 17	8:15-9am	Sa
RP6847.715	May 29	8:15-9am	Sa

Mini Tennis with Shantha Chandra

6-10 yrs / 6 classes, start dates & prices below

Drills, games, instruction and quick start tennis techniques designed by the USTA is used for beginning players to learn tennis fundamentals, balance and coordination skills. Bring a junior-size racquet (size 23" to 25"). For more information, call Tessa Hurd at 410-313-4637.

Cedar Lane Pk East -Tennis Ct

6-8 yrs

RP6840.701	\$73	Apr 12	4:30-5:45pm	M & W
RP6840.711	\$73	May 5	4:30-5:45pm	M & W
RP6840.702	\$57	Apr 17	9-10am	Sa
RP6840.712	\$57	May 29	9-10am	Sa

8-10 yrs

RP6840.703	\$57	Apr 17	10-11am	Sa
RP6840.713	\$57	May 29	10-11am	Sa

Parent-Child Tennis with Shantha Chandra

7-12 yrs / 6 classes, start dates below / \$71 per pair

Parents and children can learn how to work together to develop and improve tennis skills. For more information, call Tessa Hurd at 410-313-4637.

Cedar Lane Pk East -Tennis Ct

RP6842.701	Apr 17	12:15-1:15pm	Sa
RP6842.702	May 29	12:15-1:15pm	Sa

Tennis Lessons with Shantha Chandra

8-14 yrs / 6 classes, start dates & prices below

Students will learn and improve basic skills in a group and with match play. Advanced beginners will learn essential stroke production, base line serving and volleys. For more information, call Tessa Hurd at 410-313-4637.

Cedar Lane Pk East -Tennis Ct

8-12 yrs / Beginner / \$73

RP6841.701	Apr 12	5:45-7pm	M & W
RP6841.711	May 5	5:45-7pm	M & W

10-14 yrs / Advanced Beginner / \$57

RP6841.702	Apr 12	7-8pm	M & W
RP6841.712	May 5	7-8pm	M & W
RP6841.703	Apr 17	11am-noon	Sa
RP6841.713	May 29	11am-noon	Sa

Junior USA Team Tennis with Shantha Chandra

9-14 yrs / 6 classes, start dates below / \$81

Advanced beginner and intermediate players can refresh basic ground strokes, volleys, serving and scoring; then enjoy match play tennis. For more information, call Tessa Hurd at 410-313-4637.

Cedar Lane Pk East -Tennis Ct

RP6849.701	Apr 17	1:15-2:45pm	Sa
RP6849.702	May 29	1:15-2:45pm	Sa

High School Development Team Tennis with Shantha Chandra

13-18 yrs / 6 classes, start dates below / \$81

Advanced beginners and intermediate players can improve basic skills, including volleys, serving, scoring and groundstrokes. Participate in match play against players of similar ability. For more information, call Tessa Hurd at 410-313-4637.

Cedar Lane Pk East -Tennis Ct

RP6855.701	Apr 13	4:30-6pm	Tu & Th
RP6855.702	May 6	4:30-6pm	Tu & Th

Friday Team Tennis/Match Play

11 yrs + / Apr 16 / 6 Classes / \$81

Players should have fairly consistent strokes with medium pace shots, be able to rally and serve from baseline, as well as keep score. Players must have some knowledge of volleys and lobs. Teams will be decided and each team will play matches against other teams. For more information, call Tessa Hurd at 410-313-4637.

RP6858.701	Cedar Lane Pk - East Tennis Ct	5:30-7pm	F
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Tennis for Everyone

4-18 yrs / 5 wks, start dates & prices below

Join professionally trained instructors from Baltimore Tennis Patrons for fun, friends, fitness, action packed instruction and play. Players are grouped according to ability. Loaner rackets are available. QuickStart (QS) beginner programs are a fun, totally new way for kids to start playing and enjoying tennis with ease. With QuickStart, the court size, the racket size, the balls, the net height and even the scoring system have all been adjusted to match your child's age and stature. BTP coaches are all USTA QuickStart certified. QS advanced beginner is a fun, totally new way for kids to play and improve tennis skills effortlessly. Junior beginner programs (non QS) feature the games-based approach to learning and applying the fundamentals in play situations. Junior intermediate is a class for those who mastered the basics and want to fine-tune skills, develop sound tactics with lots of play, get a good workout, compete and improve. Family beginner is a parent-child class using the games-based approach to apply fundamentals in play situations while having fun, learning and exercising. For more information, call Tessa Hurd at 410-313-4637.

4-6 yrs / QS Peewee Beginner / \$68, *\$85 (2 days)

RP6850.801	Centennial Pk West -Tennis Ct	Jun 29	5:15-6pm	Tu
RP6850.802	River Hill HS -Tennis Ct	Jul 2	5:45-6:30pm	F
RP6850.803*	Cedar Lane Pk East -Tennis Ct	Jun 28	6:15-7pm	M & W

5-8 yrs / QS Junior Beginner / \$68

RP6850.811	Centennial Pk West - Tennis Ct	Jun 29	6-6:45pm	Tu
RP6850.812	River Hill HS -Tennis Ct	Jul 2	6:30-7:15pm	F

8-10 yrs / QS Junior Adv Beginner / \$77

RP6850.813	River Hill HS -Tennis Ct	Jul 2	7:15-8:15pm	F
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6-14 yrs / Junior Beginner / \$138

RP6850.821	Centennial Pk West -Tennis Ct	Jun 28	5:30-7pm	M & W
RP6850.822	Cedar Lane Pk East -Tennis Ct	Jun 28	7-8:30pm	M & W

8-14 yrs / Junior Advanced / \$138

RP6850.823	Centennial Pk West -Tennis Ct	Jun 28	7-8:30pm	M & W
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6-14 yrs / Junior Beginner / \$85

RP6850.824	River Hill HS -Tennis Ct	Jul 1	5:30-7pm	Th
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11-18 yrs / Junior Intermediate / \$85

RP6850.825	Centennial Pk West -Tennis Ct	Jul 1	5:30-7pm	Th
RP6850.826	River Hill HS -Tennis Ct	Jun 29	5:30-7pm	Tu

6-14 yrs / Family Beginner / \$138 per pair

RP6850.830	River Hill HS -Tennis Ct	Jul 1	7-8:30pm	Th
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NEW! Cardio Tennis for Kids

5-14 yrs / 5 wks starting Jul 2 / Prices below

Professionally trained instructors from Baltimore Tennis Patrons introduce you to Cardio Tennis for Kids. Cardio Tennis + QuickStart (QS) beginner: two blockbuster new ways to introduce your child to tennis! Each practice starts with heart rocking fun featuring an action-based group warm up, cardio and cool down followed by QuickStart. Let the games begin! QS Tennis is a new format to help kids learn and play the game effortlessly with user-friendly and reduced-size equipment. Junior beginner is a cardio tennis program which emphasizes movement and fun using music and pedometers. This is a great new way for your child to get a great work-out and burn calories. Loaner rackets are available. For more information, call Tessa Hurd at 410-313-4637.

5-8 yrs / Cardio + QS Beginner / \$92

RP6850.731	Centennial Pk West -Tennis Ct	6-7:30pm	F
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6-14 yrs / Cardio Junior Beginner / \$85

RP6850.732	Centennial Pk West -Tennis Ct	7:30-8:30pm	F
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Recycling in Howard County Parks



The SAME RECYCLING you do at home!

Look for blue carts throughout the parks to recycle your bottles, cans, cardboard and paper.

Note: Please no food, styrofoam, napkins or other trash in the recycling carts.




www.howardcountyrecycles.org

NEW! Tennis Excellence, Beginner Level

8-10 yrs / 8 wks, start dates & prices below

Originally called HC Play & Learn Tennis. Interested in a fun filled tennis experience? This introductory tennis class will use Quick Start tennis nets to minimize court size for optimal play. Learn the forehand, backhand, serving and scoring. Participate in exciting drills and games each week. Parent volunteers are encouraged to participate. For more information, call Tessa Hurd at 410-313-4637.

Hammond Pk / \$101

RP6859.701 Apr 13 4:45-5:45pm Tu & Th

Centennial Pk West / \$76

RP6859.702 Apr 17 11:30am-1pm Sa

NEW! Tennis Elite, Advanced Beginner Level

10-13 yrs / 8 wks starting Apr 13 / \$101

Designed for advanced beginners already able to consistently hit the ball over the net and serve from the service line. Includes refresher drills to help improve all facets of your game. Incorporates match play (singles and doubles) against the other site the final 2 weeks of the class. Wednesday will be rain makeup date. For more information, call Tessa Hurd at 410-313-4637.

RP6859.711 Hammond Pk 6-7pm Tu & Th

RP6859.712 Centennial Pk West 6-7pm Tu & Th

Volleyball

Volleyball Skills Development

9-14 yrs / 6 wks, start dates below / \$90

Practice makes perfect! This program is designed for beginner/intermediate players who enjoy this exciting sport and want to learn more. Individual players will improve existing skills and develop new ones. The lessons will emphasize sportsmanship, skill technique, hard work, and fun in a team atmosphere. Learn skills such as passing, hitting, setting, and serving. For more information call Julija Sajauskas at 410-313-2765.

9-10 yrs

RP5892.701 Glenwood Com Ctr Apr 28 6-7:30pm W

RP5892.702 Meadowbrook Athletic Complex Apr 29 6-7:30pm Th

11-14 yrs

RP5892.703 Glenwood Com Ctr Apr 28 7:30-9pm W

RP5892.704 Meadowbrook Athletic Complex Apr 29 7:30-9pm Th

NEW! Volleyball Preseason Training

14-18 yrs / 4 wks starting Jul 20 / \$199

Get ready for try-outs and make the team by training with us! Athletes will go through training sessions that cover all skills and provide the most extensive and well rounded training experience. Training will vary from specific individual skills, competitive game drills, and exclusive conditioning sessions provided by Axis Sport Performance. Fee includes a t-shirt, instruction and conditioning. For more information call Julija Sajauskas at 410-313-2765.

RP5894.801 Meadowbrook Athletic Complex 6:30-8pm Tu & Th

Sports Leagues & Tournaments

Refund Policy: Unless otherwise noted, a 20% administrative fee is deducted for all refund requests made 4 weeks prior to league starting. Fifty percent refund if withdrawal is requested 2 weeks prior to league starting. No refunds will be given within 2 weeks prior to league starting.

Badminton

NEW! Youth Badminton League

9-14 yrs / 8 wks starting Apr 12 / \$60

Boys and girls will learn the fun, fast paced game of badminton. Each week players will learn skills and game concepts through games and activities and compete in matches. Players must bring their own racquets; shuttlecocks will be provided. For more information, call Will Dunmore at 410-313-1697.

RP6830.701 Meadowbrook Athletic Comp Apr 12 7-9pm M

Baseball/Softball

NEW! After-School Coach-Pitch Baseball

6-7 yrs / 6 wks, start dates below / \$44

Step up to the plate! Focus on baseball fundamentals such as batting, base running and fielding. Coaches will use a variety of exercises, drills and practice games to help you improve your skills. Bring a glove. Meet outside school office; coach will escort players to field. For more information, call Matthew Knoerlein at 410-313-4705.

RP6057.701 Centennial Lane ES Apr 12 3:20-4:20pm M

RP6057.702 Triadelphia Ridge ES Apr 13 3:30-4:30pm Tu

RP6057.703 Waverly ES Apr 15 3:50-4:50pm Th

RP6057.704 Worthington ES Apr 14 4-5pm W

Instructional Coach-Pitch League

6-7 yrs / 8 wks, starting Apr 10 / \$72

Step up to the plate! This program is for intermediate players who have some knowledge of basic baseball skills. Activities include: drills, coverage of game rules and practice games. Practice for five weeks; then play mini-games against the other site (schedule TBD). Fee includes tee shirt. Bring a glove. No class May 29. For more information, call Matthew Knoerlein at 410-313-4705.

RP6052.701 Deep Run ES / Waterloo Pk 3:30-4:30pm Sa

RP6052.702 Hollifield Station ES 3:30-4:30pm Sa

NEW! Columbia Baseball & Softball League

5-10 yrs / 8 wks starting Apr 17 / \$80, *\$55 Head Coaches' children

Looking for a baseball or softball program in the Columbia area? Look no further! Leagues for boys and girls ages 5-6, 7-8 and 9-10 are available with practices and games held at Columbia area schools. Two weeks of practice will lead to a six game schedule played on Saturdays. Adult/Coaches will assist with the pitching to provide a player-friendly and entertaining baseball/softball experience. Age-determination date is July 31, 2010. Parent Coaches are needed to assist HCRP staff in providing a fun, fundamental based program which provides boys and girls with the necessary skills to enjoy America's pastime. ASEP classes held to provide Parents with the tools necessary to coach youth sports. Team formation and practice times will be communicated after the registration deadline of April 5. The Columbia league is an opportunity for your child to experience baseball or softball in a less competitive format where an "Athletes first, winning second" approach is applied. The ultimate goal is to provide your child with a fun experience and love of physical activity through baseball or softball. Financial assistance is available. For more information or to volunteer as a Coach, call Derek Ludlow at 410-313-4716.

Columbia Area Schools/ 1-weeknight practice, Saturday Games

Baseball		Softball	
RP5990.701	5-6yrs	RP5991.701	5-6 yrs
RP5990.702*	5-6 yrs	RP5991.702*	5-6 yrs
RP5990.711	7-8 yrs	RP5991.711	7-8 yrs
RP5990.712*	7-8 yrs	RP5991.712*	7-8yrs
RP5990.721	9-10 yrs	RP5991.721	9-10 yrs
RP5990.722*	9-10 yrs	RP5991.722*	9-10 yrs

* Head Coaches' children

Western Howard County Fall Baseball League

7-18 yrs

Opening day early September, season ends in November. No T-ball or softball offered in fall season. For more information, call Jean Shea at 410-313-4626.

Basketball

Instructional Basketball League

6-10 yrs / 8 wks, starting Apr 17 / \$72

Designed for first-time players or those wanting to improve fundamental skills, this program includes basic skill development through drills and scrimmages. Practice for four weeks and play four games against teams from the other sites (schedule TBD). Fee includes tee shirt. Register by location. Meet in the gym. No class May 29. For more information, call Matthew Knoerlein at 410-313-4705.

6-7 yrs beginners

RP6082.701	Dayton Oaks ES	9-10am	Sa
RP6082.702	Elkridge ES	9-10am	Sa
RP6082.703	Forest Ridge ES	9-10am	Sa
RP6082.704	Waverly ES	9-10am	Sa

7 yrs advanced - 9½ yrs beginners

RP6083.701	Dayton Oaks ES	10:15-11:15am	Sa
RP6083.702	Elkridge ES	10:15-11:15am	Sa
RP6083.703	Forest Ridge ES	10:15-11:15am	Sa
RP6083.704	Waverly ES	10:15-11:15am	Sa

8½ yrs advanced - 10 yrs

RP6084.701	Dayton Oaks ES	11:30am-12:30pm	Sa
RP6084.702	Elkridge ES	11:30am-12:30pm	Sa
RP6084.703	Forest Ridge ES	11:30am-12:30pm	Sa
RP6084.704	Waverly ES	11:30am-12:30pm	Sa

Meadowbrook Basketball League

9-14 yrs / 8 wks starting Apr 16 / \$99, *\$55 Head Coaches' children

"Athletes first, Winning second!" Basketball in the Meadowbrook Basketball League provides a "Good Sports" atmosphere bringing together families and aspiring basketball players weekly in an effort to learn and practice the fundamentals of the game. Our ASEP certified Parent Coaches provide a quality recreation environment for our players, parents, coaches and spectators. Players will be placed on teams and play one game a week on Fridays. Weekly practices with experienced HCRP staff will build the skills base for your son or daughter to grow in the sport of basketball. Practice schedule announced after teams are formed. Players can display what they have learned during the Friday 90-minute session; 30 minutes of practice followed by a one hour game. Program is for novice to experienced players who wish to learn while playing. Games begin April 16. Specific details on one-hour game times will be communicated after registration. For more information or to volunteer as a Coach, call Derek Ludlow at 410-313-4716.

Meadowbrook Ath Comp

RP6184.701	Boys 9-10	5:30-8:30pm	F
RP6184.702*	Boys 9-10	5:30-8:30pm	F
RP6184.711	Boys 11-12	5:30-8:30pm	F
RP6184.712*	Boys 11-12	5:30-8:30pm	F
RP6184.721	Boys 13-14	5:30-8:30pm	F
RP6184.722*	Boys 13-14	5:30-8:30pm	F
RP6185.701	Girls 9-10	5:30-8:30pm	F
RP6185.702*	Girls 9-10	5:30-8:30pm	F
RP6185.711	Girls 11-12	5:30-8:30pm	F
RP6185.712*	Girls 11-12	5:30-8:30pm	F
RP6185.721	Girls 13-14	5:30-8:30pm	F
RP6185.722*	Girls 13-14 5	5:30-8:30pm	F

* Head Coaches' children

High School Basketball League

Grades 9-12 / 8 wks, start dates below / \$80 Individual, \$500 Team

Join us at the Meadowbrook Athletic Complex for a league created to provide high school students who enjoy the sport of basketball an intramural approach to the game. A neighborhood "pick-up" atmosphere will provide players with physical activity and a way to play with their peers. Players will be placed on teams and play one game a week on Friday. This program is for players who love the game and wish to continue playing hoops outside of competitive high school athletics. Bring your friends! Sign up as a team of 5-10 players with an adult Coach or register individually and HCRP staff will form teams. Games officiated by certified high school officials. Specific details on game times will be communicated one prior to the program start date. Fee includes a team shirt. For more information or to volunteer as a Coach, call Derek Ludlow at 410-313-4716.

Meadowbrook Ath Comp

Spring League – Apr 16

RP6186.701	Boys Individual	6-8pm	F
RP6186.711	Boys Team	6-8pm	F
RP6186.702	Girls Individual	6-8pm	F
RP6186.712	Girls Team	6-8pm	F

Summer League – Jun 18

RP6186.201	Boys Individual	6-8pm	F
RP6186.211	Boys Team	6-8pm	F
RP6186.202	Girls Individual	6-8pm	F
RP6186.212	Girls Team	6-8pm	F

Field Hockey

Prep 7-A-Side Field Hockey League

Grades 9-12 / 6 wks starting Jun 15 / \$85

High school players can sharpen skills and get fit for the fall season while playing in this fast-paced recreational league. League plays seven on a side with no goalies on a modified, synthetic turf field. Individual registrations only; no team entries. Teams will be formed on the first day of the league by program director. Bring re-usable water bottle; mouth guard, stick and shin guards required. Fee includes tee shirt, supplies and administration. For more information, call Susan Markovitz at 410-313-4674.

RP 5261.801 Cedar Lane Pk West 6-7pm Tu

Flag Football

Spring Flag Football League

5-14 yrs / 8 wks starting Mar 27 / \$89; *\$55 Head Coaches' children

Boys and girls can play flag football while working on basic skills. 50-minute games are 5-on-5 and non-contact. Games are at Hollifield Elementary School beginning Saturday, April 10 and end with a mini-tournament the last week. Practices are one hour, one night per week at Dayton Oaks or an Ellicott City location, depending on team placement, not participants' geographical location. Teams are formed by us – no special requests. Volunteer coaches are needed. Head coaches' children receive a discount. Age determination date is September 1, 2010. For more information, call Sandra Lambert at 410-313-4715.

Dayton Oaks/Ellicott City

RP6300.701	5-6 yrs	9am-11am	Sa
RP6300.702*	5-6 yrs	9am-11am	Sa
RP6300.711	7-8 yrs	10am-1pm	Sa
RP6300.712*	7-8 yrs	10am-1pm	Sa
RP6300.721	9-11 yrs	11am-4pm	Sa
RP6300.722*	9-11 yrs	11am-4pm	Sa
RP6300.731	12-14 yrs	9am-11am	Sa
RP6300.732*	12-14 yrs	9am-11am	Sa

* Head Coaches' children

Fall Flag Football League

5-14 yrs / 8 wks starting Aug 23 / \$89; *\$55 Head Coaches' children

Boys and girls can play flag football while working on basic skills. 50-minute games are 5-on-5 and non-contact. Games are at Hollifield Elementary School beginning Saturday, September 11. Practices are one hour, one night per week at Dayton Oaks or an Ellicott City location, depending on team placement, not participants' geographical location. Teams are formed by us – no special requests. New! Girls only 7-8 and 9-11 section. Join the Play 60 phenomena and play flag football with other girls in the County! Volunteer coaches are needed. Head coaches' children receive a discount. Age determination date is Sept 1, 2010. For more information, call Sandra Lambert at 410-313-4715.

Dayton Oaks/Ellicott City

Co-Rec

RP6300.101	5-6 yrs	9am-11am	Sa
RP6300.102*	5-6 yrs	9am-11am	Sa
RP6300.111	7-8 yrs	10am-1pm	Sa
RP6300.112*	7-8 yrs	10am-1pm	Sa
RP6300.121	9-11 yrs	11am-4pm	Sa
RP6300.122*	9-11 yrs	11am-4pm	Sa
RP6300.131	12-14 yrs	9am-11am	Sa
RP6300.132*	12-14 yrs	9am-11am	Sa

Girls

RP6300.113	7-8 yrs	10am-1pm	Sa
RP6300.114*	7-8 yrs	10am-1pm	Sa
RP6300.123	9-11 yrs	11am-4pm	Sa
RP6300.124*	9-11 yrs	11am-4pm	Sa

* Head Coaches' children

Lacrosse

Boys High School

Summer League Lacrosse

13-18 yrs / 8 wks starting Jun 29 + playoffs / Prices below

HCRP is excited to offer a Boy's Summer High School Lacrosse League. Each team will consist of players from a single high school only. Our goal is to give the players as much time with their school teammates as possible and work on their respective team styles, offensively, defensively, clearing, etc. A varsity conference and a junior varsity conference will be offered. Teams play an eight-game schedule and are eligible for post-season playoffs. Fee includes field use with lights, supplies, administration staff and game officials. Games played week-nights, 6-10pm. Schedule will be sent via email. Teams are required to provide uniforms. For more information, call Patrick McGinnis at 410-313-1689.

Individual / \$70

RP5501.801	13-15 yrs	Cedar Lane & Western Pks	6-10pm	M
RP5501.811	15-18 yrs	Cedar Lane & Western Pks	6-10pm	M

Team Registration / \$1,200

RP5520.801	13-15 yrs	Cedar Lane & Western Pks	6-10pm	M
RP5520.811	15-18 yrs	Cedar Lane & Western Pks	6-10pm	M

Rugby

HC Rugby League

6-16 yrs / 9 wks, start dates below / \$90

Boys and girls will have fun learning and playing the fascinating game of rugby. Ages 6-14 play a two-hand touch version; ages 15-16 play a tackle version. Play teams from surrounding counties in the Potomac Rugby Union Youth Division. Games are played on Saturday, at different locations. Practice begins after June 1. Information will be mailed. Games are mid-June to mid-August. Age determination date is June 1, 2010. Co-sponsored by the Potomac Rugby Union. Starting dates are subject to change. For more information, call Sandra Lambert at 410-313-4715.

6-10 yrs (Touch Version) / 6:30-8:30pm

RP5610.801	East Columbia Library (Hurricanes)	Jun 8	Tu & Th
RP5610.802	Rockburn Branch Pk (Ellicott City Express)	Jun 7	M & Th

11-14 yrs (Touch Version) / 6:30-8:30pm

RP5610.811	East Columbia Library (Hurricanes)	Jun 8	Tu & Th
RP5610.812	Rockburn Branch Pk (Ellicott City Express)	Jun 7	M & Th

15-16 yrs (Tackle Version) / 6:30-8:30pm

RP5610.821	East Columbia Library (Hurricanes)	Jun 8	Tu & Th
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Soccer

Spring Youth Soccer League

4-8 yrs / 9 wks starting Mar 29 / \$82, *\$52 Head Coach's children

This coed league allows boys and girls to have fun playing soccer while learning the fundamentals of the world's most popular sport. Teams will be formed by the Department and will practice once per week on a weeknight beginning the week of Mar 29. Coaches will contact participants regarding practice days/times one week prior to program start. One-hour games will be scheduled Saturdays starting April 17 between 9am and 5pm. Shin guards are required. Fee includes participation award, soccer jersey, and soccer ball from Play It Again Sports in Ellicott City. Volunteer head coaches are needed and receive a discount. Individual registrations only, no team entries. Registration deadline March 15, 2010. For more information, call Susan Markovitz at 410-313-4674.

4 yrs

RP5701.701	Meadowbrook Pk	9am-5pm	Sa
RP5701.702*	Meadowbrook Pk	9am-5pm	Sa

5-6 yrs

RP5701.711	Meadowbrook Pk	9am-5pm	Sa
RP5701.712*	Meadowbrook Pk	9am-5pm	Sa

7-8 yrs

RP5701.721	HC Ctr for the Arts	9am-5pm	Sa
RP5701.722*	HC Ctr for the Arts	9am-5pm	Sa

* Head Coaches' children

Instructional Soccer League

5-10 yrs / 8 wks starting Apr 10 / \$72

First-time players or those wanting to improve fundamental skills can play small-sided games in this instructional league. Focus on skill development through drills, game rules and scrimmages. Practice for four weeks and play four games against teams from the other sites (schedule TBD). Fee includes tee shirt. Shin guards are required. No class May 29. For more information, call Matthew Knoerlein at 410-313-4705.

5-6 yrs beginners

RP6702.701	Dayton Oaks ES	9-10am	Sa
RP6702.702	Deep Run ES / Waterloo Pk	9-10am	Sa
RP6702.703	Forest Ridge ES	9-10am	Sa
RP6702.704	Hollifield Station ES	9-10am	Sa

6½ yrs advanced - 8½ yrs beginners

RP6703.701	Dayton Oaks ES	10:15-11:15am	Sa
RP6703.702	Deep Run ES / Waterloo Pk	10:15-11:15am	Sa
RP6703.703	Forest Ridge ES	10:15-11:15am	Sa
RP6703.704	Hollifield Station ES	10:15-11:15am	Sa

8 yrs advanced - 10 yrs

RP6704.701	Dayton Oaks ES	11:30am-12:30pm	Sa
RP6704.702	Deep Run ES / Waterloo Pk	11:30am-12:30pm	Sa
RP6704.703	Forest Ridge ES	11:30am-12:30pm	Sa
RP6704.704	Hollifield Station ES	11:30am-12:30pm	Sa

Fall Youth Soccer League

4-8 yrs / 8 wks starting Sep 18 / \$82, *\$52 Head Coaches' children
This coed league allows boys and girls to have fun playing soccer while learning the fundamentals of the world's most popular sport. Teams will be formed by the Department and will practice once per week on a weeknight beginning the week of Aug 30. One-hour games will be scheduled Saturdays between 9am and 6pm. Shin guards are required. Fee includes participation award, soccer jersey, and soccer ball from Play It Again Sports in Ellicott City. Volunteer head coaches are needed and receive a discount; register in section 502, 512, or 522. Individual registration only, no team entries. Registration deadline August 16, 2010. For more information, call Susan Markovitz at 410-313-4674.

4 yrs

RP5701.101	Meadowbrook Pk	9-6pm	Sa
RP5701.102*	Meadowbrook Pk	9-6pm	Sa

5-6 yrs

RP5701.111	Meadowbrook Pk	9-6pm	Sa
RP5701.112*	Meadowbrook Pk	9-6pm	Sa

7-8 yrs

RP5701.121	HC Ctr for the Arts	9-6pm	Sa
RP5701.122*	HC Ctr for the Arts	9-6pm	Sa

* Head Coaches' children

Tee Ball

Kiddie Tee Ball

4½-6½ yrs / 6 wks, start dates below / \$44

Play Ball! Focus on tee ball fundamentals such as batting, base running, catching, throwing and team play. Enjoy drills and small-sided practice games. Bring a glove. Meet on field. Parents are encouraged to participate. For more information, call Matthew Knoerlein at 410-313-4705.

RP6054.701	Centennial Lane ES	Apr 12	4:30-5:30pm	M
RP6054.702	Triadelphia Ridge ES	Apr 13	4:45-5:45pm	Tu
RP6054.703	Waverly ES	Apr 15	5-6pm	Th
RP6054.704	Worthington ES	Apr 14	5-6pm	W

Instructional Tee Ball League

4½-7 yrs / 8 wks starting Apr 10 / \$72

Play Ball! This program is for first-time or basic-skills players and includes drills, coverage of game rules and practice games. Practice for five weeks; then play mini-games against the other site (schedule TBD). Fee includes tee shirt. Bring a glove. No class May 29. For more information, call Matthew Knoerlein at 410-313-4705.

RP6051.701	Deep Run ES / Waterloo Pk	1-2pm	Sa
RP6051.702	Deep Run ES / Waterloo Pk	2:15-3:15pm	Sa
RP6051.703	Hollifield Station ES	1-2pm	Sa
RP6051.704	Hollifield Station ES	2:15-3:15pm	Sa

Spring Youth Tee Ball League

4-6 yrs / 8 wks starting Mar 29 / \$82, *\$52 Head Coach's children

This coed league allows boys and girls to have fun while learning the basic fundamentals of baseball and softball. Teams will be formed by the Department and will practice once per week on a weeknight, beginning the week of March 29. Coaches will contact participants regarding practice days/times/locations one week prior to program start. One-hour games will be scheduled on Sundays starting April 18, 1-6pm. Fee includes participation award, MLB shirt and MLB hat. Volunteer coaches are needed; Head coaches' children receive a discount. Individual registration only; no team entries. Registration deadline March 15, 2010. For more information, call Susan Markovitz at 410-313-4674.

4 yrs

RP5051.701	Meadowbrook Pk	1-6pm	Su
RP5051.702*	Meadowbrook Pk	1-6pm	Su

5-6 yrs

RP 5051.711	Meadowbrook Pk	1-6pm	Su
RP 5051.712*	Meadowbrook Pk	1-6pm	Su

* Head Coaches' children

Fall Youth Tee Ball League

4-6 yrs / 8 wks starting Aug 30 / \$82, *\$52 Head Coaches' children

This coed league allows boys and girls to have fun while learning the basic fundamentals baseball and softball. Teams will be formed by the Department and will practice once per week on a weeknight, beginning the week of August 30. Coaches will contact participants regarding practice days/times/locations one week prior to program start. One-hour games will be scheduled on Sundays starting Sep 19, 1-6pm. Fee includes participation award, MLB shirt and MLB hat. Volunteer coaches are needed; Head coaches' children receive a discount. Individual registration only; no team entries. Registration deadline August 16, 2010. For more information, call Susan Markovitz at 410-313-4674.

4 yrs

RP5051.101	Meadowbrook Park	1-6pm	Su
RP5051.102*	Meadowbrook Park	1-6pm	Su

5-6 yrs

RP5051.111	Meadowbrook Park	1-6pm	Su
RP5051.112*	Meadowbrook Park	1-6pm	Su

* Head Coaches' children

Track & Field

NEW! Track Invitational

9-14 yrs / Dates below / \$5

These three recreational track and field meets are open to recreational and experienced track and field athletes. Boys and girls can compete in a maximum of 3 events per meet. Events are 100m, 200m, 400m, 800m, 1500m, long jump and shot put. Age determination is Dec. 31, 2010. For more information, call Will Dunmore at 410-313-1697.

Howard Comm Coll

RP6954.701	May 7	6-8:30pm	F
RP6954.702	May 28	6-8:30pm	F
RP6954.703	Jun 18	6-8:30pm	F

Ultimate Disc

Youth Ultimate Disc League

6-17 yrs / 8 wks, start dates below / \$62, *\$32 Head Coaches' children

What is Ultimate? It's a non-contact team sport combining elements of soccer, football and basketball into one fast-paced game. Played with a disc, everyone is a quarterback and a receiver. As part of each session, develop skills and learn game concepts through drills, games and activities in an instructional/clinic environment. Participate in games each week and end the season with a playoff style tournament. Coaches may move participants up or down depending on skill level. Volunteer head coaches are needed and receive a discount. Fee includes shirt, trophy and playoffs. End-of-season tournament will be held Saturday, July 31 at Cedar Lane West Park. For more information, call Susan Markovitz at 410-313-4674.

6-10 yrs

RP 6101.801	Hollified Station ES	Jun 10	7-8:30pm	W
RP 6101.802*	Hollified Station ES	Jun 10	7-8:30pm	W

11-14 yrs

RP 101.811	Hollified Station ES	Jun 11	7-8:30pm	Th
RP6101.812*	Hollified Station ES	Jun 11	7-8:30pm	Th

15-17 yrs

RP 6101.821	Hollified Station ES	Jun 10	7-8:30pm	W
RP 6101.822*	Hollified Station ES	Jun 10	7-8:30pm	W

* Head Coaches' children

Track

Track & Field Club

8-14 yrs / 5 wks, start dates below / \$89

Come and join the club! A variety of teaching and coaching techniques will enhance your track and field skills. The focus of the program will be directed toward a teaching progression that will encourage participation and promote a positive experience. Expanded field events will be offered this spring. For more information, call Matthew Knoerlein at 410-313-4705.

RP6953.701	Centennial HS	Apr 12	6:30-8pm	M & W
RP6953.702	Long Reach HS	Apr 13	6:30-8pm	Tu & Th

Volleyball

If you are interested in coaching call Julija Sajauskas at 410-313-2765. Children of volunteer head coaches receive a discount.

NEW! High School Volleyball League

14-19 yrs / 6 wks, start dates & prices below

Join us at the Meadowbrook Athletic Complex for a league created to provide high school students an opportunity to play this popular Olympic sport. Players will participate in one match a week and a post-season playoff tournament. Register as a team, each team roster consists of up to 10 players or register individually and HCRP staff will form teams. Fee includes a team shirt. For more information, call Julija Sajauskas at 410-313-2765.

Meadowbrook Ath Comp

RP5893.701	Individual	6-9pm	Apr 14	W	\$79
RP5893.702	Team	6-9pm	Apr 14	W	\$500
RP5893.801	Individual	6-9pm	Jun 30	W	\$79
RP5893.802	Team	6-9pm	Jun 30	W	\$500

Girls Recreational Volleyball League

11-14 yrs / 8 wks starting Apr 18 / \$129, *\$60 Head Coaches' children

Experience the excitement and gain the skills necessary to enjoy this popular Olympic sport. Players will be placed on teams formed by the League Coordinator and will practice once per week on a weeknight and play 1 hour matches on Sundays. This program is designed for intermediate/advanced players to enhance existing skills and develop new ones. Fee includes a team shirt. For more information, call Julija Sajauskas at 410-313-2765.

Centennial HS

RP5891.701 9am-1pm Su
RP5891.702* 9am-1pm Su

* Head Coaches' children

***NEW!* Summer Meadowbrook Volleyball League**

11-14 yrs / 8 wks starting Jul 1 / \$99, *\$50 Head Coaches' children

Don't want to stop playing! Join us for an exciting summer league! This league was designed for players who just want to play; instruction is limited and basic volleyball skills are required. Players will be placed on teams formed by the League Coordinator and will play 1 hour matches. Fee includes a team shirt.

For more information, call Julija Sajauskas at 410-313-2765.

Meadowbrook Athletic Complex

RP5891.801 6-9pm Th
RP5891.802* 6-9pm Th

Spring Break Camps**Spring Break Dance****Fairy Magic Dance Camp**

See page 31.

Spring Break Drama**Drama Learning Center "Fairy Tale Week"**

Grades K-5 / Dates below / \$75 per day, *\$299 full wk

Join Drama Learning Center for Spring Break as we celebrate fairy tales. Each day will feature a different fairy tale, acting, singing, dancing, arts & crafts!

Parents are invited to attend a short final performance at the end of each camp day. Register for all five days to get a savings of \$76! For more information, call Adam Wienckowski at 410-313-4714.

Drama Learning Ctr

RP3312.701 Apr 5 9am-4pm M
RP3312.702 Apr 6 9am-4pm Tu
RP3312.703 Apr 7 9am-4pm W
RP3312.704 Apr 8 9am-4pm Th
RP3312.705 Apr 9 9am-4pm F
RP3312.711* Apr 5-9 9am-4pm M-F

* Full week

Spring Break Magic & More**Circus Stars with Michael Rosman**

7-17 yrs / 1 wk starting Apr 5 / \$255

Kids have a blast at this week-long circus camp! Juggling, plate spinning, tight wire, stilts, acrobatics, rolo bolo, unicycling, and physical comedy (clowning) are just some of the areas of fun. Hand-eye coordination, balance, and self-confidence all improve while developing a positive attitude. There will be a performance for family & friends on the last day of camp. Each camper receives a t-shirt and juggling kit. Camp directed by Michael Rosman, a graduate of the Ringling Bros and Barnum & Bailey Circus College, and veteran of many circus performances, with 20 years experience teaching circus arts. Bring lunch (no nut products) and beverage each day. For more information, call Adam Wienckowski at 410-313-4714.

RP1719.701 Schooley Mill Park MP Bldg 9:30am-2:30pm M-F

Spring Break Music**Music Medleys at Olenka School of Music**

5-8 yrs / 5 days starting Apr 5 / \$139 + \$15 materials fee

Morning session. Children will learn basic keyboarding skills and will have a chance to travel around the world through international music & dance. Before care available 7:30-9am thru OSM for \$45/wk. Lunch Break 12-1pm, free for All-Day campers.

Afternoon session. Children will create their own musical production and learn all about the music instrument families through crafts, games, instrument play, song, and dance. After care available 4-5:30pm thru OSM for \$50/wk.

For more information, call Adam Wienckowski at 410-313-4714.

Olenka School of Music - Columbia

RP3334.711 9am-noon M-F
RP3334.712 1-4pm M-F

Music Medleys at Olenka School of Music

9-11 yrs / 5 days starting Apr 5 / \$199 + \$15 materials fee

Morning session. Learn guitar basics to play and perform familiar music as part of a group and then work with a vocal professional to develop your voice and to perform your favorite songs. Before care available 7:30-9am thru OSM for \$45/wk. Lunch Break 12-1pm, free for All-Day campers.

Afternoon session. Start with blank canvases and use the color and texture of hundreds of keyboard sounds to create musical stories. Learn useful improvisation, composition, and collaborative techniques to build your masterpieces with skill. No experience is necessary! After care available 4-5:30pm thru OSM for \$50/wk. For more information, call Adam Wienckowski at 410-313-4714.

Olenka School of Music - Columbia

RP3334.721 9am-12pm M-F
RP3334.722 1-4pm M-F

Spring One-Day Sports Camps

NEW! School's Out Sports Camp

8-13 yrs / Dates below / \$55

School is out and we're open for play! You will develop your skills in five of the following sports: basketball, soccer, tennis, court hockey, flag football, touch rugby, lacrosse or volleyball. An emphasis will be placed on game play, teamwork and sportsmanship. The Meadowbrook Athletic Complex is a fantastic new facility offering the finest playing conditions around. For more information, call Matthew Knoerlein at 410-313-4705.

RP7007.701	Meadowbrook Ath Comp	Apr 22	8:30am-6pm	Th
RP7007.702	Meadowbrook Ath Comp	May 14	8:30am-6pm	F

NEW! School's Out Junior Sports Camp

5-7 yrs / Dates below / \$29

School is out and we're open for play! Young athletes will develop their skills in three of the following sports: basketball, kickball, tee ball, soccer, tennis, flag football or court hockey at this co-rec camp. Sports and games are adapted to the size and abilities of young children to make learning fun and foster development of motor skills. For more information, call Matthew Knoerlein at 410-313-4705.

RP7008.701	Meadowbrook Ath Comp	Apr 22	8:30am-12:30pm	Th
RP7008.702	Meadowbrook Ath Comp	May 14	8:30am-12:30pm	F

Spring Break Sports

Junior Golf

8-14 yrs / 3 days starting Apr 5 / \$95

Learn the fundamentals of how to play the game including the swing, basic rules and etiquette. Play on the course the last day. No equipment or experience necessary. Fee includes tee-shirt. For more information, call Tessa Hurd at 410-313-4637.

RP7324.701	Timbers of Troy Golf Course	8:30-11am	M-W
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Jr. Development Tennis with Shantha Chandra

7-13 yrs / 4 days starting Apr 5 / \$77

Have fun while developing beginner and intermediate tennis skills. Quick Start tennis format is used to play games and enjoy the fun competition with players of same skill level. Make-up rain day on Friday. For more information, call Tessa Hurd at 410-313-4637.

RP7012.701	Centennial Pk West	9-11am	M-Th
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Jr. USA Team Tennis with Shantha Chandra

10-15 yrs / 4 days starting Apr 5 / \$77

Advanced beginners and intermediate players can have fun refreshing basic ground strokes, serving and scoring and then enjoy match play tennis. Make-up rain day on Friday. For more information, call Tessa Hurd at 410-313-4637.

RP7015.701	Centennial Pk West	11:15am-1:15pm	M-Th
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Volleyball Academy

10-14 yrs / 4 days starting Apr 6 / \$85

Practice makes perfect! This brief four day camp is designed for beginner/intermediate players who enjoy the exciting sport and want to learn more. Players will improve existing skills and develop new ones. The lessons will emphasize sportsmanship, skill technique, and hard work in a team atmosphere. Learn skills such as passing, hitting, setting, and serving. Instruction provided by Ofer Levy and staff, volleyball officials and coaches in the area. For more information, call Derek Ludlow at 410-313-4716.

RP7892.101	Glenwood Com Ctr	9am-noon	Tu-F
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U. K. Elite Soccer

5-14 yrs / 3 days starting Apr 6 / \$75

It's a World Cup Year! Kick-off the celebration early with U.K. Elite Soccer's professional British trainers in this three-day Spring Break camp. Trainers will use their "Global Curriculum" to take your child around the soccer world in three days. Learn skills from Brazil, France, Holland, Spain, Italy, Britain and the U.S.A. using teaching methods upon which U.K. Elite built its reputation. The daily schedule includes highly stimulating maximum activity practices and games, ending in a mini-World Cup tournament. Curriculum is focused on improving every player regardless of age and ability and highlights the enjoyment of the game. For more information, call Derek Ludlow at 410-313-4716.

RP7705.101	Cedar Lane Pk	9am-noon	Tu-Th
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Ultimate Sports & Games Camp

8-13 yrs / 1 wk starting Apr 5 / \$149

Do you want to have the ULTIMATE spring break camp experience? Using the games approach, you will develop your skills in basketball, flag football, kickball, lacrosse, touch rugby, wiffle ball, soccer, floor hockey, tennis, disc games and much more in this co-rec camp. Campers rotate in age and skill-appropriate groups. The focus is on having fun, staying fit, building character and boosting self-esteem. Instructors are American Sport Education Program certified coaches. Camp runs rain or shine. Fee includes a tee shirt. An extended camp option is available (See RP7005.701 below). For more information, call Matthew Knoerlein at 410-313-4705.

RP7001.701	Meadowbrook Ath Comp	9am-3pm	M-F
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Ultimate Sports & Games Extended Camp

8-13 yrs / 1 wk starting Apr 5 / \$89

Extend your day at spring break camp. After-camp care includes a variety of sports, games and other group activities. Campers must also be enrolled in Ultimate Sports and Games Spring Break Camp, RP7001.701. Camp runs rain or shine. For more information, contact Matthew Knoerlein at 410-313-4705.

RP7005.701	Meadowbrook Ath Comp	3-6pm	M-F
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Flag Football League Camp

7-13 yrs / 4 days starting Apr 5 / \$109

Do you love playing football? Boys and girls will enjoy their day learning and playing league-style, non-contact flag football. Whether you've played before or are a newcomer to the sport, it's all about fun. Camp runs on field turf, one of the finest playing surfaces around. Friday is reserved as a rain make-up. Bring a mouth guard. For more information, contact Matthew Knoerlein at 410-313-4705.

RP7051.701	Cedar Lane Pk West Field 5	9am-1pm	M-Th
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Spring Break Technology



NEW! Early Literacy Adventures by Children's Technology Workshop

4-6 yrs / 1 wk starting Apr 5 / \$265

The program is made up of three components: story-telling/retelling, letter recognition and phonics and hands-on, science-based activities related to the stories. Activities occur on and off the computer. The Storybuilder multi-media program teaches children plot and character development through sequencing and editing classic tales. Using a microphone to narrate stories in their own voice and a music database to capture the mood of each frame of their stories, children build skills in context comprehension and can publish their own versions of these classic tales to share electronically with parents and friends. Skillbuilder phonics software features lessons in letter recognition, consonants and vowels with testing, data-tracking and a motivational Star System that kids love. Craft activities, which incorporate science and engineering topics, build on the children's stories and help develop fine motor skills and fundamental science concepts. For more information, call Melissa Calleri at 410-313-4721.

RP3228.701 Glenwood Com Ctr 9am-12pm M-F

NEW! Gamemaker by Children's Technology Workshop

7-11 yrs / 1 wk starting Apr 5 / \$250

Gamemaker programs teach students the fundamentals of programming and video game design. Students will create and develop a storyboard and bring characters to life in their own video game (we have a no violence policy). Completed games are made available for home use. For more information call Melissa Calleri at 410-313-4721.

RP3227.701 Glenwood Com Ctr 1-4pm M-F



Training for Spring Sports Begins

Special Olympics Howard County offers a year-round program of sports training and competition for individuals with intellectual disabilities. Participants must be at least eight years old to begin training and competition. There is no charge for programs. A signed medical evaluation must be on file prior to participation and all interested athletes must register prior to the start of the season.

Upcoming Spring Sports Training:

Aquatics begins February 28

Figure Skating begins March 13

Equestrian begins March 27

Athletics (Track and Field) begins March 27

Softball begins March 28

Bocce begins April 3

Howard County Competitions

Mar 28 - Aquatics Competition

Howard Community College

Apr 24 - Track & Bocce Competition

Wilde Lake HS

May 16 - Softball Invitational

Kiwanis-Wallis Park

State Competition

**Jun 11-13 – Summer Games, Towson University
(Aquatics, Athletics, Bocce, Equestrian, Softball)**

9th Annual Inspiration Walk April 17 at Centennial Park

To request a medical evaluation form, to register for an upcoming sport, or to request more information, contact us via email at info@somdhc.org,

by phone at 410-740-0500 or fax at 410-740-2388.

Web Site: www.somdhc.org, write us at:

Special Olympics Howard County

8970 Route 108, Suite A1, Columbia, MD 21045

3rd Annual

Sunday, June 6th, 2010

Centennial Park

10am - 3pm



www.healthyhowardday.org

**A fun FREE event
for the whole Family!**



**Booth Information &
Volunteer Opportunities**

Contact:

info@wepromotehealth.org

**Free Health
Screenings**

**Worksite
Wellness Area**

**Performance
Stage**

**Active
Kids Zone**

**Healthy Food
Tastings**

**Take the

Shuttle**

**FOLLOW SIGNS
TO SHUTTLE**
(Special Event give-aways
for Shuttle users ONLY)



Presented By



Teens & Tweens

- The following programs have been designed specifically to be of interest to high school and middle school students. There are other programs available for this group in both the **Youth and Adult** sections, so if you don't see what you're looking for here, please check out those sections as well.
- Special accommodations are available but not guaranteed. Requests must be made at least two weeks in advance
- Summer courses are listed in green.

Aquatics

NEW! Water Safety Instructor Certification

16 yrs / Dates TBA / \$300

Do you have a love of water and would like to share it with others? Become a certified Water Safety Instructor and help make the water a safe place for everyone! Upon completion, participants will receive American Red Cross certificates in the Fundamentals of Instructor Training and Water Safety Instructor. For more information, call Megan Freer, 410-313-4720.

Cedar Lane School

Lifeguard Training

15 yrs + / 1 wk, start dates below / \$205

Prepare to save lives and make a difference in your community! If you are at least 15 years of age and want to learn the skills necessary to prevent and respond to aquatic emergencies this is the course for you. Participants must pass a pre-course screening by swimming 300 yards continuously as follows: 100 yards front crawl with rhythmic breathing and stabilizing kicks, 100 yards of breaststroke with a pull, breath, kick and glide sequence and 100 yards of front crawl, breaststroke or a combination of both. Participants must be able to start in the water, swim 20 yards of front crawl or breaststroke, surface dive 7-10 feet, retrieve a 10-pound brick, return to surface, swim 20 yards back to the starting point with the object and exit the water without the use of the ladder or steps within 1 minute and 40 seconds. LifeGuard participant manuals will be provided upon successful completion of the pre-course. Participants must attend every class, successfully complete required skills and pass written exams to receive the Red Cross certification for 3 years in Lifeguarding and First Aid and 1-year certification in CPR/AED. This 31.5 hour course takes place over several days and includes classroom and in-water activities. Participants must be prepared to swim at all classes. For more information, call Megan Freer, 410-313-4720.

Roger Carter Rec Ctr - Pool

RP4002.801	May 3	5:30-9:30pm M-F	9am-5pm Sa & Su
RP4002.802	May 10	5:30-9:30pm M-F	9am-5pm Sa & Su
RP4002.803	May 17	5:30-9:30pm M-F	9am-5pm Sa & Su

Lifeguard Challenge

15 yrs + / 1 day, dates below / \$104

Re-certify in just one day! This course is for those who are currently certified in Lifeguarding, CPR/AED for the Professional Rescuer and First Aid. This is a competency test of skills with no allowances for review or practice with an instructor. Participants must provide copies of current certifications upon registration. Upon successful completion of the challenge, participants will gain 3-year certification for Lifeguarding and First Aid and 1-year certification for CPR/AED for the Professional Rescuer. For more information, call Megan Freer, 410-313-4720.

Roger Carter Rec Ctr - Pool

RP4003.801	May 25	5:30-9:30pm	Tu
RP4003.802	May 26	5:30-9:30pm	W

GuardStart

13-15 yrs / 2 wks, start dates below / \$82

Learn what it takes to be a lifeguard! In this Red Cross program, participants will learn about preventing accidents, responding to emergencies, leadership and professionalism while gaining experience in a pool setting. The June 28 session will focus on morning group swim lessons, participants will assist with the set-up and breakdown as well as assist in the actual lessons. The July 19 session will focus on pool operation during public/recreational hours, participants will learn about rotating shifts and daily duties of a lifeguard. The August 2 session will focus on evening group swim lessons; participants will assist with the set-up and breakdown as well as assist in actual lessons. Bring a swim suit and towel and be prepared to swim every day. **All registrants must attend mandatory training on Sunday June 13, 9am – noon in order to participate.** Register by June 5. For more information, contact Ann Combs at 410-313-4624 or acombs@howardcountymd.gov.

Roger Carter Rec Ctr - Pool

RP4001.801	Jun 28	8am-12pm	M-F
RP4001.802	Jul 19	12-4pm	M-F
RP4001.803	Aug 2	5-9pm	M-F

Learn to Swim: Level 1 (Formerly Manatee)

11-15 yrs / 2 wks, start dates below / \$72

In this introduction to swimming, participants will learn basic water safety and skills. Basic aquatic skills including safe entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back will be taught to start developing comfort in the water. For more information, call Megan Freer at 410-313-4720.

Roger Carter Rec Ctr - Pool

RP4015.801	Jun 28	9:20-9:50am	M-Th
RP4015.802	Jun 28	7:20-7:50pm	M-Th
RP4015.803	Jul 19	9:20-9:50am	M-Th
RP4015.804	Jul 19	7:20-7:50pm	M-Th
RP4015.805	Aug 2	9:20-9:50am	M-Th
RP4015.806	Aug 2	7:20-7:50pm	M-Th

Learn to Swim: Level 2

11-15 / 2 wks, start dates below / \$72

After completing Level 1, participants will learn the fundamental skills of entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back. Participants will learn how to float without support and recover to a standing position. Deep-water safety will be introduced. For more information, call Megan Freer at 410-313-4720.

Roger Carter Rec Ctr - Pool

RP4016.801	Jun 28	8:40-9:10am	M-Th
RP4016.802	Jun 28	7:20-7:50pm	M-Th
RP4016.803	Jul 19	8:40-9:10am	M-Th
RP4016.804	Jul 19	7:20-7:50pm	M-Th
RP4016.805	Aug 2	8:40-9:10am	M-Th
RP4016.806	Aug 2	7:20-7:50pm	M-Th

Learn to Swim: Level 3 (Formerly Man O'War)

11-15 yrs / 2 wks, start dates below / \$72

After passing Level 2, participants will build on the skills previously learned as well as be introduced to scissor and dolphin kicks, survival float, front crawl and elementary backstroke. The rules for headfirst entries will be presented and participants will learn head first entries from a seated position. For more information, call Megan Freer at 410-313-4720.

Roger Carter Rec Ctr - Pool

4017.801	Jun 28	8-8:30am	M-Th
4017.802	Jun 28	8-8:30pm	M-Th
4017.803	Jul 19	8-8:30am	M-Th
4017.804	Jul 19	8-8:30pm	M-Th
4017.805	Aug 2	8-8:30am	M-Th
4017.806	Aug 2	8-8:30pm	M-Th

Elite Swimming (Formerly Piranha and Pre-Swim Team Skills)

6-18 yrs / 2 wks, start dates below / \$72

In this stroke improvement course, participants will work on the front crawl and elementary backstroke for longer distance and be introduced to sidestroke, back crawl, breaststroke and butterfly. The basics of turning at the wall and diving will be presented. This is the perfect course for those interested in swim team! Prerequisite: Level 3. For more information, call Megan Freer at 410-313-4720.

Roger Carter Rec Ctr - Pool

RP4018.801	Jun 28	8-8:30am	M-Th
RP4018.802	Jun 28	8-8:30pm	M-Th
RP4018.803	Jul 19	8-8:30am	M-Th
RP4018.804	Jul 19	8-8:30pm	M-Th
RP4018.805	Aug 2	8-8:30am	M-Th
RP4018.806	Aug 2	8-8:30pm	M-Th

Private Swim Lessons

6 mos + / Ongoing after Jun 5; Call for preferred day & time /

Prices below

Each 30-minute class will be customized to fit individual needs and swimming ability. Private lessons for families includes up to four people. Lessons can be scheduled on an individual basis depending on instructor availability. Registration begins May 3; lessons will be scheduled to start no earlier than June 5. For more information, call Megan Freer at 410-313-4720.

Roger Carter Rec Ctr - Pool

4020.801	Individual	\$31 per class
4020.802	Pair	\$41 per class
4020.803	Family	\$52 per class

Waverunners

13-21 yrs / 6 wks starting / Apr 13/ \$43

Sharpen swimming skills and improve fitness in this aquatics program for teens with disabilities. Some participants may require someone to accompany them in the pool at the discretion of staff. Siblings may register one week after open registration.

GOAL: Increase range of motion, self confidence, and improve ability to understand directions. For more information, call Susan Potts at 410-313-4628.

RP4213.701	Cedar Lane School	7-7:45pm	Tu
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NOW HIRING! AQUATICS POSITIONS

Howard County Recreation & Parks is currently hiring summer staff for the Roger Carter Recreation Center Swimming Pool, located in Ellicott City.

Positions available:

- Lifeguards
- Water Safety Instructors
- Swim Team Coaches
- Management Staff

Candidates must be at least 16 years of age, reliable, mature, courteous, professional and possess the appropriate certifications. Must have good communication skills and be able to work flexible hours including evenings, weekends and holidays. For information on age requirements and rate of pay call 410-313-4720.



Howard County
RECREATION & PARKS

Art

Drawing for Teens with Cher Compton

11-17 yrs / 4 wks starting Apr 30 / \$55 + \$10 material fee

Learn the basics or stretch what you already know about drawing. The class will work in charcoal from life, subjects will be provided. Materials fee payable to instructor at first class. For more information, call Holly Harden at 410-313-4625.

RP4701.701	River Hill HS	6-8pm	F
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NEW!

Watercolor Painting with Carol Zika

11-17 yrs / 4 wks starting May 1 / \$64 + \$15 materials fee

Come and go with the flow with this fluid medium. Learn to mix colors and how to make watercolors work. Using large and small brushes, explore various techniques such as brush control, wash, wet-into-wet and dry brush. Materials fee payable to instructor at first class. For more information, call Holly Harden at 410-313-4625.

RP4702.701	Ellicott Mills MS	2-4pm	Sa
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Exploring Art

13-21 yrs / 6 wks starting Apr 17 / \$69

Express yourself! Teens with developmental disabilities will expand their creativity using a variety of art materials. You will make several projects to take home and some projects will be displayed in the No Boundaries Art Exhibit. **Goal:** Improve fine motor coordination, cultural art leisure skills, and improve ability to understand directions. Additional fee for supplies will be discussed at class. For more information, call Susan Potts at 410-313-4628.

RP4207.701	Cedar Lane Rec Ctr	9:30-11am	Sa
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Cooking

Teen Cuisine with Alba Johnson

11-17 yrs / 2 wks starting Apr 24 / \$69

Chef and author Alba Johnson will take your cooking to the next level. This series of classes is designed to teach basic knife skills, cooking techniques, organization and food safety. We will also prepare delicious international dishes with take-home recipes. The instructor will coach students to become more at ease in the kitchen and cook intuitively. For more information, call Holly Harden at 410-313-4625.

RP4711.701 Folly Quarter MS 9:30am-12:30pm Sa

Teen Chefs with Kisha

Grades 6-9 / 3 wks starting Apr 13 / \$89

Perfect for teens who have taken cooking classes before or are cooking at home. Students should have a good understanding of proper cutting skills and food handling prior to class. Teens will prepare meals in groups from start to finish. Bring an apron and dish towel. For more information, call Holly Harden at 410-313-4625.

RP4712.701 Ellicott Mills MS 6:30-8pm Tu

Dance

Hip Hop: Back Beats with Chris Thomas

11-15 yrs / 6 wks starting Apr 21 / \$75

New and returning students will focus on choreography and perfecting skills. Wear comfortable clothes and jazz shoes or sneakers required. For more information, call Holly Harden at 410-313-4625.

RP4721.701 Ellicott Mills MS 6:30-7:30pm W

NEW! Teen Brazilian Dance

11-17 yrs / 8 wks starting Apr 13 / \$85

This class is a contemporary dance from Brazil incorporating dance vocabulary to Pop song lyrics and a unique dance vocabulary popularized by the youth generation of Brazil. This is a class incorporating cardio-dance fitness, stretch and tone to global world music rhythms in an Axè dance format.

RP4722.701 Misako Ballet Studio 6:30-7:30pm Tu

NEW! Teen Jazz Dance

11-15 yrs / 8 wks starting Apr 15 / \$85

Dancers will work on flexibility, strength, and performance quality while developing and improving jazz dance technique. Class will cover a range of jazz dances styles, including Broadway, lyrical, hip hop, and contemporary. Wear form-fitting clothes that are easy to move in, such as a leotard or tank top with black jazz pants or black tights. Black jazz shoes or black pedisins required. For more information, call Holly Harden at 410-313-4625.

RP4723.701 Misako Ballet Studio 7-8pm Th

Drama & Filmmaking

Lights, Camera... Action!

11-17 yrs / 6 wks starting Apr 22 / \$175

Students tap into their creativity as they are charged with the task to develop an idea and create a :30 commercial. Participants explore aspects of video production such as industry terms and definitions, camera angles and story boarding. Career options are also discussed. For more information, call Holly Harden at 410-313-4625.

RP4731.701 Folly Quarter MS 6:30-7:30pm Th

NEW! Middle/High School Spring Break Camp: TV Stars

Grades 6-10 / 1 wk starting Apr 5 / \$300

Lights, camera, action! Campers will have a blast exploring all different aspects of TV production. Camp will culminate in a final screening of a work of the class' creation. Possible choices include: commercials, newscasts, public service announcements, and more! The finished product will be submitted to local television stations for potential broadcast. Supervised walking field trips will be taken to shoot segments "on location"! Before and After-Care available directly through Drama Learning Center. For more information, call Holly Harden at 410-313-4625.

RP4732.701 Drama Learning Center 9am-4pm M-F

Middle School / High School Musical Theatre: Peter Pan

Grades 6-12 / 8 wks starting Mar 20 / \$299

Learn acting, singing, and dancing as they work together as part of a theatrical team to put on a performance of Peter Pan! In addition to rehearsing for the show, students will also develop skills in improvisation, pantomime, character, emotion, and more! Dress rehearsals May 23-26th, 5-8:30pm. Performances May 27th & 28th at 7pm. No class April 3rd & 10th. For more information, call Holly Harden at 410-313-4625. For more information, call Holly Harden at 410-313-4625.

RP4733.701 Drama Learning Center 10:30am-1pm Sa

NEW! Teen Actors' Workshop

11-14 yrs / 6 wks starting Apr 17 / \$120

Columbia Center for Theatrical Arts and Artistic Director Toby Orenstein present this workshop on character analysis and development techniques designed to help students connect with and build a multitude of characters. This will make them more versatile actors and help them conquer any roles they may encounter. For more information, call Holly Harden at 410-313-4625.

RP4734.701 Glenwood Com Ctr 10am-noon Sa

Job Skills & More

Babysitting Fundamentals with Carolyn Fleming

11-14 yrs / 3 wks, start dates below / \$49

This babysitter training course emphasizes child development, safety, security, first aid, understanding, patience and other necessary skills. Registrants must be at least 11 years of age by the first class. Receive a certificate upon course completion. For more information, call Holly Harden at 410-313-4625.

RP4741.701 Cradlerock MS Apr 21 5:30-7:30pm W
RP4741.711 Dunloggin MS Apr 20 5:30-7:30pm Tu

Get a Job!

Grades 9-12 / 2 classes, Apr 15 & Apr 29 / \$35

Learn tips and strategies to help you land that first job. Resume review, filling out applications, interview prep and where to find jobs for teens will be covered. Summer will be here before you know it – don't be left out! For more information, call Jennene Lausier at 410-313-1693.

RP4742.601 River Hill High 6:30-8pm Th

Modeling Workshop with Sean Gibson

11-17 yrs / 8 wks starting Apr 24 / \$119

Join a former National Modeling Agency Director, National Modeling School Instructor & current scout for this workshop to improve grooming habits, runway techniques, personality development, confidence building, mastering interviewing skills, auditioning, goal setting, public speaking techniques & much more! For more information, call Holly Harden at 410-313-4625.

RP4743.701 Wilde Lake MS 11:30am-1pm Sa

Camp Counselor Boot Camp

Grades 7-11 / Apr 22 / \$49

School is out so it's a great time to get ready for summer! Looking to be camp counselor or counselor in training? Learn lots of quick, can't miss games and activities to engage kids. Learn guidelines to help you keep yourself and your campers safe. Bring lunch and drink. In the afternoon we will get hands-on with elementary school students where you will put what you've learned in action. Participants successfully completing each activity will receive a certificate. For more information, call Jennene Lausier at 410-313-1693.

RP1738.601 Veterans ES 9am-4pm F

Games

Checkmate - A Game of Strategy!

11-17 yrs / 6 wks starting Apr 20 / \$55

Checkmate is a compelling session teaching teens how to play the most thought provoking game in history. Chess is not a game you play but a challenge you conquer. Strategy, focus...analysis! These are the traits students must possess if they wish to tell their opponent "checkmate!" For more information, call Holly Harden at 410-313-4625.

RP4715.701 Clarksville MS 6:30-7:30pm Tu

Music

Intro to Piano

11-17 yrs / 8 wks starting Apr 24 / \$99

Learn to play the piano in this introductory class. Play a variety of musical styles to gain confidence and develop musical skills. Participants will learn and practice on their own keyboards. Students should have access to a keyboard to practice outside class. All other materials included. For more information, call Holly Harden at 410-313-4625.

RP4751.701 River Hill HS noon-1pm Sa

Social

Teen Venture

13-21 yrs / 6 wks starting Apr 16 / \$105

Teens with mild to moderate developmental disabilities will spend time with their peers at various community outings. Teens must have moderate to high functioning level of independence and require minimal assistance with personal skills to be functionally independent. Staff to participant ratio is 1:4. Fee is inclusive of all activities other than dining. **Goal:** Increase awareness of others in social situations, and of leisure activities and skills. For more information, call Susan Potts at 410-313-4628.

RP4206.701 Locations Vary 7-9:30pm F

Spring Fling Dance

13 yrs + / May 1 / \$15

Teens and Adults with developmental disabilities can enjoy dancing, socializing, and music by DJ Chris Andrews. Snacks and refreshments will be provided. For more information, call Susan Potts at 410-313-4628.

RP4301.701 Kiwanis-Wallas Rec Ctr 7-10pm Sa

Sports & Fitness

Weight Training with Leo Conlon

13-15 yrs / 4 wks, start dates below / \$54

Are you aged 13-15 and want to work out using state-of-the-art exercise equipment? Completion of this program will allow purchase of a fitness room pass to use the room with adult supervision. The course teaches fitness room etiquette, proper stretching, cardiovascular equipment and proper techniques of circuit training combining weight machines and free weights. Call 410-313-4840 for information and to register for upcoming classes.

A Medical Clearance form is required.

Glenwood Com Ctr

RP4153.701	Apr 1	7-8pm	Th
RP4153.702	May 6	7-8pm	Th
RP4153.801	Jun 3	7-8pm	Th
RP4153.802	Jul 1	7-8pm	Th
RP4153.803	Aug 5	7-8pm	Th

"Spare Me" Teen Bowling

13-18 yrs / 6 wks starting Apr 17 / \$71

Teens with developmental disabilities will enjoy socializing with your peers. You will bowl one-two games per week in this program. Fee includes shoe rental, and bowling fee. Register early, space is limited! **Goal:** Increase self awareness through environmental orientation, increase ability to listen and interact with others. For more information, call Susan Potts at 410-313-

RP4208.701 Columbia Brunswick Ctr noon-1:30pm Sa

Adults



- Accommodations may be provided at no additional cost, however they are not guaranteed. All accommodations and interpretive service request must be made at the time of registration and require a minimum of two weeks advance notification.

- Summer courses are listed in green.

Aquatics

Adult Swim Lessons

16 yrs + / 2 wks, start dates below / \$72

This course is intended for adults who never learned how to swim or want to build on the basic fundamentals of swimming. Entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back will be taught at Learn to Swim levels 1 and 2. For more information, call Megan Freer at 410-313-4720.

Roger Carter Rec Ctr – Pool

RP4019.801	Jun 28	8-8:30am	M-Th
RP4019.802	Jun 28	8-8:30pm	M-Th
RP4019.803	Jul 19	8-8:30am	M-Th
RP4019.804	Jul 19	8-8:30pm	M-Th
RP4019.805	Aug 2	8-8:30am	M-Th
RP4019.806	Aug 2	8-8:30pm	M-Th

Private Swim Lessons

6 mos + / Ongoing after Jun 5; call for preferred day & time / Prices below

Each 30-minute class will be customized to fit individual needs and swimming ability. Private lessons for families includes up to four people. Lessons can be scheduled on an individual basis depending on instructor availability. Registration begins May 3; lessons will be scheduled to start no earlier than June 5. For more information, call Megan Freer at 410-313-4720.

Roger Carter Rec Ctr - Pool

RP4020.801	Individual	\$31 per class
RP4020.802	Pair	\$41 per class
RP4020.803	Family	\$52 per class

Arts & Music

Mandala Art in Creative Journaling with Tracy Feld

18 yrs+ / 6 wks starting April 29 / \$83 + \$20 materials fee

Adults often lead too busy a life to enjoy opportunities to be artistic and creative. The mandala, a circular design radiating out from the center, is one of the oldest forms found in art across all cultures. It reflects the most basic structures in nature (atoms, tree rings, nautilus seashells, solar systems, cells, etc...). The mandala can be drawn by anyone and holds a terrific amount of creative energy. Participants will make special journal books from scratch using beautiful papers and top-notch materials. The class will be led in creating original mandalas to feature in the journals, along with other artistic exercises and hands-on creative explorations. Materials fee due at first class. For more information, call Danielle Bassett at 410-313-4634.

RP0202.701 Glenwood Com Ctr 7-9pm Th

Focus on Art

21 yrs + / 6 wks starting Apr 17 / \$69 + materials fee

Express yourself! Adults with developmental disabilities will expand creativity using a variety of art materials. You will make several projects to take home, and some projects will be displayed in the No Boundaries Art Exhibit.

Goal: Improve fine motor coordination and cultural art leisure skills and improve ability to understand directions. Additional fee for supplies will be discussed at class. For more information, call Susan Potts at 410-313-4628

RP4302.701 Cedar Lane Rec Ctr 9:30-11am Sa

Visual Artists' Alliance of Maryland

NEW! Free Preview of Encaustic Workshop

18 yrs + / Mar 27 / No registration needed

Howard County Recreation & Parks and the Visual Artists' Alliance of Maryland ("VAAM" formerly the Howard County Art Guild) will provide a 2 hour preview demonstration of the Encaustic Workshop with Linda McCloskey. This event is free and open to the public. No registration needed. For more information, call Danielle Bassett at 410-313-4634.

Glenwood Com Ctr 6-8pm Sa

NEW! Introduction to Encaustic Workshop

18 yrs + / 2 days, Apr 24-25 / \$145

Encaustic is the art of working in oil paint or mixed media using a special wax based warm medium. It is both a very ancient (Egyptian and Greek) and very modern medium. Award winning Pennsylvania artist Linda Benton McCloskey will be in Howard County for a 2-day workshop open to all levels that will give participants the chance to learn about this medium hands on. Participants will need to bring a small selection of oil paints (colors are up to you), heat gun or embossing tool (available at craft stores for under \$20) and some low-cost brushes. All other supplies are provided by the instructor. For more information, call Danielle Bassett at 410-313-4634.

RP0220.701	Glenwood Com Ctr	Apr 24	9am-5pm	Sa
		Apr 25	9am-3pm	Su

Watercolor Painting with Brenda Kidera



Watercolor Wildlife

18 yrs + / 6 wks starting Mar 22 / \$135 + \$5 materials fee.

Ever want to paint your pet or other animals? With step-by-step instruction and demonstrations, this class will teach you how to paint fur and features. Knowledge of basic watercolor techniques is necessary. Materials fee for reference materials is due at first class. Supply list: <http://www.howardcountymd.gov/RAP/RAPDocs/Kidera.pdf>. For more information, call Danielle Bassett at 410-313-4634.

RP0212.701 Glenwood Com Ctr 6:30-9pm M

Waterlilies in Watercolor

18 yrs + / 6 wks starting Mar 23 / \$135 + \$5 materials fee.

Learn to paint waterlilies, lily pads and their infinite greens, water and reflections. Step-by-step instruction and demonstrations. Knowledge of basic watercolor techniques is necessary. Materials fee for reference materials is due at first class. Supply list: <http://www.howardcountymd.gov/RAP/RAPDocs/Kidera.pdf>. For more information, call Danielle Bassett at 410-313-4634.

RP0211.701 Glenwood Com Ctr 10am-12:30pm Tu

Watercolor Sampler

18 yrs + / 4 wks starting May 10 / \$89 + \$5 materials fee.

Experiment with watercolors as you learn how to plan a painting based on subject matter, color analysis, techniques, value, composition and more. Knowledge of basic watercolor techniques and materials is necessary. Materials fee for reference materials is due at first class. Supply list: <http://www.howardcountymd.gov/RAP/RAPDocs/Kidera.pdf>. For more information, call Danielle Bassett at 410-313-4634.

RP0210.701 Glenwood Com Ctr 6:30-9pm M

Art Classes with Cher Compton



Painting in Acrylics or Oils - Traditional Methods

18 yrs + / 6 wks starting Apr 21 / \$89

Beginners will learn fundamentals of painting including color theory, color mixing, composition and application techniques. Continuing students will work on extended works. The instructor will do a demonstration painting each week, as well as working with students one-on-one. Students may choose to work in either acrylic or oil. Appropriate for all levels from beginner to advanced. Work from provided materials or from your own photographs and still life materials. Materials list provided. For more information, call Danielle Bassett at 410-313-4634.

RP0203.701 River Hill HS 7:30-9:30pm W

Charcoal and Pastels

18 yrs + / 6 wks starting Apr 27 / \$89

Charcoal is an outstanding drawing material. Pastels combine the elements of drawing and painting into one medium. If you love Degas' ballerinas or Mary Cassatt's portraits you already love pastels. We will explore still life, portrait and landscape using each medium individually and combined. Appropriate for all levels from beginner to advanced. There will be weekly demonstrations, and students may work from provided materials or from their own photographs and still life materials. Bring charcoal paper (11"x14" or larger), vine charcoal and a kneaded eraser to the first class. Additional materials will be explained and a list provided at the first class. For more information, call Danielle Bassett at 410-313-4634.

RP0204.701 River Hill HS 7-9pm Tu

Photography with John Guion

Lighting & Portrait Photography Workshop

18 yrs + / Apr 15 / \$30

Learn how to capture the best qualities of your subject! This workshop, featuring an equipment demonstration, explores posing and lighting your subject using natural light and flash and strobe lighting. Bring a camera with flash (digital or film) to class. For more information, call Danielle Bassett at 410-313-4634.

RP0226.701 River Hill HS 7-9:30pm Th



Digital Photography

18 yrs + / 6 wks starting Apr 29 / \$79

If you're considering "going digital" or have already done so and want to learn more, this class is for you. Topics include pros and cons of digital photography, buying a digital camera, generic features of digital imaging software, elements of a good photograph, converting old prints into digital images and sharing pictures on the Internet. For more information, call Danielle Bassett at 410-313-4634.

RP0207.701 River Hill HS 7-9pm Th

Outdoor Portrait Photography Workshop

18 yrs + / May 18 / \$30

Want to take better portraits outdoors? Learn the basics and how to select appropriate locations. Use your camera's flash features to enhance the light available to you. Includes equipment suggestions and demonstrations, posing hints, and prop use. Bring your flash along with fresh batteries as we go outdoors to take pictures. For more information, call Danielle Bassett at 410-313-4634.

RP0208.701 Centennial Pk South 6-8:30pm Tu

Photography with Martha Rhoades-Spivey

NEW! Outdoor Portraits

18 yrs + / 3 Classes / Start Dates Below / \$75

No matter what type of camera you have, discover how to take beautiful outdoor photographs of people in this three-part workshop. Bring your camera as well as its manual to an initial Thursday class for a discussion on photographic principles and fun ways for shooting portraits in the magnificent outdoors. Shoot actual portraits at the second class, which will be held on Saturday with a 3-mile walk along the smooth and level Savage Mill Trail (for those able, an intermediate slope is also available) starting at the Bollman Truss Railroad Bridge. Then, bring your three best photos via laptop, disc or prints to the last class to learn from each other's discoveries and receive tips for future practice. For more information, call Danielle Bassett at 410-313-4634.

RP0218.701	Forest Ridge ES	7-9:30pm	Apr 22 & 29	Th
	Savage Mill Trail	9:30-noon	Apr 24	Sa

Photography with Michael Alloy

Make Your Own Movies

18 yrs + / Apr 15 / \$49

Make your photos, words and sound come alive as we create personal movies by panning and zooming in free Photo Story 3. Bring your laptop with legal Vista or Windows XP and Windows Media Player 10 or above (or borrow a laptop from the instructor for a \$10 lab fee). Create and edit music, record narration and share your movies on CDs and through the Web and e-mail. Bring at least 20 digital or hard-copy photos with you to class. For more information, call Danielle Bassett at 410-313-4634.

RP0221.701 Ellicott Mills MS 7-9pm Th

Photo Editing

18 yrs + / 6 wks starting Apr 29 / \$129

Use photo editing software to fix new images and bring old photos back to life. Bring your laptop with Vista or Windows XP or borrow one from the instructor for a \$10 lab fee. Scan, restore, and retouch by applying layers, cloning, and more. Learn techniques to get rid of scratches, change colors, or apply special effects. Learn to apply file formats, sizing, and get ready to print. More info available online at <http://www.howardcountymd.gov/RAP/RAPDocs/PhotoEditing.pdf>. For more information, call Danielle Bassett at 410-313-4634.

RP0222.701 Ellicott Mills MS 7-9pm Th

Catch and Edit the Stories of Our Lives: Oral Histories

18 yrs + / Jun 12 / \$49

Build an oral history by catching stories with your digital cameras, digital voice recorders and free sound editing software. Combine old memories with new thoughts and use your own photographs to create soundtracks for sound players, movies or slideshows. Bring your cameras, photos and laptop with Vista or Windows XP or use an instructor's computer for a \$10 fee. We'll interview each other and reach out to our friends, families and our own interests to create sound portraits. For more information, call Danielle Bassett at 410-313-4634.

RP0231.801 Glenwood Com Ctr 10am-3pm Sa

NEW! Organize your Photos: The Secret Power of Picasa

18 yrs + / 6 wks starting Jun 24 / \$129

We'll get the most out of Google's free Picasa software to get photos off of your cameras and out of the shoeboxes. Learn how to safely store and back up images, how to find photos and how to add special effects and create montages. Apply the secret power of album software to inspire yourselves to see more pictures around you. Bring your laptop with Vista or Windows XP or use one of the instructor's for a \$10 lab fee. Also included is scanning old photos, creating CDs and even eliminating duplicates. For more information, call Danielle Bassett at 410-313-4634.

RP0230.801 Glenwood Com Ctr 7-9pm Th

Drumming with Steve Parezo

Intro to Drumming with Steve Parezo

12 yrs + / 6 wks starting Apr 27 / \$90

Want to play the drums? Study with a master drummer who will demonstrate proper stick control, basic rudiments (such as rolls, paradiddles and triplets) while showing you how to develop hand-feet coordination. Also learn how to take care and maintain your drums. No experience or musical training is necessary. To get the most out of the class, students should practice 5 or 6 days a week. Bring a pair of drum sticks and a practice pad so you can learn to play to a variety of musical styles. Reference online purchasing equipment notes at www.howardcountymd.gov/RAP/RAPDocs/IntrotoDrumming.pdf. For more information, call Danielle Bassett at 410-313-4634.

RP0217.701 Ellicott Mills MS 7-8:30pm Tu

Drumming with Jonathon Murray



Basic Hand Drumming

12 yrs + / 6 wks starting Apr 14 / \$89

Feel the power of rhythm in a fun group class. Explore techniques and rhythm patterns common to West African hand drums. Learn different rhythm patterns and songs creating polyrhythmic compositions. No experience or musical training is necessary! Materials fee \$5 at first class. For more information, call Danielle Bassett at 410-313-4634.

RP0213.701 Wilde Lake MS 7-8:30pm W

Outdoor Community Drum Circle

18 yrs + / Jun 2 / \$10

Celebrate your community spirit through music in an unforgettable outdoor drum circle. No experience is necessary and instruments are provided. Relieve stress, connect with neighbors and have a lot of fun making music together. This event is for the whole family, children are welcome with paying adult registrant. For inclement weather information, call 410-313-4452. Rain date: June 9. For more information, call Danielle Bassett at 410-313-4634.

RP0201.801 Centennial Pk Stage 7-8pm W

Guitar with Ray Forton



Beginning Guitar

12 yrs + / 5 wks starting Apr 17 / \$65

Bring your six-string guitar, acoustic or electric and get ready to play. Learn to read chord charts and tablature (a form of guitar notation), open position scales and finger exercises that develop the strength and flexibility necessary to get your fingers to do what you want them to do. To get the most out of the class be ready to practice 5 or 6 days a week. For more information, call Danielle Bassett at 410-313-4634.

RP0215.701 Ilchester ES 9:30-10:30am Sa

Beginning Guitar, Next Step

12 yrs + / 5 wks starting Apr 17 / \$65

Continue to develop the skills started in the first series. If you have taken lessons with other instructors, you need to be able to make basic chord changes with G, C, D, A major, A minor, and Em chords and be ready to practice 5 or 6 days a week to get the most out of this class. For more information, call Danielle Bassett at 410-313-4634.

RP0216.701 Ilchester ES 11am-noon Sa

Just Once Guitar with Marcos Montenegro

13 yrs + / May 11 / \$30 + \$29 materials fee

In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Bring your acoustic guitar. Materials fee for workbook and practice DVD is due at first class. For more information, call Danielle Bassett at 410-313-4634.

RP0229.701 River Hill HS 6:30-9pm Tu

Beginning Guitar with Damon Forman

18 yrs + / 6 wks starting Apr 19 / \$82 + \$10 book fee

Learn Guitar the easy way from award winning guitarist/instructor Damon Foreman. You will learn how to play chords, scales and strumming techniques. You will be playing a song by the end of the first lesson. Take advantage of this course that is given at a fraction of the cost of private study. You need to have an acoustic guitar or electric guitar with a small amplifier, pad and pencil for taking note. Materials fee due at first class. For more information, call Danielle Bassett at 410-313-4634.

RP0228.701 Glenwood Com Ctr 7-8pm M

Intro to Piano

18 yrs + / 8 wks starting Apr 24 / \$99

Learn to play the piano in this introductory class. Play a variety of musical styles to gain confidence and develop musical skills. Participants will learn and practice on their own keyboard and should have access to a keyboard to practice outside class. All materials included. For more information, call Danielle Bassett at 410-313-4634

RP0214.701 River Hill HS 2-3pm Sa

Cooking

Cooking with Mark Waitsman

Learn to make delicious, restaurant-quality specialties in your own kitchen. These demo-style classes feature lecture and demonstration along with generous tasting.



Festive Jewish Food

18 yrs + / Apr 29 / \$24 + \$15 materials fee

This European influenced meal is a must for all to experience! Sweet and Sour Brisket, Fruit and Noodle Kugel and a made-from-scratch Challah. Come one and all and enjoy this restaurant-quality feast! Materials fee due at class. For more information, call Danielle Bassett at 410-313-4634.

RP0505.701 Mt Hebron HS 6:30-9pm Th

Moor Moroccan

18 yrs + / May 4 / \$24 + \$15 materials fee

Looking for food with lots of flavors and a real punch? This class was made to order just for you! We will make Harrisa, Tagine El Hummus and Moroccan Beef Kefta Kebabs. Join us and "take a trip to the Casbah!" Materials fee due at class. For more information, call Danielle Bassett at 410-313-4634.

RP0506.701 Mt Hebron HS 6:30-9pm T

Pizza at Home

18 yrs + / May 11 / \$24 + \$15 materials fee

One of the most requested classes! It's so easy. We will learn how to make restaurant-quality Pizza Dough, Sauce, and Toppings. Children welcome (under 18 must be accompanied by adult) You will never use take-out again! Materials fee due at class. For more information, call Danielle Bassett at 410-313-4634.

RP0507.701 Mt Hebron HS 6:30-9pm T

Real French Bread

18 yrs + / May 19 / \$24 + \$15 materials fee

Forget that "thing" in the grocery store that tastes like nothing. We will make French Baguettes and from the same dough, Pita. We will also learn how to work with yeast. It doesn't take all day to make a fine loaf of bread, only a little knowhow! Materials fee due at class. For more information, call Danielle Bassett at 410-313-4634.

RP0508.701 Mt Hebron HS 6:30-9pm W

King of the Road - Diner Food

18 yrs + / Jun 2 / \$24 + \$15 materials fee

If you love "Old Timey" roadside diner food this class is a must. Southern Fried Chicken Nuggets with Honey/Mustard Dipping Sauce, Diner Fries, Really Good Coleslaw, Route 66 Biscuits. Drive up and place your order now! Materials fee due at class. For more information, call Danielle Bassett at 410-313-4634.

RP0509.801 Mt Hebron HS 6:30-9pm W

Shrimply Magic

18 yrs + / Jun 10 / \$24 + \$15 materials fee

Tired of rubbery shrimp? This is the class for you! We will learn how to make perfect Steamed Shrimp, Cocktail Sauce and Fried Shrimp with a Sweet and Spicy Thai Dipping Sauce. Restaurant quality is no trick . . . if you know how! Materials fee due at class. For more information, call Danielle Bassett at 410-313-4634.

RP0511.801 Mt Hebron HS 6:30-9pm Th

International Cuisine with Alba Johnson

- These classes include lecture, demo, and hands-on components as well as generous tasting. Some classes offer optional alcoholic beverages for 21 yrs +.
- Materials fee included in the price.

Discover Authentic Tuscany

21 yrs + / Apr 9 / \$39 + \$8 Tuscan wine pairing fee

Simple, peasant-like cuisine that exalts the use of fresh ingredients. Learn how to prepare authentic dishes such as Pappardelle with White Wine Meat sauce, Sweet Peas and Pancetta, and Salad with Reduced Balsamic Dressing. Wine fee due at class. For more information, call Danielle Bassett at 410-313-4634.

RP0501.701 Glenwood Com Ctr 6:30-8:30pm F

Finger Food and Anti-Pasti

18 yrs + / Apr 27 / \$39

Entertain and prepare recipes for casual buffets and appetizers to make your guests ask for seconds. We will prepare a tempting array of recipes such as Sausage in Red Wine and Tomatoes, Zucchini Mint Tarta, Antipasto Misto. For more information, call Danielle Bassett at 410-313-4634.

RP0502.701 Lime Kiln MS 6:30-8:30pm Tu

Food from Basilicata

21 yrs + / May 7 / \$39 + \$8 wine pairing fee

Basilicata, a small region tucked between Campania, Puglia and Calabria, is known for its simple but tasty cuisine. We will prepare and sample Stuffed Eggplant with Capers and Olives, Fettuccine with Lemon and Arugula, Cauliflower Frittelle. Wine fee due at class. For more information, call Danielle Bassett at 410-313-4634.

RP0503.701 Glenwood Com Ctr 6:30-8:30pm F

Traditional Dishes from Umbria

21 yrs + / May 21 / \$39 + \$8 Wine Pairing fee

Umbria is a beautiful verdant region of central Italy. Join us and step back in time in making traditional century old recipes such as Acquacotta dell'Umbria, Chicken Alla Cacciatore Umbria Style, and Baked Celery Besciamella with Parmesan. Wine fee due at class. For more information, call Danielle Bassett at 410-313-4634.

RP0500.701 Glenwood Com Ctr 7-9pm F

La Dolce Vita (The Sweet Life)

18 yrs + / Jun 3 / \$39

Discover the secrets of regional Italian desserts such as Chocolate Salami (not really a salami), Sicilian Regina Sesame Biscotti and Apricot/Almond Tarta. For more information, call Danielle Bassett at 410-313-4634.

RP0510.801 River Hill HS 6:30-8:30pm Th

Hands-on Cooking with Richard Douville

- *Chef Richard Douville is back with an all new lineup of spring cooking classes! There will be plenty of lecture, demo, hands-on and discussion points – something for everyone! And lots of tasting for your enjoyment! Look for the all new summer grilling classes at Glenwood Community Center!*
- *Bring an apron and kitchen knife.*
- *Materials fee included in the price.*

Big Easy Louisiana Party

18 yrs + / Apr 21 / \$39

Mardi Gras has long come and gone, but who needs a holiday to have a great Louisiana meal? Make & enjoy these four classics: Artichoke & Hearts of Palm Appetizer, Shrimp and Andouille Jambalaya, Corn Maque Choux, Bananas Foster. For more information, call Danielle Bassett at 410-313-4634.

RP0514.701 Bonnie Branch MS 7-9pm W

Elegant Fish and Seafood Dishes

18 yrs + / Apr 26 / \$39

Sometimes, methods make the best eating! Most of these method dishes can use the seafood interchangeably! We will make Fillet Meuniere, Salmon in Parchment, Seared Scallops with Sweet Chili Sauce, Shrimp in Herb Butter. For more information, call Danielle Bassett at 410-313-4634.

RP0515.701 Glenelg HS 7-9pm M

Unusual Appetizers

18 yrs + / May 3 / \$39

Heavy on these make-ahead hors d'oeuvres! Familiar, but different, put some "Wow!" into your next special meal. Serving: Hot Dates, Mini-Spanakopita, Chocolate Dipped Strawberries, Moroccan Meatballs. For more information, call Danielle Bassett at 410-313-4634.

RP0516.701 Bonnie Branch 7-9pm M

Enlightened Maryland Crab Classics

18 yrs + / May 12 / \$39

Gotta get a crab on! This class is one of our most popular offerings! Let's enjoy Creamy Maryland Crab Imperial, New Baltimore Crab Cakes, Maryland Red Crab Soup. For more information, call Danielle Bassett at 410-313-4634.

RP0517.701 Glenelg HS 7-9pm W

Elegant Beef, Pork, and Lamb

18 yrs + / May 24 / \$39

Easy enough to make any time and suitable for your best company! Let's have Fillet Mignon in Brandied Sauce, Pork Tenderloins in Chipotle Cranberry BBQ Sauce, High-Roasted Lamb Leg (boned, seasoned, marinated and roasted high-temp). For more information, call Danielle Bassett at 410-313-4634.

RP0518.701 Bonnie Branch MS 7-9pm M

Brunch Time!

18 yrs + / Jun 9 / \$39

We all like to go out for brunch, but there's really nothing better than your own preparations. Learn to prepare these easy dishes: Breakfast Casserole, Cheesy Grits Casserole, Custom Omelets and Mix-in Muffins. Maybe we'll even have some of the Chef's Pepper Sugar Bacon! For more information, call Danielle Bassett at 410-313-4634.

RP0519.801 Glenelg HS 7-9pm W

Thrillin' Grillin'

18 yrs + / Jun 19 / \$39

Bring your aprons and your gimme hats! We'll be making Chicken-on-a-Throne (Beerless Can Chicken), Chipotle Pork Tenderloins and Rubbed Flank Steaks. Chef Richard will be providing all of the above, but you may bring your own to prep and even cook for your family! For more information, call Danielle Bassett at 410-313-4634.

RP0520.801 Glenwood Com Ctr 11am-1pm W

Easy Livin' Hobo Cookin'

18 yrs + / Jul 17 / \$39

Learn to prepare and cook Chicken, Fish, Beef and Veggies in both parchment and foil packets. Bring your ideas and find out how much Iron the Chef can display! We'll use both the oven and the grill to explore this carefree cooking style. For more information, call Danielle Bassett at 410-313-4634.

RP0521.801 Glenwood Com Ctr 11am-1pm S

No-Fuss Barbecue

18 yrs + / Aug 7 / \$39

Authentic barbecue is a lot of work – hours and hours of fire-tending, smoke-making, mopping and basting, temperature-taking and so forth. Now, you can have tasty barbecue without all of the work. Take significantly less time and still have great Pulled Pork, Oven Ribs and Almost Real BBQ Brisket. For more information, call Danielle Bassett at 410-313-4634.

RP0522.801 Glenwood Com Ctr 11am-1pm S

Indian Delights with Ann Chitale

Complete Indian Meal in Four Parts

18 yrs + / 4 wks starting May 4 / \$88 + \$50 materials fee

Learn to make complete Indian meals specialties from northern and southern India. Four types of spicy vegetables, four types of dals and curries, four types of rice dishes and casseroles and two types of Indian bread Rotis and mango lassi and raitas, chutneys. Bring containers to take sample foods home. Materials fee due at class. For more information, call Danielle Bassett at 410-313-4634.

RP0523.701 River Hill HS 7-9pm W

Cake Decorating

Beginning Cake Decorating with Teresa Lemon

18 yrs + / 4 wks starting Apr 27 / \$55

Why buy an expensive cake when you can make your own? Learn to decorate a cake with stars, shell borders, roses, floral spray, basket weave and more. For supply list: <http://www.howardcountymd.gov/RAP/RAPDocs/CakeDecorating.pdf>. For more information, call Danielle Bassett at 410-313-4634.

RP0524.701 Glenwood Com Ctr 7-9pm Tu

Cake Decorating Workshop

11 yrs + / May 8 / \$19 / 1 Day / \$15 materials fee at class

Bring family and friends to enjoy a fun day together as you decorate cupcakes with your own designs. Learn tips and techniques to make stars, shell borders, roses, floral spray, basket weave and more. For more information, call Danielle Bassett at 410-313-4634.

RP0525.701 Glenwood Com Ctr 10am-12:30pm Sa

Cooking with Kim Metz

- Explore the benefits of healthy farm fresh seasonal cooking.
- Materials fee due to instructor at first class.

NEW! Farm Fresh Seasonal Cooking

18yrs + / Jun 10 / \$24 + \$15 materials fee

Learn how to cook with farm fresh seasonal produce from farmers markets and Community Supported Agriculture (CSA's) to prepare healthy easy to make meals for you and your family. This class features versatile soup, salad, and main-dish recipes, including: Carrot ginger-lemon soup, Roasted baby beet salad with vinaigrette, Asparagus-basil pasta primavera, Grilled eggplant vegetable summer salad, and Strawberry spinach salad with sesame dressing

RP0526.801 Burleigh Manor MS 7-9pm Th

Crafts

NEW! Fused Glass Jewelry with Amber Baker

18 yrs + / Dates below / \$40 + \$20 materials fee

Work with colored glass and dichroic glass that can be fused together to make beautiful pieces of wearable art. A limited amount of pre-cut glass will be ready for you to design your very own one of a kind pendant and earring set. Since the kiln processing takes time, jewelry pick up can be arranged with your instructor during class. Materials fee due at class. For more information, call Terri Hilton at 410-313-4630.

Glenwood Com Ctr

RP0825.701 Apr 26 10-11:30am M

RP0825.702 May 10 10-11:30am M

Wineglass Glass Painting 2 with Teri Koenig

18 yrs + / 3 wks starting Apr 14 / \$48 + \$15 class materials fee

Astonish your guests with custom painted wine glasses. Create a set of six lovely glasses in a seasonal spring pattern or grape design using fired glass paints. In week one, a white base paint will be applied. In week two and three color will be added to the glasses and maybe a touch of gold. The glasses are kiln fired between each class. This class is perfect for beginning and returning students, as the patterns and process are NEW! Materials fee due at class. For more information, call Terri Hilton at 410-313-4630.

RP0808.701 Glenwood Com Ctr 7-9pm W

Summer Pearls with Jan McVay

18 yrs + / Apr 27 / \$30 + \$16 materials fee

Dress up any outfit with a beautiful pearl necklace. Learn to make a double stranded fresh water pearl and crystal necklace with earrings to match. Materials fee due at class. For more information, call Terri Hilton at 410-313-4630.

RP1810.701 Waterloo ES 7-9pm Tu

Crafts with Donna Weeks

Bath and Body Works

18 yrs + / Apr 26 / \$35 + \$18 materials fee

Why spend so much money on bath and beauty products that you can make yourself for a fraction of the cost? The best part is they are good for both you and the environment. Go GREEN and learn to make your own bath salts, foot scrub, hand and body lotion, moisturizer and more. You'll take home a bag full of good-for-your skin products and recipes as well. Materials fee due at class. For more information, call Terri Hilton at 410-313-4630.

RP0801.701 Glenwood Com Ctr 7-9pm M

Etched Wine glasses

18 yrs + / May 17 / \$35 + \$5 materials fee

Learn how easy it is to use etching cream to create one-of-a-kind wine glasses. We'll have lots of stencils to choose from. Simple to do and results are terrific. Materials fee due at class. For more information, call Terri Hilton at 410-313-4630.

RP0802.701 Glenwood Com Ctr 7-9pm M

Jewelry with Donna Weeks

Jewelry Basics

18 yrs + / Apr 20 / \$30 + \$8 materials fee

Learn how to choose jewelry wire, crimp beads and use tools and then make a necklace using your new skills. Materials fee due at class. For more information, call Terri Hilton at 410-313-4630.

RP0803.701 River Hill HS 7-9pm Tu

Mokomegane Polymer Clay Necklace

18 yrs + / Apr 27 / \$30 + \$12 material fee

This process is based on an ancient Japanese technique of using multiple layers of polymer clay to achieve an incredible look. We'll learn the basics of working with clay, then make 5 or more layers, insert 24 K gold leafing, slice it up and put it back together to bake. You'll be able to make several pieces to turn into necklaces, pins, earrings or whatever you desire. Materials fee due at class. For more information, call Terri Hilton at 410-313-4630.

RP0809.701 Lime Kiln MS 6:30-9:30pm Tu

Earring Essentials

18 yrs + / May 11 / \$30 + \$5 materials fee

Learn how to work with wire, choose your tools and basic earring construction. Make at least two pairs of earrings in class. All materials and tools are provided. Materials fee due at class. For more information, call Terri Hilton at 410-313-4630.

RP0804.701 Lime Kiln MS 7-9pm Tu

Beginning Wire Work

18 yrs + / May 18 / \$30 + \$10 materials fee

Choose your wire and use basic tools to create wrapped loops, spirals, coils and more to construct a silver bracelet with gemstones. Learn how to use household items instead of expensive tools. Materials fee due at class.

For more information, call Terri Hilton at 410-313-4630.

RP0805.701 Glenwood Com Ctr 7-9pm Tu

Knot your Necklace

18 yrs + / Jun 1 / \$30 + \$8 materials fee

If you can tie a knot then you can make this necklace! We're be using multiple strands of bead cording, lots of glass and metal beads and a terrific focal point to finish it off. It has a very Oriental look when finished and you can choose from several colors for your project. Materials fee due at class. For more information, call Terri Hilton at 410-313-4630.

RP0806.701 Glenwood Com Ctr 6:30-9pm Tu

Jewelry with Kathleen Fritz

Russian Spiral Necklace

18 yrs + / Dates below / \$38 + approx \$18 materials fee

Create a beautiful spiral necklace with the use of two different size seed beads. The class project will use size 8/0 and 11/0 seed beads and instruction will be given for different variations for the use of multiple size beads, bugle beads and more. Materials fee due to instructor at class and is dependent upon beads chosen for project. For more information, call Terri Hilton at 410-313-4630.

Bead Soup-Savage Mill, New Weave Building

RP0831.701 Apr 14 6:30-9pm W

RP0831.801 Jun 16 6:30-9pm W

Spiral Rope Stitch

18 yrs + / Dates below / \$38 + approx \$18 material fee

The spiral rope stitch is a very versatile beading stitch that can use a variety of beads to create dramatically different results. The class project will use two sized 11/0 seed beads and instructions will be given on different variations. Materials fee due to instructor at class and is dependent upon beads chosen for project. For more information, call Terri Hilton at 410-313-4630.

Bead Soup-Savage Mill, New Weave Building

RP0832.701 Apr 21 6:30-9pm W

RP0832.801 Jun 23 6:30-9pm W

Swarovski Crystal Rivoli Earrings

18 yrs + / Dates below / \$38 + approx \$18 materials fee

These sparkly Swarovski crystal earrings are created with Rivoli's that have been bezeled with a peyote stitch and embellished in a design created by you using size 15/0 seed beads. Materials fee due to instructor at class and is dependent upon beads chosen for project. For more information, call Terri Hilton at 410-313-4630.

Bead Soup-Savage Mill, New Weave Building

RP0826.701 May 5 6:30-9pm W

RP0826.801 Aug 11 6:30-9pm W

Tubular Netting

18 yrs + / Dates below / \$38 + approx \$20 materials fee

The tubular netting creates a one of a kind necklace which weaves seed beads and 4mm round beads together in an intricate design. Each necklace is created with size 4mm beads, size 15/0 seed beads and accented with a size 11/0 seed bead. Materials fee due to instructor at class and is dependent upon beads chosen for project. For more information, call Terri Hilton at 410-313-4630.

Bead Soup-Savage Mill, New Weave Building

RP0807.701 May 12 6:30-9pm W

RP0807.801 Aug 18 6:30-9pm W

Knitting & Crochet with Anna Tai

Call instructor 410-381-6302 one week prior to start of class for materials requirements.



Knitting Level I

18 yrs + / 4 wks starting Apr 14 / \$59

Join us in the joy of knitting. Learn to cast on, the knit and purl stitches, cast off, adjust tension, and correct mistakes. You will combine garter and stockinette stitch patterns and make your first scarf. For more information, call Terri Hilton at 410-313-4630.

RP0820.701 Oakland Mills HS 7-9pm W

Crochet I

18 yrs + / 5 wks starting Apr 13 / \$69

Learn stitches, crochet in the square and the round, pattern reading for beginners and beyond. Learn the many aspects of wearable crochet – drape, yarn selection, shaping. Choice of project: scarf, hat, wrap, bag or tank top. For more information, call Terri Hilton at 410-313-4630.

RP0821.701 Oakland Mills HS 7-9pm Tu

Knitting Level 1+ (Skill Builder)

18 yrs + / 4 wks starting May 12 / \$59

Continue to build your basic skill by learning new stitch patterns (seed, ribbing, cable, dropped garter), shaping using increases and decreases, gauge determination, pattern reading and mistakes correction. Pick one of the short, easy projects (cravat scarf or twin-peak shawl, shell). Call instructor at 410-381-6302 for specific materials. Prerequisite: basic knitting skills. For more information, call Terri Hilton at 410-313-4630.

RP0822.701 Oakland Mills HS 7-9pm W

Knitting Level 1+ (Finishing Techniques and Motif Knitting)

18 yrs + / 3 wks starting Apr 12 / \$49

Learn finishing techniques including blocking (wet and steam), seaming (almost invisible, 3 needed, bind-off) and edgings (I-cord, crochet). In addition, learn to knit motifs (leaves and flowers) to highlight your masterpieces. Call instructor at 410-381-6302 for specific materials. Prerequisite: Knitting level 1 or basic knitting skills. For more information, call Terri Hilton at 410-313-4630.

RP0823.701 Oakland Mills HS 7-9pm M

NEW! Knitting Level 1+ (Introduction to Reversible Knitting)

18 yrs + / 4 wks starting May 10 / \$59

Learn how to produce knit fabric that is "right" on both sides. We will explore a myriad of reversible texture, rib, tweed, cable stitch patterns involving the use of 1 or 2 strands of yarn. Students will also learn double knitting, slip stitch knitting, and knit one below techniques to produce two-layered reversible fabrics. Prerequisite: Knitting level 1 or basic knitting skills. For more information, call Terri Hilton at 410-313-4630.

RP0824.701 Oakland Mills HS 7-9pm M

Swedish Weaving & Paper Piecing with Chantel De Martini

NEW! Swedish Weave Towels

18 yrs + / 3 wks starting Apr 15 / \$49

Swedish weave, also known as huck weaving is a craft that uses embroidery floss to decorate the borders of huck towels. The unique type of stitching only shows on the front of the fabric. Due to the versatility of the designs to choose from, this will be an easy project and a great gift. Class fees do not include supplies, the supply list is available online. www.howardcountymd.gov/RAP/RAPDocs/weavingandpaperpiecing

RP0826.701 Oakland Mills HS 7-9pm Th

NEW! Paper Piecing / Wall Hanging

18 yrs + / 4 wks starting May 6 / \$59

Create a one of a kind wall hanging using paper patterns with overlay fabric to create a unique wall hanging masterpiece. Your own sewing machine is required for this class. Class fees do not include supplies, the supply list is available online. www.howardcountymd.gov/RAP/RAPDocs/weavingandpaperpiecing

RP0828.701 Oakland Mills HS 7-9pm Tu

NEW! Swedish Monk's Cloth Afghan

18 yrs + / 4 wks starting May 4 / \$59

If you can use a sewing needle you can make this Monk's Cloth afghan. Using a weave called a "cheaters weave" this afghan is created by running a needle and yarn along the surface of the monk's cloth material. Class fees do not include supplies, the supply list is available online. www.howardcountymd.gov/RAP/RAPDocs/weavingandpaperpiecing

RP0827.701 Oakland Mills HS 7-9pm Th

Dance

Dance Movement

Contemporary Dance with Jessica McElvaney

18 yrs + / 6 wks starting Jun 21 / \$67

Dance and have fun in this class for adults of all levels. Begin with an invigorating warm-up practices dance steps and learn different choreography each week. This class combines modern, ballet, and jazz techniques to provide participants with an enjoyable introduction to dancing and a relaxing workout. No experience necessary. Wear comfortable clothes to move and stretch in such as leggings or sweat pants with an exercise or cotton top. No shoes required, but if you prefer you can wear ballet shoes or jazz shoes. For more information, call Terri Hilton 410-313-4630.

RP1301.801 Misako Ballet Studio 7-8pm M

Dancing from the Core with Mabel Smith

18 yrs + / 7 wks starting Apr 14 / \$78

Rediscover your inner joy through dance! First we will begin with breathing exercises and stretches on the floor to engage muscles and focus our minds. We will then add gentle movement, gradually expanding into larger and faster motion, until we're rising and moving across the floor. Before you know it, you're dancing! This beginning class will focus on fun and natural movement. Wear comfortable clothes and bare feet. For more information, call Terri Hilton 410-313-4630.

RP1113.701 Kinetics Dance Theatre 7:30-8:30pm W

Adult Beginner Ballet with Jessica McElvaney

18 yrs + / 6 wks starting Jun 22 / \$67

This class is for adults with little or no previous ballet training. Students will learn basic ballet exercise with an emphasis on posture, body placement, and musicality. For more information, call Terri Hilton 410-313-4630.

RP1302.801 Misako Ballet Studio 10:15-11:15am Tu

Beginning Ballet with Amanda Smith

18 yrs + / 6 wks starting Jun 21 / \$67

A traditional ballet class has always been an ideal form of exercise. Start with slower movements to stretch and strengthen. Work at larger movements that increase speed, aerobic activity and stamina. Enjoy classical music and walk out feeling great! Leotard, tights or leggings and ballet shoes required. For more information, call Terri Hilton 410-313-4630.

RP1109.701 Kinetics Dance Theatre 7-8pm M

Ballet Stretch

18 yrs + / 6 wks, start dates below / \$67

This class will incorporate ballet technique with therapeutic exercises to enhance full body movement and increase strength and flexibility. Classes will combine barre work, floor work, motor patterns and combinations and stretching. Yoga or Pilates mat will be needed for floor work. Ballet shoes are helpful, but not required. For more information, call Terri Hilton 410-313-4630.

RP1121.701 Studio Inspire Apr 13 7:30-8:30pm Tu

RP1121.801 Studio Inspire Jun 8 7:30-8:30pm Tu

Beginning Hip Hop with E.C. Goode

18 yrs + / 6 wks starting Jun 22 / \$67

Learn the latest funky moves and enjoy dancing to popular music. Get toned with a great workout from beginning to end. Begin with a warm-up, followed by strengthening exercises. Learn isolations, moving one part of the body at a time and add those to the funky percussive larger movements across the floor. Hip hop is known for its free, expressive, and highly energetic moves so get ready to have fun in this high energy class! No experience necessary. Wear jazz pants/leggings, jazz sneakers or tennis shoes, leotard, tank top or comfortable shirt. For more information, call Terri Hilton 410-313-4630.

RP1107.801 Kinetics Dance Theatre 8-9pm Tu

Hip Hop Fusion

18 yrs + / 6 wks, start dates below / \$67

This class offers a fusion of styles including Hip Hop, Funk, Street, and high-energy Jazz. Warm up with the latest Hip Hop rhythms that will transition into a larger choreographed piece prepared to meet each student's level and dance experience. Beginners are encouraged to sign up. Wear jazz or gym shoes, no street shoes allowed. No class 6/5. For more information, call Terri Hilton 410-313-4630.

RP1111.701 Studio Inspire Apr 12 7-8pm M

RP1111.801 Studio Inspire Jun 7 7-8pm M

Beginners Tap

18 yrs + / 6 wks, start dates below / \$67

Learn basic tap technique, steps and rhythms including flaps, shuffles, riffs, and paddles as well as turns and slides. Develop a broad awareness of music styles for tap through rhythm exercises, short combinations and an introduction to improvisational work. For more information, call Terri Hilton 410-313-4630.

RP1130.701 Studio Inspire Apr 14 7:30-8:30pm W

RP1130.801 Studio Inspire Jun 9 7:30-8:30pm W

Beginning Tap Dance with Colleen Bogan

18 yrs + / 7 wks starting Apr 15 / \$78

If you've ever watched a tap dancer and wondered where all those sounds come from, this is the class for you. While you're learning the fundamentals, you'll also be getting some exercise and having lots of fun! Learn basic steps and put them together into a rhythmic pattern. Combinations of movement allow you to travel across the floor. Tap shoes or taps mounted on street shoes required. For more information, call Terri Hilton 410-313-4630.

RP1112.701 Kinetics Dance Theatre 7:30-8:15pm Th

Beginning Jazz Dance with Amanda Smith

18 yrs + / 6 wks starting Jun 21 / \$67

Jump into jazz with this upbeat class. Get toned with a great workout from the beginning warm-up stretches, followed by strengthening exercises. Learn isolations, moving one part of the body at a time and add those to the lyrical or percussive larger movements across the floor. Learn the latest jazzy, hip hop moves and enjoy dancing to lively popular music. Comfortable clothing and jazz shoes required. For more information, call Terri Hilton 410-313-4630.

RP1119.701 Kinetics Dance Theatre 8-9pm M

Hand Dancing and Bop with Shirley Duncan

18 yrs + / 8 wks starting Apr 19 / \$75

Experience the traditional and exciting hand dance and Bop that will make you stand out socially. Spice up your dance ability in this class designed for all levels. Learn the basic six count, weight change, proper coordination of foot patterns, balance and controlled turns. Partner not required. No class 2/15/09. For more information, call Terri Hilton at 410-313-4630.

RP1121.701 Long Reach HS 7:45-8:45pm M

Intermediate Hand Dancing with Shirley Duncan

18 yrs + / 8 wks starting Apr 21 / \$75

Learn intermediate patterns designed to highlight the essence of hand dance footwork and hand positions adding, turns, walk and isolation to your dance. This class is designed for the intermediate hand dance and techniques can be incorporated into any style of leader/follower dance. Partner not required. For more information, call Terri Hilton at 410-313-4630.

RP1123.701 Bain Center 7:45-8:45pm W

Urban Line Dancing

18 yrs + / 8 wks, start dates below / \$75

Come learn some of the hottest new and old line dances currently being danced in Baltimore's top spots. Dances are done to the hottest R&B and oldies music around. Come experience a fun filled workout with high and low energy steps. No class 2/15. For more information, call Terri Hilton at 410-313-4630.

RP1100.701 Long Reach HS 6:30-7:30pm Apr 19 M

RP1100.702 Bain Center 6:30-7:30 pm Apr 21 W

Ballroom

Intro to Social Ballroom Dance with Jim Watts

18 yrs + / 8 wks starting Apr 14 / \$75

Anyone, young or old, can learn how to adapt simple dance routines to a variety of dance musical styles, including smooth jazz, slower big band, romantic songs, or traditional waltz. In this class you will learn basic smooth dance steps and the techniques of dancing in rhythm with a partner. You will also get a two week sampling of swing dance steps. Then look forward to heading to the dance floor at parties, weddings, or anywhere you hear the music. Singles and couples welcome; no sneakers. For more information, call Terri Hilton 410-313-4630.

RP1104.701 Long Reach HS 8:15-9:15pm W

Ballroom Sampler: Foxtrot and Swing

18 yrs + / 8 wks starting Apr 16 / \$149 per couple

This beginner class provides an introductory sampling of the joys of both smooth and rhythm ballroom dance styles. The session will feature the smooth, elegant Foxtrot and the cool rhythmic Single-Step Swing. By the end of the session you will have mastered the foundational steps of each of these dances and ready to take your dancing to a wedding or office party dance floor! Each class will teach and review lead and follow techniques. Couples only; no sneakers please. For more information, call Terri Hilton 410-313-4630.

RP1105.701 Clarksville ES 7:15-8:15pm F

Ballroom Sampler – Next Step: Rumba and Waltz

18 yrs + / 8 wks starting Apr 16 / \$149 per couple

This "Next Step" series of classes is for those who already taken Ballroom Sampler classes with us. We will review foundational steps and technique on the first night of class, and build on your repertoire of steps from there. In the first four weeks, we will teach small routines in the soft, romantic Rumba. In the second four weeks, we will work on adding movement and "light and shade" to your Waltz. Each class will review lead and follow techniques, dance positions, and proper footwork. Couples only; no sneakers please. For more information, call Terri Hilton 410-313-4630.

RP1106.701 Clarksville ES 8:30-9:30pm F

Salsa and Cha Cha with Jim Watts**18 yrs + / 8 wks starting Apr 14 / \$75**

Now is the time to satisfy your curiosity about how to move to the fast spicy rhythms of Salsa, and the universally popular cha cha! After four weeks devoted to each dance, your feet will know how to respond to lively Latin music and you will move comfortably with a partner on the club or dance studio floor or wherever you hear these Latin beats. Singles or couples welcome; no sneakers. For more information, call Terri Hilton 410-313-4630.

RP1103.701 Long Reach HS 7-8pm W**Dance Tropical with Ronald Burton****18 yrs + / 6 wks starting Jun 22 / \$67**

Get moving with this upbeat class with a focus on Afro-Brazilian & Caribbean dance and culture classes include a lively mix of samba, salsa & other traditional styles. Warm up your winter with tropical rhythms and steps! For more information, call Terri Hilton 410-313-4630.

RP1303.801 Misako Ballet Studio 7:30-8:30pm Tu**International****Beginner Level I Belly Dance****18 yrs + / 7 wks starting Apr 14 / \$78**

Enjoy the benefits of movement and camaraderie while learning the Modern American/Egyptian cabaret technique. Begin with a nice stretch followed by instruction in specific technique which includes hip bumps, hip slides, hip crescents, knee shimmies, shoulder shimmies and more! Learn how to move and use your gluts to move, control and accentuate those hips! Great for anyone who wants to feel sexy as they dance! Leggings, hip scarf with coins (for shaking those hips!), bare feet or ballet shoes and a comfortable tank top or sports bra are suggested attire. For more information, call Terri Hilton 410-313-4630.

RP1120.701 Kinetics Dance Theatre 7:30-8:30pm W**Beginning Belly Dance I with Zobeide****18 yrs + / 6 wks starting Jun 23 / \$67**

Belly dance is an ancient genre that crosses cultural boundaries. Enjoy the benefits of movement and camaraderie while learning the Modern American/Egyptian cabaret technique. Begin with a nice stretch followed by instruction in specific technique which includes hip bumps, hip slides, hip crescents, knee shimmies, shoulder shimmies and more! Learn how to move and use your gluts to move, control and accentuate those hips! Great for anyone who wants to feel sexy as they dance! Leggings, hip scarf with coins (for shaking those hips!), bare feet or ballet shoes and a comfortable tank top or sports bra is suggested attire. For more information, call Terri Hilton 410-313-4630.

RP1114.801 Kinetics Dance Theatre 7:30-8:30pm W**SharQui™ – The Belly Dance Workout****18 yrs + / 6 wks, start dates below / \$67**

The SharQui™ Technique is an anatomical approach to belly dance that works the entire body so that you can work out safer and smarter. Not only will you learn the building blocks of belly dance and have a better understanding of how the body works, but you will gain core strength, speed, isolation and stamina. For more information, call Terri Hilton 410-313-4630.

RP1129.701 Studio Inspire Apr 13 7:30-8:30pm Tu
RP1129.801 Studio Inspire Jun 8 7:30-8:30pm Tu**Irish Set Dancing with Jan McVey****18 yrs + / 6 wks starting Apr 19 / \$75**

Come learn the most popular form of social dancing in Ireland! Set dancing is lively folk dancing done in a square formation of four couples. Basic steps and frequently danced sets will be featured. Bring a bottle of water and leather soled shoes. Partner not required. For more information, call Terri Hilton 410-313-4630.

RP1110.701 Ellicott Mills MS 7-8:30pm M**Bollywood Dance with Jaya Mathur****18 yrs + / 6 wks starting Apr 21 / \$65**

Trained in Indian classical dance, instructor Jaya Mathur will introduce you to this energetic dance style that originated in Indian films. Techniques include hand, feet and body movements and an overall sense of rhythm. Wear comfortable clothing and shoes and bring a bottle of water – get ready for a great workout! For more information, call Terri Hilton 410-313-4630.

RP1108.701 Swansfield ES 7:30-8:30pm W**Barb & Mo Dutterer****Line Dance****18 yrs + / 6 wks starting Apr 19 / \$57**

Really sparkle the next time you're on the dance floor! New dances are taught each week in this class for beginner to advanced dancers. Learn the latest line dances and the old stand-bys using a variety of music. For more information, call Terri Hilton 410-313-4630.

RP1118.701 Centennial ES 7:15-8:15pm M**Fun with Waltz & Two-Step Couples Dance with Mo & Barb Dutterer****18 yrs + / 6 wks starting Apr 19 / \$57**

This class will introduce dancers to the lovely waltz and the fun two-step. Beginning and intermediate steps will be introduced and each couple will leave the class with a routine that will make them sparkle on the dance floor at their next event. Couples only.

RP1106.301 Centennial ES 8:30-9:30pm M**Swing****Beginners East Coast Swing with Tatia Zack****18 yrs + / 8 wks starting Apr 15 / \$145 per couple**

Learn the basic steps and progress to multiple variations and moves. Gain confidence as you astonish friends and amaze yourself at the next social function. Wear leather soled shoes. Couples only. For more information, call Terri Hilton 410-313-4630.

RP1116.701 Veterans ES 7-8pm Th**Next Step East Coast Swing with Tatia Zack****18 yrs + / 8 wks starting Apr 15 / \$145 per couple**

Learn more advanced and intricate step variations, as well as modifications and perfection of dances learned in beginner classes. Improve your lead and follow technique and dance to a variety of music. Wear leather soled shoes. Couples only. For more information, call Terri Hilton 410-313-4630.

RP1117.701 Veterans ES 8-9pm Th**Dance Like a Star! West Coast Swing with Kelly & Jason Hull****18 yrs + / 8 wks starting Apr 19 / \$125 per couple**

Just what you've been asking for! Learn to dance to the music you hear on Dancing with the Stars. Wear smooth soled shoes. Couples only. For more information, call Terri Hilton 410-313-4630.

RP1115.701 Bain Center 7:30-8:30pm Tu

Enrichment

Financial Fitness for Women with Fran Makino

18 yrs + / 3 wks starting Apr 14 / \$45

A small-class environment will make it easy to learn about the basics of personal finance. Find out what cash instruments are and build a foundation to include stocks, bonds and insurance products. Discuss IRAs, 401Ks, and other retirement vehicles as well as 529 plans. Questions are encouraged! For more information, call Terri Hilton at 410-313-4630.

RP3413.701 River Hill HS 7-9pm W



Learn How to Play Pool with Alvin Thomas

18 yrs + / 4 wks starting Apr 24 / \$65

Build up your game or try something new. Learn the basics and build a good foundation to improve your play. Study the proper grip on the cue, stance at the table, cuing the ball, stroke and follow through. To allow you to get the most out of your instruction, class size is limited to six. For more information, call Terri Hilton at 410-313-4630.

RP3403.701 Glenwood Com Ctr 10:30-noon Sa



Dog Obedience

16 yrs + / 6 wks, start dates below / \$69

Who's in charge, you or your dog? Turn Rover into a well-behaved companion. Dog must be over four months of age with current shots. Instructor will advise about leash and collar. Please bring dog on a 6 foot leash, no retractable leashes allowed. Bring plastic bag and scoop. Class appropriate for any size dog. For more information, call Terri Hilton at 410-313-4630.

RP3402.701 TBD 6:30-7:30pm Apr 12 M

RP3402.702 Dunloggin MS 7-8pm Apr 27 Tu

RP3402.703 River Hill HS 6:30-7:30pm Jun 7 M

Healing Laughter with Heather Wandell

18 yrs + / Apr 29 / \$15

Strengthen the immune system, lower blood pressure, reduce pain and promote emotional healing by participating in laughter exercises. This healing therapy was started in India and now laughter clubs are spreading all over the United States. You will come to the world in a different way when you can add more laughter to your day. It is not based on joke telling. Heather is a Certified Laughter Leader and Trainer for the World Laughter Tour. For more information, call Terri Hilton at 410-313-4630.

RP3404.701 Bain Ctr 7-8:15pm Th

Just Once Facebook and Twitter with Marcos Montenegro

13 yrs + / May 17 / \$30 + \$29 materials fee

If you want to learn the basics of social networking, this class is for you. You will be online with your children, old friends and new friends before you know it. You will learn the basics of Facebook and Twitter, including how to register, log on, and the most popular aspects of each. You will also learn things to watch out for like potential identity theft. Materials fee for workbook and practice DVD is due at first class. For more information, call Terri Hilton at 410-313-4630.

RP3406.701 River Hill HS 6:30-9pm Tu

Around the Home

Taming Kids' Clutter

18 yrs + / Apr 29 / \$19

Are there toys in every room of your house? Are you drowning in school papers and children's artwork? There is hope! Learn seven proven strategies to organize your home and make the most of your time. For more information, call Terri Hilton at 410-313-4630.

RP3433.701 Long Reach HS 7-9pm Th

Design Your Space with Lisa Bower

18 yrs + / May 22 / \$60

Get your questions answered about all those problem areas in your home. Learn how to plan your furniture, select the proper colors, solve your window dilemmas and come up with design solutions. Two weeks prior to class, e-mail your questions and pictures to lbower@madelladecor.com, so she can provide solutions. For more information, call Terri Hilton at 410-313-4630.

RP3409.701 Glenwood Com Ctr 10am-noon Sa

De-clutter Your Garage or Basement

18 yrs + / May 27 / \$19

Do you have more stuff than space? 80% of what we keep we never use! Let a professional organizer give you tips and proven strategies to decrease your stress and increase your organization. Start your spring cleaning off right! For more information, call Terri Hilton at 410-313-4630.

RP3420.701 Ellicott Mills MS 7-9pm Th

Do It Yourself



Bike Maintenance with Larry Black

18 yrs + / 4 wks starting Apr 27 / \$89

Find out everything you need to know about maintaining and repairing the bike you have or the one you plan to purchase. Learn about on-the-road fixes, overhauls, wheel building or how to negotiate best price for repairs. Tools and some "practice" bikes are provided; bring your own bike to get hands-on experience. Optional manual \$25 at class. For more information, call Terri Hilton at 410-313-4630.

RP3401.701 Glenwood Com Ctr 7-9pm Tu

Language

Everyday Spanish I with Cecilia Redmond

18 yrs + / 6 wks starting Apr 29 / \$65

Initiate and respond to greetings and farewells. Build up your confidence learning vocabulary on familiar topics. Put it all together with basic grammar for easy conversation starters. If you are a repeater, we will change topics every session so you can expand your vocabulary. Native speaking instructor will share strategies and cultural insights. For more information, call Terri Hilton at 410-313-4630.

RP3408.701 Ellicott Mills MS 7-8:30pm Th



Get Active Package

Looking for a variety in your workout options? Enjoy swimming, running on a treadmill and shooting hoops? Then the Get Active Package is for you! For one low price you will get multiple fitness options at a variety of facilities. Enjoy the open gym at the new Meadowbrook Athletic Complex and county schools, and the fitness room and swimming pool at the Roger Carter Recreation Center. Registration cannot be completed online, for more information and open times, call Nicola Morgal at 410-313-4718.

March, April & May

Adults; \$79 for the spring season

Youth: \$19 for the spring season

June, July & August

Adults: \$79 for the summer season

Youth: \$39 for the summer season

For Meadowbrook, 15 and under requires parental supervision; for RCRC swimming pool, 11 and under requires supervision; the RCRC fitness room is available for 18 + only.



Howard County
RECREATION & PARKS

Fitness

- Please consult a physician before beginning an exercise program.
- Download a Medical Clearance Form at howardcountymd.gov/RAP/RAP-FormsPubl.htm for select programs.
- Child care is available for children aged 2-5 years in the following morning class: Cardio Crunch Challenge at Cedar Lane. Activities include low-key crafts and games within a supervised setting. Staff members do not change diapers - no infants. Fee listed is for one child; additional fee required for more than one child.
- Inclement weather, school closings and holidays may affect the ending date of programs.

Glenwood Community Center Fitness Room Pass

13 yrs + / 1, 25, 50 or 100 visits, start dates ongoing / Prices below

Enjoy exercising in an easy-going environment. Our facility features treadmills, stair climbers, stationary bicycles, Keiser exercise equipment and free weights. This pass has no expiration date; you pay no additional monthly fees and the required orientation on equipment use is free. Call 410-313-4840 for a medical clearance form that must be completed prior to exercising or download at www.howardcountymd.gov/RAP/RAP_FormsPubl.htm. Please see fitness room schedule for open exercise times. 13-15 year olds may purchase a fitness pass upon completion of the Teen Weight Training program and must have adult supervision with them in the fitness room. We are now offering a discounted senior fitness pass. Age verification must be presented at time of registration. Senior Center members receive preferred entry 7-10am and 1-3pm with purchase of Senior Fitness Membership. For more information, call 410-313-4840.

16-59 yrs

1 Visit	\$5 / \$7 (NR)*
25 Visits	\$75 / \$85 (NR)
50 Visits	\$148 / \$168 (NR)
100 Visits	\$263 / \$283 (NR)

60 yrs +

1 Visit	\$4 / \$6 (NR)*
25 Visits	\$57 / \$67 (NR)
50 Visits	\$112 / \$132 (NR)
100 Visits	\$198 / \$218 (NR)

* (NR = Non Howard County Resident)

Personal Training

18 yrs + / All fees are per person

Everyone can benefit from a personal trainer, whether you're just getting started or a serious athlete. Our Personal Training will provide you with an individualized exercise program tailored to meet your goals and your health and fitness needs. We offer different packages to suit you best. You may wish to discuss options with us to help choose the package that's right for you. A Medical Clearance Form is required to be completed prior to exercising. For more information or to schedule an appointment, call 410-313-4840.

Glenwood Com Ctr (Fitness Member/Non-Fitness Member)

Fitness Assessment (1/2 hr)	\$30 / \$45
Express (1/2 hr)	\$30 / \$45
Regular (1 hr)	\$50 / \$65
Partner (1 hr)	\$40 / \$55

Aerobics & Conditioning

For more conditioning classes, see Martial Arts.



Aero Fitness plus Core Conditioning with Gloria Farrow, ACE

14 yrs + / 14 classes starting Apr 12 / \$53

This highly effective class includes a 25-minute cardiovascular workout, 30 minutes of muscle conditioning using weights, stretching and Pilates core conditioning work. This class provides men and women of all fitness levels an intense, energetic workout. Bring a mat and hand weights. For more information, call Nicola Morgal at 410-313-4718.

RP8422.701 Veterans ES 7-8pm M & W

Aero Fitness plus Toning with Janice Thornton

12 yrs + / 16 classes starting Apr 12 / \$50

Enjoy 30 minutes of high/low aerobics and 30 minutes of toning in this new, fun and energetic class. Bring mat and hand weights. For more information, call Nicola Morgal at 410-313-4718.

RP8424.701 Bonnie Branch MS 7-8pm M & W

Aero Fitness with Jeanne Sealing, ACE

12 yrs + / 16 classes starting Apr 12 / \$53

Men and women at all fitness levels can benefit from this low-impact total body workout designed to improve cardiovascular fitness and tone and strengthen all major muscle groups. Bring a mat and hand weights. Instructors are nationally certified. For more information, call Nicola Morgal at 410-313-4718.

RP8420.701 Burleigh Manor MS 7:30-8:30pm M & W

AeroStep with Marianne Larkin, AAI

12 yrs + / 12 or 18 classes, start dates & prices below

Get ready to sweat and burn calories while enjoying a fun and exhilarating aerobic workout on the step. Each 45-minute cardio segment is followed by strength and stretching exercises for a total body workout. The class is designed for men and women at all fitness levels. Moves are demonstrated at various intensity levels so you can customize the workout to fit your needs. Steps are provided. Bring a mat and hand weights. For more information, call Nicola Morgal at 410-313-4718.

18 classes / \$59

RP8421.701 Mount View MS Apr 13 7-8pm Tu & Th

12 classes / \$40

RP8421.801 Mount View MS Jun 22 7-8pm Tu & Th

Barre Core Fitness with Emily Socolinsky, AFAA

16 yrs + / 7 or 9 classes, start dates & prices below

Enjoy a full body workout without impact on the knees or joints. Gain tone and strength using your own body weight as you glide through a series of ballet/fitness-based exercises at the barre. Begin with a brief aerobic based warm up/stretch, and then move to the barre to complete a variety of exercises targeting the legs. Move back to the center to work on the upper and lower body and then go back to the barre for some more leg work followed by an upper body sequence. Finish with a cool down and stretch. No experience required. Wear comfortable clothes, no shoes required. Bring 2lb-3lb hand weights. Mats are provided, but please you are encouraged to bring your own. For more information, call Nicola Morgal at 410-313-4718.

7 classes / \$62

RP8282.701	Kinetics Dance Theatre	Apr 12	9:45-10:45am	M
RP8282.702	Kinetics Dance Theatre	Apr 12	6:30-7:30pm	M

9 classes / \$80

RP8282.703	Kinetics Dance Theatre	Apr 14	9:45-10:45am	W
RP8382.801	Kinetics Dance Theatre	Jun 22	6-7pm	Tu
RP8382.802	Kinetics Dance Theatre	Jun 24	6-7pm	Th

Basic Fitness Program with Vickie Jacobs, AFAA, AAI

18 yrs + / 9 or 18 classes, start dates & prices below

This low-impact class includes beginning cardio, strength, balance and flexibility using Keiser weight training equipment. Perfect for seniors and beginning exercisers. Call 410-313-4718 or 410-313-2764 for a medical clearance form that must be completed prior to exercising. For more information, call Nicola Morgal at 410-313-4718.

18 classes / \$72

RP8669.701	Roger Carter Rec Ctr	Apr 13	8-9am	Tu & Th
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9 classes / \$36

RP8669.711	Roger Carter Rec Ctr	Apr 16	8-9am	F
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16 classes / \$64

RP8669.801	Roger Carter Rec Ctr	Jun 22	8-9am	Tu & Th
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8 classes / \$32

RP8669.811	Roger Carter Rec Ctr	Jun 25	8-9am	F
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Body Conditioning with Cyndi Kummerlowe, AFAA

12 yrs + / 18 classes starting Apr 13 / \$51

Stretch, strengthen and tone your body! This combination class includes 25 minutes of a low-impact cardio workout followed by beneficial strength training. Bring a mat and two- to five-pound hand weights. For more information, call Nicola Morgal at 410-313-4718.

RP8220.701	Rockburn ES	7:05-8pm	Tu & Th
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Boot Camp Blast with Charm City Fitness

16 yrs + / 12 classes starting Apr 13 / \$199

Charm City's Fitness Boot Camp is an indoor and outdoor program that constantly varies in its programming and is always a dynamic workout. Each class will consist of various combinations of strength training exercises, cardio conditioning exercises and stretching. Our fun, yet rewarding, boot camp relies on bodyweight exercises and the elements to provide intensity through calisthenics, core strength training, plyometric and agility drills, sprint drills, stair exercises and hills. All fitness levels welcome! Need something to amuse your little one while you exercise? Check out our pre-school offerings at the same time and place! For more information, call Nicola Morgal at 410-313-4718.

RP8600.701	Meadowbrook Pk	9:30am-10:30am	Tu & Th
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Build Your Engine Strength Training with Christy Edwards, ACE

14 yrs + / 16 classes starting Apr 12 / \$49

Build your muscles that burn the fuel! When we hit our 30s, our metabolism slows down... BUT you can speed it back up with strength training. With resistance training, you can change your body composition, feel stronger and healthier and look great! Come to this class and challenge and strengthen every muscle group in your body to achieve balance, renewed energy, increased metabolism and an empowering feeling of confidence. Bring a mat and hand weights. For more information, call Nicola Morgal at 410-313-4718.

RP8506.701	Thunder Hill ES	7-8pm	M & W
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Cardio Blast-N-Strength with Sara Schwab

13 yrs + / 4 wks, start dates below / \$20

This program is a fun choreographed class with 30 minutes of beginner to intermediate step followed by 45 minutes of strength/core training with the use of stability ball, medicine ball, free weights and resistance tubing and bands. For registration or additional information call 410-313-4840.

RP4120.701	Glenwood Com Ctr	Apr 1	5:15-6:30pm	Th
RP4120.702	Glenwood Com Ctr	May 6	5:15-6:30pm	Th

Cardio Crunch Challenge with Lori Nowicki, AAI, AFPA, ZUMBA

16 yrs + / 8, 12, 16, or 24 classes, start dates & prices below

This class has it all! With each new rotation of classes, experience something new to challenge every muscle. Classes rotate between aerobics, step, circuit, kickboxing, athletic training, Zumba and intervals. Each class consists of 45 minutes of cardio mixed with strength, core, flexibility and balance training. Come and experience a high energy class at high or low impact, take the challenge and have fun! Bring mat and hand weights. Steps and resistance bands provided. For more information, call Nicola Morgal at 410-313-4718.

Cedar Lane Rec Ctr

8 classes / 1 day per wk / \$38

RP8481.701	Apr 19	9:30-10:45am	M, W or F
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16 classes 2 days per wk / \$67

RP8481.702	Apr 19	9:30-10:45am	M, W or F
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16 classes 2 days per wk plus child care / \$131

RP8481.712	Apr 19	9:30-10:45am	M, W or F
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24 classes / 3 days per wk / \$94

RP8481.703	Apr 19	9:30-10:45am	M, W & F
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12 classes / 2 days per wk / \$52

RP8481.801	Jun 21	9:30-10:45am	M & W
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Cardio Fusion with Marianne Larkin, AAI

12 yrs + / 8, 12 or 16 classes, start dates & prices below

Your favorite cardio and toning formats are combined in one challenging, power-packed workout. The easy-to-follow moves are demonstrated at various intensity levels so you can customize the workout to fit your level. Pump up your workouts and burn fat with a mix of everything from step, high/low and boot camp to core strength, balance and agility exercises inspired by yoga and Pilates. Bring a mat and hand weights. Steps and bands provided. For more information, call Nicola Morgal at 410-313-4718.

Glenwood Com Ctr

8 classes / 1 day per wk / \$38

RP8482.701	Apr 12	9:35-10:50am	M or W
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16 classes / 2 days per wk / \$67

RP8482.702	Apr 12	9:35-10:50am	M & W
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12 classes / 2 days per wk / \$52

RP8482.801	Jun 21	9:35-10:50am	M & W
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Cardio Interval Power! with Judi Hutton AFFA

16 yrs + / 16 classes starting Apr 12 / \$87

This super fun class creatively integrates cardio, weight training and toning to burn fat and increase lean muscle mass. Every exciting segment of the simple, easy-to-follow choreography will have a level for you! It's a high-energy, low impact workout that promises to motivate and inspire! For more information, call Nicola Morgal at 410-313-4718.

RP8664.701 Roger Carter Rec Ctr 10:30-11:30am M & W

Cardio Pump and Tone with Susan Lepera, AFAA

12 yrs + / 18 classes starting Apr 13 / \$56

Improve your fitness level, burn calories and fat and tone your body with an energetic workout that allows you to work at the best intensity for your fitness goals. The workout is appropriate for all fitness levels. It incorporates choreographed aerobics, cardio kick-boxing, interval training, full body toning with hand weights and flexibility. Get exposure to other fitness formats such as Pilates and Yoga. Bring a mat and hand weights. For more information, call Nicola Morgal at 410-313-4718.

RP8425.701 Ellicott Mills MS 7-8pm Tu & Th

Cardio Sculpt

12 yrs + / 16 or 18 classes, start dates & prices below

Warm up, cool down and experience a fun, all-over body workout in this new combination class that includes a cardiovascular dance aerobic workout and toning exercises all choreographed to music. This program is for everyone who wants to get in shape and have fun doing it! Please bring a mat and hand weights. For more information, call Nicola Morgal at 410-313-4718.

18 classes / Jenny Carr / \$65

RP8290.701 Glenwood Com Ctr Apr 13 7-8pm Tu & Th

18 classes / Loretta Lambert / \$65

RP8290.702 Northfield ES Apr 13 7-8pm Tu & Th

16 classes / Loretta Lambert / \$56

RP8290.703 Stevens Forest ES Apr 12 7-8pm M & W

16 classes / Tracy Veihmeyer / \$56

RP8290.704 Waverly ES Apr 12 7-8pm M & W

16 classes / Loretta Lambert / \$56

RP8290.801 Cedar Lane Rec Ctr Jun 21 7-8pm M & W

Cardio X-Training with Tammy Merritt, AAI, ISMA

12 yrs + / 12 or 18 classes, start dates & prices below

Have fun burning maximum calories with kick-boxing, interval training, Pilates and easy-to-follow cardio moves combined with weight training. The format of the class changes every 2 weeks to keep your body challenged and your metabolism revved up! Bring hand weights and a mat. Instructor is AAI/ISMA personal trainer certified. For more information, call Nicola Morgal at 410-313-4718.

18 classes / \$52

RP8450.701 Folly Quarter MS Apr 13 7-8pm Tu & Th

12 classes / \$35

RP8450.801 Glenwood Com Ctr Jun 22 7-8pm Tu & Th

Circuit Weight Training with Judi Hutton, AFFA

18 yrs + / 16 classes starting Apr 12 / \$87

A super-fun workout designed for the active adult training multiple muscle groups using our Keiser equipment. In just 1 hour, you'll get a thorough, total body workout, including fat-burning cardio intervals. Each class finale includes targeted, no-nonsense exercises on the floor. Totally customizable, this workout is an effective way to keep challenging yourself as you gain strength. Guaranteed to be a super-motivational experience! For more information, call Nicola Morgal at 410-313-4718.

RP8660.701 Roger Carter Rec Ctr 9:15-10:15am M & W

Dance Fitness to the Oldies with Emily Socolinsky

16 yrs + / 9 classes starting Apr 16 / \$80

Work out to your favorite music of the 60s, 70s and 80s, when it was recorded on vinyl! Your favorite dance steps are combined with dance aerobics to make you feel great! Wear comfortable clothes and tennis shoes; bring a towel and water bottle. No experience required! For more information, call Nicola Morgal at 410-313-4718.

RP8400.701 Kinetics Dance Theatre Apr 16 9:30-10:30am F

Dynamic Kick-Boxing with Bev Uithoven, ASCM

16 yrs + / 9 classes starting Apr 13 / \$61

Use martial arts and self-defense movements set to music to build muscle strength and cardio fitness. This workout is for everyone! Get fit and have fun doing it! No specific attire or equipment is required in this non-contact class taught by black belt instructor. For more information, call Nicola Morgal at 410-313-4718.

RP8530.701 Guilford ES 7-8pm Tu

Fire and Ice with Fran Iamele, ACE

12 yrs + / 18 classes starting Apr 13 / \$116

Sculpt, tone, stretch and strengthen your body with this unique high energy workout! Combine 45 minutes of cardio kickboxing and conditioning with 30 minutes of Pilates. Emphasis is on core conditioning throughout the class. Work hard, have fun and leave class feeling relaxed and de-stressed. An ultimate mind-body workout! Bring a mat and hand weights. For more information, call Nicola Morgal at 410-313-4718.

RP8423.701 Thunder Hill ES 7-8:15pm Tu & Th

Get Active Package

Seasons and prices below

Looking for a variety in your workout options? Enjoy swimming, running on a treadmill and shooting hoops? Then the Get Active Package is for you! For one low price you will get multiple fitness options at a variety of facilities. Enjoy the open gym at the new Meadowbrook Athletic Complex and county schools, and the fitness room and swimming pool at the Roger Carter Recreation Center. For Meadowbrook, 15 and under requires parental supervision; for RCRC swimming pool, 11 and under requires supervision; the RCRC fitness room is available for 18 + only. Registration cannot be completed online, for more information and open times, call Nicola Morgal at (410) 313-4718.

Adults: \$79 for the spring season (March, April & May)

Youth: \$19 for the spring season (March, April & May)

Adults: \$79 for the summer season (June, July & August)

Youth: \$39 for the summer season (June, July & August)

MAC Early Risers Walking Package

For one low annual fee you can use the walking track and non-programmed courts at the new Meadowbrook Athletic Facility from 7am-9am, Monday to Friday. Registration cannot be completed online. For more information and open times, call Nicola Morgal at 410-313-4718.

Adults and Youth: \$25 annual fee

La Canne Basics (French Cane Fighting) with Steve Savoie

14 yrs + / 9 wks starting Apr 14 / \$62

Get a great workout while learning the unique French sport of Canne De Combat (French stick fighting). Participants will focus on basic strikes, blocks, lunges and evasions while increasing flexibility, coordination and strength. A unique class, once you've tried it, you will love it! No experience required. Sticks provided. Shinguards recommended. For more information, call Nicola Morgal at 410-313-4718.

RP8505.701 Cedar Lane Rec Ctr 7:15-8:30pm W

Rockin Dance Fitness & Powerful Abs with Amanda Smith

16 yrs + / 6 classes starting Jun 23 / \$65

Work out to rockin' music and have a great time! Your favorite dance steps combined with dance aerobics will make you feel great. Fifteen minutes of abdominal work follows the aerobics portion of the class. Wear comfortable clothes and tennis shoes; bring a towel and water bottle. No experience required. For more information, call Nicola Morgal at 410-313-4718.

RP8401.801 Kinetics Dance Theatre Jun 23 6:15-7:30pm W

Savate Kick-Boxing Station Workout with Steve Savoie

14 yrs + / 8 classes starting Apr 17 / \$55

Start your day with a high-energy, high-impact fun workout in the martial art and sport of Boxe Francaise Savate (French Kickboxing)! Participants will practice various offensive and defensive drills utilizing footwork, movement, and a variety of kicking and/or punch combinations. Class will be conducted in a station workout theme. Various stations include heavy bag, double end bag, speed bag, focus pads, light sparring drills and plyometrics. Classes are available to participants of all levels from beginner to existing Savate practitioners. For more information, call Nicola Morgal at 410-313-4718.

RP8504.701 Cedar Lane Rec Ctr 9-10:15am Sa

Savate Kick-Boxing Level II with Steve Savoie

14 yrs + / 9 classes starting Apr 15 / \$74

In Level II, learn from the best. The instructor is an internationally certified trainer in Boxe Francaise Savate and will take your skills to a higher level. Explore more difficult moves and work toward your first glove. Prerequisite: Savate Kickboxing Station Workout. Sparring gloves provided. For more information, call Nicola Morgal at 410-313-4718.

RP8501.701 Cedar Lane Rec Ctr 7:30-9pm Th

Step & Sculpt! with Marianne Larkin, AAI

12 yrs + / 6 or 9 classes, start dates & prices below

Enjoy an invigorating Saturday morning wake-up call with this fun medium to high-intensity 75-minute class that has it all. Pump up your cardiovascular fitness and challenge your brain with 45 to 50 minutes of turbo-charged combinations in the latest in-step choreography. Knowledge of aerobic step terms is recommended. Moves are demonstrated at various intensity levels so you can customize the workout to fit your needs. Continue this total body workout with about 20 minutes of strength, core and ab exercises using hand weights, medicine balls, stability balls and resistance bands (provided) and finish with an energized stretch. For more information, call Nicola Morgal at 410-313-4718.

9 classes / \$42

RP8300.701 Glenwood Com Ctr Apr 17 8:30-9:45am Sa

6 classes / \$28

RP8300.801 Glenwood Com Ctr Jun 19 8:30-9:45am Sa

Trim & Tighten

12 yrs + / 16 or 18 classes, start dates & prices below

Toning and strengthening exercises for all muscle groups are set to music. Bring a mat; two- to five-pound hand weights are optional. Instructors are nationally certified. Please consult a physician before beginning an exercise program. For more information, call Nicola Morgal at 410-313-4718.

18 Classes / \$51 / Marianne Larkin AAI Certified

RP8210.702 Mount View MS Apr 13 6-6:55pm Tu & Th

16 Classes / \$45 / Jeanne Sealing Ace Certified

RP8210.701 Burleigh Manor MS Apr 12 6:30-7:25pm M & W

12 classes / \$34 / Instructor TBD

RP8210.801 Mount View MS Jun 22 6-6:55pm Tu & Th

Water Fitness

18 yrs + / 6 wks starting Apr 15 / \$45

Adults with developmental disabilities can enjoy exercise in a warm aquatic tank. Exercise at your own pace. Instructor will provide guidance and exercises. Participants may require someone to accompany them in the pool at the discretion of staff. **Goal:** Increase range of motion, self confidence, and enhance fitness level. For more information, call Susan Potts at 410-313-4628.

RP4309.701 New Cedar Lane School 7-8pm Th

Zumba! with Breanna Shumpert, NETA, AFAA, ZUMBA

12 yrs + / 8 or 16 classes starting Apr 12 / Prices below

Let's face it, working out can be healthy, rewarding and beneficial but it may not always be fun . . . until now! Zumba fuses hypnotic Latin rhythms and easy-to-follow moves to create a dynamic workout system that will blow you away. The routines feature interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning fat. All levels are welcome. Take advantage of this introductory price. For more information, call Nicola Morgal at 410-313-4718.

8 classes 1 day per wk / \$66 / Breanna Shumpert NETA, AFAA, Zumba

RP8430.701 Mount View MS 9:30-10:30am M or F

16 classes 2 days per wk / \$120 / Breanna Shumpert NETA, AFAA, Zumba

RP8430.702 Mount View MS 9:30-10:30am M & F

16 classes 2 days per wk / \$120 / Heather Snyder AFAA, Zumba

RP8430.711 Mount View MS 6:30-7:30pm M & W

Zumba! with Liz Rolland

12 yrs + / 8 or 9 classes, start dates & prices below

Ditch the workout and join the party! Zumba is the hottest new fitness craze for one reason: it is FUN and EASY! You will have an absolute blast in one exhilarating hour of calorie burning, heart racing, muscle pumping, body energizing movements meant to engage and captivate for life! The routine features interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning fat. Add a little Latin flavor and international zest into the mix and you've got Zumba! Bring a towel and water bottle. No on-site registration accepted. For more information, call Nicola Morgal at 410-313-4718.

8 classes / \$80

RP8350.701 Glenwood Com Ctr Apr 12 5:45-6:45pm M

9 classes / \$90

RP8350.702 Glenwood Com Ctr Apr 14 7-8pm W

8 classes / \$80

RP8350.801 Glenwood Com Ctr Jun 14 5:45-6:45pm M

RP8350.802 Glenwood Com Ctr Jun 16 7-8pm W

Zumba Plus: Fire and Spice! with Liz Rolland

12 yrs + / 8 or 9 classes, start dates & prices below

Ditch the workout and join the party! This class does it all! We will combine a Pilates warm-up with the hottest new Zumba Latin-style dance moves to incinerate mega-calories while trimming and tightening the core. We will then cool down with gentle yoga stretches to elongate the muscles and feel fabulous. Stability balls, light weights and stretchy bands will be added to keep the workout fresh and exciting. Bring a water bottle – this workout is HOT STUFF! For more information, call Nicola Morgal at 410-313-4718.

9 classes / \$90

RP8351.701	Glenwood Com Ctr	Apr 16	9:35-10:35am	F
RP8351.702	Mount View MS	Apr 14	9:45-10:45am	W

8 classes / \$80

RP8351.801	Glenwood Com Ctr	Jun 18	9:35-10:35am	F
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Wellness

Brain Fitness with Robin Zahor

16 yrs + / 2 classes, start dates below / \$22

Retrain your mind by developing brain neurobic exercises. Develop strategies to keep your mind fit and active. Different brain enhancing topics will be taught. Have fun while keeping your mind and body fit. This class is amazing! Pre-requisite for Level II: Brain Fitness Level I. For more information, call Nicola Morgal at 410-313-4718.

RP8507.701	Ellicott Mills MS	Apr 13 & 20	7-8pm	Tu	Level I
RP8507.702	Ellicott Mills MS	May 11 & 18	7-8pm	Tu	Level II

Core Aesthetics with Liz Rolland

16 yrs + / 9 classes starting Apr 14 / \$65

Whittle your waist and tighten your tummy without doing a single crunch! Core strength is absolutely essential for functional fitness. This class will combine Pilates matwork with Yoga asanas to maximize both core strength and flexibility in all major muscle groups. All exercises will be demonstrated at various levels to accommodate beginners, intermediate and seasoned athletes. Bring a thick yoga or Pilates mat and get ready to get gorgeous! For more information, call Nicola Morgal at 410-313-4718.

RP8280.701	Mount View MS	8:55-9:40am	W
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Hatha Yoga for Flexibility & Relaxation with Kris Copeman

16 yrs + / 6 or 11 classes, start dates & prices below

Create a calm, peaceful awareness of both body and mind through the ancient art of Yoga. Classical Yoga postures and breathing techniques are practiced in a flowing style that integrates movement and breath. Come prepared to lengthen, strengthen and relax. Beginning and ongoing students are welcome. Yoga mats/blocks provided. For more information, call Nicola Morgal at 410-313-4718.

6 classes / \$53

RP8240.701	Kinetics Dance Theatre	Apr 15	9:45-10:45am	Th
RP8240.702	Kinetics Dance Theatre	Apr 15	8:30-9:30pm	Th

11 classes / \$97

RP8240.801	Kinetics Dance Theatre	Jun 10	8:30-9:30pm	Th
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Introduction to Pilates with Christine Williams, Fitour

16 yrs + / 8 or 9 classes, start dates & prices below

Develop your mind and body uniformity while having fun. Improve posture, balance, flexibility and strength. Watch your body become toned and sleek while reducing stress, fatigue and discomfort in this mat-work exercise class. For more information, call Nicola Morgal at 410-313-4718.

9 classes / \$111

RP8155.702	Misako Ballet Studio	Apr 12	8-9pm	M
RP8155.701	Misako Ballet Studio	Apr 17	8:30-9:30am	Sa

8 classes / \$99

RP8155.801	Misako Ballet Studio	Jul 5	8-9pm	M
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Massage Therapy

18 yrs + / Ongoing / ½ hr \$35, 1 hr \$60, 1½ hr \$85, Reflexology \$45

Skilled gentle massage therapy can help you feel better physically by easing pain and allowing the body to relax. Experience the benefits of Therapeutic Massage and Reflexology offered by Carol Lancaster, Certified Massage Therapist, on Tuesdays from 1-9pm. Call 410-313-4840 for more information or to make your appointment.

Glenwood Com Ctr	1-9pm	Tu
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Revive, Relax and Renew with Yoga with Mary Garrett, NETA

16 yrs + / 6, 8 or 9 classes, start dates & prices below

Even if you can't twist into a pretzel, you can enjoy yoga. Classes are an active physical workout as well as a relaxing, meditative work-in. Whether you are a beginner or have some yoga experience, this class is for you. Explore and expand your own strength, flexibility, balance and focus. You will leave each class feeling better than when you walked in. For more information, call Nicola Morgal at 410-313-4718.

8 classes / \$66

RP8252.701	Glenwood Com Ctr	Apr 12	7-8pm	M
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9 classes / \$74

RP8252.702	Glenwood Com Ctr	Apr 14	5:45-6:45pm	W
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6 classes / \$50

RP8252.801	Glenwood Com Ctr	Jun 21	7-8pm	M
RP8252.802	Glenwood Com Ctr	Jun 23	5:45-6:45pm	W

Scoop Pilates I with Lori Nowicki, AAI, AFPA

16 yrs + / 12 or 18 classes, start dates & prices below

Pilates is the ultimate mind-body exercise for anyone who wants to tone, streamline, and realign his or her body. This mat program aims to help you achieve a firm abdomen, well-defined buttocks, and toned, trim arms without the lunges, squats, crunches and weights! If you want to improve your flexibility and posture, come with a mat and be ready to work both your mind and body. For more information, call Nicola Morgal at 410-313-4718.

18 classes/ \$114

RP8152.701	Glenwood Com Ctr	Apr 20	10:30-11:15am	Tu & Th
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12 classes / \$102

RP8152.801	Glenwood Com Ctr	Jun 22	10:30-11:15am	Tu & Th
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Scoop Pilates II**with Lori Nowicki, AAAI, AFPA****16 yrs + / 12 or 18 classes, start dates & prices below**

Using the fundamentals learned in Scoop Pilates I, move on to more fast-paced intermediate and advanced movements. Exercises incorporate multiple repetitions, mixed tempos and varied sets for added interest and intensity. Come with a mat and instructor-approved large vinyl ball and get ready to work both your mind and body. For more information, call Nicola Morgal at 410-313-4718.

18 classes / \$150

RP8154.701	Cedar Lane Rec Ctr	Apr 20	9-10am	Tu & Th
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12 classes / \$100

RP8154.801	Cedar Lane Rec Ctr	Jun 22	9-10am	Tu & Th
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Tai Chi**18 yrs + / 9 wks, start dates below / \$69**

Tai Chi offers a wide variety of health benefits, including joints stability, balance and coordination. It also improves mental focus, increases energy and releases stress. For additional information, call Pam Honaker at 410-313-1694.

RP8850.701 (Beg.)	Dunloggin MS	Apr 14	7-8pm	W
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RP8850.702 (Adv.)	Dunloggin MS	Apr 14	8:05-9:05pm	W
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RP8850.704 (Beg.)	Murrury Hill MS	Apr 15	7-8pm	Th
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RP8850.703 (Adv.)	Murrury Hill MS	Apr 15	8:05-9:05pm	Th
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Yoga Boot Camp Blast with Liz Rolland**16 yrs + / 8 classes starting Apr 12 / \$75**

Get ready to transform your body! This highly effective and efficient workout combines yoga sequences, cardio dance moves and traditional boot camp fare for total body strengthening, fat burning, flexibility, balance, coordination and complete fitness. This class is a lot of fun! Bring a towel or yoga mat and water bottle. For more information, call Nicola Morgal at 410-313-4718.

RP8270.701	Mount View MS	8:30-9:15am	M
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Yoga for Healthy Weight Loss with Liz Rolland**16 yrs + / 8 or 9 classes, start dates & prices below**

Losing weight does not have to mean sacrificing! Yoga has been a proven tool in maintaining health and fitness for thousands of years. In this class, the emphasis is on creating a healthy lifestyle. You will learn: yoga postures and techniques to help strengthen, tone and stretch all muscle groups; breathing techniques to energize your body and reduce stress; diet and healthy food choices based on yoga principles and new ways to nurture your body, mind and spirit. Give yourself the gift of support and guidance and take a healthy step forward on your weight-loss journey. For more information, call Nicola Morgal at 410-313-4718.

9 classes / \$90

RP8284.701	Mount View MS	Apr 14	10:50-11:50am	W
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RP8284.702	Glenwood Com Ctr	Apr 16	10:50-11:50am	F
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8 classes / \$80

RP8284.801	Glenwood Com Ctr	Jun 18	10:50-11:50am	F
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Yogalates with EC Goode**16 yrs + / 7 classes starting Apr 13 / \$62**

This class will merge two disciplines: yoga and Pilates. A fusion of the ancient discipline of yoga with the modern Pilates techniques, the exercises mix both disciplines to develop core strength, help tone muscles, increase flexibility and reduce stress. Beginning and ongoing students are welcome. Yoga mats/blocks are provided, but please bring your own mat if you have one. For more information, call Nicola Morgal at 410-313-4718.

RP8244.701	Kinetics Dance Theatre	8-9pm	Tu
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Martial Arts

Participant Information Form for participants under 18 years of age: Download at <http://www.howardcountymd.gov/Rap>. Bring completed form to first class.

• *Wear comfortable clothing or Gi*• *No onsite registration***Aikido with Ki by Russ Dauber****18 yrs + / Start dates & prices below**

Martial Art and Ki practice as taught by Japan's Ki Society International promotes dynamic movement with unified mind and body. Techniques flow with and lead attackers' directions and motions. The Ki part is low impact. The Aikido part involves practice with partners and rolling on mats, while maintaining calmness and relaxation. Men and women welcome. Emphasis is on safety, knowledge, and enjoyment. For additional information, contact Pam Honaker at 410-313-1694.

9 wks / \$51

RP8880.701	Waverly ES	Apr 13	7-9pm	Tu & Th
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8 wks / \$46

RP8880.801	Cedar Lane Rec Ctr	Jun 22	7-9pm	Tu & Th
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Kendo**15 yrs + / Start dates & prices below**

Kendo is the art of Japanese fencing. "Ken" is from the character meaning sword. "Do" is the way or the path. This translates as "The way of the sword," and in the art of Japanese Samurai Swordsmanship. A Samurai path of life is through the training of Kendo with self-discipline and practice. It is rooted in the traditions of Budo, the Martial Way. Both physical and mental, it is exhilarating and demanding to learn. It is also said that Kendo begins and ends with etiquette. Beginners and intermediate will learn the etiquette, foot work, and techniques of swinging and sword cutting. Bamboo sticks provided. For additional information, call Pam Honaker: 410-313-1694.

9 wks / \$90

RP8795.701	Glenwood Com Ctr	Apr 11	4-5:30pm	Su
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8 wks / \$80

RP8795.802	Glenwood Com Ctr	Jun 20	4-5:30pm	Su
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MMA Brazilian Jiu-Jitsu**15 yrs + / 9 wks starting Apr 13 / \$90**

Brazilian Jiu-jitsu was created by Master Helio Gracie and is the fastest growing martial art in the world today. Scott Naugle is the only certified Rickson Gracie Jiu-jitsu representative on the East Coast. In this class you will learn how to defend yourself in any situation. You will also develop your self-confidence, self-discipline, concentration, flexibility and get fit all at the same time! For additional information, contact Pam Honaker at 410-313-1694.

RP8882.701	Patuxent Valley MS	7-8:30pm	Tu
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Gracie Self-Defense**15 yrs + / 9 wks starting Apr 15 / \$90**

Gracie Self-Defense is considered to be the most practical form of self-defense today, because Gracie self-defense relies on using superior leverage instead of brute strength to defeat much larger and stronger opponents. So it doesn't matter how big or small you are or if you are male or female – you will find that these techniques work! No previous experience necessary. For additional information, call Pam Honaker at 410-313-1694.

RP8750.701	Patuxent Valley MS	7-8:30pm	Th
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Ryukyu Kempo

13 yrs + / 9 wks starting Apr 12 / \$65

Come experience the lost art of classical Okinawan Ryukyu Kempo! Have fun getting in shape while improving self confidence and focus. Learn realistic, practical and effective training methods to sharpen both the mind and body. Experience the thrill of self discovery in a safe and nurturing learning environment. Classes taught by Certified DKI/KJK master Instructor Patrick Bast. For additional information, call Pam Honaker at 410-313-1694.

RP8741.701 Roger Carter Rec Ctr 7:30-9pm M

Shotokan Karate

13 yrs + / Start dates & prices below

Learn a repertoire of techniques and the optimal safe positions for self defense based upon the movement of your opponent(s) all in the context of traditional Shotokan karate. Learn and master blocks, punches, kicks, throws, submissions and takedowns. Special attention is given to low-impact physical conditioning and personal safety. Sensei Steve is a master in Shotokan karate and has taught karate and self defense in Howard County for more than 25 years. For additional information contact Pam Honaker: 410-313-1694.

Roger Carter Rec Ctr

9 wks / \$58

RP8791.701	(Beg.)	Apr 15	7-8pm	Th
RP8791.702	(Int.)	Apr 15	8:05-9:05pm	Th
RP8791.703	(Beg.)	Apr 17	10-11am	Sa
RP8791.704	(Int.)	Apr 17	11:05am-12:05pm	Sa

8 wks / \$98

RP8791.801		Jun 24	7-9pm	Th
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TKA Karate

13 yrs + / Start dates & prices below

Develop your physical condition as you learn karate and jujitsu in a relaxed environment. Black-belt instructors emphasize safety. One week will be spent taking or viewing the test or participating in a refresher class. The last few spring classes and some summer classes may be held outdoors. Wear comfortable clothing or gi. For additional information, call Pam Honaker at 410-313-1694.

8 wks / \$54

RP8731.701	Glenwood Com Ctr	Apr 12	8-9:30pm	M
RP8731.702	Oakland Mills MS	Apr 12	8-9:30pm	M
RP8731.703	Worthington ES	Apr 12	8-9:30pm	M

9 wks / \$61

RP8731.711	Cradlerock School	Apr 13	8-9:30pm	Tu
RP8731.712	Forest Ridge ES	Apr 15	8-9:30pm	Th
RP8731.713	Fulton ES	Apr 14	8-9:30pm	W
RP8731.714	Longfellow ES	Apr 13	8-9:30pm	Tu
RP8731.715	Manor Woods ES	Apr 15	8-9:30pm	Th
RP8731.716	Northfield ES	Apr 14	8-9:30pm	W
RP8731.717	Pointers Run ES	Apr 15	8-9:30pm	Th
RP8731.718	Rockburn ES	Apr 14	8-9:30pm	W

8 wks / \$54

RP8731.801	Schooly Mill PK	Jun 21	8-9:30pm	M
RP8731.802	Cedar Lane Rec Ctr	Jun 22	8:30-10pm	Tu
RP8731.803	Ridgelys Run Com Ctr	Jun 23	8-9:30pm	W
RP8731.804	Glenwood Com Ctr	Jun 24	8-9:30pm	Th

LaCanne Basics with Steve Savoie. See page 74

Savate Kick-Boxing Station Workout with Steve Savoie. See page 74

Savate Kick-Boxing Level II with Steve Savoie. See page 74

Dynamic Kick-Boxing with Bev Uithoven. See page 73

Social

Fun Timers

35-50 yrs / 6 wks starting Apr 15 / \$150

Adults with mild developmental disabilities can enjoy community outings and social activities. Participants must be able to attend with limited supervision and have a high level of independent and personal skills. Staff to participant ratio is 1:6. **Goal:** Increase self awareness through environmental orientation, improve social etiquette and increase ability to listen to others. Fee is inclusive of activities other than dining. For more information, call Susan Potts at 410-313-4628

RP4307.701 Meets in various locations 7-9:30pm Th

Out & About

22-35 yrs / 6 wks starting Apr 16 / \$150

Young adults with mild developmental disabilities can enjoy community outings and social activities. Participants must have moderate to high functioning level of independence and require minimal assistance with personal skills to be functionally independent. Staff to participant ratio is 1:5. **Goal:** Increase self awareness through environmental orientation, improve social etiquette and increase ability to listen to others. Fee is inclusive of activities other than dining. For more information, call Susan Potts at 410-313-4628

RP4308.701 Meets in various locations 7-9:30pm F

Friday Night Socials

21 yrs + / 6 wks starting Apr 16 / \$71

Adults with developmental disabilities will enjoy this casual group with easy-going activities, dancing, and socializing. Staff will provide activity facilitation, caregivers must accompany at staff's discretion. **Goal:** Increase self awareness through leisure experiences, improve social etiquette, and increase ability to listen to others. For more information, call Susan Potts at 410-313-4628

RP4306.701 Bain Center 7:30-9pm F

Spring Fling Dance

13 yrs + / May 1 / \$15

Teens and Adults with developmental disabilities can enjoy dancing, socializing, and music by DJ Chris Andrews. Snacks and refreshments will be provided. Food donations appreciated. For more information, call Susan Potts at 410-313-4628

RP4301.701 Kiwanis-Wallas Rec Ctr 7-10pm Sa

Sports Instruction

Golf

Fairway Hills Golf Lessons

18 yrs + / 4 wks, start dates below / \$82 + \$15 ball fee

These small-group beginner lessons include putting, chipping, full swing with both irons and woods. Ball fee due at first lesson; no clubs required. For more information, call Tessa Hurd at 410-313-4637.

RP6321.701	Apr 25	10-11am	Su
RP6321.702	Apr 26	4-5pm	M
RP6321.703	Apr 27	11am-noon	Tu
RP6321.704	Apr 28	4-5pm	W
RP6321.705	Apr 29	11am-noon	Th
RP6321.801	Jun 6	10-11am	Su
RP6321.802	Jun 7	4-5pm	M
RP6321.803	Jun 1	11am-noon	Tu
RP6321.804	Jun 2	4-5pm	W
RP6321.805	Jun 3	11am-noon	Th

Rocky Gorge Golf Lessons with Gus Novotny

18 yrs + / 5 wks, start dates below / \$82 + \$5 per week ball fee

Beginners and advanced beginners can emphasize fundamentals of a sound swing and learn personal skill analysis and self-improvement of distance and approach in small-group lessons. Ball fee due weekly; no clubs required. For more information, call Tessa Hurd at 410-313-4637.

RP6323.701	Apr 13	11-11:45am	Tu
RP6323.702	Apr 13	6-6:45pm	Tu
RP6323.703	Apr 14	11-11:45am	W
RP6323.704	Apr 14	6-6:45pm	W
RP6323.705	Apr 15	11-11:45am	Th
RP6323.706	Apr 15	6-6:45pm	Th
RP6323.707	Apr 17	11-11:45am	Sa
RP6323.801	Jun 1	11-11:45am	Tu
RP6323.802	Jun 1	6-6:45pm	Tu
RP6323.803	Jun 2	11-11:45am	W
RP6323.804	Jun 2	6-6:45pm	W
RP6323.805	Jun 3	11-11:45am	Th
RP6323.806	Jun 3	6-6:45pm	Th
RP6323.807	Jun 5	11-11:45am	Sa

Timbers at Troy Golf Lessons

18 yrs + / 5 wks, start dates below / \$82 + \$15 ball fee

These small-group lessons for beginners and advanced beginners include iron play, driving, putting and more. Ball fee due at first lesson. For more information, call Tessa Hurd at 410-313-4637.

Beginner

RP6324.701	Apr 14	5:30-6:15pm	W
RP6324.702	Apr 16	5:30-6:15pm	F
RP6324.703	Apr 17	10-10:45am	Sa
RP6324.704	Apr 19	5:30-6:15pm	M
RP6324.801	Jun 2	5:30-6:15pm	W
RP6324.802	Jun 4	5:30-6:15pm	F
RP6324.803	Jun 5	10-10:45am	Sa
RP6324.804	Jun 7	5:30-6:15pm	M

Advanced Beginner

RP6324.711	Apr 14	6:30-7:15pm	W
RP6324.712	Apr 16	6:30-7:15pm	F
RP6324.713	Apr 17	11-11:45am	Sa
RP6324.714	Apr 19	6:30-7:15pm	M
RP6324.811	Jun 2	6:30-7:15pm	W
RP6324.812	Jun 4	6:30-7:15pm	F
RP6324.813	Jun 5	11-11:45am	Sa
RP6324.814	Jun 7	6:30-7:15pm	M

NEW! Iron It Out

18 yrs + / 5 wks, start dates below / \$82 + \$15 ball fee

Straighten out your shots in this small-group lesson. Eliminate hooks and slices from your game and get the ball going straighter than ever. Focus on driving, fairway woods and iron play. Ball fee due at first lesson. For more information, call Tessa Hurd at 410-313-4637.

Timbers at Troy Golf Course

RP6326.721	Apr 16	12-12:45pm	F
RP6326.722	Apr 19	9-9:45am	M
RP6326.821	Jun 4	12-12:45pm	F
RP6326.822	Jun 7	9-9:45am	M

NEW! Putt For Dough

18 yrs + / 5 wks, start dates below / \$82 + \$15 ball fee

Learn why the professionals always say, "drive for show and putt for dough." In this small-group lesson the focus will be on golf's short game. Learn fundamentals of putting, chipping, pitching and bunker shots. Ball fee due at first lesson. For more information, call Tessa Hurd at 410-313-4637.

Timbers at Troy Golf Course

RP6327.723	Apr 16	9-9:45am	F
RP6327.724	Apr 19	12-12:45pm	M
RP6327.823	Jun 4	9-9:45am	F
RP6327.824	Jun 7	12-12:45pm	M

Waverly Woods Golf Lessons

18 yrs + / 5 wks, start dates below / \$82 + \$18 ball fee

In small-group lessons for beginners and advanced beginners, learn iron play, driving, putting and more. Ball fee due at first lesson. Golf clubs are available if needed. For more information, call Tessa Hurd at 410-313-4637.

Beginner

RP6325.701	Apr 14	5-5:45pm	W
RP6325.702	Apr 16	5-5:45pm	F
RP6325.801	Jun 9	5-5:45pm	W
RP6325.802	Jun 11	5-5:45pm	F

Advanced Beginner

RP6325.711	Apr 14	6-6:45pm	W
RP6325.712	Apr 16	6-6:45pm	F
RP6325.811	Jun 9	6-6:45pm	W
RP6325.812	Jun 11	6-6:45pm	F

Tennis

Mom's Tennis Swings with Shantha Chandra

18 yrs + / 2 wks, start dates below / \$71

Learn the basics or fine-tune your game. Lessons include drills and match play. No babysitting available. Rain makeup on Fridays. For more information, call Tessa Hurd at 410-313-4637.

Cedar Lane Pk East -Tennis Courts

Beginners / Advanced Beginners

RP6848.701	Apr 12	11am-12:30pm	M & W
RP6848.702	Apr 26	11am-12:30pm	M & W
RP6848.703	May 10	11am-12:30pm	M & W
RP6848.704	Apr 13	11:30am-1pm	Tu & Th
RP6848.705	Apr 27	11:30am-1pm	Tu & Th
RP6848.706	May 11	11:30am-1pm	Tu & Th
RP6848.707	May 25	11:30am-1pm	Tu & Th

Intermediate / Advanced

RP6848.708	Apr 13	10-11:30am	Tu & Th
RP6848.709	Apr 27	10-11:30am	Tu & Th
RP6848.710	May 11	10-11:30am	Tu & Th
RP6848.711	May 25	10-11:30am	Tu & Th

Sunday Swings

18 yrs + / 4 classes, start dates below / \$71

Beginners, advanced beginners and intermediate players can enjoy learning and improving tennis skills through drills, small-group games and match play. For more information, call Tessa Hurd at 410-313-4637.

Cedar Lane Pk East - Tennis Courts

Beginner

RP6844.701	Apr 18	12-1:30pm	Su
RP6844.702	May 16	12-1:30pm	Su
RP6844.801	Jun 13	12-1:30 pm	Su

Advanced Beginner

RP6844.711	Apr 18	10:30am-noon	Su
RP6844.712	May 16	10:30am-noon	Su
RP6844.811	Jun 13	10:30am-noon	Su

Intermediate

RP6844.721	Apr 18	9-10:30am	Su
RP6844.722	May 16	9-10:30am	Su
RP6844.821	Jun 13	9-10:30am	Su

Tennis for Everyone

18 yrs + / 5 wks, start dates and prices below

Join professionally trained instructors from the Baltimore Tennis Patrons for fun, friends, fitness and action packed instruction and play. Players are grouped according to ability. Loaner rackets are available. Beginner/Advanced Beginner: Learn to play fast using the games-based approach to learning the basics in play situations. Get ready for instant fun, learning and exercise. Intermediate Cardio: Heart pumping fitness! Cardio tennis is a group activity featuring drills to give you an ultimate high energy workout. Cardio includes a warm-up, cardio workout and a cool down. For more information, call Tessa Hurd at 410-313-4637.

Beginner / Advanced Beginner / \$77 / \$85*

RP6852.801*	Centennial Pk West -Tennis Ct	Jun 29	6:45-8:15pm	Tu
RP6852.802	Cedar Lane Pk East -Tennis Ct	Jul 9	6-7pm	F

Intermediate Cardio / \$92

RP6852.821	Centennial Pk West -Tennis Ct	Jul 1	7-8:30pm	Th
RP6852.822	River Hill HS -Tennis Ct	Jun 29	7-8:30pm	Tu
RP6852.823	Cedar Lane Pk East -Tennis Ct	Jul 9	7-8:30pm	F

Tennis Lessons

18 yrs + / 4 classes, start dates below / \$72

Learn the basics, improve your skills or develop your shot selection.

Beginners: Learn the basic strokes and techniques of tennis, including the grip, how to hit a forehand, backhand, how to serve and volley plus movement and timing. Beginner Plus: Learn the techniques that will allow you to modify or change your stroke. The class reinforces all the basic strokes described in the beginner level class. Advanced Beginner: Enhance your knowledge of consistency, ball placement, control and sense. Work on hand eye coordination and play modified games to enhance skills. For more information, call Tessa Hurd at 410-313-4637.

Centennial Pk West - Tennis Courts

Beginners

RP6843.701	Apr 12	6-7pm	M
RP6843.702	Apr 17	8-9am	Sa
RP6843.703	May 17	6-7pm	M
RP6843.704	May 22	8-9am	Sa

Beginner Plus

RP6843.711	Apr 12	7-8pm	M
RP6843.712	Apr 17	9-10am	Sa
RP6843.713	May 17	7-8pm	M
RP6843.714	May 22	9-10am	Sa

Advanced Beginners

RP6843.721	Apr 12	8-9pm	M
RP6843.722	Apr 17	10-11am	Sa
RP6843.723	May 17	8-9pm	M
RP6843.724	May 22	10-11am	Sa

Sports Leagues/Tournaments

Refund Policy: A 20% administrative fee is deducted for all refund requests received four weeks or more prior to league starting. A 50% refund is issued if withdrawal is requested two weeks prior to league starting. No refunds will be given within 2 weeks of league starting.

NEW! Spring Sports Pass

18 yrs + / 5 wks starting Apr 19 / \$40

Choose the Sports Pass option to save money and play in as many Drop-in Co-rec Basketball and/or Volleyball games as you want! Pick what nights to play that will fit into your personal schedule, whether you choose to play one or three times a week. See courses 6900 & 6901 series for specific locations. Note: Some gyms may be canceled by the third meeting due to insufficient registration or attendance. An additional Sports Pass Option will be available for the new Meadowbrook Athletic Complex. For more information call Susan Markovitz at 410-313-4674.

RP6902.701 County Schools/MAC Times Vary M-Th

Badminton

NEW! Badminton

18 yrs + / 8 wks starting Apr 12 / \$40

Join other badminton players of all ability levels in single and doubles matches. Players must bring their own racquets; shuttlecocks will be provided. For more information, call Will Dunmore 410-313-1697

RP6830.710 Meadowbrook Rec Ctr 8-10pm M

Basketball

Men's Spring Basketball Leagues

18-30 yrs + / 6 wks, start dates below / \$440 per team

Pull down some boards, tickle the twines or dish off some assists. Our goal is to place your team in a division of similar skills. All teams participate in postseason playoffs. Fee includes officials, staff, awards, equipment, facility rental and administration. Games will be played at County schools and the new Meadowbrook Athletic Complex. Register by March 26. For more information, call Mark Pendleton at 410-313-4703.

RP5080.701	Apr 13	8:15pm	Tu
RP5080.702 (30 + division)	Apr 13	8:15pm	Tu
RP5080.703	Apr 14	8:15pm	W
RP5080.704	Apr 15	8:15pm	Th
RP5080.705	Apr 16	8:15pm	F

Women's Spring Basketball League

18 yrs + / 6 wks starting April 15 / \$440 per team

Pull down some boards, tickle the twines or dish off some assists. Our goal is to place your team in a division of similar skills. All teams participate in postseason playoffs. Fee includes officials, staff, awards, equipment, facility rental and administration. Games will be played at county schools and the new Meadowbrook Athletic Complex. Register by March 26. For more information, call Mark Pendleton at 410-313-4703.

RP5080.711 8:15pm Th

Men's Summer Basketball Leagues**18, 30 yrs + / 8 wks, start dates below / \$580 per team**

Pull down some boards, tickle the twines or dish off some assists. Our goal is to place your team in a division of similar skills. All teams participate in postseason playoffs. Fee includes officials, staff, awards, equipment, facility rental and administration. Games will be played at the new Meadowbrook Athletic Complex. Register by May 14. Register by May 7 to receive a 5% discount. For more information, call Mark Pendleton at 410-313-4703.

RP5080.801	Jun 15	8:15pm	Tu
RP5080.802 (30 + division)	Jun 15	8:15pm	Tu
RP5080.803	Jun 16	8:15pm	W
RP5080.804	Jun 17	8:15pm	Th
RP5080.805	Jun 18	8:15pm	F

Drop-in Co-Rec Basketball**18, 30 yrs+ / 5 wks, start dates below / \$23**

Join other athletes of all ability levels for basketball scrimmages. Choose the night that best works for you and the location closest to work or home. Games are self-officiated and site staff will help form balanced teams. All you need to do is bring your driver's license for admission. With so many choices, the fun has just begun. Interested in playing more than one time a week? Register for our Spring Sports Pass (RP6902.701), see page 77. Note: Some gyms may be canceled by the third meeting due to insufficient registration or attendance. For more information, call Susan Markovitz at 410-313-4674.

18 yrs +

RP6900.701	Rockburn ES	Apr 19	8-10:15pm	M
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30 yrs +

RP6900.711	Bonnie Branch MS	Apr 19	8-10:15pm	M
RP6900.712	Bonnie Branch MS	Apr 15	8-10:15pm	Th
RP6900.713	Reservoir HS	Apr 13	8-10:15pm	Tu
RP6900.714	Reservoir HS	Apr 15	8-10:15pm	Th
RP6900.715	Lisbon ES	Apr 13	8-10:15pm	Tu
RP6900.716	Reservoir HS	Apr 18	9-11:15am	Su

Bowling**Young Adults Strikes & Spares Bowling League****19-30 yrs / 6 wks starting Apr 17 / \$71**

Adults with developmental disabilities will improve bowling skills and learn proper bowling etiquette. You will bowl one or two games per week in this program. Fee includes bowling fee and shoe rental. Register early; space is limited! Goal: Increase range of motion, improve athletic skills, and improve ability to stay on task. For more information, call Susan Potts at 410-313-4628.

RP4313.701	Columbia Brunswick Ctr	12:30-2pm	Sa
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Adults Pinbusters Bowling League**Ages below / 6 wks starting Apr 17 / 1.25 hrs / \$71**

Adults with developmental disabilities will enjoy socializing with peers. You will bowl one or two games per week in this program. Fee includes bowling fee and shoe rental. Register early; space is limited! Goal: Increase self awareness through environmental orientation, increased ability to listen and interact with others. For more information, call Susan Potts at 410-313-4628.

Ages 31-50

RP4312.701	Normandy Brunswick Ctr	11:30am-12:45pm	Sa
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Ages 51+

RP4312.702	Normandy Brunswick Ctr	1-2:15pm	Sa
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Field Hockey**Women's Summer Field Hockey League****15 yrs + / 8 wks starting May 17 / \$780 per team**

This women's field hockey league is open to current high school players entering 10th-12th grade, college and post collegiate players. Teams will compete in full field 11-on-11 league play. All teams must play with a goalie, and goalies must provide own equipment. Registration is by teams only and includes team shirt and paid officials for all games. Games will be played on Monday, Wednesday and/or Friday evenings 6pm-10pm. Fridays may be used for make-up games. Registration deadline is April 19. For more information, call Susan Markovitz at 410-313-4674.

RP5262.801	County Parks	6-10pm	M & W
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Football**Fall Co-Rec Football League****18 yrs + / 8 wks + playoffs starting Sep 7 / \$285 per team**

Enjoy playing this fast-action, non-contact, no blocking, touch football league. Teams play 8-on-8. Teams provide own uniforms and football. Schedule includes eight games plus playoffs. All teams qualify for playoffs. Fee includes eight-game schedule, playoffs, awards, field rental and administration. Teams are responsible for \$30 referee fee paid on-site to referee crew at each game (regular season only). New this season: no forfeit bond will be collected. If a team forfeits they must pay the referees for the forfeited game (\$60) prior to their next scheduled game. Failure to do so will result in that team being removed from the league without refund. For a complete copy of rules visit: hcrpsports.com. Team manager will be updated with a league packet one week prior to start of games. For more information, contact Nicola Morgal at 410-313-4718 or nmorgal@howardcountymd.gov. Register by August 17.

RP5301.101	Cedar Lane Pk - West (Turf Fields)	6-11pm	Tu
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Fall Men's Run & Shoot Football League**18 yrs + / 8 wks + playoffs starting Aug 15 / \$285 per team**

Enthusiasts can enjoy playing this fast-action, low-contact version of touch football. Teams play six on defense and five on offense. Fee includes eight-game schedule, playoffs, awards, field rental and administration. Teams provide uniforms and an official NFL-sized football. Teams are responsible for \$45 referee fee paid on-site to referee crew at each game (regular season only). New this season: no forfeit bond will be collected. If a team forfeits, they must pay the referees for the forfeited game (\$90) prior to their next scheduled game. Failure to do so will result in that team being removed from the league without refund. All teams qualify for playoffs. Team manager will be updated with a league packet one week prior to start of games. Register by July 20. For a complete copy of rules, visit hcrpsports.com. For more information, contact Nicola Morgal at 410-313-4718 or nmorgal@howardcountymd.gov.

RP5300.101	A Division	County Parks (Turf fields)	8am-2pm	Su
RP5300.102	B Division	County Parks (Turf fields)	8am-2pm	Su

Kickball

Fall Union Jack's Co-Rec Kickball League

18 yrs + / 10 wks, start dates below / \$455 per team

Join the kickball craze! New Sunday league offered. Games will be played as double headers for a minimum of 16 games. Every team makes the playoffs! Here's your chance to leave the office and return to the playground. Teams can have up to 16 players per roster. Fee includes umpires, balls, awards, administration and field reservation. Games will be played at county parks. View league rules at hcrpsports.com. Register by August 6. Registration is limited; first-come-first served. For more information call Derek Ludlow at 410-313-4716.

RP5830.101	County Parks	Aug 17	6-10pm	Tu
RP5830.102	County Parks	Aug 18	6-10pm	W
RP5830.103	County Parks	Aug 15	5-10pm	Su

Lacrosse

Men's Adult Summer Lacrosse Leagues

18, 35 yrs+ / 8 wks + playoffs starting Jun 28 / Prices below

Lacrosse enthusiasts, work on your game in this weeknight league. Team and individual registration available (Individual registrants will be formed into teams to compete in league play). Teams play an eight-game schedule and are eligible for post-season playoffs. Teams are required to provide uniforms (reversible, two-colors) and equipment. Fee includes field use, lights, supplies, administration staff and game officials. Games played weeknights on Synthetic Turf Fields in Rockburn, Cedar Lane and Western Parks. Schedules will be emailed.

Individual Registration \$70

RP5525.811	18 yrs +	County Parks	6:30-11pm	Weeknights
RP5503.811	35 yrs +	County Parks	6:30-11pm	Weeknights

Team Registration \$1,200

RP5525.801	18 yrs +, Div. A	County Parks	6:30-11pm	Weeknights
RP5525.802	18 yrs +, Div. B	County Parks	6:30-11pm	Weeknights
RP5503.801	35 yrs +	County Parks	6:30-11pm	Weeknights

Howard County Women's Spring Lacrosse

18 yrs + / 8 wks starting Apr / \$60 per individual

Get back on the field!! Enjoy pick-up style games with players who have had great experiences in years past!! Bring eye protection (mandated by U.S. Lacrosse) and mouth guard.

RP5510.70

Howard County Women's Adult Summer Lacrosse

18 yrs + / 8 wks starting in Jul / \$60 per individual

Get back on the field!! Enjoy pick-up style games with players who have had great experiences in years past!! Bring eye protection (mandated by U.S. Lacrosse) and mouth guard.

RP5510.801

Soccer

Women's Summer 6-on-6 Soccer

18 yrs + / 6 wks starting Jun 21 / \$130 per team

Play 25-minute halves in a 6-game schedule. Field and goal size is reduced. Games are scheduled between 6-9pm. This is an open division; all skill levels are welcome. Teams will be grouped by skill if enough register. Referee fees are paid on the field; \$25 per team for one-referee games. Limit 12 teams; register by June 4. For more information, call Derek Ludlow at 410-313-4716.

RP5700.801	County Parks	7-10pm	M
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Fall Soccer Leagues

18 yrs + / 8 or 10 wks, start dates below / Prices below

Team registration only. Register by July 18; registration is first-come, first-served. A player may be on the roster of only one team on each day of play. Shin guards are required. For a complete list of rules, visit hcrpsports.com. Fee includes field rental and league administration. Teams required to pay referee fee on the field prior to each game. Games are played at County parks. For more information, call Derek Ludlow at 410-313-4716.

County Parks

Men: 10-game season, \$255 per team

RP5700.112	(Div I)	Aug 20	6-11pm	F
RP5700.113	(Div II)	Aug 20	6-11pm	F
RP5700.114	(Div III)	Aug 20	6-11pm	F
RP5700.115	(Div I)	Aug 22	8am-4pm	Su
RP5700.116	(Div II)	Aug 22	8am-4pm	Su
RP5700.117	(Div III)	Aug 22	8am-4pm	Su

Women: 8-game Season, \$180 per team

RP5700.121	(Div A)	Aug 22	4-10:30pm	Su
RP5700.122	(Div B)	Aug 22	4-10:30pm	Su
RP5700.123	(Div C)	Aug 22	4-10:30pm	Su
RP5700.124	(Div D 25 yrs +)	Aug 22	4-10:30pm	Su

Co-Rec: 10-game season, \$255 per team

RP5700.101	(Div I)	Aug 17	6-11pm	Tu
RP5700.102	(Div II)	Aug 17	6-11pm	Tu
RP5700.103	(Div III)	Aug 17	6-11pm	Tu
RP5700.104	(Div I)	Aug 19	6-11pm	Th
RP5700.105	(Div II)	Aug 19	6-11pm	Th
RP5700.106	(Div III)	Aug 19	6-11pm	Th

Softball

Fall Softball Leagues

18 yrs +, 50 yrs + / 7 wks, start dates below / \$685 per team

Games will be played as doubleheaders for a 14 game season. Fee includes umpires, game balls, awards, league administration, field reservation fee, sanction fees and lights. Games begin the week of August 15 and will be played at Cedar Lane, Centennial and Rockburn Parks. Register by July 16. For more information, call Mark Pendleton at 410-313-4703.

Men D-1 Division

RP5730.101	County Parks	Aug 15	Su
RP5730.102	County Parks	Aug 16	M
RP5730.103	County Parks	Aug 17	Tu
RP5730.104	County Parks	Aug 18	W
RP5730.105	County Parks	Aug 19	Th
RP5730.106	County Parks	Aug 20	F
RP5730.107 (50 yrs+)	County Parks	Aug 16	M

Women

RP5730.108	County Parks	Aug 17	Tu
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Co-Rec D-1 Division

RP5730.111	County Parks	Aug 16	M
RP5730.112	County Parks	Aug 18	W
RP5730.113	County Parks	Aug 19	Th
RP5730.114	County Parks	Aug 20	F

Co-Rec Recreational Division

RP5730.115	County Parks	Aug 16	M
RP5730.116	County Parks	Aug 18	W

Early Bird Softball Tournament

18 yrs + / Apr 10-11 / \$225 per team

Register your team by April 1 for this three game guarantee tournament. Games are April 10 and 11 at county parks. The tournament will provide 3 ASA approved balls to each team before the tournament. Additional balls may be purchased at the tournament site for \$5; each. Rain dates are April 17 and 18. Call Mark Pendleton at 410-313-4703 for a flier.

Men

RP5731.702 Cedar Lane Pk - West Field Apr 10 Sa/Su

Co-Rec

RP5731.701 Cedar Lane Pk - West Field Apr 10 Sa/Su

Tennis

Co-Rec Howard County Tennis Challenger

18 yrs + / 10 wks starting Apr 13 / Prices below

This ladder program is designed for players who desire greater opportunities to play tennis and have fun while meeting and competing with new players of similar skill levels. Once registered, you will receive a list of players in your division, scorecards, and rules. You will then be able to challenge other players in as many matches as you'd like over the 10-week season. Players are responsible for setting up their own matches and court times. The program concludes with a tournament for the top four finishers in each division. The tournament will be played the weekend of June 26 and 27. For more information please call Mark Pendleton @ 410-313-4703.

2.0 - 3.5 Level / \$30

RP6856.701	(2.0 Level)	County Tennis Courts	Tu
RP6856.702	(2.5 Level)	County Tennis Courts	Tu
RP6856.703	(3.0 Level)	County Tennis Courts	Tu
RP6856.704	(3.5 Level)	County Tennis Courts	Tu

6.0 Level / \$35

RP6856.705	(6.0 Level)	County Tennis Courts	Tu
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Volleyball

Drop-in Co-Rec Volleyball

18 yrs + / 5 wks, start dates below / \$23

Join other athletes of all ability levels for a volleyball scrimmages. Choose the night that best works for you and the location closest to work or home. Games are self-officiated and site staff will help form balanced teams. All you need to do is bring your driver's license for admission. With so many choices, the fun has just begun. Interested in playing more than one time a week? Register for our Spring Sports Pass (RP6902.701), see page 77. Note: Some gyms may be canceled by the third meeting due to insufficient registration or attendance. For more information, call Susan Markovitz at 410-313-4674.

RP6901.701	Burleigh Manor MS	Apr 19	8-10:15pm	M
RP6901.702	Burleigh Manor MS	Apr 15	8-10:15pm	Th
RP6901.703	Forest Ridge ES	Apr 14	8-10:15pm	W
RP6901.704	Rockburn ES	Apr 13	8-10:15pm	Tu

Volleyball Clinics

18yrs + / 2 wks starting Apr 14 / \$75

Need to fine tune your skills and define potential? This clinic is designed for beginner/intermediate players who enjoy the exciting sport and want to learn more. Focus on one skill at a time and then combine them at the end for a friendly scrimmage. Clinic sessions include serving, passing, setting, and hitting. For more information call Julija Sajauskas at 410-313-2765.

RP5890.711	Meadowbrook Ath Comp	7-10pm	W & Th
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Volleyball Leagues

18 yrs + / 8 wks + playoffs, start dates below / \$220 per team

These indoor volleyball leagues play 6-on-6, with rosters consisting of up to 12 players. Schedule includes eight matches, and all teams participate in post-season playoffs. Fee includes awards, playoffs, facility rental and administration. Teams are responsible for the \$20 paid on-site to the official at each match. Register by April 1; register by March 19 and receive a 10% discount. For more information or if you are an individual looking for a team, call Julija Sajauskas at 410-313-2765.

Men

RP5890.702	Meadowbrook Ath Comp	Apr 15	8-11pm	Th
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Women

RP5890.701	Meadowbrook Ath Comp	Apr 13	8-11pm	Tu
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Co-Rec

RP5890.703	Centennial HS	Apr 18	3-11pm	Su
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NEW! Summer Volleyball Leagues

18 yrs + / 6 wks + playoffs, start dates below /

\$165 per team

Don't want to stop playing?! These indoor volleyball leagues are an extension of our spring leagues. Play 6-on-6, with each roster consisting of up to 12 players. Schedule includes six matches, and all teams participate in post-season playoffs. Fee includes awards, playoffs, facility rental and administration. Teams are responsible for the \$20 paid on-site to the official at each match. Register by June 18; register by June 4 and receive a 10% discount. For more information or if you are an individual looking for a team, call Julija Sajauskas at 410-313-2765.

Men

RP5890.802	Meadowbrook Ath Comp	Jul 15	8-11pm	Th
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Women

RP5890.801	Meadowbrook Ath Comp	Jul 13	8-11pm	Tu
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Co-Rec

RP5890.803	Meadowbrook Ath Comp	Jul 11	3-11pm	Su
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NEW! Beach Volleyball Leagues

18 yrs + / 6 wks (+ playoffs), start dates & prices below

Want to have some fun this summer? Taking a break from football, softball or soccer? If so join the latest summer sports craze – beach volleyball! Play 4-on-4 or 6-on-6 on the County's sand courts! Schedule includes six matches, and all teams participate in post-season playoffs. Fee includes awards, playoffs, court rental and administration. Teams are responsible for \$20 official fee paid on-site to the official at each match. Register by June 18; register by June 4 and receive a 10% discount. For more information or if you are an individual looking for a team, call Julija Sajauskas at 410-313-2765.

Co-Rec 4-on-4 / \$185 per team

RP5890.811	County Parks	Jul 13	6-9pm	Tu
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Co-Rec 6-on-6 / \$205 per team

RP5890.821	County Parks	Jul 14	6-9pm	W
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DEMONSTRATIONS



ACTIVITIES



LESSONS



HEALTH SCREENINGS

**REGISTRATION
BEGINS
MARCH 1**
Program runs
March 29-June 6

get active

HOWARD COUNTY

GetActive Howard County is a 10-week community wide physical fitness initiative designed to make Howard County the “fittest county” in America. The 10-week jam-packed calendar of activities includes ***horseback riding lessons, intro to Pilates, yoga, children activities, walks*** and so much more.

For registration information, visit www.GetActiveHowardCounty.org. The Get Active Howard County ***Kick-off*** will be ***Saturday, March 27, 12-4pm*** at the ***Supreme Sports Club***. The kick-off will include free roller skating (skate rental extra), information on health issues, demonstrations of exercise activities and equipment, light snacks and activities for children.

The goal of Get Active Howard County is to increase awareness of healthy lifestyle habits and to motivate people to participate in 30 minutes of moderate activity at least five days per week. Up to 5,000 people are expected to take part in the program as individuals or teams made up of families, business employees, neighborhoods and villages.

To register online go to www.GetActiveHowardCounty.org or register at your local library.

For more
information,
contact Carol
Wasser at
carol.wasser@columbiaassociation.com
or 410-715-5523.

Just for Adults 55 +

- These activities are planned especially for those age 55+ and their friends age 18+, unless stated otherwise. Older adults are also urged to find additional programs in the regular adult section.
- Summer courses are listed in green.

Arts & Crafts

You Can Draw & Paint

55 yrs + / 9 wks, start dates below / \$75 + materials

Let your artistic expression soar in this congenial, fun and supportive atmosphere. Bring watercolors, acrylics, oils, pastels, or whatever materials you may have and explore your creative potential. Instructor provides direction and instruction in drawing and painting for beginners and experienced dabblers. Discuss materials (purchased separately) at first class. No class April 1, April 2, July 29, July 30, Aug 5, Aug 6. For more information call Cathy Vigus at 410-313-7311.

RP0304.702	Bain Ctr	Mar 25	1:15-3:45pm	Th
RP0304.703	E Columbia Lib Sr Ctr	Mar 26	9:15-11:45am	F
RP0304.802	Bain Ctr	Jun 17	1:15-3:45pm	Th
RP0304.803	E Columbia Lib Sr Ctr	Jun 18	9:15-11:45am	F

Watercolors

55 yrs + / 9 wks, start dates below / \$75

Spring is a perfect time to get in touch with your inner artist. Painting with watercolors is a great way to begin. Class is designed for beginners, but continuing students and experienced dabblers are all welcome. Suggested supplies will be discussed at the first class and are available through the instructor. No class April 2, July 30, August 6. For more information call Cathy Vigus at 410-313-7311.

RP0303.701	E Columbia Lib Sr Ctr	Mar 26	1-3:30pm	F
RP0303.801	E Columbia Lib Sr Ctr	Jun 18	1-3:30pm	F

Artful Journaling

55 yrs + / 9 wks, start dates below / \$75 + materials

Do you remember as a child painting wonderfully vivid pictures, recounting daily events in a secret diary, or writing wildly imaginative stories? You didn't care if your creations were "good" or not – you simply enjoyed the process. This class can help you recapture that sense of excitement and play. In a relaxed atmosphere, let our instructor guide you in an exploration of creative writing and simple techniques for visual expression. Your journal will serve as a lasting record of your unique perspective on the world. No training needed, just bring your own life experiences. Additional fee for supplies; suggested supplies will be discussed at the first class and are available through the instructor. No class April 1, July 29, August 5. For more information call Cathy Vigus at 410-313-7311.

RP0305.701	Bain Ctr	Mar 25	9:30am-noon	Th
RP0305.801	Bain Ctr	June 17	9:30am-noon	Th

Jewelry Club

55 yrs + / 6 wks, class dates below / \$30 + materials

Join us and learn the basics of jewelry construction including crimp beads and choosing string. For more information call Cathy Vigus at 410-313-7311.

RP0306.701	Kiwanis Wallas Rec Ctr	1-3:30pm	F
RP0306.702	Kiwanis Wallas Rec Ctr	9:30am-noon	F

Community Knitting & Crocheting Group

55 yrs + / Ongoing / Free!

Feel a sense of belonging and create heirloom memories while knitting and crocheting afghans, blankets, baby wear, and more for local charities, hospitals and senior centers. This volunteer-led group meets each second and fourth Wed., 12:30-2:30pm, at Kiwanis Wallas Rec. Ctr. Donations of acrylic yarn are appreciated. For more information call Cathy Vigus at 410-313-7311 or 410-313-7320.

Kiwanis Wallas Rec Ctr	12:30am-2:30pm	W
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Bridge

Supervised Play

55 yrs + / 4 wks, starting Apr 9 / \$36

This bridge class is designed for immediate feedback! Shuffle, deal, and play, and the instructor will work with each table on their specific bidding and play issues. Perfect for partnerships to practice or groups of four, but feel free to come without a partner. Weekly mini-lesson included. For more information call Cathy Vigus at 410-313-7311.

RP3516.702	Kiwanis Wallas Rec Ctr	12:30-2:30pm	F
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More Brush Up Bridge

55 yrs + / 4 wks starting Apr 9 / \$36

Keep learning and add to your bidding and play skills. Topics will include important conventions you should know. For more information call Cathy Vigus at 410-313-7311.

RP3517.701	Kiwanis Wallas Rec Ctr	9:30-11:30am	F
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Duplicate Bridge

55 yrs + / Ongoing / Free

Enjoy a few hours of drop-in duplicate bridge. Bring a bag lunch; coffee, tea, and treats will be available. We gladly accept donations to the snack fund. For more information call Cathy Vigus at 410-313-7311.

Kiwanis Wallas Rec Ctr	12:30-3:30pm	W
Kiwanis Wallas Rec Ctr	9:30am-12:30pm	F

Bridge & Pinochle

55 yrs + / Ongoing / Free!

Drop in for bridge and pinochle or bring your favorite table game. Bring a bag lunch; coffee, tea, and treats will be available. We gladly accept donations to the snack fund. For more information call Cathy Vigus at 410-313-7311.

Kiwanis Wallas Rec Ctr	Bridge	9:30am-12:30pm	W
Kiwanis Wallas Rec Ctr	Pinochle	9:30am-3:30pm	W & F

Dance



Urban Line Dance I

55 yrs + / 10 wks starting Apr 12 / \$45

This beginner class will introduce you to the newest syncopated patterns, basic footwork, timing, and phrasing, accompanied by the sound of rhythm, blues and jazz. Wear leather soles, no sneakers. For more information call Cathy Vigus at 410-313-7311.

RP1205.701 Cedar Lane Rec Ctr 1-2pm M

Urban Line Dance II

55 yrs + / 10 wks starting Apr 12 / \$45

This class features the newest syncopated patterns, basic footwork, timing and phrasing, accompanied by the sound of rhythm, blues and jazz. Wear leather soles, no sneakers. Prerequisite: Urban Line Dancing I. For more information call Cathy Vigus at 410-313-7311.

RP1206.701 Bain Ctr 2:30-3:30pm M

Drop-in Activities

- Blood pressure screening 9:15-10:45am at Kiwanis Wallas Rec Ctr the first Wednesday and third Friday of each month (co-sponsored with Howard County General Hospital)
- Health Insurance Assistance Program (SHIP) health insurance information and counseling the first Wednesday of each month, by appointment only, noon-1pm; call 410-313-7212. (sponsored by the Howard County Office on Aging)
- For more information call Cathy Vigus at 410-313-7311.

B-I-N-G-O

55 yrs + / Ongoing / 1½ hrs / Free!

Drop in for a fun afternoon of everyone's favorite game. Donated prizes are always welcome. Bring your lunch and eat with the group before the games begin. For more information call Cathy Vigus at 410-313-7311.

Kiwanis Wallas Rec Ctr	Apr 12 & 26	12:30-2pm	M
Kiwanis Wallas Rec Ctr	May 10 & 24	12:30-2pm	M

Mahjong

55 yrs + / Ongoing / Free!

Drop in for this fun and mentally stimulating game. Call 410-313-7279 for more information.

Kiwanis Wallas Rec Ctr 1-3:30pm W

Wii Club

55 yrs + / Ongoing / Free!

Why let the kids have all the fun? Join us for interactive video game fun with the newest craze – Wii. Bowl, play tennis, baseball and much more without leaving the building. You'll improve hand eye coordination and get some exercise while competing against your peers. For more information call Cathy Vigus at 410-313-7311.

RP3501.009 Bain Ctr 10-11am Tu

Financial

What You Can Expect from Medicare — The Basics, Medicare 101

55 yrs + / Dates below / Free!

Are you currently on Medicare or soon will be? Do you help someone who has Medicare as health insurance? Get "schooled" on Medicare! This workshop reviews how Medicare works, how to enroll, what the benefits are and how it relates to supplemental health insurance. Information on Medicare Prescription Drug Coverage will also be discussed. Sponsored by the Senior Health Insurance Assistance Program (SHIP), Howard County Office on Aging. Register by calling 410-313-7391.

Kiwanis Wallas Rec Ctr	11am-12:30	May 5	W
Kiwanis Wallas Rec Ctr	11am-12:30	Jul 7	W

Why Medicare Isn't Enough! — Medicare 102

55 yrs + / Dates below / Free!

This workshop focuses on the gaps in Medicare coverage and the ways to cover these gaps. Medicare Health Plan options as well as Medigap plans and employer group coverage will be discussed. Is your health insurance "house" in order? Get your questions answered! Find out whether you have the insurance package that best suits your needs. Discussion also includes information on prescription drug resources and Medicare Prescription Drug Coverage. Sponsored by the Senior Health Insurance Assistance Program (SHIP), Howard County Office on Aging. Register by calling 410-313-7391.

Kiwanis Wallas Rec Ctr	11am-12:30	May 19	W
Kiwanis Wallas Rec Ctr	11am-12:30	Jul 21	W

Long-Term Living: Covering the Costs 55 yrs + / Dates below / Free!

Extra costs for long-term care may be part of your future. These costs may include in-home care, assisted living, and/or nursing home care. Long-term care insurance is one way to prepare for some of these costs, but not the only way. Explore the often confusing realm of long-term care insurance and consider the ultimate questions of whether or not to buy. Discussion led by representatives from the Senior Health Insurance Assistance Program, Howard County Office on Aging. Register in advance by calling 410-313-7391.

Kiwanis Wallas Rec Ctr	11am-1pm	Jun 2	W
Kiwanis Wallas Rec Ctr	11am-1pm	Aug 4	W

What to be Alert to When You Sign Up for Medicare!

55 yrs + / Dates below / Free!

Going on Medicare can be an intimidating experience because most of us do not think a lot about it until we turn 65. There are important decisions to be made when signing up and innumerable others as the program changes year by year. This session will cover things Medicare enrollees need to know and are often confused about. Bring your questions! Sponsored by the Senior Health Insurance Assistance Program (SHIP), Howard County Office on Aging. Register by calling 410-313-7391.

Kiwanis Wallas Rec Ctr	11am-12:30pm	Apr 21	W
Kiwanis Wallas Rec Ctr	11am-12:30pm	Jun 16	W

Fitness



Be Seated with Vickie Jacobs

55 yrs + / 16 classes starting Apr 13 / \$24

Use gentle movements while seated to increase your range of motion and build muscle strength. Please register through the hospital at 410-740-7601 and make check payable to Howard County General Hospital, the program co-sponsor.

Roger Carter Rec Ctr	10:10-10:55am	Tu & Th
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Circuit Weight Training for Seniors with Lori Nowicki, AAI, AFPA

55 yrs + / 16 or 18 classes / prices & start dates below

Some studies indicate that weight training is essential to maintain health as people age. This class, designed for seniors, combines an aerobic workout with weight training on Keiser equipment. A medical clearance form must be completed prior to exercising; call 410-313-4718 or 410-313-2764 or download at www.howardcountymd.gov/RAP/RAP_FormsPubl.htm. For more information, call Nicola Morgal at 410-313-4718.

16 classes starting Apr 19 / \$72

RP8667.701	Roger Carter Rec Ctr	2-3pm	M & W
RP8667.702	Roger Carter Rec Ctr	3:15-4:15pm	M & W

18 classes starting Apr 20 / \$81

RP8667.703	Roger Carter Rec Ctr	1-2pm	Tu & Th
RP8667.711	Glenwood Com Ctr	11:30am-12:30pm	Tu & Th

12 classes starting Jun 21 / \$54

RP8667.401	Roger Carter Rec Ctr	2-3pm	M & W
RP8667.402	Roger Carter Rec Ctr	3:15-4:15pm	M & W

12 classes starting Jun 22 / \$54

RP8667.403	Roger Carter Rec Ctr	1-2pm	Tu & Th
RP8667.404	Glenwood Com Ctr	11:30am-12:30pm	Tu & Th

Exercise with Ease

with Joyce DiTomaso

55 yrs + / 18 classes starting Apr 13 / \$41

This well-rounded hour of fitness for active seniors includes low-impact aerobics, stretching, muscle tone and strength activities aimed at improving endurance, body alignment, balance, and proper breathing. Listen to upbeat music while learning simple choreographed moves. For more information, call Nicola Morgal at (410) 313-4718.

RP8060.701	E Columbia Lib Sr Ctr	9-10am	Tu & Th
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Fitness Fun

55 yrs + / 16 classes starting Apr 12 / \$32

Enjoy the music as you exercise at your own pace for fun, flexibility and fitness. Class includes stretching and low-impact exercise to build strength and improve overall health. Co-sponsored with Howard County General Hospital. Make check payable to Howard County General Hospital and give to the instructor at the first class. Please register through the hospital at 410-740-7601.

Kiwanis Wallas Rec Ctr	9:30-10:30am	M & W
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Kiwanis Wallas Weekday Walkers

55 yrs + / Ongoing / Free

Get up and get movin'! Follow a pre-measured path and keep a log of your distance. Plot your distance on a map and see who travels farthest. Get exercise and have a little friendly competition at the same time! For more information call Cathy Vigus at 410-313-7311.

Kiwanis Wallas Rec Ctr	10am-3pm	W & F
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Water Exercise

55 yrs + / 6 wks, start dates below / \$48

Get a great workout without going to the gym! You can enjoy the warm water of a therapeutic pool while engaging in low-impact exercise. Work at your own pace or join group instruction. Aquatic fitness instructor will assist with exercises and provide instruction. No class April 22. For more information call Cathy Vigus at 410-313-7311.

RP3519.701	Cedar Lane School	Apr 13	6-7pm	Tu
RP3519.702	Cedar Lane School	Apr 15	6-7pm	Th

One-Day Specials

Bunco Party!

55 yrs + / May 17 / \$3

Come out for a morning of luck, laughs and lots of fun. Bunco is a simple dice game that can be played by just about anyone! Come with a friend or make new ones there. Light refreshments served and prizes awarded. Register by May 10.

RP3503.701	Kiwanis Wallas Rec Ctr	11am-12:30pm	M
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May Salad Day

55 yrs + / May 24 / \$1

May is national salad month and the varieties of salads are endless. Celebrate the last Bingo games before the summer break by coming early and sharing your favorite salad with friends. Bring enough to share with 4 others and together we will create a delicious pot luck luncheon. Drinks and bread provided. Register by May 17.

RP3504.701	Kiwanis Wallas Rec Ctr	11:30am-12:30pm	M
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Picnic in the Park

55 yrs + / Jul 16 / \$5

Stop into Kiwanis for a morning of cards and join your friends afterward for a tasty lunch. Hot dogs, soda and sides will be served up picnic style as we enjoy some of the finer summertime pleasures. Register by July 7.

RP3509.801	Kiwanis Wallas Rec Ctr	12:30-2pm	F
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Sports

Men's Slow Pitch Softball

55 yrs + / 39 wks starting Apr 3 / \$22

Interested in playing slow pitch softball on Saturdays in the spring? If so, why not join this informal group for pickup games at Centennial Park North. For more information, call Mark Pendleton at 410-313-4703.

RP6730.701	Centennial Pk - North Area	TBA	Sa
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50+ Tennis Tennis

50 yrs + / 30 wks starting Apr 13 / \$22

Advanced beginners through intermediate players can pair up to play doubles on reserved courts, or singles, if court time permits through Oct. 29. Call Mark Pendleton at 410-313-4703 for more information. Programs will move to Savage Park and Meadowbrook Park from June 22 through August 12. For more information, call Mark Pendleton at 410-313-4703.

RP6846.701	Centennial Pk - West Tennis Ct 1	8-11am	Tu & Th
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Co-Rec Volleyball

55 yrs + / Start dates & prices below

Men and women are invited to drop in for some fun and exercise in this recreational program. The program will meet 2 times per week at the NEW Meadowbrook Athletic Complex. For more information, call Mark Pendleton at 410-313-4703.

RP5592.701	Apr 6	10:30am- 12:30pm	Tu/Fri	\$57
RP5592.801	Jul 6	10:30am- 12:30pm	Tu/Fri	\$38

Workshops

“Another Way to See It” Laughter Club

18 yrs + / Ongoing / \$2 instructor fee each week

Join us for 40 minutes of laughter exercises and group sharing. The purpose of a laughter club is for members to release joyful expression more easily and more often. It lifts enthusiasm, morale and motivation, encourages improved relationships and brings about amazing changes in people's health and personal lives. This is a Mind-Body-Spirit Program. Club will not meet in August. Pay \$2 instructor fee at class each week.

RP3500.009	Bain Ctr	9-9:40am	M
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Senior Adult Summer Institute

18 yrs + / 1 wk / Start dates & prices below

Join a day of “learning for the love of it” on the Howard Community College campus. Each day you'll focus on a single topic in the humanities and the arts featuring such topics as archaeology, art and culture, literature and history. Pick up a registration packet at the Bain Center or Recreation and Parks Headquarters after Apr 1. Call 410-313-7320 for information. Co-sponsored with Howard Community College.

18-59 yrs / \$18; 60 yrs + / \$15

RP3501.701	Howard Com Coll	Jun 7	9:30am-3:30pm	M
RP3501.702	Howard Com Coll	Jun 8	9:30am-3:30pm	Tu
RP3501.703	Howard Com Coll	Jun 9	9:30am-3:30pm	W
RP3501.704	Howard Com Coll	Jun 10	9:30am-3:30pm	Th

Rockburn Open Car Show



2009 People's Choice Award Winner

Sunday April 25, Noon – 4 pm
Rockburn Branch Park

(Rockburn Elementary Entrance)

Admission Free to the Public!

50-50 Raffle / Food Vendor

Classic, Antique, Hot Rods & Modifieds — 1999 & older

Awards: Best of Show, People's Choice, EAAA Jay Herbert Memorial & Best of Class (American Cars, Corvettes, Trucks, Euro Imports & Asian Imports)

- **Car Show** Preregistration fee \$10 / On-site \$15
- **Automotive Flea Market*** Preregistration fee \$25 / On-site \$30
- **Automotive Sales** Preregistration fee \$20 / On-site \$30

To register, call 410-313-7275 or visit www.howardcountymd.gov/rap
Pre-registration ends Friday, April 9. Space is limited; first come, first served.
The first 100 pre-registered cars will receive a commemorative dash plate

Proceeds benefit the Howard County Recreation & Parks and the EAAA Scholarship Funds. For more information, call 410-313-4624 or visit www.howardcountymd.gov/rap. Inclement weather number 410-313-4452



Adult Athletic Association, Inc.



**Howard
County**

RECREATION & PARKS

* Motor vehicle parts & accessories only



Introducing ActiveNet!

New easy-to-use Online Registration

Howard County Recreation and Parks is pleased to announce ActiveNet, our new, improved and easier-to-use online registration system.

Registering online is easy, convenient, time saving and eco-friendly. The new registration address is: <http://activenet.active.com/howardcounty>. Be sure to bookmark it for future reference.

Please be aware that it will be necessary for current account holders to reestablish their accounts, since the old accounts will no longer be functional. You can reestablish your account by going to the new site by and then choose "Request Account."

For more information about the Howard County Department of Recreation & Parks, you can continue to visit us at <http://www.howardcountymd.gov/rap>.



Howard County

RECREATION & PARKS

Registration Form: Please Print

<input type="checkbox"/> Male <input type="checkbox"/> Female / /	
Name of Registrant or Parent/Guardian if under 18	
Date of Birth	
Home Phone	
Home Address: Street	
Work Phone 1	
Work Phone 2	
City	
State/Zip	
e-mail address	
<input type="checkbox"/> check if new information	
Emergency Contact: Name	
Phone	

1 RP

Course Number Program Title Fee Enclosed

Section Number Location Day(s) of Wk Time Start Date

☐ Male ☐ Female / /

Name of Participant Date of Birth Age/Grade

2 RP

Course Number Program Title Fee Enclosed

Section Number Location Day(s) of Wk Time Start Date

☐ Male ☐ Female / /

Name of Participant Date of Birth Age/Grade

☐ I would like to contribute \$_____ to the HCRP Scholarship Fund.

Registrant for # _____ has the following health problem or disability; please check all that apply:

- ☐ Deaf/Hard of Hearing
- ☐ Vision Impairment
- ☐ Seizures
- ☐ Uses Mobility Aids (i.e. wheelchair, braces, etc.)
- ☐ Developmental Disability (i.e. autism, intellectual, etc.)
- ☐ Other (i.e. behavioral/emotional disorder, etc.) _____
- ☐ Allergies _____

Registrant for # _____ needs the following special accommodations:

- ☐ Inclusion Companion
- ☐ Deaf Interpretive Services
- ☐ Other _____

☐ I agree to abide by all rules and regulations of the Howard County Department of Recreation and Parks. On behalf of myself and/or my child: I agree to hold Howard County, its employees, officials and agents harmless from any and all claims for damages unless due to the sole negligence of the county, its employees or agents.

Signature _____ Date _____

☐ I hereby consent to my child's (children's) participation in this (these) programs.

☐ My child(ren's) immunizations are current.

Signature _____ Date _____

☐ Please add my name to the mailing list. \$5 fee enclosed.

Payment: ☐ Check ☐ Cash ☐ MasterCard
 ☐ VISA ☐ American Express ☐ Discover

Exp. Date ____/____/____

____/____/____/____/____/____

Signature _____ Date _____

Print Name _____

Make checks payable to *Director of Finance; Howard County*

Mail to: Registration
Department of Recreation & Parks
7120 Oakland Mills Rd.
Columbia, MD 21046-1677



Howard County

RECREATION & PARKS

Registration Form: Please Print

<input type="checkbox"/> Male <input type="checkbox"/> Female / /	
Name of Registrant or Parent/Guardian if under 18	
Date of Birth	
Home Phone	
Home Address: Street	
Work Phone 1	
Work Phone 2	
City	State/Zip
e-mail address	
<input type="checkbox"/> check if new information	
Emergency Contact: Name	
Phone	

1 RP

Course Number	Program Title	Fee Enclosed
---------------	---------------	--------------

Section Number	Location	Day(s) of Wk	Time	Start Date
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☐ Male ☐ Female / /

Name of Participant	Date of Birth	Age/Grade
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2 RP

Course Number	Program Title	Fee Enclosed
---------------	---------------	--------------

Section Number	Location	Day(s) of Wk	Time	Start Date
----------------	----------	--------------	------	------------

☐ Male ☐ Female / /

Name of Participant	Date of Birth	Age/Grade
---------------------	---------------	-----------

☐ I would like to contribute \$_____ to the HCRP Scholarship Fund.

Registrant for # _____ has the following health problem or disability; please check all that apply:

- ☐ Deaf/Hard of Hearing
- ☐ Vision Impairment
- ☐ Seizures
- ☐ Uses Mobility Aids (i.e. wheelchair, braces, etc.)
- ☐ Developmental Disability (i.e. autism, intellectual, etc.)
- ☐ Other (i.e. behavioral/emotional disorder, etc.) _____
- ☐ Allergies _____

Registrant for # _____ needs the following special accommodations:

- ☐ Inclusion Companion
- ☐ Deaf Interpretive Services
- ☐ Other _____

☐ I agree to abide by all rules and regulations of the Howard County Department of Recreation and Parks. On behalf of myself and/or my child: I agree to hold Howard County, its employees, officials and agents harmless from any and all claims for damages unless due to the sole negligence of the county, its employees or agents.

Signature _____	Date _____
-----------------	------------

☐ I hereby consent to my child's (children's) participation in this (these) programs.

☐ My child(ren's) immunizations are current.

Signature _____	Date _____
-----------------	------------

☐ Please add my name to the mailing list. \$5 fee enclosed.

Payment: ☐ Check ☐ Cash ☐ MasterCard
 ☐ VISA ☐ American Express ☐ Discover

Exp. Date _____ / _____ / _____

_____ / _____ / _____ / _____ / _____

Signature _____	Date _____
-----------------	------------

Print Name _____

Make checks payable to *Director of Finance; Howard County*

Mail to: Registration
Department of Recreation & Parks
7120 Oakland Mills Rd.
Columbia, MD 21046-1677

General Information

Program information provided in this Guide is tentative. Not all locations at Howard County Schools have been confirmed yet. Consult www.howardcountymd.gov/rap for the most up-to-date information.

Registration

Howard County residents may register online beginning March 3 at 6pm and by all other methods beginning March 4. Out-of-County residents may register online beginning March 10 at 6pm and by all other methods beginning March 11.

- On-line:** www.howardcountymd.gov/rap
Phone: 410-313-7275 (8am-4:30pm M-F)
Fax: 410-313-4660
TTY: 410-313-4665 (8am-4:30pm M-F)
Walk-in:
- Howard County Recreation & Parks, 7120 Oakland Mills Rd, Columbia (8am-4:30pm M-F)
 - Bain Center, 5470 Ruth Keeton Way, Columbia (9am-2pm M-F)
 - Glenwood Community Center, 2400 Rte. 97, Cooksville (8am-8pm M-F) (9am-5pm Su)

Include payment with your registration form – a check or money order payable to the Director of Finance, Howard County or credit card information (We accept MasterCard, VISA, American Express, and Discover). Please sign the waiver on your receipt and bring it to the first session.

Participation

Only individuals who are registered may participate. Where age or grade restrictions apply, “age” usually refers to the age of the participant at the start of the program and “grade” to current grade. If any other standards apply, they will be noted in the Guide. We reserve the right to question grade or age and may request a birth certificate or other proof of eligibility.

For many programs, registrants or parents/legal guardians of minor registrants will be required to provide a signed Participant Information form at the first meeting. The purpose of this form is to ensure that participants willingly share responsibility for their own safety. All activities contain certain inherent risks that each participant assumes. Due to the strenuous nature of some activities, each participant is urged to consult his or her physician concerning his or her fitness to participate. Please note that many programs will require confirmation that immunizations are current.

A parent or legal guardian must accompany a child each day for both check-in and pick-up. It is your responsibility to sign your child in at the beginning of the program and sign child out immediately following the program. Staff are not responsible for your children before or after scheduled activities. A fee may be assessed if child is not picked up at the close of the program.

Children must remain with the program for the full period scheduled. To leave before a day's program is complete, a child must have written parental consent or the parent/legal guardian must pick the child up after notifying the program director. No refunds will be issued for time missed for this or from dismissals resulting from disciplinary action.

In determining whether child is ready to participate in these activities, **please be aware that our staff does not change diapers.**

Filled Programs

Space is limited in most activities — early registration is advised. If a program is filled when we receive your registration, we will contact you; you may then cancel your application at no charge, select an alternate program or place your name on a waiting list. There is no fee to be placed on a waiting list.

Canceled Programs

We don't like to cancel programs, but each one must meet its minimum enrollment. Don't be disappointed — register early and bring a friend! An activity may also be canceled due to circumstances beyond our control, such as the unavailability of an instructor or location. If a program is canceled, registrants will be contacted immediately and a full refund credited.

Financial Assistance

The Howard County Department of Recreation and Parks can provide limited financial assistance to Howard County residents who qualify. In addition to a completed application, you must provide one of the following:

- Verification of qualifying income level (2008 tax return required)
- Proof of assistance from the Department of Social Services

Funds are limited, and a deposit of 25% of the program fee is required at least one month prior to start date with the application/registration form. Call 410-313-4659 for additional information and guidelines.

Scholarship Fund

You can make a tax-deductible contribution to our Scholarship Fund by signing up on the registration form. For more information visit our website or call 410-313-4683.

Refunds

We recognize that you may wish to withdraw for a variety of reasons, but our policy encourages early decisions so as not to affect other customers or our ability to efficiently deliver the programs. At a minimum, all refund requests are subject to a 20% administrative fee. Additional fees may be assessed to recover costs associated with the program. Class programs require at least two weeks advance withdrawal to avoid the additional fees. Trip refunds may reflect pre-paid admissions; but the option to transfer your ticket may be considered. Competitive sport program time frame for refunds reflects planning time and team selections; check refund details on website. There are no refunds for missed sessions.

Inclement Weather & Program Status Information

Inclement weather numbers are listed on page 4. Check with your instructor about exceptions to the following circumstances and make-up dates for canceled sessions:

- If it rains, most outdoor classes will be canceled.
- When it appears that lightning is a potential threat to participants, scheduled outdoor activities or activities in progress may be canceled.
- If it snows on a weekday and the snow emergency plan is in effect in Howard County, scheduled programs will be canceled. Drop-in programs at Recreation and Parks facilities may run, call the facility inclement weather number.
- If it snows on a weekend and the snow emergency plan is in effect at 7am, programs for that day will be canceled. If a snow emergency is declared after 7am, programs in progress may be completed but those later in the day will be canceled.
- If schools are closed or dismissed early due to inclement weather, programs in schools will not be held.

Snack Policy

Many of our children's activities request that you supply a snack or lunch. Due to health concerns, nut products are not served or permitted.

Rules of Conduct

The following rules must be observed while participating in Recreation and Parks programs. Specific rules may be added for individual programs and needs.

- No food or beverages in unauthorized areas; glass containers are prohibited
- No smoking in buildings or on school property
- No soliciting or loitering

- No interference with employee or volunteer duties
- No harassment or inappropriate or indecent conduct or language
- No unauthorized use of drugs, intoxicants or weapons
- No parking in unauthorized areas or driving/parking on field areas
- No alteration or installation of equipment (such as basketball hoops, fences)
- No defacing of property, indoors or outdoors
- No conduct that may jeopardize the safety of others

Accommodations for People with Disabilities

The Department of Recreation and Parks is a recognized leader in opportunities for individuals with disabilities and is pleased to comply with Americans with Disabilities Act (A.D.A.) regulations.

Individuals with disabilities are encouraged to register for general recreation programs. With your registration, please include information regarding your disability and any accommodations needed. We will make every effort to provide reasonable accommodations on an individual basis. Interpretive services are available for people who are deaf, hard of hearing or have speech disabilities. These and other accommodations can be provided to Howard County residents at no additional cost.

To assure the best experience for all participants, we need your accommodation request along with your registration a minimum of two weeks in advance of the first program date. For more information, call Susan Potts at 410-313-4628.

Other Policies

Additionally, the Department reserves the right:

- to cancel a program for any reasonable cause
- to deny registration or entry into a program when it deems necessary to assure public safety
- to suspend a child from a program, with no refund, after notifying a parent of disciplinary problems
- to photograph programs, participants and volunteers for publicity purposes
- to adjust any program details printed in this brochure including fees, locations, instructors, times, days, and starting dates

Recreation Centers

Glenwood Community Center

2400 Rte 97, Cooksville, 21723

410-313-4840 Registration (8am-8pm, M-Sa) (9am-5pm, Su)

410-313-3227 Information – get the latest on open gym times and closings due to inclement weather

Mon- Sat 7am-9pm

Sun 9am-6pm

(Hours subject to seasonal change)

The center will be closed 4/2, 4/4, 5/31, 7/4, 7/5, 9/16.

Visit the reception desk or call for more information about the Center's programs. You can also register in person for any Howard County Recreation and Parks program. Ages 12-15 require adult supervision in the facility, except during Afterschool Open Play. Children ages 11 and under require adult supervision with them at all times.

Center ID Cards

To ensure the safety of our patrons, a Center ID card is required to use the facility. (NR) = Non Resident

Daily Gym Pass \$5 / \$7 (NR)

Youth (5-15) \$25 / \$50 (NR) Annually

Adult (16+) \$25 / \$50 (NR) Annually

Senior Fitness (50+) \$25 / \$50 (NR) Annually
(Exclusive Fitness Use 7-10am & 1-3pm)

Card Replacement Fee \$10 / \$15 (NR)

Party Packages and Rentals

Many areas of the Glenwood Community Center are available for rent during operating hours. Rental areas can be used for parties, special events, business meetings, and other activities. All applicants must be at least 21 years of age, and a Facility Rental Request Form is required to check for availability. All requests are reviewed on a first come, first serve basis. Call 410-313-4840 for details and reservation information

- **Children's Birthday Party Package.** Our party packages offer a choice of a Princess, Sports, Pirates, Luau, Dinosaurs or General Birthday themes. Included are decorations, tableware, and the perfect room to make your child's party a hit. You provide activities, food, and cleanup. Refrigerator and freezer are available on request. Party times are scheduled depending on room availability. 2 hrs (plus ½ hr for cleanup): \$130
- **Children's Dance Party Package.** This exciting birthday add-on provides a half hour of dance instruction with our Birthday Party Package. Choose Ballet (Age 4+) or Jazz (Age 5+). Children are encouraged to wear comfortable clothes (no dresses or skirts) and rubber sole shoes. 2 ½ hrs (plus ½ hr for cleanup): \$190
- **Children's Outdoor Playground Party Package.** You can take your party to our Outdoor Playground. Picnic tables are provided, and the Indoor Activity Room is included in the package. Refrigerator and freezer are available upon request. 2 hrs (plus ½ hr for cleanup): \$160
- **Game Room Party Package.** Check out this exciting new party package that includes exclusive use of our Game Room for your child and birthday guests. Activity room is also included in the package. Refrigerator and freezer are available upon request. 2 hrs (plus ½ hr for cleanup): \$160.

Kiwanis-Wallas Recreation Center

10481 Frederick Rd, Ellicott City

410-313-7279

Mon, Wed & Fr 9-3:30 pm for senior adult activities
(registration may be required)

Closed 12/25 – 1/1, 1/18, 2/15, and 3/2.

Meadowbrook Athletic Complex

5001 Meadowbrook Lane, Ellicott City, 21043

410-313-2765 General Information & Rentals

410-313-1129 Recorded Information/Inclement Weather

The Meadowbrook Athletic Complex (the "MAC") is Howard County's newest destination for indoor basketball, volleyball, indoor soccer, in-line hockey, lacrosse, field hockey, badminton, jump rope and more! The facility houses 35,000 square feet of unobstructed gymnasium space designed to serve all ages and all levels of play.

Get Active Package

Looking for a variety in your workout options? Enjoy swimming, running on a treadmill and shooting hoops? Then the Get Active Package is for you! For one low price you will get multiple fitness options at a variety of facilities. Enjoy the open gym at the new Meadowbrook Athletic Complex and county schools, and the fitness room and swimming pool at the Roger Carter Recreation Center. Note that children 15 and under require parental supervision at the MAC and children 11 and under require parental supervision at the RCRC Pool. Registration cannot be completed online, for more information and open times, call Nicola Morgal at (410) 313-4718

Spring Pass (March, April & May)

Adult (18+) \$79

Youth (0-17) \$19

Summer Pass (June, July & August)

Adults (18+) \$79

Youth (0-17) \$39

MAC Early Risers Walking Package

For one low annual fee you can use the walking track and non-programmed courts from 7-9am, Monday to Friday. Registration cannot be completed online, for more information call Nicola Morgal at 410- 313-4718.

Adults & Youth \$25

RCRC Fitness Center is available for those 18 + only.

Roger Carter Recreation Center

3676 Fels Lane, Ellicott City (just off of Ellicott Mills Drive)

410-313-2764

Information

410-313-4682

Reservations

The Roger Carter Recreation Center is best known for its aquatic facilities, featuring a zero-entry, 25-meter outdoor pool; diving well; wading pool; locker rooms; indoor and outdoor shower facilities and a pool party deck rental area. The Recreation Center also features a pre-school activity room, meeting rooms and an exercise and weight room.

May 29-Jun 27 Weekends only 10am-6pm

Jun 28-Aug 27 Weekdays noon-5pm, weekends 10am-6pm

July 4 10am-4pm

July 18 July 18: Howard County Invitational Swim Meet – 2-6pm for public swim; discounted admission (\$3/person) this day only.

Sep 4-6 (Labor Day) 10am-6pm.

Pool dates, hours and fees are subject to change due to weather, swim meets and unforeseen circumstances. There are no refunds for inclement weather or unforeseen circumstances. Children under the age of 12 are required to be accompanied by an adult over the age of 18. Please contact Megan Freer at 410-313-4720 for group rate information and pricing.

Everyone who enters the pool must pay a fee whether swimming or not.

- Age 2-under free
- Ages 3-11 \$4
- Ages 12-59 \$5
- Age 60+ \$4

Toddlers enjoying the fenced baby pool must wear rubber pants with elastic waist and legs (Health Dept Regulations).

Children age 12+ who wish to enter the pool alone must pass a swimming test and complete a permission form (see Pool Manager for details). A child who cannot meet this requirement must be accompanied by an adult (age 18+). Children age 5 years and under may accompany adults in main pool during adult swim.

The Snack Stand is open Memorial Day through Labor Day, Mon-Fri noon-5:30pm, Sat & Sun 10am-5:30 with pre-packaged snacks and beverages. Vending Machines are also available.

Parking for pool patrons is available in the public lot next to the log cabin off Ellicott Mills Road and Fels Lane. (Please do not park on wooded side of street).

Party Deck Rental is available Mon-Sun during recreational-swim hours only. Rental includes the use of four picnic tables, one serving table, ice machine and a private covered deck. All swimmers must pay pool entry fee. See manager for group rates for swimmers. For more information, call 410-313-2764; to reserve the party deck, call 410-313-4682.

Private Pool Rentals are available Sat & Sun evenings 6:30-11 pm, Jun 3-Aug 27. Fee is \$300 for up to 50 people and an additional \$50 for each additional (or partial) group of 50. Grills, alcoholic beverages and DJs are not allowed. For more information, call 410-313-2764; to reserve the pool call 410-313-4682.

Public Meetings

For information about Howard County Recreation and Parks Board meetings, call 410-313- 4640. Your comments are welcome at these sessions. Park Board members are: David Grabowski (**Chair**), Tony Brudis (**Vice Chair**), Gary J. Arthur (**Executive Secretary**), Janet Siddiqui, MD, Chuck Parvis, Lowell Adams, Herman Charity, Tammy CitaraManis, Dr. Joel Goodman.

Part-Time Positions and Partnerships

For an up-to-date listing of all part-time jobs within the Department, call 410-313-4450. The Department of Recreation and Parks is also looking for dynamic leaders to develop and instruct their own programs in art, crafts, cooking, dance, drama, language, music or just plain fun! If you are interested in partnering with us to provide new and interesting programs, please call us at 410-313-4639 to discuss.

Volunteering

Volunteer opportunities are available in several areas including preschool and youth programs, sports, senior adult programs, natural resources, outdoor recreation and special events. If you have a desire to share your time and talent, please call 410-313-4624 for a volunteer application.

Sponsorships

There are many opportunities to become involved the activities of Howard County Recreation & Parks through sponsorships and advertising. For sports, outdoor and fitness sponsorships, call Al Harden at 410-313-4652. For special events or other recreation sponsorships, call Mary Ellen Baker at 410-313-4632.

Receiving this Guide

Activity Guides are distributed to Howard County residents four times a year in the Columbia Flier or by mail. Free copies are available at county libraries and community centers. If you are not a Howard County resident, the subscription rate is \$5 for one year (four program guides). To subscribe, check the box on the registration form or call 410-313-7275.



Howard County

RECREATION & PARKS

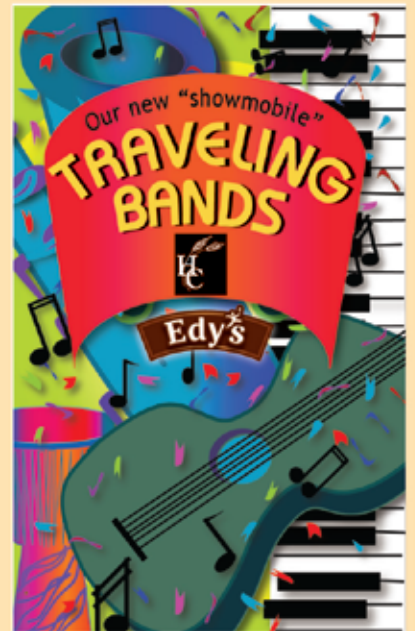
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2010 SUNSET SERENADES



Don't miss our Summer Concert Series!



Sunset Serenades, Wednesdays, starting July 7, Centennial Park

Traveling Bands, Fridays, starting July 9, various parks

For more information, see page 10 inside!